



Quantum Wellness

Using our proven approach, employers can lower health cost trends without additional risk to the business. We bring experience for moving employees into health and wellness accountability. Our approach has proven to lower the employer expenditures in a self-funded plan. Don't let the current results of your wellness strategy distract you from attaining the results we can achieve.

Questions to define need:

- Is your organization self-insured?
- Do your employees understand your cost drivers?
- What steps have you taken to reduce healthcare costs?
- Do your employees think you are trying to control healthcare expenses by shifting costs to them?
- Do your employees tend to view their benefits as a one-price, all you can eat buffet?
- Do your employees know how usage affects their pay? (HC costs + increases = lower increases in pay)
- Do you agree that healthcare costs are impacted one person and one decision at a time?
- Are your prescription drug costs running higher than planned?
- Have you incorporated wellness education into your new employee orientation?
- Do your employees understand what the company pays for health coverage compared to what they pay?
- Do you have a high deductible plan as a cost saving measure ... if so what is your level of participation?
- Do you believe your employees understand how they can benefit from your high deductible plan?
- Do you feel a 5% improvement in employee wellness and/or plan usage would make a difference?
- Do your employees understand the "business case" for managing healthcare costs?
- Do you employees, and their families, understand the consequences of their healthcare choices?
- Do you have all the components necessary to develop a good return on your wellness investment?

ROI statement

Quantum Services Group provides the partnerships, tools and direct to employee engagement and coaching necessary to accelerate healthcare savings and have the potential to **double the ROI** in your health, wellness and disease management programs over three years, with noticeable savings realized the first year into the program.

Hard Dollar Savings:

1. Sustained utilization of wellness promotion and programs
2. Reduced utilization of hospital, ER/UC, and specialists
3. Improved compliance
4. Better use of PBM, Meds
5. Reduced disability and absenteeism
6. Reduced cost of incentives

Soft Dollar Savings:

1. Improved productivity
2. Improved employee morale / retention
3. Less absenteeism

When considering population risk profile improvements, clinical intervention and health care cost savings; our plan provides the services to support sustainable improvement.