

Dr Deepak Gupta

MRCPsych, MD, MMedSc, DNB, MBBS

Consultant Psychiatrist

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Professional Information

Age:	50 years
GMC No:	6057641
Royal College of Psychiatrists:	882415
Medical Protection Society:	338662
Date of last appraisal:	20.10.24
Date of next revalidation:	02.05.29

Personal Statement: Medicolegal practice

I have been working as a psychiatrist since 1998 and as a general adult Consultant Psychiatrist since 2008. I have worked in the NHS and independent sector, in both substantive and locum roles. I thus have broad experience in psychiatry in different settings. My main areas of expertise are psychosis, ADHD, autism, neuropsychiatric disorders, personality disorders, challenging behaviors and substance misuse. Over the years, I have also helped improve services and CQC ratings for independent sector hospitals.

I currently work in a private rehabilitation hospital (1 day/week in Blackpool), and have my own private practice (1 day/week in Greater Manchester), along with medicolegal work (3 days/week) throughout England and Wales (online, and clinics in various locations).

I have been providing expert medicolegal reports for civil, criminal, family and Court of Protection cases for over a decade with excellent feedback from my clients and the courts. I am a member of a CPD group for medicolegal experts, and have CUBS (Cardiff University Bond Solon) certification as a civil expert. I regularly deliver medicolegal training and have recently published a chapter on 'Medical Malpractice: Psychiatry' in Encyclopedia of Forensic and Legal Medicine, Third edition.

My turnaround time for reports in the last year was 3.5 days (range 2-16 days) with over 100 reports submitted annually. Some of the common cases I receive instructions for are:

- Breach of duty (clinical negligence)
- Compensation claims in road traffic and other accidents
- Fitness to plead and stand trial
- Insanity defence
- Failure to provide evidential samples in driving offences
- Capacity assessments in neuropsychiatric cases, testamentary capacity
- Immigration cases

Qualifications

- M.Sc. (clinical psychiatry), University of Leeds, UK, 2008
- MRCPsych, Royal College of Psychiatrists, 2006
- DNB (Diplomat of National Board, Psychiatry), National Board of Examinations, Ministry of Health and Family Welfare, Govt. of India, New Delhi, India, 2002
- MD (psychiatry), Grant Medical College & Sir J. J. Group of Hospitals, University of Mumbai, India, 2001
- D.P.M. (Diploma in Psychological Medicine), College of Physicians and Surgeons, Mumbai, India, 2000
- MBBS, Grant Medical College & Sir J. J. Group of Hospitals, University of Mumbai, India, 1996

Professional Experience (UK)

13.04.23 to current	Consultant Psychiatrist (substantive, part-time)	Newton House, Blackpool	Locked inpatient general adult rehabilitation
01.02.2012 to current	Consultant Psychiatrist (private practice)	Private psychiatry practice	Medicolegal work, outpatient and online assessments for general adult psychiatric disorders, ADHD, Autism and neuropsychiatric cases.
03.12.18 to 10.03.24	Consultant Psychiatrist (substantive, part-time)	The Hamptons, Active Pathways, Preston	Locked inpatient general adult rehabilitation
11.01.21 to 11.05.23	Consultant Psychiatrist (substantive, part-time)	Elysium Healthcare	Three Valleys Hospital, Steeton, Locked rehabilitation wards
01.08.21 to 30.07.22	Consultant Psychiatrist (substantive, part-time)	Barclays House, Leicester	Neuropsychiatric rehabilitation care home
4.12.20 to 8.01.21	Consultant Psychiatrist (locum)	Elysium Healthcare	St. Neots, Neuropsychiatry hospital
23.11.20 to 11.12.20	Consultant Psychiatrist (locum)	Priory Hospital Woodbourne	Acute psychiatric ward for 18-25 yr age
23.03.20 to 20.11.20	Consultant Psychiatrist (substantive)	Cygnets Hospital Wyke	PICU and Autism wards
03.12.18 to 20.03.20	Consultant Psychiatrist (substantive, part-time: 8 sessions)	Priory Hospital Cheadle Royal	Acute inpatient general adult ward
26.4.19 to 6.9.19	Consultant Psychiatrist (locum, part-time: 2 sessions)	Elysium, Victoria Gardens, Huyton, Liverpool	Locked inpatient general adult rehabilitation
28.03.17 to 03.12.18	Consultant Psychiatrist (substantive) and Responsible Officer (RO)	Jigsaw Independent Hospital, Manchester	Locked inpatient general adult rehabilitation with significant management responsibilities
*01.02.17 to 28.03.17	Consultant Psychiatrist (locum)	Tees Esk and Wear Valley	Acute inpatient general adult ward

*01.05.16 to 30.09.16		NHS Foundation Trust,Durham and Darlington	
*12.12.15 to 30.01.16	Consultant Psychiatrist (locum)	Lincolnshire Partnership Foundation NHS Trust, Boston	Acute inpatient ward and crisis team
*02.08.15 to 21.12.15	Consultant Psychiatrist (locum)	Black Country Partnership Foundation NHS Trust, Wolverhampton	Acute inpatient ward
*03.01.15 to 26.05.15 *01.08.14 to 30.8.14 *05.02.14 to 29.04.14	Consultant Psychiatrist (locum)	Tees Esk and Wear Valley NHS Foundation Trust, Durham and Darlington	Acute inpatient general adult ward
*07.06.14 to 27.7.14	Consultant Psychiatrist (locum)	Leeds and York Partnership NHS Foundation Trust, Leeds	CMHT Consultant
* For the time-gaps between above placements-I was travelling abroad for learning, leisure and spending time with family. I continued with my private and medicolegal practice during these gaps.			
01.12.13 to 29.01.14	Consultant Psychiatrist (locum)	Hellesdon Hospital, Norwich, Norfolk and Suffolk NHS Foundation Trust	Access and Assessment Team
02.11.12 to 30.11.13	Consultant Psychiatrist (substantive)	Plas Coch Independent Hospital, St Asaph, North Wales	Female personality disorder, complex mental health an dual diagnosis unit
12.01.09 to 01.11.12	Consultant Psychiatrist (substantive)	Pennine Care NHS Foundation Trust, Bury	CMHT Consultant
01.02.06 to 10.01.09	Specialist Registrar	North West Deanery	This included a 3 month acting-up as consultant psychiatrist in Oldham and 9 months of experience in substance misuse

03.06.03 to 31.1.06	Senior House Officer	Leeds Mental Health NHSTrust	Various psychiatric sub-specialties
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Professional experience (India)

01.03.02 - 28.02.03	Lecturer in Psychiatry	Grant Medical College & Sir J.J. Group of Hospitals, University of Mumbai	Department of Psychiatry
31.01.01 – 31.12.01	Consultant Psychiatrist	Regional Mental Hospital, Thane	Locked rehabilitation ward
01.03.98 – 30.01.01	Senior House Officer	Grant Medical College & Sir J.J. Group of Hospitals, University of Mumbai	Various psychiatric sub- specialties
01.02.97 – 28.02.98	Intern (Pre- registration House Officer)	Grant Medical College & Sir J.J. Group of Hospitals, University of Mumbai	Various medical and surgical sub- specialties

Audits

During my career in psychiatry, I have participated in at least 1 audit in every post. Some of the important ones are –

- Medicolegal work service evaluation and audit projects (2023, 2024)
- MHA audit (2020, 2021, 2022)
- CQC standards checklist audit (2018)
- Mental Health Act compliance audit (2018, 2 cycles)
- Audit of medical prescription cards (2013, re-audit in 2015, 2017, 2019, 2021, 2023)
- Audit of a session at Clarence House CMHT as per New Ways of Working initiatives' (2007) - This audit was published on the NWW website as an example of best practice.
- Audit of DNA rates and referral patterns (2006)
- Benzodiazepine use in the elderly (2005)
- Benzodiazepine use in the general adult wards (2005).

Service Evaluation Projects

- Financial modelling of PICU/Acute wards for a new service (2018)
- Consultant caseloads compared to Clustering and PBR standards (2011 to 2013)
- Utility and running of Emergency clinics (2009, revaluation in 2010)
- Pattern of referrals to Liaison Psychiatry (yearly evaluations from 2004-2008)

Management experience

- I was involved in business development for The Hamptons and worked closely with the senior hospital management and commissioners to develop locked rehabilitation service and stepdown pathways in Leeds. (2019-2023)
- Jigsaw Hospital had 'requires improvement' ratings from CQC when I joined. I worked with a core group of senior management team to improve clinical practices, governance, hospital

policies, teaching and supervision of staff and implemented various other measures to bring our Hospital to much better standards. (2017-2018)

- I was involved with PbR (payment by result) and Clustering service evaluation project and planned both service delivery changes and research themes based on this project (2011-2013).
- I was the borough lead in Bury on monitoring antipsychotic prescribing (2010-2012).
- I was the local borough lead in Bury for Mental Health Act work programme group and completed a project on SCT (supervised community treatment) (2010-2012).

Research and Publications

- Gupta, D., 2025. Medical Malpractice: Psychiatry. In: Payne-James, J., Byard, R.W. (Eds.), Encyclopedia of Forensic and Legal Medicine, Third edition, vol. 3, pp. 640–644. UK: Elsevier. <https://dx.doi.org/10.1016/B978-0-443-21441-7.00157-6>.
- I am currently writing a textbook 'Textbook of Psychiatry for Beginners'.
- I was involved in a research project on cost-efficiency of typical antipsychotics by Prof Shon Lewis, University of Manchester (1 programmed activity, 2010-2012).
- Thesis for M.Sc. (psychiatry) from University of Leeds - 'What will psychiatrists prescribe for themselves?' (2008). Also presented as a poster in annual conference of Royal of Psychiatrists in 2010.
- Poster presentation - "Ethnic disparities in depot antipsychotics side- effect profiles"- presented at the American Psychiatric Association Annual Meeting in Washington, DC, May 3-8, 2008.
- I worked on a research project of the Dual Diagnosis Team in Manchester where a part of the project was to prepare educational booklets for patients with dual diagnosis.(2007). These are now published as 'Out of Your Head' guides.
- Poster presentation – "Pattern of referrals to Liaison Psychiatry"- presented in the Annual Conference of Liaison psychiatry in Cambridge(2004).
- Thesis for M.D. (University of Mumbai, India)- "Nicotine dependence : Psychosocial factors differentiating recent and chronic smokers" (2000).
- Paper presentation – "Medicos versus Psychos – Attitude of Non- Psychiatric Post- Graduate and Under-Graduate Medical Students towards Psychiatry"- presented at Annual Conference at Bombay Psychiatry Society, India (1999).
- Paper presentation – "Economic aspects of Psychiatric practice in Rural Areas of Maharashtra"- presented at XX Annual Conference of Indian Psychiatry Societies, Central Zone, India(1998).

Clinical Drug Trials

I have participated as a Sub-Investigator in 4 clinical drug trials which were multicentre, blind/open-label, fixed-dose evaluation of the safety and efficacy of Duloxetine, Quetiapine and Lamotrigine for US-FDA and Drug Controller of India (1998-2003).

CPD

- I have successfully completed Bond Solon Cardiff University Civil Expert certification course in 2024.
- My CPD certification is up-to-date with the Royal College of Psychiatrists.
- I am Section 12 approved and am an Approved Clinician in England and Wales. I have completed section 22 training in Scotland.
- I am up-to-date with various mandatory trainings (e.g. breakaway, life support, etc.) and regularly attend other training events (e.g. annual conferences of College, departmental teaching programs, etc.)

Awards

- 2 Clinical Excellence Award points in 2012 in the NHS, UK.
- Major General Jessings' Award in Psychiatry, D.P.M. (C.P.S.) in 2000.
- Best Student Award (1996), Grant Medical College, Mumbai.