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# Banking on Breastfeeding: A Win-Win for Public Health

**Sara Long, IBCLC**  
Clinical Director, The Milk Bank



## February 7, 2023

**Louisville Department of Health and Wellness**  
**400 E. Gray Street, Louisville**

This is a **live, in-person meeting and presentation**. Become a KLIC member for 2023 at \$25, or pay \$10 for this single session, at [www.klicbreastfeeding.org](http://www.klicbreastfeeding.org) (scroll down the page). If you are already a member, RSVP to Robin Gillespie at [robin.gillespie@louisvilleky.gov](mailto:robin.gillespie@louisvilleky.gov). Deadline for payment or RSVP is **February 3**. Please let us know any dietary limitations when you register.

6:00 pm	Gathering and Supper
6:30 pm	KLIC Meeting
7:00—8:00 pm	CE Presentation



The Milk Bank (TMB) is a community based, nonprofit human milk bank, whose commitment to increasing the awareness of the life-saving benefits of human milk extends beyond the screening and processing safe human milk for fragile infants. The Milk Bank works to expand access to comprehensive programs that play a critical role in the protection and support of breastfeeding, the cornerstone for ensuring sustainable and effective milk bank programs.

### **By the end of the presentation, the participant will be able to:**

1. Explain details about The Milk Bank, milk banking processes, programs, and the importance of human milk.
2. Discuss how The Milk Bank delivers comprehensive programs that support breastfeeding as a public health priority.

Sarah Long graduated in 1997 from the University of Birmingham, Central England, with a Bachelors in Midwifery. She came to the US in 2008 and subsequently became an IBCLC. Since then, she has been employed as a hospital-based IBCLC and provided private home visits as a Lactation Consultant. She is currently Clinical Manager at The Milk Bank in Indianapolis, IN.

CEUs and CERPs will be provided upon program completion. Contact Rebekah Scroggy, KLIC Vice-President, at 502-881-1916 or [Rebekah.scroggy@louisvilleky.gov](mailto:Rebekah.scroggy@louisvilleky.gov) with questions about the program, location or weather/cancellation questions. In the case of severe weather, KLIC reserves the right to postpone and/or cancel the presentation. This presentation is approved by the Kentucky Board of Nursing (KBN) for 1.2 "Contact Hours", provider # 5-0033, expiration date 12-31-23. CERPs have been requested from IBLCE.