



FARGO ALL STARS

RELENTLESS POSITIVITY

NEWSLETTER

JULY '25



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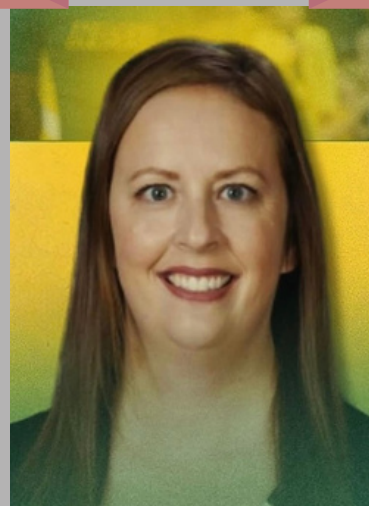
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Let's go Bison! The legendary NDSU Bison Football team is cheered on by Coach Tammy's green and gold cheerleaders. Coach Tammy has an extensive background in cheerleading, being a cheerleader herself in middle school, high school, and college. She has been coaching for over 20 years and is currently coaching at Fargo All Stars and the NDSU Bison Cheer Teams.

By day, she's a first-grade teacher at Holy Spirit Elementary, where her passion for helping kids shine truly stands out. Coach Tammy is thrilled to be working with our Fargo All Star athletes, helping them grow in skill, spirit, and confidence. She's especially excited to connect with the families in our community and to share her love of cheer with the next generation. She is a proud cat mom of four cats: Malibu, Magic, Mac, and Cheese. She also loves to travel and plans on traveling to all 50 states.

We can't wait for your athlete to learn from Coach Tammy's energy, experience, and heart!

Coach Tammy



■ INTRO TO CHEER SHOWCASE



Intro to Cheer campers will be putting on a short performance on July 7th to showcase what they've learned. East door will be open to spectators at 5:40PM. Campers should wear close-fitting shirt and shorts, athletic shoes, hair in a high ponytail. We're so proud of their hard work and can't wait for you to see them in action! If they enjoyed this camp, we invite you to join our Novice Program which starts in October.

We will be closed on July 4th for Independence Day. Classes will proceed as usual July 1st-3rd.

■ JUNIOR COACHING PROGRAM OPEN



The Junior Coaching Program is now open for registration! Designed for middle schoolers interested in becoming coaches, this program is free, requires no prior experience and does not require participants to be enrolled in a tumbling class or on a team. The program starts on Sept. 8th with classroom learning. Beginning in October, junior coaches will gain hands-on experience by assisting with the Novice Program. Register through Parent Portal > Classes.

Register for Novice Cheer!

Oct. 6 - April 13 | Monday 6PM - 7PM

Ages 4 and up



Local performances



Uniform



Full routine

■ BLOG POSTS ON WEBSITE

Did you know... that you can find blog posts on our website written by our staff? These posts dive into a wide range of topics like being a cheer parent, the importance of failure and recovery, and building teamwork and trust. If you've ever wondered why our coaches do things a certain way or what sets us apart from other cheer gyms in the region, our blog is a great place to start.

Check it out and get an inside look at what makes our program unique!

Follow Us on



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■ NO TEAM PRACTICE DATES

There are no team practices or team tumbling classes on July 1st, July 3rd, July 29th, 31st.
There are no tumbling classes on June 30th and July 28th.

■ CHEER TEAMS UNIFORM ORDERS

If you need help with uniform sizing, please email Customer Service as soon as possible.

- 7/6 Used uniform sale closes on ProShop.
- 7/7 Pick up all sold and unsold items from the gym.
- 7/15 Last day to order new uniform pieces from ProShop.
- 7/16 Gym submits a bulk order to the vendor.

■ NEW COMPETITION ADDED

Please add "Minnesota Madness" in Minneapolis on Nov. 15th- 16th to the comp schedule.
All competitive teams will participate. This is a bid event for Starbies.

■ TEAM CAMP OUT

Team campout is July 24th, starting at 8PM. For those staying overnight, pick up is at 8AM next morning; otherwise, pick up by 10PM. No dinner provided—please pack supper or plan to feed your athlete after practice. Overnights are encouraged to bring a tent for the "campsite".



JULY THEME PRACTICE
SLUMBER PARTY!
7/24-7/25



■ MESSAGES FROM FASF

- Fargo All Stars Family is **seeking new board members!**
If you are interested in being a part of our impactful and fun non-profit, please send us an email for more details!
FargoAllStarsFamily@outlook.com
- Rhombus Guys and L&M Meat Sticks Fundraiser started June 26 with a turn in deadline of July 10. Please see your email for more details. We plan to get funds into your account prior to the Uniform pull on July 15th!
- We are working with Games To Go to find more opportunities to volunteer, additional dates will be posted on the parent Facebook page and sent via email.
- Save the Date - **Sunday, September 14th** for our annual BLOCK PARTY.

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