

Role Description: Counsellor/Psychologist/Psychotherapist Placements for English, Arabic, Ukrainian and Albanian speaking therapists.

Reporting to: Director of U Matter and HR Lead. Location: Head office; Greenwich-London

Days: Monday to Friday -but this may vary depending on the placement.

Hours: Working hours are normally 10:00am-5:00pm, but this may vary depending on the placement.

Salary: Placements are not paid at U MATTER, but we can cover travel costs.

Overall purpose of the role:

To provide emotional and therapeutic support to the service user at U Matter practise. As an organisation that has adapted the BACP ethical framework of good practise in Counselling and Psychotherapy, counsellors working within the organisation are dedicated to improving the mental health and well-being of the clients that they are working with.

Specifics of the role:

You will work with a particular client base and deliver therapy in their native language, as we feel therapy delivered in the client's native language is most affective.

U Matter will provide supervision weekly with the supervision lead.

There is a potential for therapeutic group work with the service users.

Contribute to U Matter's administrator and manager's report writing and case discussions.

Take advantage of the professional support offered to them by U Matter in terms of weekly supervision, mandatory training courses and any other additional training provided on specific topics on working therapeutically with the clients.

Adhere to the organisation's confidentiality and information sharing policy at all times.

Training will be provided in respect of U Matter's Safeguarding and protection policies.

This role description is a general outline of the duties and responsibilities and may be amended as U Matter develops and the role grows. The post holder may be required to undertake other duties as may be reasonably required from time to time.

Person Specification – Counsellor/Psychologist/Psychotherapist on Placement:

U Matters person specification covers the main criteria for the placements. The short-listing will be based on the following criteria, outlined below. Please ensure that your cover letter clearly shows how you meet the criteria using experience gained across board.

Key criteria required for the role:

You will be a fully qualified counsellor, therapist or clinical psychologist or studying towards one of these professions at the following levels:

Qualifications:

- *Degree, MSc or MA in Counselling, Counselling Psychology, Psychotherapy or Psychology.*
- *Diploma in Counselling (level 4 or above). If you are in your first year you will have completed a full academic year Certificate course in Counselling or the equivalent of 9-12 months.*

Experience:

- *Counselling training must have, or have had, a therapeutic and personal development component rather than being purely theoretical or research based (as with Distance Learning courses). Examples of this include role play, creative work with art, TRIAD techniques*
- *Understanding of the characteristics of a therapeutic relationship, ideally with experience or knowledge of humanistic or integrative approaches.*

Behaviours:

- *Willingness to make a minimum commitment to practice at U Matter for one academic year*
- *Identifies with U Matter's mission, vision and is able to demonstrate U Matter values*
- *Emotionally robust and able to demonstrate self-awareness and self-reflection; ideally will have undertaken personal therapy (one-to-one or group therapy) to enhance this.*
- *An understanding of and awareness of U Matter's equal opportunities policy and a personal commitment to equality of opportunity and anti –discriminatory practice in service delivery.*

If you feel U Matter is the right place for you, please send us your application form and CV to: info@umattercounselling.co.uk