



FARGO ALL STARS

RELENTLESS POSITIVITY

2023-2024

Performance Information

Performance Season Reminders:

- Itineraries-Itineraries are sent when FASG receives the final details for the event, generally 1 week in advance. Any information provided prior to the itinerary is only tentative and is subject to change by the event host. Under no circumstances should parents reach out to competition hosts- this is a coaches/gym owners responsibility.
- Attendance- This is so important. In order to remain as an athlete on a team, athletes must attend practice. Attendance and Tardies are taken at every practice. There are NEVER excused absences from performances or competitions. It remains the responsibility of the athletes parents to bring arrange for all travel and accommodations to and from an events or practices.
- Communication at Events- Fargo All Stars relies on eblasts and text messages sent from our software- iClassPro, to families contact information on file. Coaches contacts for emergencies will be located in each events itinerary which will be sent via email and posted under quick links on the website.
- All Star Worlds- Details for ASW are at the end of this packet. Please note that the registration fee for All Star Worlds is NOT included in athlete fees. Because the registration cost is bid dependent, the fee will only be added to your account after the bid is earned and the team has been registered for ASW. This will be communicated in detail prior to the fee being added.
- GymCulture- Relentless Positivity is more than a motto, it's our culture. It's the at core of who we are and the expectation we hold all individuals to that come in our doors.

PREPARING FOR PERFORMANCES

All Teams- Novice, Prep, and Elite Team Families

HAIR CUFF INSPIRATION



What counts as parts of the uniform?

- Uniform Top
(Bra straps must be clear or covered so not visible)
- Uniform Skirt
- Hair Cuff
- White Ankle Socks
- White Cheer Shoes
- Mesh Leo
(Elite teams required)
- Jacket
(Elite teams required)

What is the required makeup and hair?

• Makeup:

Fargo All Stars does not require athletes to wear makeup to perform. Though it is recommended that athletes wear a smudge proof red lipstick and mascara, so facials are easier to see when performing (but won't transfer to white uniforms when stunting).

• Hair:

All team athletes will receive a hair cuff to wear with their uniform. When you put in the hair cuff, you should be attaching it to hair that already has pony tail in. Secure the cuff's ponytail tightly. Then loosely wrap the cuff around the pony tale until the pieces attach in the back of the cuff.

Hair should be tightly combed back into the pony tail and secured with hair spray. Shooting Stars and Little Dippers need a slick back, high STRAIGHT pony. Competitive teams should have a high pony with curls.

PRO TIP: Practice your hair and makeup to make sure you feel confident in your look. Time yourself when you are practicing, so you know how much time you schedule on performance days!

CONCORDIA PARADE



October 14th (Morning/Afternoon)
Moorhead, MN
Instructions will be sent to all team athletes a week prior to the parade.

All athletes are welcome to walk!
Athletes will learn a chant and March to walk in the parade. Please bring a large bag of candy for your athlete to throw out if they'd like!

ATHLETE SHOWCASE

November 4th, 8:00am-11:30am
Details will be sent the week prior.

This is an opportunity for all competitive teams to practice being performance ready. It will be their first time performing their full outs for their gymmates!



PARENT SHOWCASE



November 18th, 12:15-2:30
Details will be sent the week prior.
Seating will be limited, please plan accordingly when inviting friends and family. Come to cheer on your athlete at their Routine Reveals as they perform their full routine for the first time to a crowd!



DAVIES INVITATIONAL

TBD (usually first weekend in Dec.)
Davies High School
All Day
All Teams- Novice, Prep, Elite, Open

Plan for an all day showcase. FASG teams will likely go back to back and then will be dismissed to parents after all cheer teams perform.

Not a competition, but a fun performance!

WEST FARGO PACKER SHOWCASE

TBD (usually a weekend of December)
West Fargo Packers High School
All Teams- Novice, Prep, Elite, Open

Plan for an all day showcase. FASG teams will likely go back to back and then will be dismissed to parents after all cheer teams perform.



BEST OF THE MIDWEST

January 13th
Fargo, ND
All Day
All Teams- Novice, Prep, Elite, Open

This IS a competition for Prep and Elite teams. Come prepared for our first competition of the season!



POP GRAND NATIONALS

January 19th-21st

Kansas City, MO

Friday Evening: Dress Fancy for Prom!

Saturday All Day: Compete and Relax

Sunday All Day: Compete and Awards

Hotel: Crown Plaza Downtown

Elite Teams ONLY

VALENTINES CLASSIC

January 28th
Sioux Falls, SD

Saturday Night: Small Groups (optional)

Sunday All Day: Compete and Awards

Hotel: Hampton Inn (Avera Drive)

Prep Teams ONLY



MCDA JOURNEY

February 3rd-4th

Council Bluffs, IA

Saturday All Day: Compete

Sunday All Day: Compete and Awards

Hotel: Hampton Inn

Elite Teams ONLY





WEST FARGO SHOWCASE

TBD (Usually Mid February)
West Fargo Packer High School
All Day

All Teams- Novice, Prep, Elite, Open Teams will go back to back and athletes will be dismissed after all cheer teams perform.

BATTLE OF THE TWIN CITIES

February 17th and 18th
Minneapolis, MN
Saturday: Compete & Awards *Celebrity
Sunday: Compete & Awards *Rockstar

Prep & Elite Teams ONLY

Hotel: Hampton Inn Downtown St. Paul

This competition is hosted by 2 brands. Teams will have 2 award ceremonies and twice the chance for bids.



THRILLER ON THE MILLER

March 12th (At Practice)
Virtual Event- Hosted at the gym
Elite and Prep Teams ONLY

More details will be released prior to the event. Athletes will "compete" on camera which will be submitted to a secure time stamped link to be judged against other virtual teams for placement.





SPIRIT OF FARGO

March TBD
Hosted by FASG
All Day
All Fargo All Star Teams

Come celebrate our communities cheer and dance teams! All area programs are invited to perform!

TWIN CITIES CHAMPIONSHIPS

April 6th
Minneapolis, MN
Saturday: Compete and Awards
Prep Teams ONLY (Elite in IA)

Hotel: TBD (waiting on venue details)



BATTLE OF THE MIDWEST

April 6th and 7th
Council Bluffs, IA
Saturday: Compete & Awards
Sunday: Compete & Awards

Elite Teams ONLY (Prep in MN)

Hotel: Hampton Inn

This competition is hosted by 2 brands. Rockstar is hosting Saturday and Celebrity is hosting Sunday. Teams will have 2 award ceremonies and twice the chance for bids.





GRAND FINALE

*April 12th
Fargo, ND
All FASG teams!*

Come celebrate a fantastic season and help us send off our national bid recipients as they represent us at The All Star World Championships!

ALL STAR WORLD

Supernova:
April 16th- Arrive in Orlando
April 17th- Morning & Evening Practice
April 18th- Compete & Finals Announced
April 19th- *Compete & Awards

Mini Moons & Eclipse:
April 18th- Arrive in Orlando
April 19th- Morning and Evening Practice
April 20th- Compete & Finals Announced
April 21st- *Compete & Awards



What to Expect:

All junior and senior teams Compete at the All Star Worlds on Thursday and Friday. All mini and youth teams Compete on Saturday and Sunday.

When making travel arrangements, remember we will have mandatory practice for all bid teams on Monday before coaches leave Tuesday. More practices may be added if needed for Mini Moons and Eclipse since they do not leave until later in the week.

Please remember that this is a very serious competition. These athletes are representing their families, gym, community, and state at a national level. Please prioritize a competitive mindset when planning meals, down time, hotels, and transportation. Any and all vacation plans should take place AFTER awards on the final day.

TO THE MOON BANQUET
MAY 3RD