

Hair

- Slicked-back hair
- High ponytail on the crown of the head
- Tease hair in ponytail
(visible behind the hairpiece)
- Curl bottom half of ponytail (loose curls)

Makeup

- Waterproof mascara
- Red lips
(**Test for smear; must stay on all-day!**)
- Eyeshadow in pink/blush/rose gold tones
(natural to your skin tone)



Subtle pink/neutral eyeshadows accentuating eyes

Performance Checklist

- Hair done w/ hairpiece
- Makeup done
- Uniform on
- White socks & cheer shoes
- Jewelry out
- Nail polish off & nails clipped
- No temporary tattoos

Travel Packing Suggestions

- Hair
 - Hair gel/spray/wax
 - Hairbrush
 - Toothbrush comb
 - Hair ties
 - Bobby pins
 - Hair curler
 - Posh Pony/Hair extension
- Makeup
 - Mascara
 - Lipstick
 - Eyeshadow
 - Eyeliner, blush, highlighter (opt)
- Uniform
 - Hairpiece
 - Comp top
 - Comp skirt
 - Jacket for elite teams
 - White ankle or no-show socks
 - Cheer shoes
- Eyeglasses straps if needed
- Snacks and disposable water bottles