



FARGO ALL STARS

RELENTLESS POSITIVITY

Novice 2023-2024

Performance Information

Answers to frequently asked questions:

- **Showcase Itineraries:** Itineraries are sent when FASG receives the final details for the event, generally 1 week in advance. Any information provided prior to the itinerary is only tentative and is subject to change.
- **Showcase Attendance:** All athletes are *expected* to be at every showcase their team attends. Performances are not optional for athletes on an FASG team. It remains the responsibility of the athlete and parents to arrange for all travel and accommodations to and from an events or practices.
- **Practice:** Attending all practices is so important. In order to remain in a specific position in a routine, athletes must attend practice. Attendance and Tardies are taken at every practice. Ready for practice means, hair pulled back, with shorts and close-fitting shirt, and cheer shoes on and tied.
- **Communication:** For questions or concerns, parents should call 701-960-8698 or email CustomerService@FargoAllStars.com to be forwarded to the appropriate coach. Fargo All Stars relies on eblasts and text messages sent from our software- iClassPro. It is parents' responsibility to keep contact information up to date on their account and to not "opt-out" of emails. Specific season information can often be found under "quick links" at FargoAllStars.com
- **Cheer Shoes:** Athletes must wear white cheer shoes to practice and performances. White cheer shoes can be purchased for any brand at any price that works best for your athlete. Some trustworthy brands for "white cheer shoes" include: Varsity, Nfinity, GK, Nike, and Chase. White shoes should be specifically for the sport of cheerleading.
- **GymCulture:** Relentless Positivity is more than a motto, it's our culture. It's the at core of who we are and the expectation we hold all individuals to that come in our doors. We are serious about protecting this culture for our community and our families that trust us with their athletes.

BOBBY VISITS

Welcome Back!

We are so excited to welcome Coach Bobby back to North Dakota. Bobby is flying in from Orlando to prepare our teams for their best season yet. We are so fortunate to get the opportunity to tap into Bobby's decades of experience in the industry. Bobby was a national-level gymnast, collegiate cheerleader, competition judge, and a world's winning all star cheerleading athlete, coach, and judge. Bobby has been choreographing Fargo All Stars Elite routines since opening in 2021

01

November

Judging Class

-Free to coaches and junior coaches

-\$15 for noncoaches

-Understand what judges are looking for in a routine as we prepare for competition season

6:00-7:00 at FASG (kids are welcome to attend the open gym)



03

November

Tumbling Clinics with Bobby!
(Nikki & Alex will be spotting too!)
All Clinics are \$35 each

Walkovers- 5:30-6:30

Handsprings- 6:30-7:30

Tucks & More- 7:30-8:30



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November

Visiting Practice

Bobby will be joining our Novice program for their practices on November 6th. Say hi to Coach Bobby when you see him in gym!





PERFORMANCES NOVICE

Schedule is subject to change.

Oct. Concordia Parade (optional)

Feb. West Fargo Showcase

Dec. Davies High School
West Fargo High School

Mar. Spirit of Fargo

Jan. Best of the Midwest

Apr. Grand Finale Showcase
To The Moon Banquet

All Novice performances will take place locally.
Itineraries will be posted on the FASG website once the event host has released the schedule.



CONCORDIA PARADE

October 14th
Arrive at 10:00am, Parade at 11:00am
Moorhead, MN
Instructions will be sent week prior.

All athletes are welcome to walk!
bring a large bag of candy for your athlete to throw!

Register on your parent portal for free to receive more information!

DAVIES INVITATIONAL

Saturday, December 2nd
Davies High School
All Day
All Teams- Novice, Prep, Elite, Open

Plan for an all day showcase. FASG teams will likely go back to back and then will be dismissed to parents after all cheer teams perform.

Not a competition, but a fun performance!



WEST FARGO PACKER SHOWCASE

Saturday, December 9th
West Fargo Packers High School
All Teams- Novice, Prep, Elite, Open

Plan for an all day showcase. FASG teams will likely go back to back and then will be dismissed to parents after all cheer teams perform.



BEST OF THE MIDWEST

January 13th
Fargo, ND
All Day
All Teams- Novice, Prep, Elite, Open

This IS a competition for Prep and Elite teams. Come prepared for our first competition of the season!

WEST FARGO SHOWCASE #2

TBD (Usually Mid February)
West Fargo Packer High School
All Day

All Teams- Novice, Prep, Elite, Open
Teams will go back to back and athletes will be dismissed after all cheer teams perform.



SPIRIT OF FARGO

March TBD
Hosted by FASG
All Day
All Fargo All Star Teams

Come celebrate our communities cheer and dance teams! All area programs are invited to perform!





GRAND FINALE

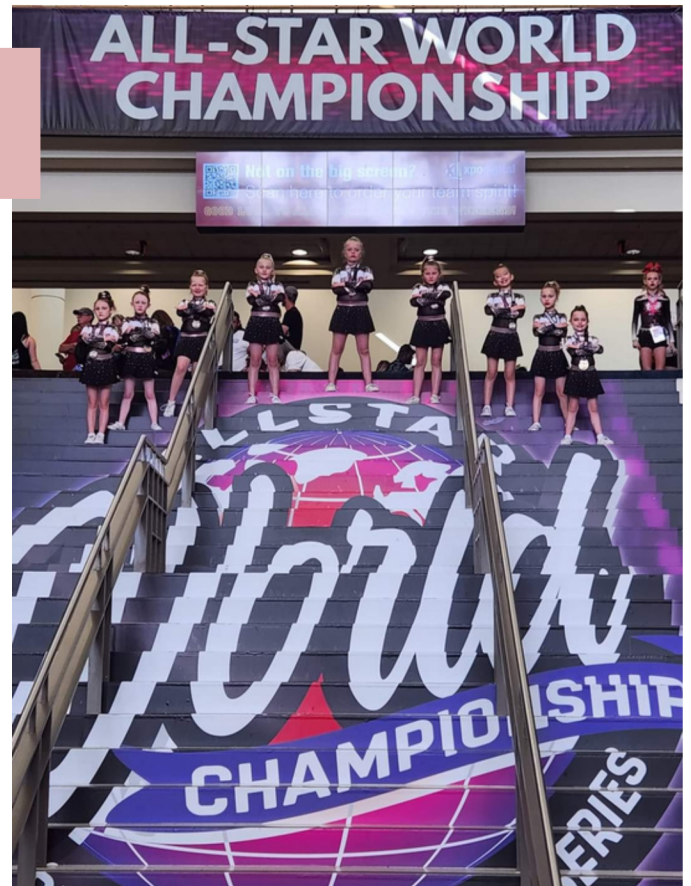
*April 12th
Fargo, ND
All FASG teams!*

All teams will be performing for the final time as a team. All your friends and family are welcome to cheer your athlete on as we celebrate a fantastic season and help us send off our national bid recipients as they represent us at The All Star World Championships!

TO THE MOON BANQUET

*May 3rd
Fargo, ND
All FASG teams*

Join us as we close out the season with our annual award ceremony. Parents and athletes are all welcome to attend. Seating will be very limited. More information will be provided closer to the date of the event.



FEE BREAKDOWN

(uniform not included)

● Novice Program Fees

\$80 - Monthly Tuition (Oct 1st -April 1st)

Annual Team Cost (7 months): \$455

CCC- \$100

● Prep Program Fees

\$155 - Monthly Tuition (June 1st -April 1st)

Annual Team Cost: \$1,100

CCC-\$600

● Elite Program Fees

\$225 - Monthly Tuition (June 1st -April 1st)

Annual Team Cost: \$1,375

CCC-\$1,100

Fees are subject to change prior to and in season.

**Monthly Tuition will cover all fees, so there are no longer large fees pulled throughout the season*

**CCC- Coaching, Competitions, Choreography*

ORDERING UNIFORMS



TEAM PIECES

All Uniform payments will be automatically withdrawn on October 15th.

NOVICE

\$80 Uniform Top
\$50 Uniform Bottom
\$20 Hair Piece

PREP

\$200 Uniform Top
\$75 Uniform Bottom
\$40 Practice Top 1
\$40 Practice Top 2
\$20 Hair Piece

ELITE

\$250 Uniform Top
\$100 Jacket
\$75 Uniform Bottom
\$35 Mesh
\$40 Practice Top 1
\$40 Practice Top 2
\$20 Hair Piece

Parents are responsible for purchasing white CHEER shoes to be worn at practices and performances.

All Novice athletes will be sized for their uniform at practice.

Coaches will order all of the pieces for Novice athletes.

****The skirt is the same as last season, so you are welcome to purchase a used one!*

PREPARING FOR PERFORMANCES

All Teams- Novice, Prep, and Elite Team Families

HAIR CUFF INSPIRATION



What counts as parts of the uniform?

- Uniform Top
(Bra straps must be clear or covered so not visible)
- Uniform Skirt
- Hair Cuff
- White Ankle Socks
- White Cheer Shoes
- Mesh Leo
(Elite teams required)
- Jacket
(Elite teams required)

What is the required makeup and hair?

• Makeup:

Fargo All Stars does not require athletes to wear makeup to perform. Though it is recommended that athletes wear a smudge proof red lipstick and mascara, so facials are easier to see when performing (but won't transfer to white uniforms when stunting).

• Hair:

All team athletes will receive a hair cuff to wear with their uniform. When you put in the hair cuff, you should be attaching it to hair that already has pony tail in. Secure the cuff's ponytail tightly. Then loosely wrap the cuff around the pony tale until the pieces attach in the back of the cuff.

Hair should be tightly combed back into the pony tail and secured with hair spray. Shooting Stars and Little Dippers need a slick back, high STRAIGHT pony. Competitive teams should have a high pony with curls.

PRO TIP: Practice your hair and makeup to make sure you feel confident in your look. Time yourself when you are practicing, so you know how much time you schedule on performance days!

FARGO ALL STARS

TEAM PROGRAMS

✓ **FUNDamental Camp (Jan-April) 1 hour weekly**

FUNDamental camps are an introductory camp that teaches kids the basics of cheerleading. Participants learn how to stunt, tumble, and dance in a routine they perform on the last day for family and friends.

✓ **Novice (October-April) 1 hour weekly**

Novice teams are locally performing teams that practice for half of a regular season. Teams will learn a full routine, though no experience is necessary. The team will perform their routine at local events throughout the season.

Teams Include: Little Dippers and Shooting Stars

✓ **Prep Teams (June-April) 3 hours weekly**

Prep teams are regionally competing teams, with a limited travel schedule. Routines are 2 minutes long and incorporate the same tumbling and stunting requirements of an elite team.

Team Include: Solar Flares and Galaxy Girls

✓ **Elite All Star (June-April) 4 hours weekly**

Elite Teams travel to earn a bid to All Star Worlds. All level skills are needed to join that level team.

Routines are 2.5 minutes long and incorporate stunting and tumbling skills specific to the level.

Teams Include: Mini Moons, Eclipse, and Supernova