

Connecting Points: The Sense of Dialogue

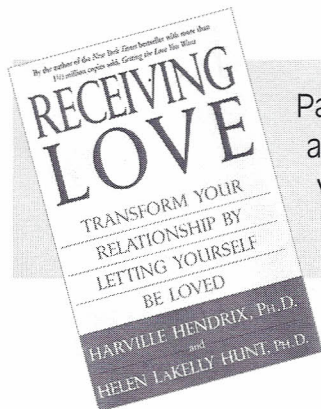
The Know

- ♥ Both the Tiger and Turtle responses rupture connection.
- ♥ The Imago Dialogue offers the Tiger and the Turtle a safe and structured process to risk being vulnerable, do something different, and restore connection.
- ♥ All of us have our own inner world and our particular history that makes us unique. Both worlds are equally valid.
- ♥ An initial goal of the Dialogue is understanding.

The Do

- ♥ Routinely practice and integrate Dialogue
- ♥ Start with small steps
- ♥ Give your partner daily appreciations

The More: Love Bites



Page 182: The *spirit* of dialogue is a desire to find out about, *to receive*, and be in concert with the inner life of your partner, and the desire to have your partner know (*to give*) and be in concert with yours.

LoveSense:

My partner's world is different than mine.