

Training Classes Schedule 2021-2022

Beginner Class

Mon	Tue	Wed	Thu	Fri	Sat	Sun
--	4:30pm-6:00pm	4:30pm-6:00pm	--	4:30pm-6:00pm	2:30pm-4:00pm	2:30pm-4:00pm

Intermediate Class

Mon	Tue	Wed	Thu	Fri	Sat	Sun
--	4:30pm-6:00pm	4:30pm-6:00pm	--	4:30pm-6:00pm	4:00pm-5:30pm	4:00pm-5:30pm

High School Class

Mon	Tue	Wed	Thu	Fri	Sat	Sun
--	--	--	4:30pm-6:00pm	--	1:00pm-2:30pm	1:00pm-2:30pm

Elite Team 1(E1)

Mon	Tue	Wed	Thu	Fri	Sat	Sun
--	6pm-8pm	6pm-8pm	--	6pm-8pm	1pm-4pm	1pm-4pm

Elite Team 2(E2)

Mon	Tue	Wed	Thu	Fri	Sat	Sun
--	6pm-8pm	6pm-8pm	--	6pm-8pm	4pm-6pm	4pm-6pm

** New students is required to attend in-person evaluation with a coach, the coach will give suggestion about which class to take based on student's current skill and personal needs.