

# SOUTHERN BERKSHIRE RESOURCE GUIDE

**Animal, Food, Harm Reduction, Healthcare, Housing,  
Immigration, Mental Health, Special Needs,  
Transportation, Utilities, and Veteran Resources**



**Published in Collaboration of Southern Berkshire Public Health  
Collaborative, Families Like Ours and Tri-Town Health Department**

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Serving the Towns of Alford, Great Barrington, Lee, Lenox,  
Monterey, Mount Washington, New Marlborough, Otis,  
Sandisfield, Sheffield, Stockbridge and Tyringham

January 05, 2026

Dear Southern Berkshire County Community Members,

We are excited to announce the release of version 2.0 of the South County Resource Guide! This new edition has been significantly expanded to include even more resources across a wide range of areas, including animals, harm reduction, healthcare, immigration, utilities, veterans, and much more - building on our original areas of food, housing, mental health, special needs, and transportation.

This guide is designed to be a practical tool for residents, boards of health, first responders, libraries, medical professionals, municipalities, and other service organizations, helping everyone better support the people of South County.

We extend our sincere thanks to Rania Markham of Families Like Ours, whose dedication and effort made this guide possible. Rania has worked tirelessly to gather, organize, and continually update these resources, ensuring that this guide remains accurate, useful, and relevant. Because this is an ongoing project, we welcome your suggestions or updates for future editions—please reach out to Rania at [rania@familieslikeoursinc.com](mailto:rania@familieslikeoursinc.com).

We also want to thank the Executive Board of the Southern Berkshire Public Health Collaborative for their support and funding of this expanded edition. Their commitment highlights what can be achieved when community partners come together.

Digital copies of the updated guide can be accessed at [www.southernberkshirehealth.com](http://www.southernberkshirehealth.com), [www.familieslikeoursinc.com](http://www.familieslikeoursinc.com), or by scanning the QR code on the back cover.

Thank you for your role in helping make South County a vibrant, supportive, and connected community!

Thank you for your role in making South County a wonderful place to work and live!

A handwritten signature in black ink that reads "Jayne E. Smith".

Jayne Smith  
Shared Services Manager  
Southern Berkshire Public Health Collaborative  
(413) 243 5540 x109  
[www.southernberkshirehealth.com](http://www.southernberkshirehealth.com)  
"South County's Public Health Resource"

# Southern Berkshire Resource Guide

January 2026 Edition

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### Disclaimer of Accuracy of Information:

All information provided in the enclosed resource guide and use of services is for informational purposes only and should not be construed as fact. The accuracy of information may change over time. If you have a resource that you would like included or changed, please email [rania@familieslikeoursinc.com](mailto:rania@familieslikeoursinc.com). Updated online versions of this Resource Guide can be found at [www.southernberkshirehealth.com](http://www.southernberkshirehealth.com), [www.familieslikeoursinc.com](http://www.familieslikeoursinc.com) or by using the QR Code, below and on the last page of the Resource Guide.



# Emergency Resources

***In case of emergency, call 911***

Name	Phone Number	Website
<b>BCAC Emergency Utilities Assistance</b>	413-445-4503	<a href="https://www.bcacinc.org/">https://www.bcacinc.org/</a>
<b>Emergency Help</b>	<b>911</b>	
<b>Berkshire County Kids Place</b>	Pittsfield office: 413-236-1800 Monday-Friday 9am-5pm Nights/Holidays/ Weekends) Child @ Risk Hotline: 800-792-5200	<a href="https://kidsplaceonline.org/">kidsplaceonline.org/</a>
<b>Berkshire Elder Protective Services</b>	413-499-0524 (Office) Report/Abuse Hotline: (800) 922-2275	<a href="https://mass.gov/protecting-older-adults-from-abuse">mass.gov/protecting-older-adults-from-abuse</a>
<b>Berkshire Harm Reduction</b>	413- 447-2654	<a href="https://berkshirehealthsystems.org/location/harm-reduction/">berkshirehealthsystems.org/location/harm-reduction/</a>
<b>Brien Center</b>	413- 499-0412 Mental Health Crisis Hotline: 1-800-252-0227	<a href="https://briencenter.org/">briencenter.org/</a>
<b>Construct</b>	Phone 413-528-1985	<a href="https://constructberkshires.org/">constructberkshires.org/</a>
<b>Department of Children &amp; Family Services</b>	413-236-1800 Child At-Risk Hotline: 1-800-792-5200	<a href="https://mass.gov/how-to/report-child-abuse-or-neglect">mass.gov/how-to/report-child-abuse-or-neglect</a>
<b>Domestic Violence Hotline</b>	1-800-799-7233	<a href="https://thehotline.org">thehotline.org</a>
<b>Elizabeth Freeman Center</b>	24/7 through our toll-free hotline: 1-866-401-2425	<a href="https://elizabethfreemancenter.org/">elizabethfreemancenter.org/</a>
<b>MA Overdose Prevention</b>	Hotline 800-972-0590	<a href="https://helplinema.org/stay-safe/overdose-prevention/">helplinema.org/stay-safe/overdose-prevention/</a>
<b>National Runaway Safe line</b>	Safe line 800-786-2929	<a href="https://1800runaway.org">1800runaway.org</a>
<b>National Domestic Violence Hotline</b>	877-785-2020	<a href="https://mass.gov/info-details/massachusetts-safelink-resources">mass.gov/info-details/massachusetts-safelink-resources</a>
<b>Samaritan Statewide Helpline (Suicide prevention)</b>	Call 877-870-4673, Text 988 Call/text/chat Option	<a href="https://samaritanshope.org">samaritanshope.org</a>
<b>Suicide prevention</b>	1-800-273-8255	<a href="https://masstpc.org/suicide-prevention/">masstpc.org/suicide-prevention/</a>

## Additional Resource Guides

Resource	Website
<b>413 Cares (Online Resource Guide)</b>	<a href="http://413cares.org">413cares.org</a>
<b>Advocacy For Access (Insurance Resources)</b>	<a href="http://berkshirehealthsystems.org/location/advocacy-for-access/">berkshirehealthsystems.org/location/advocacy-for-access/</a>
<b>BASIC Berkshires (Immigrant Resources)</b>	<a href="http://basicberkshires.org">basicberkshires.org</a>
<b>Berkshire Athenaeum</b>	<a href="https://www.pittsfieldma.gov/DocumentCenter/View/1714/Berkshire-County-Resource-Directory-2025">https://www.pittsfieldma.gov/DocumentCenter/View/1714/Berkshire-County-Resource-Directory-2025</a>
<b>Berkshire County Substance Use Resource Guide</b>	<a href="http://boapc.org/wp-content/uploads/2023/01/22_BOAPC_ResourceOnePage_03.pdf">boapc.org/wp-content/uploads/2023/01/22_BOAPC_ResourceOnePage_03.pdf</a>
<b>Berkshire United Way</b>	<a href="http://www.berkshireunitedway.org/get-help">www.berkshireunitedway.org/get-help</a>
<b>Berkshire Community Action Council</b>	<b>Community Resources:</b> Financial, Heating/Weatherization, Programs <a href="http://berkshirecap.wp.iescentral.com/community-resources">berkshirecap.wp.iescentral.com/community-resources</a>
<b>Berkshire Coalition for Suicide Prevention</b>	Mental Health Help and Other Resources <a href="http://berkshirecoalition.org/resources-2">berkshirecoalition.org/resources-2</a>
<b>Home Care Alliance of MA</b>	Guide to Private Home Care Services (with insurance information) <a href="https://www.thinkhomecare.org/page/providersearch">https://www.thinkhomecare.org/page/providersearch</a>
<b>Legal Resources</b>	Community Legal Aid: (855) 252-5342, <a href="http://communitylegal.org">communitylegal.org</a> Berkshire Center for Justice: (413) 854-1955, <a href="http://berkshirecenterforjustice.org">berkshirecenterforjustice.org</a> UpSide413: (413) 443-7138, <a href="https://upside413.org/housing-and-legal-counseling/">upside413.org/housing-and-legal-counseling/</a>
<b>Massachusetts Addiction and Recovery Resources</b>	<a href="http://watersiderecovery.com/massachusetts-addiction-and-recovery-resources/?gad_source=1&amp;gclid=Cj0KCQjwsJO4BhDoARIsADDv4vCN4mJm2vR2c_c-LqyzWZE4DTv4M_JBBuUs31dSiyiEw1UpvKpX3LlaAkAFEALw_wcB">watersiderecovery.com/massachusetts-addiction-and-recovery-resources/?gad_source=1&amp;gclid=Cj0KCQjwsJO4BhDoARIsADDv4vCN4mJm2vR2c_c-LqyzWZE4DTv4M_JBBuUs31dSiyiEw1UpvKpX3LlaAkAFEALw_wcB</a>
<b>Nonprofit Center of the Berkshires</b>	Directory of Berkshire Nonprofits and Ways to Help <a href="http://npcberkshires.org/virtual-resource-directory/">npcberkshires.org/virtual-resource-directory/</a>
<b>Rural Recovery Resources</b>	List of substance use recovery resources and free peer recovery coaches. <a href="https://www.rural-recovery.org/help">https://www.rural-recovery.org/help</a>
<b>Southern Berkshire Chamber of Commerce</b>	<a href="http://southernberkshirechamber.com/">southernberkshirechamber.com/</a>
<b>Well-Being Guide of the Berkshires (NAMI)</b>	<a href="http://namibc.org/wp-content/uploads/sites/243/2024/05/Well-Being-Guide-of-the-Berkshires_5.3.24-2.pdf">namibc.org/wp-content/uploads/sites/243/2024/05/Well-Being-Guide-of-the-Berkshires_5.3.24-2.pdf</a>
<b>The Veterans Blue Book</b>	<a href="https://www.northwesternda.org/sites/g/files/vyhlf3601/f/uploads/veterans_blue_book_4th_edition_.pdf">https://www.northwesternda.org/sites/g/files/vyhlf3601/f/uploads/veterans_blue_book_4th_edition_.pdf</a>

## South County Town Information

### **Alford:** <http://www.townofalford.org>

Animal Control Officer- TJ Horrigan, (413) 717-5154  
Board of Health- Jayne Smith, (413) 528-4536 x201, [jespublichealth@gmail.com](mailto:jespublichealth@gmail.com)  
Fire Department – 86 North Egremont Road, (413) 528-5156 or **911 (Emergency)**  
Library – Alford’s Children’s Library- Alford Town Hall, (413) 528-2403  
Police Department- MA State Police, (413) 243-0600, or **911 (Emergency)**  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
School District – Southern Berkshire Regional School District. (413) 229-8754, [www.sbrsd.org](http://www.sbrsd.org)  
Town Offices – 5 Alford Center Road. Roxanne Germain, (413) 528-4536, [offices@townofalford.org](mailto:offices@townofalford.org)  
Veterans’ Agent- Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

### **Egremont:** [www.egremont-ma.gov](http://www.egremont-ma.gov)

Animal Control Officer- Max Kolb, (518) 821-9878, [mkolbpd@egremont-ma.gov](mailto:mkolbpd@egremont-ma.gov)  
Board of Health – Juliette Haas, (413) 528-0182 x22, [jhaas@egremont-ma.gov](mailto:jhaas@egremont-ma.gov)  
Council on Aging – Peg Muskrat, (413) 528-0182 x25, [coa@egremont-ma.gov](mailto:coa@egremont-ma.gov)  
Fire Department – 175 Egremont Plain Road, (413) 528-1625 or **911 (Emergency)**  
Library – 1 Buttonball Lane (413) 528-1474, [EGRLibrary@egremont-ma.gov](mailto:EGRLibrary@egremont-ma.gov)  
Police Station – 171 Egremont Plain Rd, (413) 528-2160 or **911 (Emergency)**  
Public Health Nurse - Berkshire Public Health Alliance, [alliancenurse@berkshireplanning.org](mailto:alliancenurse@berkshireplanning.org)  
School District – Southern Berkshire Regional School District, (413) 229-8754, [www.sbrsd.org](http://www.sbrsd.org)  
Town Offices – 171 Egremont Plain Rd. (413) 528-0182, [tegremont@egremont-ma.gov](mailto:tegremont@egremont-ma.gov)  
Veterans’ Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

### **Great Barrington:** [www.townofgbma.gov](http://www.townofgbma.gov)

Animal Control Officer- Shepley Evans, (413) 528-0306, [sevans@townofgbma.gov](mailto:sevans@townofgbma.gov)  
Board of Health- Rebecca Jurczyk, (413) 528-0680, [rjurczyk@townofgbma.gov](mailto:rjurczyk@townofgbma.gov)  
Council on Aging- 917 Main St, Joan Peters, (413) 528-1881 [jpeters@townofgbma.gov](mailto:jpeters@townofgbma.gov)  
Fire Department – 37 State Road. (413) 528-0788 or **911 (Emergency)**  
Libraries – Mason: 231 Main St, (413) 528 2403, Ramsdell: 1087 Main St, Housatonic, (413) 528-2403  
Police Station – 465 Main Street. (413) 528-0306 or **911 (Emergency)**  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
School District – Berkshire Hills Regional School District, (413) 298-4017, [www.bhrsd.org](http://www.bhrsd.org)  
Town Hall – 334 Main Street. (413) 528-1619 x2900  
Veterans’ Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

### **Lee:** [www.lee.ma.us](http://www.lee.ma.us)

Animal Control Officer- Kacey Hatch (802) 365-1773 [kacey.hatch.413@gmail.com](mailto:kacey.hatch.413@gmail.com)  
Board of Health- Tri-Town, 50 Main St, Stockbridge. (413) 243-5540 [www.tritownhealth.org](http://www.tritownhealth.org)  
Council on Aging- Patricia Di Grigoli, 21 Crossway St. (413) 243-5545 [coa@town.lee.ma.us](mailto:coa@town.lee.ma.us)  
Fire Department - 179 Main St, (413) 243-2100 or **911 (Emergency)**  
Library – The Lee Library, 100 Main Street. (413) 243-0385 [www.leelibraryma.org](http://www.leelibraryma.org)  
Mental Health Co-Responder – Ivy Goodwin (413) 327-2005 [ivy.goodwin@lee.ma.us](mailto:ivy.goodwin@lee.ma.us)  
Police Station – 32 Main Street. (413) 243-2100 or **911 (Emergency)**  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
School District – Lee Public Schools. [www.leepublicschools.net](http://www.leepublicschools.net) (413) 243-0276  
Town Hall – 32 Main Street. [www.lee.ma.us](http://www.lee.ma.us) (413) 243-5505  
Veteran’s Agent – Doug Mann, 177 Main St, Lee (413) 409-5974 [leevetsagent@wmconnect.com](mailto:leevetsagent@wmconnect.com)

**Lenox:** [www.townoflenox.com](http://www.townoflenox.com)

Animal Control Officer- Kacey Hatch (802) 365-1773 [kacey.hatch.413@gmail.com](mailto:kacey.hatch.413@gmail.com)  
Board of Health- Tri-Town, 50 Main St, Stockbridge. (413) 243-5540 [www.tritownhealth.org](http://www.tritownhealth.org)  
Council for Aging – Shannon O’Brien, 65 Walker St. (413) 637-5530  
[communitycenter@townoflenox.com](mailto:communitycenter@townoflenox.com)  
Fire Department - 14 Walker Street. (413) 637-2345 or **911 (Emergency)**  
Library – Lenox Library, 18 Main Street. (413) 637-0197 [lenoxlib.org/](http://lenoxlib.org/)  
Mental Health Co-Responder – Ivy Goodwin (413) 327-2005 [ivy.goodwin@lee.ma.us](mailto:ivy.goodwin@lee.ma.us)  
Police Station – 6 Walker Street. (413) 637-2346 or **911 (Emergency)**  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
School District – Lenox Public Schools. (413) 637-5560 [www.lenoxps.org](http://www.lenoxps.org)  
Town Hall – 6 Walker Street. (413) 637-5500, [www.townoflenox.com](http://www.townoflenox.com)  
Veteran’s Agent – Doug Mann, 177 Main St, Lee (413) 409-5974 [leevetsagent@wmconnect.com](mailto:leevetsagent@wmconnect.com)

**Monterey:** [www.montereyma.gov](http://www.montereyma.gov)

Animal Control Officer- Brian Fahey, 413-528-3211 [mpdchief@montereyma.gov](mailto:mpdchief@montereyma.gov)  
Board of Health- Tri-Town, 50 Main St, Stockbridge. (413) 243-5540 [www.tritownhealth.org](http://www.tritownhealth.org)  
Community Center- 468 Main Rd, (413) 528-3600, [montereycommunitycenter@gmail.com](mailto:montereycommunitycenter@gmail.com)  
Council on Aging- Kathryn Roberts, (413) 528-1443 x247 [coaoutreach@montereyma.gov](mailto:coaoutreach@montereyma.gov)  
Fire Department – 411 Main Rd. (413) 528-3136 [montereyfireco@gmail.com](mailto:montereyfireco@gmail.com) or **911 (Emergency)**  
Library – Monterey Library, 452 Main Road. Mark Makuc, (413) 528-3795, [montereylibrary@gmail.com](mailto:montereylibrary@gmail.com)  
Police- 435 Main Rd, (413) 528- 3211 or **911 (Emergency)**  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
School District – Southern Berkshire Regional School District. (413) 229-8754 [www.sbrsd.org](http://www.sbrsd.org)  
Town Hall – 435 Main Road. Roger MacDonald (413) 528-1443 x111, [admin@montereyma.gov](mailto:admin@montereyma.gov)  
Veterans’ Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**Mount Washington:** [www.mountwashington-ma.gov](http://www.mountwashington-ma.gov)

Board of Health- [boardofhealth@mountwashington-ma.gov](mailto:boardofhealth@mountwashington-ma.gov) or  
Jason Dragonetti, [jason@tritownhealth.org](mailto:jason@tritownhealth.org)  
Council on Aging- Corey Hines, (413) 528 3998, [mtncory@aol.com](mailto:mtncory@aol.com)  
Fire Department – Joe Schneider, (413) 717 7622 , [efd50joe@gmail.com](mailto:efd50joe@gmail.com) or **911 (Emergency)**  
Library – 2 Plantain Pond Rd. Lesliann Furcht, (413) 528- 4971  
Police/ EMD – Brian Tobin, (413) 528-3204, **911 (Emergency)**  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
School Districts – SBRSD (413) 229-8754 or BHRSD (413) 298-4017  
Town Hall – 2 Plantain Pond Rd. (413) 528-2839, [elem@townofmtwashington.com](mailto:elem@townofmtwashington.com)  
Veterans’ Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**New Marlborough:** [www.newmarlboroughma.gov](http://www.newmarlboroughma.gov)

Animal Control Officer- Graham Frank, 413-229-8161 [gfrank@newmarlboroughma.gov](mailto:gfrank@newmarlboroughma.gov)  
Board of Health – Scott McFarland, Agent, [nmboh@newmarlboroughma.gov](mailto:nmboh@newmarlboroughma.gov), (413) 229 8469  
Council on Aging – Prudence Spaulding, [prudencespaulding@hotmail.com](mailto:prudencespaulding@hotmail.com), (413) 229-8407  
Fire Department – 205 Norfolk Rd, Charles Loring III, Chief (413) 229-8100 or **911 (Emergency)**  
Library – 1 Mill River - Great Barrington Road. (413) 229-6668 [www.newmarlboroughlibrary.org](http://www.newmarlboroughlibrary.org)  
Police Station – 807 Mill River Southfield Rd. Graham Frank, Chief, (413) 229-8161 or **911**  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
School District – Southern Berkshire Regional School District. (413) 229-8754 [www.sbrsd.org](http://www.sbrsd.org)  
Town Hall – 807 Mill River Southfield Road. Mari Enoch, (413) 229-8116  
Veterans’ Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**Otis:** [www.townofotisma.com](http://www.townofotisma.com)

Animal Control Officer- Kacey Hatch (802) 365-1773 [kacey.hatch.413@gmail.com](mailto:kacey.hatch.413@gmail.com)  
Board of Health – Heather Grey (413) 269 0100 x129, [healthdept@townofotisma.com](mailto:healthdept@townofotisma.com)  
Council on Aging – 1 N Main Road, Kendra Rybacki, (413) 269-0100 x5, [seniorsotisma@gmail.com](mailto:seniorsotisma@gmail.com)  
Library – Otis Library, 48 North Main Road. Brad Havill, (413) 269-0109, [info@otislibraryma.org](mailto:info@otislibraryma.org)  
Police Station – 1 North Main Road. Kris McDonough, Chief, (413) 269-0100  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
Fire Department – 15 South Main Rd. Richie Phair, Chief, (413) 269-0100 x120 or **911 (Emergency)**  
School Districts – Farmington River, [www.frrsd.org](http://www.frrsd.org), Berkshire Hills , Lee Middle/High School  
Town Hall – 1 North Main Road. Brandi Page, (413) 269-0100 x 127 [townadmin@townofotisma.com](mailto:townadmin@townofotisma.com)  
Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**Sandisfield:** [www.sandisfieldma.gov](http://www.sandisfieldma.gov)

Animal Control Officer- Sandisfield Police Dept (413) 258-4742  
Board of Health – 3 Silverbrook Rd, Jason Dragonetti, (413) 258-4711 x9, [jason@tritownhealth.org](mailto:jason@tritownhealth.org)  
Council on Aging- 66 Sandisfield Rd, (413) 258-4711 x8  
Library – Sandisfield Library, 23 Sandisfield Road. (413) 258-4966 [www.sandisfieldlibrary.org](http://www.sandisfieldlibrary.org)  
Police Station – 3 Silverbrook Rd, (413) 258-4742 or **911 (Emergency)**  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
Fire Department –79 South Main St or 207 Sandisfield Rd (413) 258-4742 or **911 (Emergency)**  
School Districts –Farmington, Berkshire Hills Regional SD, Lee Middle/High School  
Town Hall Annex– 66 Sandisfield Road. Janey Snyder (413) 258-4711, [jbeardsley@sandisfieldma.gov](mailto:jbeardsley@sandisfieldma.gov)  
Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**Sheffield:** [www.sheffieldma.gov](http://www.sheffieldma.gov)

Animal Control Officer- Kadin Shafiroff, 413-717-5291 [kshafiroff@sheffielddpd.com](mailto:kshafiroff@sheffielddpd.com)  
Board of Health – 21 Depot Square. (413) 229- 7000 x157, [townhall@sheffieldma.gov](mailto:townhall@sheffieldma.gov)  
Council on Aging – 25 Cook Rd. (413) 229-7037 [kloring@sheffieldma.gov](mailto:kloring@sheffieldma.gov)  
Fire Department- 65 Depot Square. John Ullrich, Chief (413) 229-7033 or **911(Emergency)**  
Library – Bushnell Sage Library, 46 Main Street. Deena Caswell (413) 298-5501  
Police Station – 10 South Main Street. Eric Munson, Chief, (413) 229-8522 or **911(Emergency)**  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
School District – Southern Berkshire Regional School District. (413) 229-8754 [www.sbrsd.org](http://www.sbrsd.org)  
Town Hall – 21 Depot Sq., Town Admin (413) 229-7000 [townhall@sheffieldma.gov](mailto:townhall@sheffieldma.gov)  
Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**Stockbridge:** [www.stockbridge-ma.gov](http://www.stockbridge-ma.gov)

Animal Control Officer- John Drake, 413-464-2148  
Board of Health- Tri-Town Health, 50 Main St, Stockbridge. (413) 243-5540 [www.tritownhealth.org](http://www.tritownhealth.org)  
Council on Aging – 50 Main St, Katie Szwyd, (413) 298-4170 x263 [COADirector@stockbridge-ma.gov](mailto:COADirector@stockbridge-ma.gov)  
School District – Berkshire Hills Regional School District. [www.bhrsd.org](http://www.bhrsd.org) (413) 298-4017  
Town Hall – 50 Main Street. Michael Canales, Town Administrator, (413) 298-4170  
Library – The Stockbridge Library, 46 Main St. (413)298-5501 [info@stockbridgelibrary.org](mailto:info@stockbridgelibrary.org)  
Mental Health Co-Responder – Ivy Goodwin (413) 327-2005 [ivy.goodwin@lee.ma.us](mailto:ivy.goodwin@lee.ma.us)  
Police Station – 50 Main Street. , Darrell Fennell, Chief (413) 298-4179 or **911 (Emergency)**  
Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)  
Fire Department - 1 East Street. (413) 298-4866 or **911 (Emergency)**  
Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**Tyringham: [www.tyringham-ma.gov](http://www.tyringham-ma.gov)**

Animal Control Officer- John Drake, 413-464-2148

Board of Health – 116 Main Rd., Molly Curtin-Schaefer (413) 243-1749 [townhall@bcn.net](mailto:townhall@bcn.net)

Council on Aging – 116 Main Rd., Barbara Adams, (413) 243-3297

Fire Department- 100 Main Rd., Charles Slater, Chief (413) 243-0448 or **911 (Emergency)**

Library- Tyringham Free Library, 118 Main Rd. (413) 243-11749 x107

Police Station -116 Main Rd. (413) 243-1749 or **911 (Emergency)**

Public Health Nurse- SBPHC, Jill Sweet, (413) 717 7209, [jill@tritownhealth.org](mailto:jill@tritownhealth.org)

School District- Lee Public Schools. [www.leepublicschools.net](http://www.leepublicschools.net) (413) 243-0276

Town Hall- 116 Main Rd. Molly Curtin-Schaefer, Town Admin, (413) 243-1749, [townhall@bcn.net](mailto:townhall@bcn.net)

Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

**West Stockbridge: [www.weststockbridge-ma.gov](http://www.weststockbridge-ma.gov)**

Animal Control Officer- John Springstube, (413) 464-2148

Board of Health – Earl Moffatt (413)232-0300 x314 [health@weststockbridge-ma.gov](mailto:health@weststockbridge-ma.gov)

Council on Aging – “Peggy” Elder Services (413) 499-0524

School District – Berkshire Hills Regional School District. [www.bhrsd.org](http://www.bhrsd.org) (413) 298-4017

Town Hall – 21 State Line Rd, West Stockbridge, (413) 232- 0300

Library – West Stockbridge Public Library, 21 State Line Rd. (413) 232-0300 x308

Police Station- 21 State Line Rd, (413) 232-8500 or **911 (Emergency)**

Public Health Nurse –Berkshire Public Health Alliance, [alliancenurse@berkshireplanning.org](mailto:alliancenurse@berkshireplanning.org)

Fire Department – 24 Albany Rd, (413) 717-2751 [firechief@stockbridge-ma.gov](mailto:firechief@stockbridge-ma.gov) or **911 (Emergency)**

Veterans' Agent – Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)

# Animal Resources

**Animal Control Officers Per Town:** Please see section on individual towns

## **Berkshire Humane Society:**

**Location:** 214 Barker Rd, Pittsfield, MA 01201

**Contact:** (413) 447-7878

**Website:** <https://berkshirehumane.org/>

**Focus:** Berkshire Humane Society is a socially conscious, open-admission animal shelter dedicated to the compassionate care, treatment, and placement of all companion animals—regardless of age, breed, or health. They provide a vital community resource through sheltering, adoption, outreach, and support programs that strengthen the bond between animals and people. Through their SafePet Program, they can provide temporary fostering of animals of pets owned by individuals in crisis or transition.

## **H5N1 (Bird Flu) Resources:**

[www.mass.gov/news/state-officials-provide-updated-guidance-on-suspected-avian-flu-cases-reported-across-massachusetts](http://www.mass.gov/news/state-officials-provide-updated-guidance-on-suspected-avian-flu-cases-reported-across-massachusetts)

### **Report Suspected Cases**

- **Report Wild Birds:** The public should report observations to MassWildlife of sick or deceased birds if 5 or more birds are found at a single location, using this simple form at [mass.gov/reportbirds](http://mass.gov/reportbirds).
- **Report Domestic Birds:** The public should report sick or dead poultry or other domestic birds by calling MDAR's Division of Animal Health at (617) 626-1795 or through [mass.gov/reportpoultry](http://mass.gov/reportpoultry).

### **Tips for the Public**

- **Avoid handling birds and other wildlife:** The public should strictly avoid handling wildlife, especially sick or dead animals
- **Keep pets safe:** Dogs and other pets should always be leashed and away from wildlife. Cats are highly susceptible to HPAI and may die from an infection. Cat owners in affected areas should keep their pets indoors.
- **Hunting:** While eating wild game meat is generally considered safe, licensed hunters can minimize the risk of wildlife diseases by following [best practices](#) when handling and processing game.

### **Tips for Livestock and Poultry Owners:**

Since wild migratory birds are natural carriers for Avian Influenza viruses, including HPAI, preventing wild birds from mixing with or having contact with domestic flocks is essential to disease control and prevention.

- Poultry owners should continue to practice strong biosecurity measures to keep their birds away from wild birds, particularly wild waterfowl, feathers, and droppings.
- Poultry owners with water bodies on their property should take steps to mitigate wild waterfowl from frequenting those areas. Eliminating standing water and preventing domestic birds from having access to ponds, streams, and wetland areas that attract wild waterfowl is critical.
- Avoid unnecessary movement of poultry between locations and be aware of the potential to carry HPAI-contaminated materials onto properties where domestic birds are kept.
- New birds should be completely isolated for at least one month prior to being added to a domestic flock. Birds returning home from fairs or shows should also be isolated from the home flock as if they were new arrivals.
- Limit the number of people that have access to your flock.
- Do not share equipment with other bird owners without thoroughly cleaning and disinfecting between locations.
- For more information about HPAI, please visit MDAR's Avian Influenza [webpage](#).

## **Veterinary Locations:**

- **Bilmar Veterinary Services.** 776 S Main St, Great Barrington, MA. (413) 528-1180 <https://www.bilmarvet.com/>
- **Berkshire Animal Care.** 372 Greenwoods Rd W, Norfolk, CT (860) 542-7050 <https://www.berkshireanimalcare.com/>
- **Greener Pastures Veterinary Services.** Mobile Services. (413) 717-8612 [www.greenerpasturesvetservices.com/](http://www.greenerpasturesvetservices.com/)
- **Sand Road Animal Hospital.** 136 Sand Road, Falls Village, CT. (860) 397-1551 <https://www.sandroadanimals.com/>
- **Valley Veterinary Services.** 920 Pleasant St, Lee, MA. (413) 243-2414 <https://valleyveterinaryservice.com/>
- **VCA All Caring Animal Hospital.** 440 Stockbridge Rd, Gt Barrington, MA. (413) 528-8020 [vcahospitals.com/all-caring](http://vcahospitals.com/all-caring)

### **Wildlife Rehabilitators in Berkshire County:**

If you find a sick or injured wild animal or bird, contact a licensed wildlife rehabilitator immediately using the list below. They can guide you through what to do in the animal's immediate situation.

**Contact:** <https://www.mass.gov/info-details/find-a-wildlife-rehabilitator>

### **BIRDS:**

- **Judy Pasko** – Cummington Wildlife Inc. Cummington, MA (413) 695-6854 [www.cummingtonwildlife.com](http://www.cummingtonwildlife.com) Expert in migratory songbirds, other birds (not birds of prey) and rabbits
- **Eden Curtin** – Valley Veterinary Services. Tyringham, MA (413) 274-7077 non-migratory birds only, no baby birds, some game birds
- **Tom Ricardi** – Birds of Prey Rehabilitation Center. Conway (though not Berkshire County, he is the closest one who can take birds of prey) (413) 369-4072

### **BIRDS AND MAMMALS:**

- **Kevin Charlton**. Stockbridge. (413) 575-4602 – text to have him help you place an animal with the right rehabilitator for your situation. Non-migratory birds, pigeons
- **Stacy Williams**. Cheshire. (332) 203-8424, NO migratory birds
- **Ceacy Henderson**. Colrain, MA, Bat Expert, (413) 768-8928, [www.ceacyhenderson.com](http://www.ceacyhenderson.com)

### **MAMMALS:**

- **Berkshire Veterinary Hospital**. Pittsfield (413) 499-2820 Can take injured adult mammals when they have space – NO baby animals
- **Cara Petricca Carnevale**. Cheshire (413) 446- 3345
- **Carolyn Hogencamp**, Lee (413) 717-0614
- **Dawn Collins** – Berkshire Wildlife Services. Washington, (413) 623-8340 [www.berkshirewildlifeservices.org](http://www.berkshirewildlifeservices.org) Coyotes, foxes, bobcats, racoons, fisher cats, takes other mammals – can help figure out placement for deer
- **Liz Markham**. Ashley Falls, (413) 717-1066 Squirrels, chipmunks, racoons, opossums, NO rabbits or mice
- **MA Fish and Wildlife**. Dalton. Andrew Madden and Nathan Buckhout wildlife biologists. (413) 684-1646 Deer – only place to call for injured or abandoned Deer
- **Meagan Carlotta**, Stockbridge. (413) 297-4948 Opossums, skunks, NO tiny babies
- **Sonia Bylcosky**, Lenox (413) 551-2525 Squirrels
- **Tufts Wildlife Clinic**, North Grafton (not Berkshire county, only place that takes Bears on emergency and then are sent to NH Kilham Bear Center for rehabilitation) (508) 839-7918

### **REPTILES AND MAMMALS:**

- **Laura Lancaster**. Cummington (203) 218-4473 Rabbits and reptiles
- **Betsy Robbins**. Reptiles – turtles included – red-grey squirrel, chipmunks, rabbits Pittsfield. (774) 212-7509 Facebook: Robbins2therescue

### **REPTILES:**

- **Tracy Lynn Zustra**. Pittsfield (413) 663-4555 Turtles and snakes

### **Tick and Mosquito Resources:**

- **Southern Berkshire Public Health Collaborative** Tick Awareness: Tickborne illnesses in the Berkshires
- <https://southernberkshirehealth.com/resources/public-health-nursing/health-education/tick-awareness/>
- **Berkshire Public Health Alliance (BPHA)** Provides public health information on vector-borne illnesses (Lyme, EEE, West Nile Virus). <https://www.berkshirepublichealth.org/> 413-442-1521
- **Massachusetts Department of Public Health (MDPH) – Vector-borne Disease Program** Statewide updates on tick/mosquito activity, prevention tips, and maps for EEE/WNV risk. <https://www.mass.gov/info-details/tick-borne-disease-information> and <https://www.mass.gov/info-details/mosquito-borne-diseases>
- **Berkshire County Mosquito Control Projects** Check with your town hall or Board of Health. State contact: Massachusetts Mosquito Control Projects <https://www.mass.gov/mosquito-control-projects>
- **Berkshire County Boards of Health** Each town/city board can provide local alerts or spraying schedules.
- **Berkshire Natural Resources Council (BNRC)** <https://www.bnrc.org/>

## Food Resources

### **Berkshire Bounty:**

**Location:** P. O. Box 1037 Great Barrington MA 01230.

**Contact:** 413-591-2239 [info@berkshirebounty.org](mailto:info@berkshirebounty.org)

**Website:** [www.berkshirebounty.org/](http://www.berkshirebounty.org/)

**Focus:** Berkshire Bounty is a food rescue organization dedicated to collecting, purchasing and delivering nutritious food to emergency food distribution programs countywide.

### **Berkshire South Regional Community Center:**

**Location:** 15 Crissey Road. Great Barrington, MA 01230

**Contact:** 413-528-2810 [mamstead@berkshiresouth.org](mailto:mamstead@berkshiresouth.org)

**Website:** [berkshiresouth.org](http://berkshiresouth.org)

**Meal Dates:** [berkshiresouth.org/community-adult/](http://berkshiresouth.org/community-adult/)

**Focus:** Berkshire South offers free community suppers twice a month. In person dining only between 5pm and 6pm. Check website for dates. Meals are first come first served. Everyone is welcome

### **Community Health Programs:**

**Location:** 442 Stockbridge Road, Great Barrington, MA 01230

**Contact:** 413-528-0457 [info@chpberkshires.org](mailto:info@chpberkshires.org)

**Website:** [chpberkshires.org/chp-nutrition/](http://chpberkshires.org/chp-nutrition/)

**Focus:** CHP has food at their family services Monday through Friday 9am-4pm self-serve outside and pantry inside if needed. Mobile Food Bank first Tuesday of every month 11am-noon here at CHP Health Center in Great Barrington. Contact Family Services for additional food resources.

### **Elder Services Meals on Wheels:**

**Location:** 73 South Church Street. Pittsfield, MA 01201

**Contact:** 413-499-0524 [esbc@esbci.org](mailto:esbc@esbci.org)

**Website:** [www.esbci.org/services/nutrition-programs/](http://www.esbci.org/services/nutrition-programs/)

**Focus:** The Meals on Wheels program provides isolated and/or frail and/or homebound elders with a hot meal each weekday at noon. Sugar-free desserts and Lactaid milk are available. Cardiac, Renal, and Vegan nutritional meals are offered as well. There are no income guidelines, however there are frailty guidelines. The MOW driver provides a wellness check.

### **Elder Services Nutrition Programs:**

**Location:** 73 South Church Street. Pittsfield, MA 01201

**Contact:** (413) 499-0524 [esbc@esbci.org](mailto:esbc@esbci.org)

**Website:** [www.esbci.org/services/nutrition-programs](http://www.esbci.org/services/nutrition-programs)

**Focus:** The Meals on Wheels program provides isolated and/or frail and/or homebound elders with a nutritious, hot meal each weekday at 12 pm. The Senior Meal Program provides a nutritious hot meal at 14 senior lunch sites at 12 pm. Seniors, 60 years and older, meet at a local meal site often located in a nearby senior center to eat and socialize.

### **Family Resource Center- Great Barrington:**

**Location:** 141 West Avenue. Great Barrington

**Contact:** 413.528.0298 [info@csoinc.org](mailto:info@csoinc.org)

**Websites:** [www.csoinc.org/community-based-programs](http://www.csoinc.org/community-based-programs)  
[www.frcma.org/locations/great-barrington-family-resource-center-0](http://www.frcma.org/locations/great-barrington-family-resource-center-0)

**For Meal Updates:** [shasta.bona@csoinc.org](mailto:shasta.bona@csoinc.org)

**Focus:** CSO hosts monthly Family Meal Series as well as other resources on site.

### **Farmers' Markets (Local):**

**Website:** [www.massfarmersmarkets.org/markets](http://www.massfarmersmarkets.org/markets)

**Focus:** Use this link above to search for Farmers Markets by town or county and choose a day of the week. In addition, you can also search by nutrition programs - for example to find markets that take HIP or have a SNAP match.

### **Food Bank of Western Massachusetts:**

**Contact:** 413-247-9738

**Website:** [www.foodbankwma.org/](http://www.foodbankwma.org/)

Community Health Programs Dates: First Tuesday of every month at 444 Stockbridge Road, Gt Barrington, between 11am-12pm

**Focus:** The Food Bank of Western Massachusetts's Leadership Team can be contacted through the means listed below. If you have a general question or are not sure who to speak to, please use the Contact Form below or call and we will forward you to the best contact.

### **Guthrie Center: Meal Site:**

**Location:** 2 Van Deusenville Road, Great Barrington, MA 01230

**Contact:** 413-528-1955 [guthriecenter@gmail.com](mailto:guthriecenter@gmail.com)

**Website:** [guthriecenter.org/](http://guthriecenter.org/)

Link to meal information: [guthriecenter.org/programs.html](http://guthriecenter.org/programs.html)

**Focus:** Free Community Lunch: Held every Wednesday from 12PM to 1PM.

### **Healthy Incentives Program (HIP)**

**Contact:** (800) 645-8333

**Website:** <https://www.mass.gov/massachusetts-hip-gives-you-money-back-when-you-use-your-snap-benefits-to-buy-healthy-local-fruits-and-vegetables-from-hip-farm-vendors>

**Link to Application:** [dtafinder.dtadash.ehs.mass.gov/](http://dtafinder.dtadash.ehs.mass.gov/)

**Focus:** HIP provides extra SNAP money for local produce. Depending on your family size, you can get an additional \$40-80 per month through HIP. Learn more about HIP on [DTA's website](#). Follow [these instructions](#) on how to use HIP at local locations.

### **Senior Farmers' Market Nutrition Program (FMNP):**

**Contact:** (713) 305-2281 [AskUSDA@usda.gov](mailto:AskUSDA@usda.gov)

**Website:** [www.fns.usda.gov/sfmnp/senior-farmers-market-nutrition-program](http://www.fns.usda.gov/sfmnp/senior-farmers-market-nutrition-program)

**Focus:** The Senior Farmers' Market Nutrition Program provides eligible elders (60+) with coupons for produce redeemable at farmers' markets. Coupons are available from early summer through October each year; they are distributed through your local Council on Aging.

## **School District Food Programs**

**Berkshire Hills Regional School District (BHRSD)** [www.bhrsd.org](http://www.bhrsd.org)

**Location:** 50 Main Street. Stockbridge, MA 01262

**Contact:** Kathy Sullivan 413-644-2300 [kathy.sullivan@bhrsd.org](mailto:kathy.sullivan@bhrsd.org)

**Farmington River Regional School District (FRRSD)** [www.frrsd.org](http://www.frrsd.org)

**Location:** 555 North Main Road, P.O. Box 679, Otis, MA 01253. 413-269-4466

**Contact:** Sarah Hopkins 413-269-4466 extension 142 [shopkins@frrsd.org](mailto:shopkins@frrsd.org)

**Lee Public Schools (LPS)** [www.leepublicschools.net](http://www.leepublicschools.net)

**Location:** 300A Greylock Street, Lee MA 01238

**Contact:** Shannon Gagliardo 413-243-0276 [sgagliardo@leepublicschools.net](mailto:sgagliardo@leepublicschools.net)

**Lenox Memorial Middle & High School (LMMHS)** [www.lenoxps.org](http://www.lenoxps.org)

**Location:** 6 Walker Street. Lenox, MA 01240

**Contact:** Lorraine Goodfellow 413-637-5550 [support@myschoolbucks.com](mailto:support@myschoolbucks.com)

**Southern Berkshire Regional School District (SBRSD)** [www.sbrsd.org](http://www.sbrsd.org)

**Location:** 491 Berkshire School Rd. Sheffield, MA 01257. 413-229-8754

**Contact:** Sarah Jonston [sjohnston@sbrsd.org](mailto:sjohnston@sbrsd.org) 413-229-8754 extension 387

## South County Food Pantries and Meal Sites List by Town

### Great Barrington:

- **Berkshire South Regional Community Center** - 15 Crissey Road Gt. Barrington - 413-528-2810 -Check monthly schedule here [www.berkshiresouth.org](http://www.berkshiresouth.org)
- **CHP Family Services:** 442 Stockbridge Road Gt. Barrington 413-528-0457 Mondays – Fridays 9:00am – 4:00pm No eligibility required. <https://chpberkshires.org/family/food-for-all/>
- **Guthrie Center** 2 Van Deusenville Road - Gt. Barrington - 413-528-1955 - Wednesdays - Free Community Lunch 12:00pm – 1:00pm and a free legal clinic. <https://guthriecenter.org/programs.html>
- **Peoples Pantry** 5 Taconic Ave. at St. James Place: Across from CVS Gt. Barrington Mon. 4:00pm – 5:30pm Thurs. 10:00am – 12:30pm South County residents only, [www.thepeoplespantrygb.org](http://www.thepeoplespantrygb.org)

**Lee: Grace Food Pantry**, 130 Housatonic Street, Lee, Ma Open Saturdays 10am-12pm 413-644-0022 – Serves residents of Lee and surrounding towns, including Stockbridge, Tyringham, Lenox Dale and Becket. <https://graceberkshires.org/lee-food-pantry/>

**Lenox: Lenox Ecumenical Food Pantry**, United Methodist Church of Lenox, 6 Holmes Rd, Lenox Open Every other Saturday 10am -11am 413- 445-5918. – Serves Lenox and Lenox Dale Residents and members of Lenox and Lenox Dale churches. <https://www.avptriparish.org/lenox-ecumenical-food-pantry>

**Monterey: Monterey Pantry**, Pickup Held at the Monterey Meetinghouse - 449 Main Rd., Monterey (In the basement) Saturdays 10:00am – 11:00am - Deliveries available for Monterey homebound individuals. Monterey area residents can do in-person shopping - Serves residents of Monterey, Sandisfield, and New Marlborough. 413-429-4254, [montereypantry@gmail.com](mailto:montereypantry@gmail.com) <https://www.avptriparish.org/lenox-ecumenical-food-pantry>

**New Marlborough: Monterey Pantry**, Pickup Held at the Monterey Meetinghouse basement - 449 Main Rd., Monterey Saturdays 10:00am – 11:30am - Deliveries available for Monterey homebound individuals. Monterey area residents can do in-person shopping - Serves residents of Monterey, Sandisfield, and New Marlborough. 413-429-4254, [montereypantry@gmail.com](mailto:montereypantry@gmail.com) <https://www.avptriparish.org/lenox-ecumenical-food-pantry>

**Otis: Otis Food Pantry** - 1 North Main Road, Otis. - [otisfoodpantry@gmail.com](mailto:otisfoodpantry@gmail.com) - Wednesdays 9:00am – 11:00am - No residency restrictions

**Sandisfield: Monterey Pantry** - Pickup Held at the Monterey Meetinghouse - 449 Main Rd., Monterey (In the basement) Saturdays 10:00am – 11:30am - Deliveries available for Monterey homebound individuals. Monterey area residents can do in-person shopping - Serves residents of Monterey, Sandisfield, and New Marlborough. 413-429-4254, [montereypantry@gmail.com](mailto:montereypantry@gmail.com) <https://www.avptriparish.org/lenox-ecumenical-food-pantry>

**Sheffield: Sheffield Food Assistance Held at Old Parish Church** - 125 Main Street, Sheffield, Mondays 9:00am – 10:00am – Open to anyone living in the Southern Berkshire Regional School District. Phone Contact: 413-229-8173

### South County Meal Sites

- **Berkshire South Regional Community Center:** 15 Crissey Rd. Gt. Barrington - 413-528-2810 - Meals are first come first served. Everyone is welcome.
- **Guthrie Center:** 2 Van Deusenville Rd. Gt. Barrington 413-528-1955 - Wed. Free Community Lunch, Noon – 1:00pm
- **Breaking Bread Community Supper:** Held at the American Legion Corner of Cook Rd. & Rt. 7, Sheffield 413-229-8614 Thurs. 5:00pm – Grab & go dinners Call for a reservation 413-229-7037. Free to all.

- **Sheffield Senior Center:** 25 Cook Rd. Sheffield - 413-229-7037 Soup & Sandwich Lunch - Mon. 11:30am Free from the Sheffield Senior Center - Wed. & Fri. Meals served at Noon Provided through Elder Services - For people 60 and older there is a \$3 suggested donation. For people under 60, price is \$8. 1st & 3rd Wed. - Free to veterans.

**Supplemental Nutrition Assistance Program (SNAP)**

**Contact:** (877) 382-2363

**Website:** [www.mass.gov/snap-benefits-formerly-food-stamps](http://www.mass.gov/snap-benefits-formerly-food-stamps)

**Link to Application:** [dtaconnect.eohhs.mass.gov/apply](http://dtaconnect.eohhs.mass.gov/apply)

**Focus:** SNAP (formerly known as food stamps) provides nutritious food to eligible individuals and families through SNAP retailers (grocery stores, some convenience stores, farmers' markets). At least one household member must be a US citizen (children count).

**Women, Infants, and Children Nutrition Program (WIC):**

**Location:** CHP Family Services. 442 Stockbridge Road. Great Barrington, MA 01230

**Contact:** 413-528-0457 [wic@chpberkshires.org](mailto:wic@chpberkshires.org)

**State Website:** [www.mass.gov/orgs/women-infants-children-nutrition-program](http://www.mass.gov/orgs/women-infants-children-nutrition-program)

**CHP Website:** [chpberkshires.org/family/wic-berkshire-south/](http://chpberkshires.org/family/wic-berkshire-south/)

**Focus:** WIC is a free nutrition program that provides healthy foods, nutrition education, breastfeeding support, and referrals to healthcare and other services to all families who qualify, including women who are pregnant and children under 5.

# Harm Reduction Services

## **Berkshire Tobacco-Free Community Partnership:**

**Address:** AHEC 397 Main Street, Dalton, MA

**Contact:** (413) 842-5160 [ce@berkshireahec.org](mailto:ce@berkshireahec.org)

**Website:** <https://berkshireahec.org/tobacco-free-community-partnership/>

**Focus:** The Massachusetts Tobacco-Free Community Partnerships (TFCPs) work to prevent tobacco use, promote quitting, and protect residents from secondhand smoke through local education, advocacy, and regulation support. As part of a statewide network, TFCPs strengthen community-led efforts and amplify initiatives that foster healthier, tobacco-free environments.

## **Berkshire County Tobacco Control Program:**

**Address:** Tri-Town Health Department, 50 Main Street, Stockbridge, MA

**Contact:** Jim Wilusz, 413 243 5540 [jim@tritownhealth.org](mailto:jim@tritownhealth.org)

**Website:** <https://www.lee.ma.us/tri-town-health-department/pages/tobacco-awareness-program>

**Focus:** The Tri-Town Health Department program consists of a wide variety of program and services, including tobacco retailer training, assisting the drafting and adoption of tobacco control regulations, conducting compliance checks and education of the community about the dangers of tobacco and the effects of secondhand smoke.

## **Berkshire Harm Reduction:**

**Location 1:** 42 Summer Street, Pittsfield, MA &

**Location 2:** 6 West Main Street, North Adams

**Contact:** 413-447-2654

**Website:** <https://www.berkshirehealthsystems.org/community-wellness/berkshire-harm-reduction/>

**Focus:** Berkshire Harm Reduction is dedicated to reducing the health risks associated with substance use. Through free sterile supplies, Narcan, fentanyl test strips, and testing for HIV, Hepatitis C, and STIs, they provide essential tools for prevention and early intervention. Their services also include basic wound care and abscess prevention to support overall well-being and reduce medical complications.

## **Berkshire Coalition for Suicide Prevention (BCSP):**

**Contact:** [info@berkshirecoalition.org](mailto:info@berkshirecoalition.org)

**Website:** <https://www.berkshirecoalition.org/>

**Focus:** The Berkshire Coalition for Suicide Prevention build a resilient community by educating, strengthening, and empowering individuals to find healing, hope, and support—ultimately saving lives and reducing suicide and self-harm.

## **Berkshire Overdose and Addiction Prevention Collaborative (BOAPC):**

**Location:** 1 Fenn Street, Suite 201, Pittsfield, MA 01201

**Contact:** 413.442.1521 x37 [aottoson@berkshireplanning.org](mailto:aottoson@berkshireplanning.org)

**Website:** <https://berkshireplanning.org/initiatives/boapc/>

**Focus:** The Berkshire Overdose and Addiction Prevention Collaborative (BOAPC) works across Berkshire County to reduce substance-related harm and prevent overdose deaths. Bringing together a wide range of partners—from healthcare and housing to law enforcement and individuals in recovery, BOAPC fosters collaborative, community-driven solutions. Through shared efforts, the Collaborative identifies local needs and implements lasting changes in policy, practice, and prevention.

## **Detox and Stabilization Programs:**

- **Berkshire Medical Center**, McGee Unit; 413-442-1400
- **Berkshire Medical Center Clinical Stabilization Services (CSS) Unit**; 413-447-2927
- **Berkshire Mountain Health**; 877-567-6405

## **Outside of Berkshire County:**

- **Adcare Hospital**- 107 Lincoln St., Worcester, MA; 866-493-4187
- **Behavioral Health Network (BHN)**- Springfield, MA, 413-301-9355
- **Brattleboro Retreat**- 1 Anna Marsh Lane, Brattleboro, VT; 802-258-3700
- **Spectrum Detox**- 10 Mechanic Street, Suite 302, Worcester, MA; 800-366-7732
- **MA Substance Use Helpline**- Call 800-327-5050 or text "HOPE" to 800327

## **Intensive Outpatient Programs (IOP):**

### **Brien Center for Mental Health and Substance Abuse Services**

**Location:** 251 Fenn Street, Pittsfield, MA

**Phone:** (413) 499-0412

**Website:** [briencenter.org](http://briencenter.org)

**Focus:** Serves adolescents with behavioral health disorders and/or substance use issues. IOP typically includes group therapy, individual therapy, family therapy, and case management.

### **Berkshire Health Systems' Behavioral Health Services — Child & Adolescent**

**Location:** Berkshire Medical Center, 725 North Street, Pittsfield, MA

**Phone:** (413) 395-7675

**Website:** [berkshirehealthsystems.org](http://berkshirehealthsystems.org)

**Focus:** Offers a range of behavioral health services (with IOP as a step-up or step-down from traditional outpatient care). Collaborative care with schools, families, and community resources.

### **Clinical & Support Options (CSO) Pittsfield Office**

**Location:** 877 South Street, Pittsfield, MA

**Phone:** (413) 236-5656

**Website:** [csoinc.org](http://csoinc.org)

**Focus:** Child and Adolescent Services with behavioral health IOP components. Support for co-existing disorders alongside behavioral health struggles.

### **Mountainside — Canaan, CT (with Virtual IOP for Massachusetts)**

**Location:** 187 S Canaan Rd, Canaan, CT 06018

**Phone:** (888) 833-4677

**Website:** [mountainside.com](http://mountainside.com)

**Focus:** Adolescent Intensive Outpatient Program (age 13–17). Group therapy, family therapy, relapse prevention, education, and healthy coping skills. Serves Massachusetts through a combination of in-person (Canaan, CT) and virtual sessions

### **Rogers Behavioral Health**

**Location:** (Massachusetts locations in Worcester or Westwood)

**Phone:** (833) 308-5887 [communityengagement@rogersbh.org](mailto:communityengagement@rogersbh.org)

**Website:** [rogersbh.org](http://rogersbh.org)

**Focus:** Specialty IOP for teens with co-existing disorders (anxiety, depression, trauma, and/or substance use). Cognitive behavioral therapy, dialectical behavioral therapy, and group sessions. Family education and support (About 2 hours' drive from Pittsfield — but a strong option if you're looking for specialized care)

## **Massachusetts Problem Gambling Helpline:**

**Location:** 24/7, 365 days a year via phone call, text, or chat

**Contact:** 1-800-327-5050

**Website:** [gamblinghelpline.ma.org](http://gamblinghelpline.ma.org)

**Focus:** Provides information about risks and signs of problem gambling and offers links to treatment and other resources to help start the road to recovery.

## **Medication for Opioid Use:**

**Brien Center-** <https://www.briencenter.org/>

- **Location 1:** 333 East St., Pittsfield MA, 413-499-0412
- **Location 2-** 124 American Legion Drive, North Adams MA

**Spectrum Health Systems (methadone)-** <https://www.spectrumhealthsystems.org/locations/290-park-street/>

- **Location 1:** 390 Merrill Rd., Pittsfield, MA, 413-442-0402
- **Location 2:** 1274 Curran Highway, North Adams, MA, 413-664-9024
- **Location 3:** 290 Park St, Great Barrington, MA, 413-347-4647

**Clean Slate Outpatient Recovery Center-** <https://www.cleanslatecenters.com/>

- 53 Eagle St, Pittsfield, MA; 413-347-4088

**Savida Health-** <https://savidahealth.com/>

- **Location 1:** 42 Summer St. Suite 201, Pittsfield, MA; 413-236-9100
- **Location 2:** 77 Hospital Ave., North Adams, MA; 413-398-5180

**Naloxone (Narcan)** is available without a prescription at all pharmacies in MA and at [boapc.org/naloxone](http://boapc.org/naloxone)

### **Outpatient Mental Health Treatment Programs:**

#### **Alternative Living Centers Outpatient Services-** <https://alccorp.org/>

Location 1: 206 1st Street, Pittsfield, MA; 413-499-6300

Location 2: 218 Ashland Street, North Adams, MA

#### **Better Life Partners-** <https://betterlifepartners.com/>

Online and in various locations in Berkshire County, MA

#### **Brien Center-** <https://www.briencenter.org/>

Location 1: 333 East St. # 227, Pittsfield; 413-499-0412

Location 2: 124 American Legion Dr., North Adams; 413-664-4541

Crisis Line: 800-252-0227 (24-hr) Intensive Outpatient Program, Enhanced Outpatient Program (day treatment), Individual and Group Therapy, Suboxone and Vivitrol

#### **Clean Slate Outpatient Recovery Center-** <https://www.cleanslatecenters.com/>

One Location: 53 Eagle St, Pittsfield, MA; 413-347-4088

#### **Commonwealth Collaborative-** [https://www.commoncollab.com/?utm\\_campaign=gmb](https://www.commoncollab.com/?utm_campaign=gmb)

One Location: 405 Stockbridge Road, Great Barrington, MA; 413-327-9210

#### **Savida Health-** <https://savidahealth.com/>

Location 1: 42 Summer St. Suite 201, Pittsfield, MA; 413-236-9100

Location 2: 77 Hospital Ave., North Adams, MA; 413-398-5180

#### **Spectrum Health Systems (methadone)-** <https://www.spectrumhealthsystems.org/locations/290-park-street/>

Location 1: 390 Merrill Rd., Pittsfield, MA, 413-442-0402

Location 2: 1274 Curran Highway, North Adams, MA, 413-664-9024

Location 3: 290 Park St, Great Barrington, MA, 413-347-4647

### **Rural Recovery South County Recovery Center:**

**Location:** 67 State Road, Great Barrington, MA

**Contact:** 413-854-5828 [gary@rural-recovery.org](mailto:gary@rural-recovery.org)

**Website:** <https://www.rural-recovery.org/>

**Focus:** Rooted in harm reduction, recovery support includes peer-led groups, recovery coaches, and inclusive social activities that meet people where they are. These services offer non-judgmental support to individuals using substances, those in recovery, and their loved ones. By fostering connection and reducing isolation, they help minimize the risks and stigma associated with substance use.

### **Recovery Residencies and Residential Treatment:**

#### **ALC (Alternative Living Centers)** 413-499-6300

Short term & long-term residential housing - MASH certified. Locations in Pittsfield and North Adams. Structured housing with a day program, weekly case management inclusive of assistance in employment/housing search and resource referrals, and regular counseling with clinical staff

#### **The Brien Center**

- **Keenan House** -202 Bradford St., Pittsfield, MA, 413-499-2756
- **Keenan House North - 42-44 Arnold Place, North Adams, MA, 413-662-2480.** Case management, in-house clinical/non-clinical groups, community-based groups, community networking and support services, and more
- **Safe Harbor-** 413-499-0412  
Recovery housing in Pittsfield with multi- bedroom apartments and seeks to reunify children with parents
- **Supportive Homes** - 413-499-0412  
Shared apartment living (up to two years) in Pittsfield where residents receive weekly case management, attend community meetings and build a network, maintain employment, and volunteer in the local community

**Mass Certified Sober Home** website: <https://mashsoberhousing.org/certified-residences/>

**Vanderburgh House**- 844-762-3747. Recovery-focused sober living program for women.

### **Residential Resources:**

- **Austen Riggs Center** – Stockbridge (Berkshire County) Psychiatric hospital and therapeutic community for adults. <https://www.austenriggs.org>
- **Banyan Massachusetts** – Wilmington. Comprehensive inpatient addiction treatment with detox, dual diagnosis care, and holistic therapies in a medically supervised environment. <https://www.banyanmass.com>
- **Behavioral Health Network (BHN)** – Springfield & Holyoke (Hampden County) Residential recovery programs for adults with co-occurring mental health and substance use disorders. <https://www.bhn.org>
- **Berkshire Meadows** – Housatonic (Berkshire County) 24-hour care for children and young adults with severe developmental disabilities. <https://www.jri.org/services/residential/berkshire-meadows>
- **Brightside for Families and Children** – Holyoke (Hampden County) Residential and community-based treatment for youth. <https://www.mercycares.com/services/brightside>
- **Gandara Center** – Springfield (Hampden County) Latino-focused group homes and adolescent residential programs. <https://www.gandaracenter.org>
- **Gosnold Treatment Center** – Falmouth. One of the oldest recovery providers in MA, offering residential substance use treatment, detox, and mental health services in a coastal setting. <https://gosnold.org>
- **Gould Farm** – Monterey (Berkshire County) Residential program for adults with depression, bipolar disorder, schizophrenia. <https://www.gouldfarm.org>
- **Hillcrest Educational Centers** – Pittsfield (Berkshire County) Residential treatment for youth with emotional/behavioral issues. <https://www.hillcrestec.org>
- **Hope Center (via CHD)** – Springfield (Hampden County) Residential recovery services for women and pregnant/postpartum individuals. <https://chd.org>
- **Loreto House (via Providence Ministries)** – Holyoke. Faith-based sober living for men with structured residential support. <https://providenceministries.org>
- **Mayflower Recovery** – Wilmington. Modern detox and inpatient recovery center with personalized programs, trauma-informed care, and private accommodations. <https://www.mayflowerrecovery.com>
- **Phoenix House** – Springfield (Hampden County) Residential and outpatient treatment for adults with substance use disorders. <https://www.phoenixhouse.org/locations/massachusetts/springfield/>
- **Providence Ministries** – Holyoke (Hampden County) Recovery housing and residential programs for men. <https://providenceministries.org>
- **RFK Children's Action Corps** – South Hadley (Hampshire County) Residential treatment for youth with trauma histories. <https://www.rfkcommunity.org/our-programs/juvenile-justice/south-hadley-girls-treatment-program>
- **Service Net: Prospect Meadow** – Hatfield (Hampshire County) Supported housing and community-based residential care for adults with mental health needs. <https://www.servicenet.org>
- **Spring Hill Recovery Center** – Ashby Private residential treatment center offering evidence-based therapy, medical detox, and individualized recovery programs in a wooded, peaceful campus. <https://www.springhillrecovery.com>
- **Swift River** – Cummington. Residential addiction treatment program offering medical detox, inpatient rehab, dual diagnosis care, and outdoor therapy in a serene Berkshire setting. <https://swiftriver.com>

### **2nd Street Second Chances:**

**Location 1: Pittsfield Office:** 264 Second Street. Pittsfield, MA 01201

**Location 2: North Berkshire Office:** By Appointment Only. 33 Main Street. North Adams, MA 01247

**Contact:** (413) 443-7220, ext. 3030 [Lindsay.Cornwell@sdb.state.ma.us](mailto:Lindsay.Cornwell@sdb.state.ma.us)

**Website:** <https://2nd-street.org/>

**Focus:** 2nd Street is dedicated to reducing recidivism by supporting formerly incarcerated individuals with dignity, practical tools, and opportunities. Through job readiness training, community advocacy, and a strengths-based approach, 2nd Street helps participants reintegrate successfully and contribute meaningfully to society. By fostering respect and inclusion, the program promotes safer, more connected communities for all.

## **12-Step Support Programs:**

- **Alcoholics Anonymous (AA) Hotline:** 413-443-0212 Main/Intergroup: 413-448-2382; [www.westernmassaa.org](http://www.westernmassaa.org)
- **Narcotics Anonymous (NA):** 413-443-4377; [www.berkshirena.com](http://www.berkshirena.com)
- **Al-Anon:** (for family members of person struggling with alcohol) 413-445-5852 Meeting Info- Call 888-425-2666
- **Nar-Anon:** (for family members of person struggling with narcotics) 413-442-8922

## **Tapestry:**

**Location:** 100 Wendell Ave #1, Pittsfield (appointment recommended)

**Contact:** 413-443-2844 [info@tapestryhealth.org](mailto:info@tapestryhealth.org)

**Website:** <https://www.tapestryhealth.org/harm-reduction/>

**Focus:** Tapestry Health offers non-judgmental, confidential harm reduction services across Western Massachusetts, supporting people who use drugs, their families, and those at risk of overdose. Grounded in social justice, their approach meets people where they are with free, walk-in care, including supplies, support, and overdose prevention—without involving law enforcement or immigration. Everyone is treated with dignity, respect, and compassion.

## **Additional Resources:**

- **AA/NA in Western Mass** <https://westernmassaa.org/>
- **Brave Coop (Mobile App)** <https://www.brave.coop/>
- **Brien Center Crisis Line** (800) 252-0227, (413) 499-0412 <https://www.briencenter.org/>
- **Celebrate Recovery** <https://celebraterecovery.com/>
- **First Steps Together** <https://www.mass.gov/first-steps-together>
- **George B. Crane Memorial Center** <http://www.thegbcmc.org/>
- **Have Hope Peer Recovery Center** <https://www.briencenter.org/havehoperecovery/>
- **Institute for Health and Recovery** <https://www.healthrecovery.org/>
- **Learn to Cope (for family members)** <https://learn2cope.org/>
- **Living In Recovery** <https://www.livinginrecoverypittsfield.org/>
- **MA Substance and Recovery Use Hotline** (800) 327-5050 <https://helplinema.org/>
- **Nar-Anon** (for family members) <https://www.nar-anon.org/>
- **Narcotics Anonymous (NA)** <https://www.berkshirena.com/>
- **Overdose Prevention Hotline** 988 Suicide & Crisis Lifeline
- **Project North** <https://www.mass.gov/project-north>
- **SBPHC South County Sharps Disposal Locations:** [www.southernberkshirehealth.com](http://www.southernberkshirehealth.com)
- **Support After a Death by Overdose (S.A.D.O.D.)** <https://sadod.org/>
- **Substance Abuse Helpline** <https://helplinema.org/>

# Healthcare Resources

## **Berkshire Center for Whole Health:**

**Location:** 8 Pine St, Stockbridge, MA

**Contact:** (413) 298-3700 [Info@BerkshireWholeHealth.com](mailto:Info@BerkshireWholeHealth.com)

**Website:** <https://berkshirewholehealth.com/>

**Focus:** Berkshire Center emphasizes a holistic approach to healthcare by minimizing reliance on medications and promoting healthy lifestyle choices such as nutrition, exercise, and toxin reduction. Integrating natural medicines and other complementary therapies, the team focuses on addressing the mental and emotional aspects of health alongside physical symptoms. This is a Family Practice.

## **Berkshire Health Systems:**

### **Multiple Locations/Contact:**

- **BHS East Mountain Medical**, 780 Main St Ste 1. Great Barrington, (413) 528 2418 (family)
- **BHS Berkshire Health Primary Care on Main**, 475 Main Street Great Barrington, (413)-854-9900 (family)
- **BHS Suburban Medical**, 710 Stockbridge Rd. Lee, (413) 243-0122, <https://suburbanmed.net/> (family)
- **BHS Lenox Family Health**. 55 Pittsfield Road, Building 12D. Lenox, (413) 344-1700 (family)
- **BHS Macony Pediatrics and Adolescent Medicine**, 100 Maple St, Great Barrington, (413) 528 4047 (pediatrics)

**Insurance Accepted:** Medicare, Medicaid/Berkshire Fallon, Commercial

**Website:** <https://www.berkshirehealthsystems.org/programs-and-services/primary-care/>

**Focus:** At BHS, expert primary care providers offer routine check-ups, screenings, and diagnosis of everyday conditions, while also coordinating any needed specialty care. Their goal is to help you stay healthy and manage your overall well-being.

## **Canopy Integrative Health:**

**Location:** 168 Main Street. Suite 3 Great Barrington, MA

**Contact:** 413) 446-1850 [info@canopyihc.com](mailto:info@canopyihc.com)

**Insurance Accepted:** No Insurance accepted. Sliding Scale fee available

**Website:** <https://www.canopyihc.com/>

**Focus:** At Canopy Integrative Health, your well-being comes first. Located in the heart of Great Barrington, they offer a new model of care built on time, attention, and genuine partnership. Through Direct Primary Care and Integrative Consultations, their team provides expert, thoughtful support designed to help you heal, thrive, and feel truly heard.

## **CHP Great Barrington Health Center:**

**Location:** 444 Stockbridge Rd. Great Barrington, MA

**Contact:** (413) 528-8580 [info@chpberkshires.org](mailto:info@chpberkshires.org)

**Insurance Accepted:** Medicare, Medicaid/Berkshire Fallon, Commercial

**Website:** <https://chpberkshires.org/>

**Focus:** CHP Great Barrington Health Center delivers comprehensive primary care services, including preventive care, chronic disease management, and routine health screenings. This is a Family Practice.

## **Footcare:**

### **Footcare by Nurses**

**Address:** 625 Cape St, Lee, MA 01238

**Contact:** (413) 358-4202 [accounts@footcarebynurses.net](mailto:accounts@footcarebynurses.net)

**Website:** <https://footcarebynurses.net/>

**Focus:** FootCare by Nurses is a team of board-certified nurses who specialize in foot health for older adults and medically complex individuals. We prevent pain, wounds, and falls through expert, compassionate care that restores function and honors the whole person.

### **Additional Footcare Resources:**

- **Sarah Hassett** (774)722-4393 [mobilemanicuresbysarah@gmail.com](mailto:mobilemanicuresbysarah@gmail.com)
- **Jane Kelly, RN**, (413) 698-2706 (Richmond office visits only)
- **Beverly Dunn, RN**, (413) 445 2569 (Lee only)

## **Home Healthcare Support:**

### **Home Health Aids (HHA):**

- **Amedisys Home Health Care**, 1 Dan Fox Dr Unit 3, Pittsfield, MA (413) 236-8500 <https://www.amedisys.com/>
- **Associated Home Care**, 55 North St, Pittsfield, MA (413) 344-2001 <https://www.associatedhomecare.com/>
- **At Home TLC**, Inc. 60 Roberts Dr Suite 310, North Adams, MA (413) 664-0746 <https://www.athometlc.com/>
- **CenterWell Home Health**, 279 Dalton Ave Suite B, Pittsfield, MA (413) 443-3525  
<https://www.centerwellhomehealth.com/about-us/find-care-near-you/centerwell-home-health-pittsfield/>
- **Elder Services of Berkshire County**, 73 S Church St, Pittsfield, MA (413) 499-0524 <https://www.esbci.org/>
- **Home Instead** 66 Wendell Ave, Pittsfield, MA (413) 910-9131 <https://www.homeinstead.com/>
- **Hospice Care in the Berkshires**, 877 South St, Pittsfield, MA (413) 443-2994 <https://hcib.org/>
- **Molari Home & HealthCare Services**, 166 East St, Pittsfield, MA (413) 499-4546 <https://www.molariinc.com/>
- **Visiting Angels**, 197 South St Bldg. A. Pittsfield MA (413)344-9281  
<https://www.visitingangels.com/pittsfield/home-care-berkshire-county>

### **Personal Care Attendants (PCA):**

- **Abby Care**, Virtual Office (401) 267-9844 <https://www.abbycare.org/paid-family-caregiving/massachusetts>
- **Ad Lib Inc**, 215 North St, Pittsfield, MA 01201 (413) 442-7047 <https://www.adlibcil.org/>
- **Aveanna**, 78 Capital Dr, West Springfield, MA (413) 205-1696 <https://www.aveanna.com/>

### **Visiting Nursing Assistants (VNA):**

- **Berkshire VNA/Berkshire Medical Center (BVNA)** 165 Tor Ct, Pittsfield, MA (413) 447-2862  
<https://www.berkshirehealthsystems.org/programs-and-services/home-care/>
- **Cooley Dickinson VNA & Hospice** 168 Industrial Dr, Northampton, MA (413) 584-1060  
<https://www.cooleydickinson.org/programs-services/vna-hospice/>
- **MassHealth Personal Care Attendant Program**  
<https://www.mass.gov/masshealth-personal-care-attendant-program>
- **Northern Berkshire Healthcare VNA & Hospice**, 820 State Road. North Adams, Ma (855) 262-5465  
<https://www.nbhealth.org/VNA-Hospice/46/VNA-Hospice.html>
- **Porchlight Home Care**, 329 Pittsfield Rd # 103, Lenox, MA (413) 881-4067  
<https://www.linkedin.com/company/porchlight-vna-home-care/about/>

## **South County Nursing Homes:**

### **Berkshire Health Care Center**

**Address:** 7 Sandisfield Rd, PO Box 216, Sandisfield, MA 01255

**Contact:** (413) 258-4731 [info@berkshireRehabilitation.com](mailto:info@berkshireRehabilitation.com)

**Website:** [www.berkshirerehabilitation.com](http://www.berkshirerehabilitation.com)

### **Berkshire Rehabilitation**

**Address:** 7 Sandisfield Rd, PO Box 216, Sandisfield, MA 01255

**Contact:** (413) 258-4731 [info@berkshireRehabilitation.com](mailto:info@berkshireRehabilitation.com)

**Website:** [www.berkshirerehabilitation.com](http://www.berkshirerehabilitation.com)

### **Fairview Commons**

**Address:** 151 Christian Hill Rd, GB MA 01230

**Contact:** (413) 528-4560 [mlaurin@integritus1.org](mailto:mlaurin@integritus1.org)

**Website:** [www.fairviewcommons.org](http://www.fairviewcommons.org)

### **Lee HealthCare**

**Address:** 20 Laurel Street Lee, MA 01238

**Contact:** (413) 243-2010 [info@nextstephc.com](mailto:info@nextstephc.com)

**Website:** [www.nextstephc.com](http://www.nextstephc.com)

### **Kindred Nursing & Rehab-Laurel Lake**

**Address:** 620 Laurel Street Lee MA 01238

**Contact:** (413) 243-2010 [info@nextstephc.com](mailto:info@nextstephc.com)

**Website:** [www.nextstephpc.com](http://www.nextstephpc.com)

### **Kimball Farms**

**Address:** 40 Sunset Ave, Lenox, MA 01240

**Contact:** (413) 637-5011 <https://kimballfarms.org/about-us/contact-us/>

**Website:** [www.kimballfarmsnursingcare.org](http://www.kimballfarmsnursingcare.org)

### **Mount Carmel Care**

**Address:** 320 Pittsfield Road Lenox, MA 01240

**Contact:** (413) 637-2660 [dallen@mcccl.org](mailto:dallen@mcccl.org)

**Website:** [www.mountcarmelcare.org](http://www.mountcarmelcare.org)

### **Timberlyn Heights**

**Address:** 320 Maple Ave, GB MA 01230

**Contact:** (413) 528-2650 [JFrame@BearMountain.com](mailto:JFrame@BearMountain.com)

**Website:** [www.bearmountainhc.com](http://www.bearmountainhc.com)

### **Volunteers in Medicine Berkshires:**

**Location 1:** 777 S Main St #4, Great Barrington, MA

**Location 1:** 199 South St, Pittsfield, MA 01201

**Contact:** (413) 528-4014 [info@vimberkshires.org](mailto:info@vimberkshires.org)

**Website:** <https://www.vimberkshires.org/>

**Focus:** ViM provides free, comprehensive health care to income-qualified individuals who are ineligible for insurance, addressing not only medical needs but also the social and economic factors that influence health. By combining the efforts of volunteer professionals and community members, ViM dismantles barriers to health equity and empowers patients—ranging from asylum seekers to essential workers—with the care and support they need to thrive.

### **Zah Health Care, PLLC:**

**Location:** 353 Miller Ave, Sheffield, MA

**Contact:** (413) 248-1295 [laura@zahhealth.com](mailto:laura@zahhealth.com)

**Insurance Accepted:** Medicare, Medicaid/Berkshire Fallon, Commercial

**Website:** <https://www.zahhealth.com/contact>

**Focus:** ZAH Health Care provides accessible, personalized healthcare services to residents of Berkshire County and surrounding areas. Their offerings include in-office visits, home-based care, and telehealth consultations, ensuring flexible and comprehensive support tailored to individual patient needs.

### **Additional Resources:**

- **Flynn's Pharmacy and Home Medical Equipment:** <https://www.flynnspharmacy.com/>
- **Surgimed Corporation** (Durable Medical Equipment): <https://www.mysurgimed.com/>
- **Tapestry** - Sexual & Reproductive Health Clinic <https://www.tapestryhealth.org/>

# Housing Resources

## **Alternative Housing Voucher Program (AHVP)**

**Website:** [www.mass.gov/how-to/apply-for-the-alternative-housing-voucher-program-ahvp](http://www.mass.gov/how-to/apply-for-the-alternative-housing-voucher-program-ahvp)

**Application Link (CHAMP):** [publichousingapplication.ocd.state.ma.us/](http://publichousingapplication.ocd.state.ma.us/)

**Focus:** The AHVP program is designed to help people with disabilities live independently in housing they choose through mobile (tenant-based) rental vouchers. The voucher is for 1-bedroom units. You will contribute 25-30% of your monthly income toward rent, depending on if utilities are included in the rent. The local housing agency pays your landlord the rest of the rent

**Berkshire County Regional Housing Authority:** See “Upside 413”

**Berkshire Housing Development Corporation:** See Hearthway, Inc.

## **Central Berkshire Habitat for Humanity:**

**Location:** 314 Columbus Ave, Pittsfield, MA 01201

**Contact:** (413) 442-3181 [berkshirehabitat.org/about-us/contact-us/](http://berkshirehabitat.org/about-us/contact-us/)

**Online Application link:** <https://berkshirehabitat.org/housatonic/>

**Website:** [berkshirehabitat.org/](http://berkshirehabitat.org/)

**Focus:** Habitat welcomes people from all walks of life to partner in serving and creating a better community for everyone who lives here. To develop and manage affordable and accessible housing options for qualified residents. Programs include Emergency Relief Fund, Neighborhood Revitalization and Home preservation.

## **Campgrounds in South County:**

- **Bear Town Park** 69 Blue Hill Road, Monterey, MA 01245 [www.mass.gov/locations/beartown-state-forest](http://www.mass.gov/locations/beartown-state-forest)
- **Lone Oak Campsites** 360 Norfolk Rd East, East Canaan, CT 06024 [www.loneoakcampsites.com/](http://www.loneoakcampsites.com/)
- **Camp Overflow** 700 Tolland Rd, East Otis, MA 01029 [campoverflow.com/](http://campoverflow.com/)

## **Common Housing Application for Massachusetts Programs (CHAMP):**

**Website:** [publichousingapplication.ocd.state.ma.us/](http://publichousingapplication.ocd.state.ma.us/)

**Application Online Link:** [publichousingapplication.ocd.state.ma.us/](http://publichousingapplication.ocd.state.ma.us/)

**Application Paper Link:** [www.mass.gov/doc/champ-application-form-english/download](http://www.mass.gov/doc/champ-application-form-english/download)

**Focus:** This will give you a list of affordable housing for Western Massachusetts. You can choose what towns you are willing to live in. Applications can be filled out online or on paper. For more information contact your local Housing Authority.

## **Construct Inc.**

**Location:** 316A State Rd, Great Barrington, MA 01230

**Contact:** 413 - 528-1985 [office@constructberkshire.org](mailto:office@constructberkshire.org)

**Website:** [constructberkshires.org/](http://constructberkshires.org/)

**Application Link:** [constructberkshires.org/applications-and-contact-info/](http://constructberkshires.org/applications-and-contact-info/)

**Focus:** Construct helps individuals and families rebuild their lives and sustain their livelihoods. They provide affordable housing solutions, rental assistance, and access to other support services. Construct also has a family shelter.

## **Emergency Housing Assistance**

**Contact:** (866) 584-0653

**Location:** Offices across the state [www.mass.gov/how-to/apply-for-emergency-assistance-ea-family-shelter](http://www.mass.gov/how-to/apply-for-emergency-assistance-ea-family-shelter)

**Website:** [www.mass.gov/emergency-housing-assistance](http://www.mass.gov/emergency-housing-assistance)

**List of all shelters by town:** [hedfuel.azurewebsites.net/iShelters.aspx](http://hedfuel.azurewebsites.net/iShelters.aspx)

**Focus:** Massachusetts individuals and families seeking emergency housing will find shelter programs and related services here. EHA can be helpful when trying to establish the urgency you are facing.

### **Hearthway, Inc. (formerly known as the Berkshire Housing Development Corporation)**

**Location:** One Fenn Street. 3rd Floor. Pittsfield, MA 01201

**Contact:** 413 - 499-1630 [info@hearthway.org](mailto:info@hearthway.org) Fax: (413) 496-9831

**Website:** [hearthway.org/](http://hearthway.org/)

**Housing Resources Link:** [hearthway.org/housing-search-resources/](http://hearthway.org/housing-search-resources/)

**Application Link:** [hearthway.org/hcec-intake-form/](http://hearthway.org/hcec-intake-form/)

**Focus:** Hearthway's mission is to find housing solutions for all people across the communities of Berkshire County. Berkshire Hearthway Oversees: 57 Main Street, Lee, Bentley Apartments, Gt. Barrington, Christian Hill Commons, Gt. Barrington, Windrush Commons, Gt. Barrington

### **HomeBASE:**

**Location:** Offices across the state – link to contacts is [www.mass.gov/how-to/apply-for-emergency-assistance-ea-family-shelter](http://www.mass.gov/how-to/apply-for-emergency-assistance-ea-family-shelter)

**Contact:** (866) 584-0653

**Website:** [www.mass.gov/service-details/homebase](http://www.mass.gov/service-details/homebase)

**Focus:** HomeBASE helps families who have been found eligible for Emergency Assistance (EA) Family Shelter by providing funding over a 2-year period, with the possibility of a 3rd year of help. If your family is found eligible for the Emergency Assistance (EA) Family Shelter program, you may be invited to apply.

### **United States Department of Housing and Urban Development (HUD):**

**Online Contact Form:** <https://www.hudexchange.info/contact-us/>

**Website:** <https://www.hudexchange.info/programs/housing-counseling/foreclosure-prevention/>

**Focus:** HUD's programs and related topics support HUD's priorities across a range of policy areas including Affordable Housing Development and Preservation, Community and Economic Development, Environment and Energy, Fair Housing, Homelessness, Homeownership, Rental Assistance, and Supportive Housing and Services.

### **Housing Authority Websites and Phone Numbers:**

- **Great Barrington Housing Authority:** <https://www.townofgb.org/housing-authority> 413 274 1142
- **Lee Housing Authority:** <https://leehousingauthority.org/> 413 243-3454
- **Lenox Housing Authority:** <https://lenoxhousingauthority.com> (413) 637-5585
- **Pittsfield Housing Authority:** <https://pittsfieldhousing.org/> (413) 443- 5936
- **Stockbridge Housing Authority:** <https://www.stockbridgeha.com/> (413) 298 3222

**Application used for Housing Authorities: (CHAMP Application):** <https://publichousingapplication.ocd.state.ma.us/>

### **Housing Navigator Massachusetts:**

**Contact Link:** [housingnavigatorma.org/contact-us/](http://housingnavigatorma.org/contact-us/)

**Website:** [search.housingnavigatorma.org/](http://search.housingnavigatorma.org/)

**Focus:** Housing Navigator MA is a Massachusetts-based 501(c)(3) that addresses a glaring digital divide around one of the most important choices we make – where to live. This website also has an App compatible with all phones.

### **Residential Assistance for Families in Transition (RAFT):**

**Location:** 1 Fenn St., 3rd floor Pittsfield, MA 01201

**Contact:** (413) 499-1630 x168 [info@hearthway.org](mailto:info@hearthway.org)

**Website:** [applyhousinghelp.mass.gov/s/?language=en\\_US&LanguageCode=en\\_US](http://applyhousinghelp.mass.gov/s/?language=en_US&LanguageCode=en_US)

**Application Link:** [applyhousinghelp.mass.gov/s/user-registration?language=en\\_US&LanguageCode=en\\_US](http://applyhousinghelp.mass.gov/s/user-registration?language=en_US&LanguageCode=en_US)

**Focus:** RAFT provides up to \$7,000 per 12-month period so your family can stay in your current home or move to a new one. You may use the money for rent, utilities, moving costs, and mortgage payments.

### **Section 8 Housing Choice Voucher Program (HCVP):**

**Website:** [www.mass.gov/how-to/apply-for-the-massachusetts-rental-voucher-program-mrvp](http://www.mass.gov/how-to/apply-for-the-massachusetts-rental-voucher-program-mrvp)

**Application Link:** [publichousingapplication.ocd.state.ma.us/](https://publichousingapplication.ocd.state.ma.us/)

**Focus:** The housing choice voucher program is the federal government's major program for assisting very low-income families, the elderly, and the disabled to afford decent, safe, and sanitary housing in the private market. Since housing assistance is provided on behalf of the family or individual, participants can find their own housing, including single-family homes, townhouses and apartments.

### **Shoppers Guide:**

**Location:** 271 Main St, Great Barrington, MA 01230

**Contact:** (413) 528-0095

**Website:** [shoppersguideinc.com/](http://shoppersguideinc.com/)

**Focus:** The Shoppers Guide is a local newspaper that has pages on real estate and apartment listings.

### **ServiceNet Shelter for Adults- Homeless Shelter:**

**Location:** 21 Pearl Street in Pittsfield, MA 01201

**Contact:** (413) 320-6550 [info@servicenet.org](mailto:info@servicenet.org)

**Website:** [www.servicenet.org/services/shelter-and-housing/](http://www.servicenet.org/services/shelter-and-housing/)

**Focus:** ServiceNet year-round shelter for adults provides housing, meals, showers, toiletries, and clothing for individuals experiencing homelessness. The family shelter located in Berkshire County includes Our Friends House in Pittsfield.

### **Soldier On: Pittsfield Transitional Housing (Veteran Support):**

**Location:** 360 West Housatonic Street. Pittsfield, MA 01201

**Contact:** : (413) 236-5644 [info@wesoldieron.org](mailto:info@wesoldieron.org)

**Website:** [www.servicenet.org/services/shelter-and-housing/](http://www.servicenet.org/services/shelter-and-housing/)

**Focus:** Soldier On: Pittsfield Transitional Housing provides veterans with safe, supportive, and structured temporary housing as they work toward independent living. The program offers case management, counseling, life skills training, and access to healthcare and employment resources. Its goal is to help veterans overcome homelessness and rebuild stable, self-sufficient lives within the community.

### **Supporting Neighborhood Opportunity in Massachusetts (SNO Mass) Program:**

**Location:** Berkshire Housing Development Corporation (serves Berkshire County)

**Contact:** 413-344-4822 [SNOMass@Berkshirehousing.com](mailto:SNOMass@Berkshirehousing.com)

**Website:** [www.mass.gov/info-details/supporting-neighborhood-opportunity-in-massachusetts-sno-mass-program#](http://www.mass.gov/info-details/supporting-neighborhood-opportunity-in-massachusetts-sno-mass-program#)

**Focus:** To apply for the relocation program, you must have a voucher for one year. The Supporting Neighborhood Opportunity in Massachusetts (or "SNO Mass") Program supports DHCD Housing Choice Voucher families with school-aged children making moves to communities with high-quality schools, parks and open space, and healthy, safe environments. On this page, DHCD voucher holders and property owners can learn how to participate in this program.

### **Upside 413 (formerly known as the Berkshire County Regional Housing Authority):**

**Location:** Berkshire County Office. 1 Fenn Street, 4th Floor. Pittsfield, MA 01201

**Contact:** (413) 443-7138 Fax: (413) 443-8137 [tanajahc@upside413.org](mailto:tanajahc@upside413.org)

**Website:** [upside413.org/](http://upside413.org/)

**Application Link:** [hearthway.org/hcec-intake-form/](http://hearthway.org/hcec-intake-form/)

**Focus:** UpSide413 promotes household, housing, and community stability through a continuum of interrelated service options.

### **Other Housing Resources**

- **Berkshire Property Managers:** [www.berkshirepropertymanagers.com](http://www.berkshirepropertymanagers.com)
- **Facebook:** Community Boards (Each town has one)
- **Zillow Rentals:** [www.zillow.com/homes/for\\_rent/](http://www.zillow.com/homes/for_rent/)
- **Hot Pads:** [hotpads.com/great-barrington-ma/apartments-for-rent](http://hotpads.com/great-barrington-ma/apartments-for-rent)
- **HUD Exchange** <https://www.hudexchange.info/contact-us/>
- **Greylock Realty:** [www.greylockrealty.com/](http://www.greylockrealty.com/)
- **Cavalier Holdings:** [cav-mgt.com](http://cav-mgt.com)
- **Rental Housing Association of Berkshire County:** [rhabc.com/](http://rhabc.com/)
- **Trulia:** [www.trulia.com/](http://www.trulia.com/)
- **Affordable Housing:** [www.affordablehousing.com/](http://www.affordablehousing.com/)
- **Leading Edge Property Management:** [www.propertymanagement-rentals.com/berkshire-rentals/](http://www.propertymanagement-rentals.com/berkshire-rentals/)
- **Housing Toolbox:** [www.housingtoolbox.org/](http://www.housingtoolbox.org/)

# Immigration Resources

## **Berkshire Alliance to Support the Immigrant Community (BASIC):**

**Contact Form:** <https://basicberkshires.org/contact-us/>

**Website:** <https://basicberkshires.org/>

**Resource Guide:** <https://basicberkshires.org/search-resources/>

**Focus:** The Berkshire Alliance to Support the Immigrant Community (BASIC) is a coalition of Berkshire-based organizations formed in response to the 2016 presidential election to support and advocate for immigrants. BASIC unites local agencies to provide coordinated resources, services, and outreach tailored to the needs of the immigrant community in Berkshire County.

## **Berkshire Immigration Center (BIC):**

**Location:** 141 North St, Suite 303, Pittsfield, MA

**Contact:** (413) 445-4881 [info@berkshireic.org](mailto:info@berkshireic.org)

**Website:** <https://www.berkshireic.org/>

**Focus:** The Berkshire Immigration Center empowers immigrants by providing affordable legal services, education, and access to local resources to help them navigate the U.S. immigration system. Committed to equity and civic engagement, the Center works to break down financial and cultural barriers while advocating for systemic change at the local, state, and national levels.

## **Community Legal Aid (CLA):**

**Location:** 152 North St #155, Pittsfield, MA

**Contact:** (413) 499-1950

**Website:** <https://communitylegal.org/>

**Focus:** Community Legal Aid offers free civil legal services to low-income and elderly residents across Central and Western Massachusetts, working to ensure equal access to justice for all. Through legal advocacy that protects housing, income, health, and family stability, and with targeted projects for the most vulnerable, CLA helps build stronger, more equitable communities.

## **Multicultural BRIDGE:**

**Location:** BRIDGE - Solidarity Meeting House- 965 Main St, Great Barrington, MA

**Contact:** (413) 394-4029 [Adminsupport@multiculturalbridge.org](mailto:Adminsupport@multiculturalbridge.org)

**Website:** <https://www.multiculturalbridge.org/>

**Focus:** BRIDGE (Multicultural BRIDGE) is a grassroots organization advancing equity and justice by connecting vulnerable community members with resources and providing cultural education, training, and advocacy. Through partnerships with schools, businesses, and local governments, BRIDGE fosters inclusive communities and drives systemic change.

## **Volunteers in Medicine Berkshires:**

**Location 1:** 777 S Main St #4, Great Barrington, MA

**Location 1:** 199 South St, Pittsfield, MA 01201

**Contact:** (413) 528-4014 [info@vimberkshires.org](mailto:info@vimberkshires.org)

**Website:** <https://www.vimberkshires.org/>

**Focus:** ViM provides free, comprehensive health care to income-qualified individuals who are ineligible for insurance, addressing not only medical needs but also the social and economic factors that influence health. By combining the efforts of volunteer professionals and community members, ViM dismantles barriers to health equity and empowers patients—ranging from asylum seekers to essential workers—with the care and support they need to thrive.

## **Additional Immigration Resources:**

- **Immigration Law Help** <https://www.immigrationlawhelp.org/>
- **Immigrants Rising** <https://immigrantsrising.org/resource/list-of-scholarships-and-fellowships/>
- **Translation and Interpretation Services**  
[https://docs.google.com/document/d/1M3TUJhEltR9QoJG0RUe\\_3umSJaagV9Y2/edit?tab=t.0](https://docs.google.com/document/d/1M3TUJhEltR9QoJG0RUe_3umSJaagV9Y2/edit?tab=t.0)

# Mental Health Resources

## **Austen Riggs Center:**

**Location:** 25 Main St, Stockbridge, MA 01262

**Contact:** 800-517-4447 [info@austenriggs.net](mailto:info@austenriggs.net)

**Website:** [www.austenriggs.org/](http://www.austenriggs.org/)

**Insurance Accepted:** None

**Focus:** Riggs is an open, voluntary residential treatment center specializing in longer-term treatment for diagnostically complex adults. Patients have individual, four times/week psychodynamic psychotherapy sessions with a doctoral level clinician along with support and counseling from a consistent interdisciplinary team. Riggs helps patients take charge of their lives when other psychiatric treatments have not worked. Riggs also has an Online Intensive Outpatient Program for college students and emerging adults (18 - 30) in MA.

## **Berkshire Advocacy and Therapy Services (BATS):**

**Location:** 140 West Avenue. Suite A. Great Barrington, MA 01230

**Contact:** [rania@berkshireat.com](mailto:rania@berkshireat.com)

**Website:** [www.berkshireat.com](http://www.berkshireat.com)

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** Berkshire Advocacy and Therapy Services offers individual, group and family therapy, nutrition counseling, and credentialing and billing services, delivering compassionate, effective support for both clients and providers.

## **Berkshire Coalition for Suicide Prevention (BCSP):**

**Location:** PO Box 472, Pittsfield, MA 01202

**Contact:** [info@berkshirecoalition.org](mailto:info@berkshirecoalition.org)

**Website:** [www.berkshirecoalition.org/](http://www.berkshirecoalition.org/)

**Insurance Accepted:** None

**Focus:** The Berkshire Coalition for Suicide Prevention (BCSP) is a grassroots 501c3 non-profit organization dedicated to providing suicide prevention resources, loss and healing programs, professional training, advocacy efforts and hope to our local community.

## **Berkshire County ARC:**

**Location:** 395 South St #6803, Pittsfield, MA 01201

**Contact:** (413) 499-4241 [bcarc@bcarc.org](mailto:bcarc@bcarc.org)

**Website:** [bcarc.org/](http://bcarc.org/)

Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** Serving children and adults with intellectual and developmental disabilities, Autism, and brain injuries, and individuals who need assistance with daily living.

## **Berkshire Psychiatrist:**

Online Search Database

**Website:** <https://berkshiremd.com/>

**Focus:** Find A Berkshire Psychiatrist

## **Berkshire Health Systems: Behavioral & Mental Health Services:**

**Location:** 777 North Street. Pittsfield, MA 01201

**Website:** <https://www.berkshirehealthsystems.org/programs-and-services/behavioral-health/>

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Contact:**

- **Acute Care Program:** 413-447-2472
- **Detoxification Program:** 413-445-9228

- **Long-Term Stabilization Program:** 413-447-2927
- **Partial Hospitalization Program:** 413-447-2747
- **Electroconvulsive Therapy:** 413-395-7859
- **Youth Intensive Program:** 413-553-6775
- **Berkshire Harm Reduction:** 413-447-2654

**Focus:** With crisis-trained clinicians and emergency facilities across North Adams, Pittsfield, and Great Barrington, BHS provides 24/7 screening and stabilization. Specializing in severe psychiatric issues and substance use disorders, our Behavioral Health team connects patients to community programs for sustained recovery. Collaborating with the Brien Center post-hospital programs, they ensure ongoing outpatient therapy.

### **Berkshire Psychotherapy Network:**

Online Search Database

**Website:** [berkshirepsychotherapynetwork.org/](http://berkshirepsychotherapynetwork.org/)

### **Center for Motivation and Change (CMC):**

**Location:** 100 Stone Manor Dr. New Marlborough, MA 01230

**Contact:** (866) 859-1156 [motivationandchange.com/contact-us/](http://motivationandchange.com/contact-us/)

**Website:** [motivationandchange.com/](http://motivationandchange.com/)

**Insurance Accepted:** None

**Focus:** CMC offers Outpatient Treatment, Residential Treatment, Trauma Treatment, Adolescent Treatment and Telehealth Services.

### **Clinical Support Options (CSO):**

**Location:** 877 South St Suite 200, Pittsfield, MA 01201

**Contact:** (413) 528-0298 [info@csoinc.org](mailto:info@csoinc.org)

**Website:** <https://www.csoinc.org/community-based-programs>

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** CSO, also known as the Family Resource Center in Great Barrington, has outreach to the South and North County regions, care navigators, and other support.

### **Collaborative Endeavors, LLC:**

**Location:** 10 Valley Street. Building B. Lee, MA 01238

**Contact:** (413) 225-1716 [Jennifer@collaborativeendeavorsllc.com](mailto:Jennifer@collaborativeendeavorsllc.com)

**Website:** [www.collaborativeendeavorsllc.com/](http://www.collaborativeendeavorsllc.com/)

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** Specialties/Treatment Orientations Include: Trauma-informed; Polyvagal Informed; Individual-Centered Attachment-Centered; Young adult/transitional age issues; Harm-Reduction approaches to entrenched habits; groups; family work; LGBTQUIA+ ; Professional Supervision and Consultation.

### **Commonwealth Collaborative:**

**Location:** 405 Stockbridge Rd, Great Barrington, MA 01230

**Contact:** (413) 327-9424 [info@commoncollab.com](mailto:info@commoncollab.com)

**Website:** [www.commoncollab.com/?utm\\_campaign=gmb](http://www.commoncollab.com/?utm_campaign=gmb)

**Insurance Accepted:** Medicaid/Berkshire Fallon and Private/Commercial Insurance

**Focus:** The clinical program begins with physical, emotional safety and building a sober community. Services include Trauma-Informed Care, Repairing Family Systems, Developing Life Skills, Creating Strong Boundaries, Cultivating Responsibility and Accountability, and Participating in Service Work. They offer a PHP program that offers up to 5 days per week of group therapy for 5 hours per day. They also have an IOP program that operates 3 days per week with 3 hours per group therapy session.

### **Department of Mental Health Services (DMH):**

**Location:** 1 Prince Street, Northampton, MA 01060

**Contact:** Western Mass Area Office (413) 587-6200 **Fax:** (413) 587-6203

**Website:** [www.mass.gov/info-details/department-of-mental-health-dmh](http://www.mass.gov/info-details/department-of-mental-health-dmh)

**Link to Application:** [www.mass.gov/doc/dmh-childadolescent-services-application-english/download](http://www.mass.gov/doc/dmh-childadolescent-services-application-english/download)

[Open PDF file, 880.76 KB, DMH Child/Adolescent Services Application - English](#)

[Open DOC file, 736.5 KB, DMH Child/Adolescent Services Application - Spanish](#)

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** DMH Services include youth support groups, therapeutic day services, family systems interventions, residential treatment programs, continuing care inpatient services and Department of Children and Family support. DMH provides services to adults with mental health needs. DMH also serves children and youth who are 18 and younger. DMH serves children and youth with the following mental health conditions of Schizophrenia and other psychotic disorders, Mood disorders, Anxiety disorders, Dissociative disorders, Eating disorders, Borderline personality disorder, Attention Deficit/Hyperactivity disorder.

### **Ellie Mental Health:**

**Location:** 66 West Street. Suite 4E. Pittsfield, MA 01201

**Contact:** (413) 343-4264 [ellieMA15201@elliementalhealth.com](mailto:ellieMA15201@elliementalhealth.com)

**Website:** [elliementalhealth.com/locations/pittsfield-berkshire-ma/](http://elliementalhealth.com/locations/pittsfield-berkshire-ma/)

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** Ellie offers a wide selection of mental health therapy services for all ages across our local clinic network. The insurance currently accepted are Aetna, Blue Cross Blue Shield, Optum, and United Health Care.

### **Family Resource Center- Great Barrington:**

**Location:** 141 West Avenue. Great Barrington

**Contact:** (413) 528.0298 [gbfrc@csoinc.org](mailto:gbfrc@csoinc.org)

**Website:** [www.csoinc.org/community-based-programs](http://www.csoinc.org/community-based-programs)

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** CSO offers outpatient groups, community events, wellness activities, and healing arts happenings throughout Western MA.

### **Gould Farm:**

**Location:** 100 Gould Rd, Monterey, MA 01245

**Contact:** (413) 528-1804 [info@gouldfarm.org](mailto:info@gouldfarm.org)

**Website:** [www.gouldfarm.org/](http://www.gouldfarm.org/)

**Insurance Accepted:** None

**Focus:** Gould Farm services include Clinical services and support. A structured work program with varied activities on the farm and transitional services in Western Massachusetts and the Boston area.

### **Help Lines:**

- **Brien Center 24/7 Crises Line** 800-252-0227, 413-4990412 [www.briencenter.org](http://www.briencenter.org)
- **Brave.coop (Mobile App) 833-833-2100** [www.brave.coop/](http://www.brave.coop/)
- **MA Substance Use Helpline** 800-327-5050 [www.helplinema.org](http://www.helplinema.org)
- **Suicide Prevention Lifeline** 800-273-8255, or text 988

### **Massachusetts Behavioral Health Access (MABHA):**

Online Search Database: [www.mabhaccess.com/Home.aspx](http://www.mabhaccess.com/Home.aspx)

### **Massachusetts Behavioral Health Help Line:**

**Contact:** 833-773-2445 [MAProviderDatabase@elevancehealth.com](mailto:MAProviderDatabase@elevancehealth.com)

**Website:** [masshelpline.com](http://masshelpline.com)

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** The MA Behavioral Health Help Line connects you directly to clinical help, when and where you need it. It's free, confidential, and no health insurance is required. Real-time interpretation available. Deaf or hard of hearing? Contact MassRelay at 711.

### **National Association of Health Workers (ASW) Therapy Matcher:**

Online Search Database Website: [www.naswma.org/page/therapymatcher](http://www.naswma.org/page/therapymatcher)

### **National Alliance on Mental Illness (NAMI):**

**Location:** 141 North St Suite 301, Pittsfield, MA 01201

**Contact:** (413) 443-1666 [namibc@namibc.org](mailto:namibc@namibc.org)

**Website:** [namibc.org/](http://namibc.org/)

**Insurance Accepted:** None/Programs are free.

**Focus:** NAMI in Berkshire County offers understanding to anyone concerned about mental illnesses and the treatment of mental illness. They also offer support, education and advocacy.

**Pittsfield Therapy -The Berryman Professional Building:**

Website: [www.pittsfieldtherapist.com/](http://www.pittsfieldtherapist.com/)

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Psychology Today:**

Online Search Database: [www.psychologytoday.com](http://www.psychologytoday.com)

**Railroad Youth Street Project (RYSP):**

Location: Memorial Park, 60 Bridge St, Great Barrington, MA 01230

Contact: (413) 528-2475 [info@rsyp.org](mailto:info@rsyp.org)

Website: [www.rsyp.org](http://www.rsyp.org)

Insurance Accepted: None/Programs are free.

Focus: RSYSP services include group and 1-to-1 mentoring, clubs, groups, advocacy and support, as well as a Drop In Center stocked with food, video games, and community resources, all intended for young people ages 14-25.

**ServiceNet Inc. Pittsfield Outpatient Clinic:**

Location: 141 North St #139, Pittsfield, MA 01201

Contact: (413) 585-1300 [info@servicenet.org](mailto:info@servicenet.org) Fax: (413) 585-1355

Website: [www.servicenet.org](http://www.servicenet.org)

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: ServiceNet is a non-profit human service agency that provides essential services to people living with mental health challenges, developmental delays or disability, brain injury, homelessness, and other challenges.

**South County Recovery Center:**

Location: 67 State Road Great Barrington, MA

Contact : (413) 645-3564 [help@rural-recovery.org](mailto:help@rural-recovery.org)

Website: [www.ruralrecovery.org](http://www.ruralrecovery.org)

Insurance Accepted: None/Programs are free.

Focus: Rural Recovery Resource's mission is to engage, assist, refer, educate, and empower people who are affected in any way by substance use.

**Spectrum Health Systems, Inc:**

Location: 290 Park St, Great Barrington, MA 01230

Contact: (413) 347-4647 [info@spectrumsys.org](mailto:info@spectrumsys.org)

Website: [www.spectrumhealthsystems.org/](http://www.spectrumhealthsystems.org/)

Insurance Accepted: Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

Focus: Services include medication for substance use disorders and outpatient counseling. Spectrum's outpatient treatment centers provide a range of individual, group and family counseling services to adults with substance use and/or mental health disorders at various stages of recovery.

**Therapy Matcher:**

Online Search Database: [therapymatcher.org/](http://therapymatcher.org/)

**Volunteers in Medicine (ViM):**

Location: 777 Main Street. Great Barrington, MA 01230

Contact: (413) 528-4014 [info@vimberkshires.org](mailto:info@vimberkshires.org)

Website: [www.vimberkshires.org/](http://www.vimberkshires.org/)

Insurance Accepted: Program is for people who are ineligible for insurance.

Focus: ViM provides free health care to those in the region who are income-qualified and ineligible for health insurance. While our clinical team addresses patients' medical and dental needs, our Community Health Workers address any social, legal, or economic needs—including food security, housing, employment, and childcare—and create solutions, often with the help of community partners

**Wildflower Alliance:**

**Address:** 361 North Street, Pittsfield, MA

**Contact:** (413) 464-9807 [sophie@wildfloweralliance.org](mailto:sophie@wildfloweralliance.org)

**Website:** <https://wildfloweralliance.org/>

**Focus:** The Wildflower Alliance is rooted in a peer-led approach to mental health that centers healing, connection, and choice for those impacted by trauma, psychiatric diagnoses, and emotional distress. We challenge traditional systems by offering community-based support, alternative healing practices, and advocacy that uplifts lived experience and addresses systemic injustice.

**Additional Mental Health Resources**

- **Berkshire County Crisis Team (Brien Center):** 413-499-0412 (24 hours per day, seven days per week)
- **National Suicide Prevention Hotline:** 988 (24 hours per day, seven days per week)
- **Call2Talk:** 508-532-2255
- **Suicide Prevention Lifeline:** 988 (24 hours per day, seven days per week)
- **Samaritans Statewide 24-hour helpline:** 1-617-247-0220
- **Text a Crisis Counselor:** 741741
- **Trevor Help Line for LGBT:** 1-866-488-7386 Text: “start” to 678678
- **Veterans Crisis Line (Call or Text):** 988 - Press 1
- **6 Free Rehab Centers In Massachusetts:** [www.addictionresource.net/free-rehab-centers/massachusetts/](http://www.addictionresource.net/free-rehab-centers/massachusetts/)
- **Trans Helpline Call:** (877) 565-8860
- **Asian LifeNet.** Available in Cantonese, Mandarin, Japanese, Korean, and Fujianese. Call: (877) 990-8585
- **Call Blackline:** (800) 604-5482
- **Physician Support Line. Call:** (888) 409-0141
- **Community First Therapy and Consulting, LLC:** [www.communityfirsttc.org/](http://www.communityfirsttc.org/)
- **Colleen Passetto, LICSW:** [www.colleenpassettolicsw.com/](http://www.colleenpassettolicsw.com/)

# Special Needs Resources

## **Aveanna Healthcare:**

Location: 354 Birnie Avenue Suite 401. Springfield, Ma. 01107

Contact: P: 413-731-3050 | F: 413-731-1236 [Michelle.Letourneau@aveanna.com](mailto:Michelle.Letourneau@aveanna.com)

Website: <https://www.aveanna.com/>

**Focus:** Aveanna Healthcare helps parents become trained home health aides for their children with special needs, so care can happen at home. Their model combines professional support with the unique understanding of a parent to provide compassionate, family-centered care.

## **Applied Behavior Analysis (ABA) Companies:**

### **Balanced Behavior Consulting**

Contact: (413) 274-8184 [balancedbehaviorconsulting@gmail.com](mailto:balancedbehaviorconsulting@gmail.com)

Website: <https://www.balancedbehaviorconsulting.com/>

### **Berkshire ABA**

(413) 242-6369 [Info@BerkshireABA.com](mailto:Info@BerkshireABA.com)

Website: <https://www.facebook.com/BerkshireABA/>

### **Positive Behavior Supports Corporation**

Contact: (413) 284-7155 [atower@teampbs.com](mailto:atower@teampbs.com)

Website: [www.teampbs.com/](http://www.teampbs.com/)

### **UCP of Berkshire County**

Contact: (413) 442-1562 <https://ucpwma.org/contact/>

Website: <https://ucpwma.org/programs-for-children/>

### **Green Mountain Sprouts**

Contact: (845) 926-8216 [Melinda@gmbehavior.org](mailto:Melinda@gmbehavior.org)

Website: <https://www.gmsprouts.com/>

## **Ad-lib Center for Independent Living:**

**Location:** 215 North Street. Pittsfield, MA 01201

**Contact:** (413) 442-7047 [info@adlibcil.org](mailto:info@adlibcil.org)

**Website:** [www.adlibcil.org/services/](http://www.adlibcil.org/services/)

**Focus:** Ad-lib's focus is to empower people with all types of disabilities to live more independently and have control of their own lives. Services include Information and Referral, Advocacy, Peer Counseling, Skills Training, Transition Skills, Personal Care Attendant services and Specialized Services.

## **Autism Connections of Berkshire County:**

**Location:** 75 South Church Street. Suite 402. Pittsfield, MA 01301

**Contact:** (413) 443-4780 [autismconnections@pathlightgroup.org](mailto:autismconnections@pathlightgroup.org)

**Website:** [autismconnectionsma.org/](http://autismconnectionsma.org/)

**Focus:** Autism Connections provide information, resources, and practical help for children, teens and adults with autism, as well as their families, caretakers, friends and professionals.

## **Berkshire County Arc (BCARC):**

**Location:** 395 South Street. Pittsfield MA 01201

**Contact:** (413) 499-4241 [bcarc@bcarc.org](mailto:bcarc@bcarc.org)

**Website:** [bcarc.org/](http://bcarc.org/)

Contact for Intake: 413-499-4241 ext. 255

**Focus:** Serving children and adults with intellectual and developmental disabilities, Autism, and brain injuries, and individuals who need assistance with daily living.

## **Berkshire Family and Individual Resources (BFair):**

**Location:** 771 South Church Street. North Adams, MA 01247

**Contact:** (413) 664.9382 [info@bfair.org](mailto:info@bfair.org)

**Website:** [www.bfair.org/](http://www.bfair.org/)

**Services Brochure:** [irp.cdn-website.com/cd40d7a5/files/uploaded/BFAIR%20Services%20Overview\\_vFIN.pdf](http://irp.cdn-website.com/cd40d7a5/files/uploaded/BFAIR%20Services%20Overview_vFIN.pdf)

**Focus:** BFair services include support and direct care for people with cognitive disabilities, autism and acquired brain injuries.

### **Berkshire Nursing Families:**

**Location:** 71 Hospital Ave, North Adams, MA 01247

**Contact:** (413) 344-2800 [info@berkshirenursingfamilies.org](mailto:info@berkshirenursingfamilies.org)

**Website:** <http://www.berkshirenursingfamilies.org/>

**Focus:** BNF is committed to enhancing the life-long health of our community through the promotion and support of breastfeeding and positive parenting for families throughout all of Berkshire County who are pregnant, postpartum, or parenting infants.

### **Catastrophic Illness in Children Relief Fund (CICRF):**

**Location:** Virtual Office

**Contact :** 617-624-5951 [CICRF.DPH@mass.gov](mailto:CICRF.DPH@mass.gov)

**Website:** [www.mass.gov/info-details/check-eligibility-for-cicrf](http://www.mass.gov/info-details/check-eligibility-for-cicrf)

**Application link:** [www.mass.gov/how-to/apply-to-cicrf](http://www.mass.gov/how-to/apply-to-cicrf)

**Focus:** CICRF provides financial relief to eligible Massachusetts families caring for children and youth under 22 years of age with medically related expenses that are not covered by insurance, federal or state assistance, fundraising, or other financial sources.

### **CharmMedical:**

**Location:** 33 Riverside Drive. Pembroke, MA 02359

**Contact:** (781) 829-9813 [support@charmmedical.com](mailto:support@charmmedical.com)

**Website:** [www.charmmedical.com/](http://www.charmmedical.com/)

**Focus:** Charm Medical Supply has worked closely with patients, caregivers and physicians to make it easy for patients to receive the medical supplies that they need. This would include diapers and pull-ups needed.

### **Community Access to the Arts (CATA):**

**Location:** 420 Stockbridge Rd Suite 2, Great Barrington, MA 01230

**Contact:** (413) 528-5485 [Kara@CATAarts.org](mailto:Kara@CATAarts.org)

**Website:** [cataarts.org/](http://cataarts.org/)

**Focus:** CATA in collaboration with Families Like Ours hosts a monthly series of free Art and Tea parties to help parents of young children with disabilities decrease isolation. Through dynamic arts workshops in painting, dance, theater, singing, drumming, juggling, yoga, creative writing, and more, CATA artists tap into their potential, explore new talents, and share their unique points of view.

### **Department of Disabilities (DDS):**

**Location:** 333 East Street Pittsfield, MA 01201

**Contact:** (413) 447-7381 [DDSInfo@mass.gov](mailto:DDSInfo@mass.gov)

**Intake line:** (413)-205-0940

**Secure Documentation Email:** [DDS.ELIG.CW@mass.gov](mailto:DDS.ELIG.CW@mass.gov)

**Website:** [www.mass.gov/orgs/department-of-developmental-services#:~:text=The%20Department%20of%20Developmental%20Services](http://www.mass.gov/orgs/department-of-developmental-services#:~:text=The%20Department%20of%20Developmental%20Services)

**DDS Eligibility Applications:** [www.mass.gov/lists/dds-eligibility-forms](http://www.mass.gov/lists/dds-eligibility-forms)

**Autism Waiver Program:** [www.mass.gov/lists/dds-autism-waiver-service-program-awp-open-interest-period-2024](http://www.mass.gov/lists/dds-autism-waiver-service-program-awp-open-interest-period-2024)

**Focus:** The Department of Developmental Services (DDS) provides support to children and adults with intellectual and developmental disabilities including autism spectrum disorder across the Commonwealth. The agency's mission is to create innovative and genuine opportunities for these individuals to participate fully in, and contribute meaningfully to, their communities as valued members.

## **Educational Advocates:**

### **18 Degrees Family Services For Western MA**

Address: 480 West St, Pittsfield, MA 01201

Contact: (413) 448-8281 [info@18degreesma.org](mailto:info@18degreesma.org) Website: <https://18degreesma.org/>

### **Berkshire County Arc**

Address: 395 South St #6803, Pittsfield, MA 01201

Contact: (413) 499-4241 [moody@bcarc.org](mailto:moody@bcarc.org) Website: <https://bcarc.org/programs/advocacy/>

### **Clinical Support Options (CSO):**

Address: 141 West Avenue. Great Barrington, MA 01230

Contact: 857-271-1322 [contact@lotusadvocacy.com](mailto:contact@lotusadvocacy.com) Website: <https://www.lotusadvocacy.com/>

### **Families Like Ours (FLO):**

Address: 140 West Avenue. Suite A. Great Barrington, MA 01230

Contact: 413-645-3208 [Rania@familieslikeoursinc.com](mailto:Rania@familieslikeoursinc.com) Website: [www.familieslikeoursinc.com](http://www.familieslikeoursinc.com)

### **Federation for Children with Special Needs (FCSN):**

Address: 529 Main St #1m3, Boston, MA 02129

Contact: (617) 236-7210 [info@fcsn.org](mailto:info@fcsn.org) Website: <https://fcsn.org/fcsn-intake-form/>

### **Lotus Advocacy**

Address: (virtual office)

Contact: (857) 271-1322 [contact@lotusadvocacy.com](mailto:contact@lotusadvocacy.com) Website: <https://www.lotusadvocacy.com/>

### **Sullivan Consulting, Educational Advocates**

Address: P.O. Box 4506, Chicopee, MA 01014-4506

Contact: (413) 594-1125 [Sullivanconsulting@ymail.com](mailto:Sullivanconsulting@ymail.com) Website: <https://beaminghealth.com/providers/ms-denise-sullivan-chicopee-ma>

### **Western Massachusetts Educational Advocacy Services, Karen Mowry**

Address: 151 East Street. Ludlow Ma, 01056

Contact: 413-583-8100 [krjvs@aol.com](mailto:krjvs@aol.com) Website:

<https://www.facebook.com/westernmasseducationaladvocacy/about>

## **Families Like Ours (FLO):**

**Location:** 140 West Avenue. Suite A7 Great Barrington, MA 01230

**Contact:** (413) 854-3971 [Rania@familieslikeoursinc.com](mailto:Rania@familieslikeoursinc.com)

**Website:** [familieslikeoursinc.com/](http://familieslikeoursinc.com/)

**Focus:** Families Like Ours is dedicated to supporting special needs families by addressing the everyday challenges they face with compassion and practical assistance. We help families access vital community resources, navigate complex systems, and reduce the isolation that so often comes with caregiving. Through family support services, peer connection, and inclusive events, we aim to build a strong, empowered community where no one feels alone.

## **Federation for Children with Special Needs:**

**Location:** The Schrafft Center. 529 Main Street, Suite 1M3. Boston, MA 02129

**Contact:** (617) 236-7210 [info@fcsn.org](mailto:info@fcsn.org)

**Website:** [fcsn.org/](http://fcsn.org/)

**Focus:** The Federation has multiple initiatives to support, educate, and empower families and professionals around the education, health and community needs of children. These programs promote family engagement in all communities throughout Massachusetts. Our language line and Outreach team can help families requiring language assistance.

## **Learning Solutions:**

**Location:** 90 Conz St, Suite 101 Northampton MA

**Contact:** (413) 584-0265 [learningsolutions@learningsolutionsls.com](mailto:learningsolutions@learningsolutionsls.com)

**Website:** <http://learningsolutionsls.com/>

**Referral Form:**

[docs.google.com/forms/d/e/1FAIpQLSfOGciKgN9ifkRuZ7rHrCEanFdGRkCC3pPAkl3Wl9J7qyF9UA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfOGciKgN9ifkRuZ7rHrCEanFdGRkCC3pPAkl3Wl9J7qyF9UA/viewform)

**Focus:** Services include an integrative and collaborative approach to the assessment and treatment of psychological, learning, and language needs across the lifespan.

**MassHealth Applications:**

Massachusetts Application for Health and Dental Coverage and Help Paying Costs

<https://www.mass.gov/doc/massachusetts-application-for-health-and-dental-coverage-and-help-paying-costs-0/download>

MassHealth Child Disability Supplement

<https://www.mass.gov/doc/masshealth-child-disability-supplement/download>

MassHealth Adult Disability Supplement

<https://www.mass.gov/doc/masshealth-adult-disability-supplement-0/download>

MassHealth Premium Assistance (PA)

<https://www.mass.gov/doc/premium-assistance-program-application-1/download>

**Mental Health Legal Advisors Committee (MHLAC):**

**Location:** 100 Hancock Street, Suite 1002, Quincy, MA

**Contact :** (800) 342-9092 (413) 338-2345 [mhlac@mhlac.org](mailto:mhlac@mhlac.org)

**Website:** [mhlac.org/](http://mhlac.org/)

**Focus:** MHLAC provides legal and policy advocacy for people with mental health challenges throughout the Commonwealth of Massachusetts.

**Nonotuck Resource Associates:**

**Location:** 14 Park Place. Lee, MA

**Contact :** (413) 588-2971 [walto@nonotuck.com](mailto:walto@nonotuck.com)

**Website:** [www.nonotuck.com](http://www.nonotuck.com)

**Focus:** Nonotuck offers services to anyone over the age of 18 (16 in special circumstances), who due to a medical, intellectual, developmental, or mental disability is unable to live safely on their own. Their unique Shared Living, Adult Family Care and individualized Day Services programs encourage strong relationships within communities to help grow in connections and experiences.

**Operation Better Start (Berkshire Health Systems):**

**Location:** 510 North Street, Suite 6, Lower Level. Pittsfield, MA 01201

**Contact:** 413-445-9243

**Website:** <https://www.berkshirehealthsystems.org/location/operation-better-start/>

**Focus:** Operation Better Start (OBS) offers specialized nutrition counseling for individuals from infancy through young adulthood. The program supports families in managing a range of health concerns, including eating disorders, obesity, failure to thrive, hypertension, food allergies, gastrointestinal disorders, high cholesterol, pre-diabetes, and sports nutrition. This program is available in person and virtually.

**Palliative Care of the Berkshires:**

**Location:** 877 South Street Suite 1W. Pittsfield, MA 01201

**Contact:** (413) 443-2994

**Website:** [hcib.org/palliative-care-services/pediatric-palliative-care/](http://hcib.org/palliative-care-services/pediatric-palliative-care/)

**Referral Contact:** [hcib.org/contact/](http://hcib.org/contact/)

**Brochure:** [hcib.org/wp-content/uploads/sites/24/2019/09/HospiceCare-in-The-Berkshires-Pediatric-Palliative-Care-Brochure.pdf](http://hcib.org/wp-content/uploads/sites/24/2019/09/HospiceCare-in-The-Berkshires-Pediatric-Palliative-Care-Brochure.pdf)

**Focus:** Palliative care optimizes quality of life through expertise in pain and symptom management and guidance in medical decision-making for people living with serious illnesses.

**Pathlight: (See ServiceNet)**

**Pediatric Developmental Center:**

**Location:** 924 South Main Street. Great Barrington, MA 01230

**Contact:** (413) 717-4083 [info@pdcbkshshire.org](mailto:info@pdcbkshshire.org)

**Website:** [pediatricdevelopmentcenter.org/](http://pediatricdevelopmentcenter.org/)

**Focus:** PDC provides services for children who are given a diagnosis that may affect their development, medically fragile, developmentally delayed in motor, cognitive, and/or speech/language areas, demonstrating behavioral concerns, at-risk for developmental delays.

**ReEquipment**

**Address:**

**Contact:** 508-713-9690 [info@reequipmentma.org](mailto:info@reequipmentma.org)

**Website:** <https://reequipmentma.org/search-equipment>

**Focus:** REquipment provides free, gently used durable home medical equipment (DME) and assistive technology (AT) to individuals and families across Massachusetts. By reusing equipment, REquipment helps increase access, reduce waste, and support independence—find what you need or donate what you no longer use.

**ServiceNet (Formerly known as Pathlight):**

**Location:** 75 S Church Street, 402 Pittsfield, MA 01201

**Contact:** (413) 443-4780 [info@pathlightgroup.org](mailto:info@pathlightgroup.org)

**Website:** [www.pathlightgroup.org/](http://www.pathlightgroup.org/)

**Focus:** ServiceNet offers a broad range of services tailored to people with intellectual disabilities, developmental disabilities, autism, and their families. These include (but are not limited to) residential programs, performing arts, sex and relationship education, recreation and enrichment activities, behavioral supports and medical care.

**Southern Berkshire Public Health Collaborative (SBPHC):**

**Location:** Stockbridge Town Hall Ground Floor, 50 Main Street, PO Box 307, Stockbridge, MA 01262

**Contact:** (413) 717-7207 [jayne@tritownhealth.org](mailto:jayne@tritownhealth.org) or [jill@tritownhealth.org](mailto:jill@tritownhealth.org)

**Website:** [www.southernberkshirehealth.com/](http://www.southernberkshirehealth.com/)

**Focus:** The SBPHC promotes health equity within their communities. Resources include childhood vaccinations, fall vaccination clinics, car seat inspection/installation, sharps disposal, wellness sessions, public health education and more.

**Stanton Home:**

**Location:** 205 N Plain Rd, Great Barrington, MA 01230

**Contact:** (413) 528-0506 [info@stantonhome.org](mailto:info@stantonhome.org)

**Website:** <https://www.stantonhome.org/>

**Insurance Accepted:** Medicaid/Berkshire Fallon, Medicare, and Private/Commercial Insurance

**Focus:** The programs are enriched by our large organic garden, culinary program, a 15-loom weavery, and various activities throughout the local community. Stanton Home provides life-long residences and daily program for people with intellectual and developmental disabilities.

**Testing Centers (Children and Adults):****Autism Care Partners -Amherst Center**

**Address:** 100 University Dr. Suite 201. Amherst, MA 01002

**Contact:** 800-679-3609 **Website:** <https://autismcarepartners.com/locations/massachusetts/amherst-center/>

**Autism Care Partners -Holyoke Center**

**Address:** 55 Bobala Road Holyoke, MA 01040

**Contact:** 800-679-3609 **Website:** <https://autismcarepartners.com/locations/massachusetts/holyoke/>

**Autism Services – Albany**

**Address:** 2 Computer Drive W, Albany, NY 12205

**Contact:** 855-374-2469 **Website:** <https://autismlearningpartners.com/>

**Beacon Assessment Center – Springfield**

**Address:** 59 Interstate Dr. Ste 1 W. Springfield Ma 01089

Contact: 413 301 8840 Website: [www.beaconservices.org](http://www.beaconservices.org)

**Baystate Behavioral Health - Neuropsychology**

Address: 3300 Main Street, Suite 4A. Springfield, MA 01199

Contact: (508) 835-1735 Website: <https://www.baystatehealth.org/locations/tolosky-center/behavioral-health-neuropsychology>

**Baystate Behavioral Health - MCPAP Program**

Address: 150 Lower Westfield Rd, Holyoke, MA 01040

Contact: 844-926-2727

Website: <https://www.baystatehealth.org/locations/behavioral-health-mcpap-program>

**Baystate General Pediatrics – Springfield**

Address: C Level, 140 High St. Springfield, MA 01105

Contact: 413-794-2398 Website: <https://www.baystatehealth.org/>

**Berkshire Dyslexia Learning Center Inc**

Address: 4 Birchwood Lane. Lenox, MA

Contact: 413-553-3619 Website: [dyslexiclearning@gmail.com](mailto:dyslexiclearning@gmail.com)

Website: <https://stjoepittsfield.com/news/berkshire-dyslexia-learning-center-inc>

**Berns Robert Mimnaugh, Ph.D.**

Address: 450 Williams St, Pittsfield, MA 01201

Contact: 413-441-9590 Website: <https://www.psychologytoday.com/us/therapists/berns-robert-mimnaugh-pittsfield-ma/58070>

**Boston Children’s Hospital**

Address: 300 Longwood Avenue Boston, MA 02115

Contact: 617-355-6000 Website: <https://www.childrenshospital.org/>

**CapitalCare Family Practice**

Address: Averill Park 3305 Ny Highway 43, Averill Park, NY 12018

Contact: 518-674-5797 Website: <https://communitycare.com/>

**Community Health & Wellness Center**

Address: 6 - 8 E Main Street. Cannan, CT 0618

Contact: 860-362-5101 Website: <https://www.chwctorr.org/>

**Corner Stone Behavior Health**

Address: 397 Grove St, Worcester, MA 01605

Contact: 508-978-2733 Website: <https://cornerstonebehavioralhealth.com/>

**Community Health & Wellness**

Address: 6 - 8 E Main St, Canaan, CT 06018

Contact: (860) 362-5101 Website: <https://www.chwctorr.org/>

**Denise Garcia Sevilla, Ph.D.**

Address: Maple Hill Rd. West Stockbridge, MA 01266

Contact: (347) 236-3769 Website: <https://www.psychologytoday.com/us/therapists/dennise-garcia-sevilla-west-stockbridge-ma/381521>

**Elizabeth Roberts, PsyD**

Address: 69 Church Street 2nd Fl, Ste 4, Lenox, MA 01240

Contact: (413) 274-2396 Website: <https://elizabethrobertspsychology.com/>

**Hudson Shores Medical Group**

Address: 1500 2nd Ave, Watervliet, NY 12189

Contact: (518) 272-0028 Website: <http://www.hudsonshoremicalgroup.com/>

**James Levine & Associates**

Address: 9 College St #6, South Hadley, MA 01075

Contact: (413) 534-7400 Website: <https://www.jameslevineassoc.com/>

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Address: 9 College St #6, South Hadley, MA 01075

Contact: 413-534-7400 Website: <https://www.jameslevineassoc.com/>

**Katherine Mallory**

Address: 12-A Church St. Lenox, MA 01240

Contact: (413) 551-7155 Website: <https://www.kmallorymd.com/>

**L & L Life Enrichment Services**

Contact: 125 Liberty St, Springfield, MA 01103

Contact: 413-372-4457 Website: <https://www.landlifenrichmentcenter.org/mental-health-services-about-us>

**Learning Solutions**

Address: Office 90 Conz St, Suite 101. Northampton, MA

Contact: 413-584-0265 Website: <https://learningsolutions.com/>

**Leonard Yost, MD**

Address: Lenox Professional Building, 449 Pittsfield Rd, Lenox, MA 01240

Contact: (413) 499-9929 Website: <https://www.healthgrades.com/providers/leonard-yost-ydjqh>

**Marshall Silverstein, Psychologist, PhD**

Address: 54 Wendell Avenue. Ste. 6. Pittsfield, MA 01201

Contact: (413) 650-5048

Website: <https://www.psychologytoday.com/us/therapists/marshall-silverstein-pittsfield-ma/199636>

**Orion Davidoff, Ph.D.**

Address: 53 Maple Hill Rd, West Stockbridge, MA 01266

Contact: (646) 731-0635 Website: <http://www.droriondavidoff.com/>

**Pediatric Development Center -North**

Address: 388 Columbus Avenue. Pittsfield, MA 01201

Contact: 413-499-4537 Website: <https://pediatricdevelopmentcenter.org/services/contact-pdc/>

**Pediatric Development Center -South**

Address: 924 South Main St. Greaty Barrington, MA 01230

Contact: 413-717-4083 Website: <https://pediatricdevelopmentcenter.org/services/contact-pdc/>

**South Bay Community Services**

Address: 140 High St Ste 230 Springfield Ma 01105

Contact: 413 495 1500 Website: <https://mentorsouthbay.com/>

**Sullivan Associates Behavioral Health (Formerly Siracusa Associates)**

Address: 77 Hospital Ave Suite 214, North Adams, MA 01247

Contact: (413) 398-5064 Website: <https://www.siracusatherapy.com/>

**UMASS Memorial Medical Center**

Address: 33 Kendall St. Worcester, MA 01605

Contact: 508 334 6255 Website: <https://www.ummhealth.org/>

**Valatie Medical Arts Building**

Address: 1301 River St Ste 108, Valatie, NY 12184

Contact: 518-758-7786 [www.albanymed.org](http://www.albanymed.org)

**Wynantskill Family Medicine**

Address: 9 W Sand Lake Rd, Wynantskill, NY 12198

Contact: 518-333-9615 Website: <https://www.wynantskillfamilymed.com/>

**UCP of Western Massachusetts:**

**Location:** 208 West Street. Pittsfield, MA 01201

**Contact:** (413) 442-1562 [ucpwma.org/contact/?program=atp](http://ucpwma.org/contact/?program=atp)

**Website:** [ucpwma.org/](http://ucpwma.org/)

**Focus:** UCP of Western Massachusetts offers service navigation, training, recreational opportunities, direct care, programming, assistive technology, and advocacy for any individual, regardless of disability, to pursue a fulfilling, self-determined, high-quality community life — a life without limits. We serve over 5,000 members across four counties including Berkshire, Hampshire, Franklin and Hampden.

**Additional Special Needs Resources:**

- **Aging with Dignity** [agingwithdignity.org/](http://agingwithdignity.org/)
- **Association of Developmental Disabilities Providers** [www.addp.org/](http://www.addp.org/)
- **Berkshire County Kid's Place and Violence Prevention** <https://www.kidsplaceonline.org/>
- **Berkshire County WIC** <https://chpberkshires.org/family/wic-berkshire-south/>
- **Berkshire Nursing Families** <https://www.berkshirenursingfamilies.org/>
- **Child Care of the Berkshires** <https://www.ccberkshire.org/>
- **Down Syndrome Resource Group of Western Massachusetts** [www.downsyndromewm.org/](http://www.downsyndromewm.org/)
- **First Steps Together** <https://www.mass.gov/first-steps-together>
- **Grandparents raising Grandchild nbCC** [https://ccpfc.org/families/grandparent-support/?gad\\_source](https://ccpfc.org/families/grandparent-support/?gad_source)
- **Grandparents Raising Grandchildren** <https://www.helpguide.org/family/parenting/grandparents-raising-grandchildren>
- **Home Care Alliance of Massachusetts** <http://www.thinkhomecare.org>
- **Massachusetts Commission for the Blind** [www.mass.gov/orgs/massachusetts-commission-for-the-blind](http://www.mass.gov/orgs/massachusetts-commission-for-the-blind)
- **Massachusetts Commission for Deaf & Hard of Hearing** [www.mass.gov/locations/massachusetts-commission-for-the-deaf-and-hard-of-hearing-berkshire-massachusetts-regional-office](http://www.mass.gov/locations/massachusetts-commission-for-the-deaf-and-hard-of-hearing-berkshire-massachusetts-regional-office)
- **Massachusetts Rehabilitation Commission** [www.mass.gov/orgs/massability](http://www.mass.gov/orgs/massability)
- **Maternal/Child Health at Berkshire VNA** <https://www.berkshirehealthsystems.org/programs-and-services/home-care/>
- **Multiple Sclerosis Support Foundation** [www.mssupportfoundation.org/](http://www.mssupportfoundation.org/)
- **Hospice and Palliative Care Federation of Massachusetts** [www.hospicefed.org/](http://www.hospicefed.org/)
- **Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)** [chadd.org/](http://chadd.org/)

# Transportation Resources

## **Amtrak Train Service:**

**Location:** 1 Columbus Avenue, Pittsfield, MA 01201

**Contact:** (800) 872-7245 [www.amtrak.com/contact-us/email.html](http://www.amtrak.com/contact-us/email.html)

**Website:** [www.amtrak.com/home.html](http://www.amtrak.com/home.html)

**Towns Served:** Berkshire County

**Notes:** Amtrak train services allow you to travel throughout the state as needed. There are multiple stopping points within Berkshire County including Great Barrington, Pittsfield and North Adams. Rates vary.

## **Berkshire Journeys – Jason Canning:**

**Location:** Pittsfield Based

**Contact:** (413) 726-8388 (Prefers Text) [berkshirejourneys8@gmail.com](mailto:berkshirejourneys8@gmail.com)

**Website:** [berkshirejourneys.godaddysites.com/](http://berkshirejourneys.godaddysites.com/)

**Towns Served:** Berkshire County, Northwest Connecticut, Eastern New York and Southern Vermont.

**Notes:** Rates vary on location. Transportation options include rides to Albany, Hudson, Pittsfield, Springfield, Wassaic, and more.

## **Berkshire Regional Transit Authority (BRTA):**

**Location:** 1 Columbus Ave. Suite 201 Pittsfield, MA 01201

**Contact:** (413) 499-2782 x3, [info@berkshirerta.com](mailto:info@berkshirerta.com)

**Website:** [berkshirerta.com/](http://berkshirerta.com/)

**CharlieCards:** [berkshirerta.com/fares/charlie-card/](http://berkshirerta.com/fares/charlie-card/)

**Towns Served:** Berkshire County

**Notes:** Local Fares, Student 30-day, College year-round pass. Rates vary. ADA and non-ADA rides available.

## **First Class Chauffeur Service (Jonathan Peck):**

**Location:** Sheffield Based

**Contact:** (413) 329-0666 [details@yahoo.com](mailto:details@yahoo.com)

**Website:** [www.facebook.com/jonathan.peck.716/](https://www.facebook.com/jonathan.peck.716/)

**Towns Served:** Berkshire County and Tri-state Area Berkshire County

**Notes:** Rates vary.

## **HappyCar Shuttle:**

**Location:** 340 West Street. Pittsfield, MA 01201

**Contact:** (413) 623-4552 [happycarshuttle@gmail.com](mailto:happycarshuttle@gmail.com)

**Website:** [happycarberkshiretrips.com/](http://happycarberkshiretrips.com/)

**Towns Served:** Berkshire County + Plus. Rides To Airports, Trains, Buses, Ferries, Cruises, Event Venues, The Local Area, etc.

**Notes:** Rates vary. You may call or text the phone number above.

## **MassHealth PT1 Forms:**

### **Also known as MART (Montachusett Regional Transit Authority)**

**Contact:** 617-847-3427 [hstinfo@mass.gov](mailto:hstinfo@mass.gov)

**Website:** [www.mass.gov/info-details/get-a-ride-to-masshealth-medical-appointments](http://www.mass.gov/info-details/get-a-ride-to-masshealth-medical-appointments)

**Request Transportation:** [cp-gatra.qryde.com/cp/NemtBookRide.html](http://cp-gatra.qryde.com/cp/NemtBookRide.html)

**Towns Served:** All of Massachusetts

**Notes:** This service is free to MassHealth Members. You can get transportation to MassHealth covered services, including medical, counseling, and day habilitation appointments. The Human Service Transportation Office (HST) manages non-emergency transportation for MassHealth Standard, MassHealth CommonHealth or MassHealth CarePlus members.

## **Peter Pan/Greyhound Bus Lines:**

**Location:** 1 Columbus Avenue. Pittsfield, MA, 01201

**Contact:** (413) 499-2782 [peterpanbus.com/request/](http://peterpanbus.com/request/)

**Website:** [peterpanbus.com/locations/massachusetts/pittsfield/](http://peterpanbus.com/locations/massachusetts/pittsfield/)

**Rates:** [peterpanbus.com/travel-info/schedules/](http://peterpanbus.com/travel-info/schedules/)

**Towns Served:** All of Massachusetts

**Notes:** Rates vary

### **Soldier On Transportation for Veterans:**

**Location:** One Columbus Avenue. Pittsfield, MA 01201

**Contact:** (413) 418-4300 [info@wesoldieron.org](mailto:info@wesoldieron.org)

**Website:** [veteranfamilyride.com/](http://veteranfamilyride.com/)

**Towns Served:** Berkshire County

**Notes:** The BRTA has partnered with Soldier On to create the Veterans and Families Transportation Call Center. Funded by the U.S. Department of Transportation Federal Transit Administration, the Call Center will be staffed by Soldier On veterans to provide service to all Berkshire County veterans and their families. Rates vary

### **South County Connector (Formerly known as the TriTown Connector):**

**Location:** Great Barrington Based

**Contact:** 413-591-3826 [tcoleman@townofgb.org](mailto:tcoleman@townofgb.org)

**Website:** [www.socoride.org](http://www.socoride.org)

**Towns Served:** Egremont, Great Barrington, Monterey, Stockbridge, Sheffield and West Stockbridge

**Notes:** Limited service to Canaan, CT and (for seniors and persons with disabilities only) to Pittsfield and New Marlborough.

Rides may be scheduled 24/7 via the TripShot App [www.tritown.org/get-the-app](http://www.tritown.org/get-the-app) or [tritownconnector.tripshot.com/](http://tritownconnector.tripshot.com/) Rates vary.

## **Town Senior Transportation Services**

**Alford:** [www.townofalford.org](http://www.townofalford.org)

**Information:** [www.townofalford.org/council-aging/news/transportation-alford-seniors](http://www.townofalford.org/council-aging/news/transportation-alford-seniors)

**Contact:** Melanie Torrico at the Transportation Department at 528-0182 x 25 or [transpdepart@egremont-ma.gov](mailto:transpdepart@egremont-ma.gov)

**Notes:** Rides are available for medical appointments M-F. You need to give 48 hours' notice when arranging a ride. Rates vary.

**Egremont:** [www.egremont-ma.gov](http://www.egremont-ma.gov)

**Transportation Information:** [www.egremont-ma.gov/194/Transportation-Department](http://www.egremont-ma.gov/194/Transportation-Department)

**Contact:** Melanie Vicneire, [transpdepart@egremont-ma.gov](mailto:transpdepart@egremont-ma.gov) 413-528-01822 ext. 25 from 9:00am -2:30pm

**Notes:** Equipped to handle one wheelchair, seniors 55 years old and up and disabled residents from Egremont, Alford, and Mount Washington can book rides from Monday to Friday from 8am to 4pm. The van will operate within Southern Berkshire County and Pittsfield. Traveling to Great Barrington and surrounding towns will vary in pricing. Please give 48 hours' notice when arranging a ride.

**Great Barrington:** [www.townofgb.org](http://www.townofgb.org)

**Information :** [www.greatbarringtonseniors.org/transportation/](http://www.greatbarringtonseniors.org/transportation/)

**Contact:** 413-528-1881 [info@greatbarringtonseniors.org](mailto:info@greatbarringtonseniors.org)

**Notes:** South County Connector (Former known as Tri-Town Connector) is a local transit service providing low-cost door-to-door rides in the South County community. Rides can be booked by phone or with the **TripShot** rideshare smartphone app. Rides charges vary depending on pick-up and drop-off destination. <https://socoride.org/seniors>

**Lee:** [www.lee.ma.us](http://www.lee.ma.us)

413- 243-5500 [rachael.armstrong@lee.ma.us](mailto:rachael.armstrong@lee.ma.us)

**Notes:** See link to BRTA Bus schedule [berkshirerta.com/plan-your-trip/route-21-schedule-2/#outbound-weekday](http://berkshirerta.com/plan-your-trip/route-21-schedule-2/#outbound-weekday)

**Lenox:** [www.townoflenox.com](http://www.townoflenox.com)

**Information:** 413-637-5500 ext. 1207 [www.townoflenox.com/user/62/contact](http://www.townoflenox.com/user/62/contact)

**Notes:** See link to BRTA Bus schedule [berkshirerta.com/?s=Lenox](http://berkshirerta.com/?s=Lenox)

**Monterey:** [www.montereyma.gov](http://www.montereyma.gov)

**Information :** [www.montereyma.gov/council-aging/pages/elderly-transportation](http://www.montereyma.gov/council-aging/pages/elderly-transportation)

**Contact:** (413) 528-1881 [info@greatbarringtonseniors.org](mailto:info@greatbarringtonseniors.org)

**Notes:** (See South County Connector). Appointments must be made 48 hours in advance by calling the senior center. Please make a reservation each time you need a ride, we cannot guarantee standing reservations, and medical appointments are a priority. Please let us know as soon as possible if you cancelled the ride. Same Day Booking: If space and drivers are available you will be offered a ride. *Rates vary.* Round trip There is no charge to the accompanying spouse or caregiver. No person will be turned away for a ride if they cannot afford the fare. <https://socoride.org/seniors>

**Mount Washington:** [www.mountwashington-ma.gov](http://www.mountwashington-ma.gov)

**Transportation Information:** [mountwashington-ma.gov/council-on-aging-low-cost-transportation/](http://mountwashington-ma.gov/council-on-aging-low-cost-transportation/)

**Contact:** 413-528-0182, Ext. 25 [mntcory@aol.com](mailto:mntcory@aol.com)

**Notes:** Residents 55+ have access to low-cost transportation, available M-F for medical appts in the South County and Pittsfield. Service is also available for dropping off/ picking up a repaired car or at grocery store when unable to drive. To arrange your ride, please call Melanie at the Egremont Town Hall, M-F between 9-3 p.m. Give 48 hours' notice when arranging a ride. *Rates vary.*

**New Marlborough:** [www.newmarlboroughma.gov](http://www.newmarlboroughma.gov)

**Information:** [www.newmarlboroughma.gov/council-aging/news/senior-transportation](http://www.newmarlboroughma.gov/council-aging/news/senior-transportation)

**Contact:** 413-591-3826 [info@greatbarringtonseniors.org](mailto:info@greatbarringtonseniors.org)

**Notes:** Senior Residents (over 60 years old) — may purchase a discounted book of tickets for 10 one-way rides, at the Claire Teague Senior Center transportation office, in Great Barrington, weekdays 8:00AM to 4:00PM. Ticket books may also be purchased on the vans and at other local Senior Centers. [www.tritown.org/seniors](http://www.tritown.org/seniors) *Rates vary.*

**Otis:** [www.townofotisma.com](http://www.townofotisma.com)

**Information:** [townofotisma.com/commissions-councils/council-on-aging-coa/](http://townofotisma.com/commissions-councils/council-on-aging-coa/)

**Contact:** 413-269-0100 x131 [seniorsotisma@gmail.com](mailto:seniorsotisma@gmail.com)

**Notes:** For more information and availability of the Otis Ride Share program, call them directly.

**Sandisfield:** [www.sandisfieldma.gov](http://www.sandisfieldma.gov)

**Information :** [www.sandisfieldma.gov/council-aging/news/southern-berkshire-county-towns-offer-public-ride-share-service](http://www.sandisfieldma.gov/council-aging/news/southern-berkshire-county-towns-offer-public-ride-share-service)

**Contact:** 413-258-4711 x8 [www.sandisfieldma.gov/user/2426/contact](http://www.sandisfieldma.gov/user/2426/contact)

**Notes:** For more information and availability of the Sandisfield Ride Share program, call them directly.

**Sheffield:** [www.sheffieldma.gov](http://www.sheffieldma.gov)

**Information:** [www.sheffieldma.gov/sites/g/files/vyhlf3806/f/uploads/senior\\_center\\_transportation\\_flyer.pdf](http://www.sheffieldma.gov/sites/g/files/vyhlf3806/f/uploads/senior_center_transportation_flyer.pdf)

**Contact:** 413-229-7037 [kloring@sheffieldma.gov](mailto:kloring@sheffieldma.gov)

**Notes:** Transportation through the council on Aging available to those 60 and older. There are also round-trip schedule trips (grocery shopping + Senior center meals). Rates vary.

**\*NEW\*** Sheffield Flex. Starting April 14, 2025 -Discounted rides to/from Great Barrington/Sheffield through the BRTA. Please call 413-591-3826 if you have any questions.

**Stockbridge:** [www.stockbridge-ma.gov/](http://www.stockbridge-ma.gov/)

**Information:** [www.stockbridge-ma.gov/council-aging/page/transportation](http://www.stockbridge-ma.gov/council-aging/page/transportation)

**Contact:** 413-298-4170 Ext. 263 [www.stockbridge-ma.gov/email-contact/node/276/field\\_email/contact\\_information](http://www.stockbridge-ma.gov/email-contact/node/276/field_email/contact_information)

**Notes:** South County Connect is available to Stockbridge residents of all ages. See South County Connect for more information.

**Tyringham:** [www.tyringham-ma.gov](http://www.tyringham-ma.gov)

**Information:** [www.tyringham-ma.gov/council-aging/pages/transportation](http://www.tyringham-ma.gov/council-aging/pages/transportation)

**Contact:** 1-800-544-5242 [townclerk@bcn.net](mailto:townclerk@bcn.net)

**Notes:** Available for Doctor appointments and other trips. Please call Elder Services in Pittsfield: 1-800-544-5242 and ask for a Tyringham driver. Please call between the hours of 9am and noon at least two days in advance.

**West Stockbridge:** [www.weststockbridge-ma.gov](http://www.weststockbridge-ma.gov)

**South County Connect** (previously known as Tri-Town Connector) is available to West Stockbridge Residents. Call

**Berkshire Regional Transit (BRTA):** For scheduling ADA or non-ADA rides, call (413) 499-2782, x3.

**Notes:** Visit <https://www.weststockbridge-ma.gov/home/news/public-transportation-information-west-stockbridge>

**TriTown Connector: (See South County Connect)**

#### **Additional Resources:**

- Berkshire Bike Path Council [www.berkshirebikepath.com/lander](http://www.berkshirebikepath.com/lander)
- Berkshire County Transportation Guide (Berkshires without Barriers): [berkshireplanning.org/reports/berkshire-county-transportation-guide-berkshires-without-barriers/](http://berkshireplanning.org/reports/berkshire-county-transportation-guide-berkshires-without-barriers/)
- Institute of Transportation Engineers [www.ite.org/](http://www.ite.org/)
- Pedestrian & Bicycle Information Center [www.pedbikeinfo.org/](http://www.pedbikeinfo.org/)
- U.S. Department of Transportation [www.transportation.gov/](http://www.transportation.gov/)

## Utilities Resources:

### **Berkshire Community Action Council (BCAC):**

**Location:** 14 Maplewood Ave, Pittsfield, MA 01201

**Contact:** (413) 445-4503

**Website:** <https://www.bcacinc.org/#>

**Focus:** The role of BCAC is to assist limited-income residents of Berkshire County towards achieving sustainability and self-sufficiency. Resources offered include Fuel Assistance, also known as Limited Income Home Energy Assistance Program (HEAP), C.A.Rs Program (Community Action Rides), Heating System Repair & Replacement Program, Energy Efficiency Programs and Weatherization Assistance Program (WAP).

### **Center for EcoTechnology (CET) Energy Saver Home Loan Program:**

**Address:** Dalton, MA 01226

**Contact:** (413) 586-7350

**Website:** <https://www.cetonline.org/programs/energy-saver-home-loan-program/>

**Focus:** Explore programs below to find the resources, incentives, and expert guidance you need to take action for a greener future. The Energy Saver Home Loan Program (ESHLP) is here to help eligible Massachusetts homeowners to say goodbye to fossil fuels and hello to a healthier and efficient living space.

### **Construct Center for Affordable Housing:**

**Address:** 316A State Rd, Great Barrington, MA

**Contact:** (413) 528-1985 [office@constructberkshires.org](mailto:office@constructberkshires.org)

**Website:** <https://constructberkshires.org/>

**Application:** <https://constructberkshires.org/applications-and-contact-info/>

**Focus:** Construct offers crucial financial assistance through emergency funds, rental assistance, and microloans that help cover security deposits, utility bills, fuel costs, and other housing-related expenses. These resources are designed to support individuals and families facing housing crises, ensuring stability and preventing homelessness in the south Berkshire community.

### **Eversource Discount Information:**

**Contact:** 1-877-659-6326

**Website:** <https://www.eversource.com/content/residential/account-billing/payment-assistance/discount-rate>

**Form Application:** [https://www.eversource.com/content/docs/default-source/my-account/discount-rate-app-ema.pdf?sfvrsn=7a53ddec\\_5](https://www.eversource.com/content/docs/default-source/my-account/discount-rate-app-ema.pdf?sfvrsn=7a53ddec_5)

**The Residential Arrearage Management Program (RAMP)-** Is a program can help eliminate your outstanding balance in as little as 12 months if you make on-time monthly payments. Eversource will review your account billing history and set a monthly budget payment based on the average of your regular monthly bill.

**Focus:** The Massachusetts Department of Public Utilities requires all electric and gas utilities to make customer information available to the Massachusetts Executive Office of Health and Human Services (EOHHS) to identify and automatically enroll customers who may be eligible for Eversource's Discount Rate.

### **Good Neighbor Fund Energy Fund:**

**Contact:** 413-442-0624

**Website:** <http://www.magoodneighbor.org/assistance.html>

**Focus:** The Massachusetts Good Neighbor Energy Fund is available to any Massachusetts resident who, because of temporary financial difficulty, cannot meet a month's energy expense and is not eligible for state or federal energy assistance. Income must fall between 60 and 80 percent of the state's median income levels.

### **Mass Saves:**

**Contact:** 1-866-537-7267

**Website:** <https://www.masssave.com/en/residential/programs-and-services/income-based-offers>

**Focus:** The Sponsors of Mass Save are committed to making energy-efficient upgrades affordable for all Massachusetts residents. Through no-cost energy assessments, services, and efficient products, homeowners and renters can improve their family's comfort and lower monthly energy bills.

**National Grid Discount Form:**

**Contact:** 1-800-322-3223

**Website:** <https://www.nationalgridus.com/Default.aspx>

**Form Link:** [https://www.nationalgridus.com/media/pdfs/billing-payments/electric-rates/ma/ondemand\\_r2\\_application.pdf](https://www.nationalgridus.com/media/pdfs/billing-payments/electric-rates/ma/ondemand_r2_application.pdf)

**Focus:** Significant savings are available to eligible electric customers.

**Residential Assistance for Families in Transition (RAFT):**

**Location:** 1 Fenn St., 3rd floor Pittsfield, MA 01201

**Contact:** (413) 499-1630 x168 info@hearthway.org

**Website:** [applyhousinghelp.mass.gov/s/?language=en\\_US&LanguageCode=en\\_US](http://applyhousinghelp.mass.gov/s/?language=en_US&LanguageCode=en_US)

**Application Link:** [applyhousinghelp.mass.gov/s/user-registration?language=en\\_US&LanguageCode=en\\_US](http://applyhousinghelp.mass.gov/s/user-registration?language=en_US&LanguageCode=en_US)

**Focus:** RAFT provides up to \$7,000 per 12-month period so your family can stay in your current home or move to a new one. You may use the money for rent, utilities, moving costs, and mortgage payments.

**SafeLink:**

**Location:** 24/7, 365 days a year via phone call, text, or chat

**Contact:** 1-877-785-2020

**Website:** [casamyrna.org/get-support/safelink/](http://casamyrna.org/get-support/safelink/)

**Focus:** Provides resources, support, and safety planning to anyone affected by domestic or dating violence.

**Southeast Rural Community Assistance Project (SERCAP):**

**Location:** Community Development Block Grant (CDBG)

**Contact:** (540) 345-1184

**Website:** <https://sercap.org/about/who-we-serve/individuals>

**Focus:** SERCAP, in partnership with RCAP Solutions, offers low-interest loans to help low- to moderate-income rural homeowner's repair or replace individual household wells or septic systems. With rates as low as 1% and flexible terms, this program ensures essential home water and wastewater systems remain safe and functional for families in eligible areas.

**U.S. Dept. of Agriculture (USDA), Rural Development:**

**Location:** Community Development Block Grant (CDBG)

**Website:** <https://www.rd.usda.gov/programs-services/single-family-housing-programs/single-family-housing-repair-loans-grants>

**Apply:** <https://www.rd.usda.gov/programs-services/single-family-housing-programs/single-family-housing-repair-loans-grants-0>

**Focus:** The USDA's Section 504 Home Repair program offers loans to very-low-income homeowners for home repairs and improvements, and grants to elderly homeowners to address health and safety hazards. Designed for those who cannot access affordable credit elsewhere, this program supports safe, livable housing in eligible rural areas.

**Water Well Trust (WWT):**

**Contact:** 833-539-8200 [info@waterwelltrust.org](mailto:info@waterwelltrust.org)

**Website:** <https://www.waterwelltrust.org/apply/>

**Application:** <https://www.waterwelltrust.org/online-app-info/>

**Focus:** Offers funding assistance to low-income rural homeowners who lack access to a safe, reliable water source or septic system. Eligible applicants must own and live in their home as a primary residence, have no access to public water or sewer, and meet income guidelines. This program helps families secure essential water infrastructure for safe, healthy living.

**Additional Resources:**

- Citizens Energy Joe Oil <https://citizensenergy.com/our-programs/joe-4-sun/massachusetts/>
- Green Energy Consumers Alliance <https://www.greenenergyconsumers.org/>

# Veteran Resources

## **American Red Cross:**

**Location:** 150 Brookdale Dr. Springfield, MA 01104

**Contact:** (413) 737-4306 ext. 1929 or Call Center (877) 272-7337

**Website:** [www.redcross.com](http://www.redcross.com)

**Focus:** Services to the Armed Forces (SAF) Outreach Services offers information, referrals, access to local resources, and follow-up support for families. The Call Center delivers emergency communication, financial assistance, and services for veterans.

## **Department of Veteran Services Southern Berkshire County:**

**Location:** 491 S Main St, Great Barrington, MA 01230

**Contact:** (413) 528-1580

**Website:** <https://www.townofgb.org/veterans-agent>

**Focus:** The Department of Veteran Services in Southern Berkshire County assists veterans and their families in accessing the benefits and services they've earned through military service. This includes help with VA claims, healthcare enrollment, pensions, education benefits, and emergency financial assistance.

## **Northampton VA Medical Center:**

**Location:** 421 N Main St, Leeds, MA 01053

**Contact:** (413) 584-4040

**Website:** <https://www.va.gov/central-western-massachusetts-health-care/>

**Focus:** VA Medical Center offers comprehensive primary and specialty care — including mental health, nutrition, women's health, and PTSD treatment — to support the well-being of veterans in Central Western Massachusetts. Outpatient services are available weekdays from 8 AM to 4:30 PM; for emergencies, veterans should call 911 or go to the nearest ER, as emergency services are not provided on site.

## **Office of Veteran Services:**

**Location 1/Contact:** City Hall, 10 Main Street. North Adams (413) 662-3040

**Location 2/Contact:** Town Hall, 8 Park Street. Adams (413) 743-8300 ext 125

**Website:** <https://www.va.gov/>

**Focus:** The Office of Veteran Services supports veterans by helping them access the benefits and services they've earned through their military service. This includes assistance with VA claims, education benefits, housing support, and employment resources. They also offer guidance and advocacy to ensure veterans and their families receive the care and recognition they deserve.

## **Soldier On (Veteran Support):**

**Location:** 290 Merrill Road. Pittsfield, MA 01201

**Contact:** (413) 418-4300 [info@wesoldieron.org](mailto:info@wesoldieron.org)

**Local Contacts:**

- **Veterans' Agent-** Tom Beasley, (413) 528-1580, [veteransagent@egremont-ma.gov](mailto:veteransagent@egremont-ma.gov)
- **Veteran's Agent** – Doug Mann, 177 Main St, Lee (413) 409-5974 [leevetsagent@wmconnect.com](mailto:leevetsagent@wmconnect.com)

**Website:** <https://wesoldieron.org/>

**Towns Served:** Berkshire County

**Focus:** Soldier On provides comprehensive support to local veterans by offering permanent housing, employment services, and case management. They focus on helping veterans regain their independence and reintegrate into the community with dignity. Through partnerships and wraparound services, Soldier On ensures veterans have access to the resources they need to thrive.

## **Soldier On (Transitional Housing):**

**Location:** 360 West Housatonic Street. Pittsfield, MA 01201

**Contact:** : (413) 236-5644 [info@wesoldieron.org](mailto:info@wesoldieron.org)

**Website:** [www.servicenet.org/services/shelter-and-housing/](http://www.servicenet.org/services/shelter-and-housing/)

**Focus:** Pittsfield Transitional Housing provides veterans with safe, supportive, and structured temporary housing as they work toward independent living. The program offers case management, counseling, life skills training, and access to healthcare and employment resources. Its goal is to help veterans overcome homelessness and rebuild stable, self-sufficient lives within the community.

**Town Transportation Services (Veterans):** See town pages

**Veterans Outpatient Mental Health Clinic:**

**Location:** 78 Center Street. Silvio Conte building, 2nd floor in Pittsfield, MA

**Contact:** (413) 499-2672, (413) 584-4040 ext. 2336

**Website:** <https://www.va.gov/central-western-massachusetts-health-care/locations/pittsfield-va-clinic/>

**Focus:** The Veterans Outpatient Mental Health Clinic provides mental health services specifically designed for veterans. The clinic offers counseling, therapy, medication management, and support for issues such as PTSD, depression, and anxiety. With a team experienced in veteran care, the clinic focuses on improving mental wellness and enhancing quality of life.

**Additional Resources:**

- **Veterans Crisis Line:** (800) 273-8255 or (800) 273-TALK
- **Veterans Western Massachusetts Call Center:** (800) 893-1522
- **VA Central Western Massachusetts Healthcare System:** 413-584-4040
- **Bilingual Veterans Outreach Centers of Massachusetts:** Springfield (413) 731-0194 <https://bilingualvets.org/>
- **Massachusetts Department of Veterans' Services (DVS)**  
<https://www.mass.gov/orgs/executive-office-of-veterans-services>

# NOTES

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### **Disclaimer of Accuracy of Information:**

All information provided in the enclosed resource guide and use of services is for informational purposes only and should not be construed as fact. The accuracy of information may change over time. If you have a resource that you would like included or changed, please email [rania@familieslikeoursinc.com](mailto:rania@familieslikeoursinc.com). Updated online versions of this Resource Guide can be found at [www.southernberkshirehealth.com](http://www.southernberkshirehealth.com) and [www.familieslikeoursinc.com](http://www.familieslikeoursinc.com).

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