

# Youth Training Classes Schedule 2023-2024

Effective August 2023 - June 2024

#### **Beginner Class**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
4:30pm-6pm	4:30pm-6pm		4:30pm-6pm		8:30am-10am	10am-11:30am
					10am-11:30am	

#### **Intermediate Class**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
4:30pm- 6:00pm	4:30pm- 6:00pm	4:30pm- 6:00pm			11:30am- 1:00pm	11:30am- 1:00pm

#### **Advanced Class**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		6:00pm- 7:30pm		4:30pm- 6:00pm	10:00am- 11:30am	10:00am- 11:30am

## **High School Class**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				4:30pm- 6:00pm	11:30am- 1:00pm	11:30am- 1:00pm

## Elite Team 1 (E1)

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		6pm-8pm	6pm-8pm	6pm-8pm	1pm-4pm	1pm-4pm

## Elite Team 2 (E2)

Mon	Tue	Wed	Thu	Fri	Sat	Sun
6pm-8pm	6pm-8pm		6pm-8pm		4pm-6pm	4pm-6pm

## **Junior Elite Team**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
6pm-8pm	6pm-8pm				4pm-6pm	4pm-6pm

\*\* New students is required to attend in-person evaluation with a coach (except students without any badminton experience), the coach will give suggestion about which class to take based on student's current skill and personal needs.