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Early Insights into Human Milk Analysis

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Online Access Only

This is a live WebEx meeting and presentation. Become a KLIC member for 2022 at \$25, or pay \$10 for this single session, at www.klicbreastfeeding.org (scroll down the page). Deadline for payment is **January 30**.

6:30 pm KLIC Meeting
7:00 pm CE Presentation

Do you ever wish human milk came with a nutritional label? The FDA has recently approved human milk analyzers for bedside use. As clinicians and families gain access to milk analysis, let's review the energy and macronutrient content of human milk.

By the end of the webinar, the participant will be able to:

- Identify the energy yielding components of human milk.
- Describe normal physiologic variance.
- Analyze case studies.

Laura Serke (she/her), is a Registered Dietitian (RD) and International Board Certified Lactation Consultant (IBCLC), working as a Registered Dietitian at the University of Louisville Hospital in a Level III NICU and Women's Care Area. Laura graduated with honors from the University of Kentucky with a dual degree in Dietetics and Exercise Science. She earned her IBCLC lactation consultant certification and helped her hospital obtain Baby-Friendly designation. At present, Laura oversees the infant nutrition room including leading human milk analyses. She is active in practice improvement, research, mentoring, and speaking on human milk and infant nutrition and co-edited a book chapter on infant feedings in a hospital setting with the Academy of Nutrition and Dietetics. In her spare time, Laura enjoys volunteering with service dogs and managing rental property.

CEUs and CERPs will be provided upon program completion. Free to KLIC members. Contact Kristi Schroeder, KLIC Vice-President, at (502) 785-8916 or kristischroeder29@gmail.com with questions about the program, location or weather/cancellation questions. In the case of severe weather, KLIC reserves the right to postpone and/or cancel the presentation. This presentation is approved by the Kentucky Board of Nursing (KBN) for 1.2 "Contact Hours", provider # 5-0033, expiration date 12-31-23. 1 L-CERP has been requested from IBLCE.