



INSIDE THIS ISSUE...

- **Meet Coach Jennifer**
- **Parents Night Out**
- **No School Day Camp**
- **Holiday Open Gym**
- **Skills Clinic**
- **Theme Practice**
- **Team Photos**
- **Messages from FASF**

Meet Coach Jennifer! You'll find Coach Jennifer at FASG on Wednesday nights for Open Gym, Thursdays as a Floor Manager and on weekends for birthday parties.

Growing up, Coach Jennifer was in gymnastics and a high school cheerleader. She started working at Fargo All Stars in 2025 but has been around the gym longer as a parent (Coach Lydia was an athlete on the National Elite team, Supernova). She loves working at FASG because of the smiles! Whether it's celebrating an athlete's new skill, having fun in class or making birthday parties extra special, there is always a lot of joy and positivity to go around! Coach Jennifer is the Director of the Adult Learning Center with Fargo Public Schools. Her two most favorite titles are: Mom to James and Lydia, and Auntie to her nieces and nephews. Coach Jennifer enjoys spending time with her family and friends, playing games (especially scrabble), reading, doing yoga and traveling.



Coach Jennifer

PARENTS NIGHT OUT (2/13)



Let us take care of the kids while you take the night off! Drop off and pick up between **5-9 PM** on **Feb. 13th**. Enjoy our 40ft Trampoline, inflatables, ninja course, interactive floor projectors, themed craft and more. Remember to bring food and a water bottle to keep your energy up! Ages 4 and up, must be able to use the bathroom independently with no help. \$28/child

NO SCHOOL DAY CAMP (2/16)



Our No School Day Camps run from **8 AM-4 PM** and are packed with exciting activities such as open gym play, crafts, group games, science fun, and more. Campers can be dropped off or picked up at any time on **Feb. 16th** during camp hours. Camps are open to children ages 4 and up who are able to use the bathroom independently without staff assistance. Please send your child with a water bottle, a sack lunch, and a snack to keep them fueled for the day. \$50/child

HOLIDAY OPEN GYM (2/16)

Join us on Monday, **Feb. 16th, 2-4 PM** for a special Holiday Open Gym. Kids are invited to enjoy an afternoon of active fun with inflatables. The cost is \$10 per child, and walk-ins are welcome. Pre-register and pay through Parent Portal, or use Venmo or cash for walk-in.

SKILLS CLINIC (2/20)



Clinics are back! Register through Parent Portal > Booking > Clinics

Tumbling Clinic 5:30-6:30 PM

(Kickovers, walkovers, handsprings, tucks, twisting and speciality)

Stunt Clinic 6:30-8 PM

(Coaches recommend attending with your assigned stunt group from your team.)

POLICY REMINDERS

- All drop requests must be submitted in a written form to Customer Service by the **15th of the each month** via email or Parent Portal message.
- Long hair must be tied back in a ponytail for safety!
- Don't forget your water bottle.

Follow Us on



@FargoAllStarsGym

THEME PRACTICE

Valentines Exchange

Feb 12 & Feb 16

Wear Pink & Red

Bring Valentines for Your Team
(Optional)



NOVICE PERFORMANCE



Our Novice teams will be performing in the NDSU Half Time Show on **Feb. 26th** at the Sanford Health Athletic Complex (1600 University Dr. N, Fargo, ND 58102). The game begins at 7:00 PM, with our performance taking place at halftime around 8:00 PM. Admission details and the full meeting schedule are to be determined and will be posted on FargoAllStars.com > Team Itineraries.

TEAM PHOTOS (2/9 & 2/10)

We're excited to share that Best of Times Photography from Moorhead will be taking our team photos again this year! All athletes should wear their full performance uniform. Hairstyles and makeup are optional. Photos will take place during the teams' practice times. Please bring a change of clothes so that we can still utilize the practice time after the photos.

Feb. 9th (Monday)

- 6 PM Little Dippers
- 6:20 PM Northern Lights
- 6:40 PM Shooting Stars
- 7 PM Siblings photos, optional

Feb. 10th (Tuesday)

- 5 PM Solar Flares
- 5:30 PM Starlights
- 6 PM Starbies
- 6:30 PM Sibling photos, optional
- 7 PM Mini Moons
- 7:30 PM Milky Way

MESSAGES FROM FASF

- Ole & Lena's pickup is set for Feb. 4th. Check your email for pickup time sign-ups!
- If you have or know of a business that would be interested in becoming a sponsor for our scholarship program, please email us at fargoallstarsfamily@outlook.com

