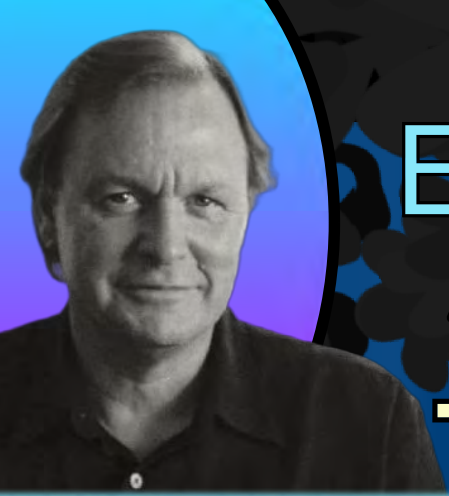


Collective Within clinic & training center



Edward Groenendal

Assessing Dissociation + Treating Self Harm

Self-injury is a language our clients speak with their entire being. The goals of self-injury include regulating affect, reenacting trauma, preserving the attachment with the abuser and managing annihilation anxiety, among others. This workshop will explore the ways that self-injury develops in response to trauma, how it is intended to function and "take care of" many of the client's needs, and how it "speaks" in the therapy transference. If the therapist has a no harm contract but does not know how to talk with the client about the self-injury, this may merely increase client secrecy about it, or the client will simply switch to a different high-risk behavior. We will discuss how to approach these underlying layers of meaning with the client, in a collaborative fashion. Lastly, learners will be introduced to the System Assessment of Self-Harm (SASH) provided with instruction for use in therapy.



Edward ("Ed") Groenendal, MA, LCPC a graduate of The Illinois School of Professional Psychology, has been providing psychotherapy services since 2000. He has been an educator and presenter for both the International Society for the Study of Trauma and Dissociation (ISSTD) and the European Society for Trauma and Dissociation (ESTD). Ed serves on various ISSTD committees and is an instructor in their Professional Training Program. He teaches "The Complexities of Complex Trauma" and "From Complex Trauma to Dissociative Disorders." In addition, Ed has also presented on Sexual Issues in Therapy at local county mental health groups. He provides consultation and training to other therapists working with complex trauma. Ed enjoys going out on long, cross-country drives and cooking.

**3 units of
M/CE available**

**For more info,
scan QR or visit
www.collectivewithin.com**

(937)212-4969



**Friday, Sep. 18th 2026
from 9:00a-12:15p**

\$65 for licensed clinicians
\$45 for students / unlicensed

425 N Findlay St. suite 12
Dayton, OH 45404