



# Our Church

(309) 734-2106 office@flcmonmouth.org

Volume CXII Issue 8

AUGUST 2019

***For everything there is a season, a time for every matter under heaven.***

*Ecclesiastes 3:1*

Cue The Byrds singing their famous Turn, Turn, Turn oldies hit based on this time-honored passage in Ecclesiastes. Here the ancient writer reminds us there is a time for everything:

*a time to be born, and a time to die; time to plant, and a time to pluck up what is planted;  
a time to kill, and a time to heal; time to break down, and a time to build up;  
a time to weep, and a time to laugh; time to mourn, and a time to dance;  
a time to throw away stones, and a time to gather stones together;  
a time to embrace, and a time to refrain from embracing;  
a time to seek, and a time to lose; time to keep, and a time to throw away;  
a time to tear, and a time to sew; time to keep silence, and a time to speak;  
a time to love, and a time to hate; time for war, and a time for peace.*

The modern writer would include: there is a time for summer break and a time for school to resume its lessons. And that time is called August.

August is that transition month for our community. Parents and Grandparents get ready to send the kids back. Teachers prepare classrooms and new lessons and are ready to welcome back the students. Students long for more summer break, yet yearn for what school will bring this year.

In the church, we too are transitioning from quieter summer months back into fall routines and monthly ministry happenings. Are you ready to jump back into the Prime Beef Festival? Or for the Oyster Soup Dinner, or helping with parking lot flyers or welcoming students to a grilled hot dog lunch? Are you ready for the Word of God on Sunday mornings to revitalize your soul and compel you into the work of discipleship?

Sometimes our readiness doesn't matter. The calendar flips its page whether we like it or not. It still feels like yesterday when winter was forcing school to cancel because of ice, snow and extreme cold. It feels like just last night when we were dealing with the spring floods and the worries of getting our crops into the ground. And now school is back. Where did the time go? Are we really ready for what comes next? It doesn't matter where it went or if we are ready. The time is now.

In Peace,  
Pastor Jamie

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## CONCERNS ABOUT SUICIDE

In light of recent events, Pastor Jamie asked if I would write for the Newsletter about suicide. In thinking about what to write, one thing that came to my mind is something I have heard time and time again when a child or teen has either mentioned suicide or attempted suicide. Some adults minimize its importance or value by saying “they just did it for attention”. My response has been twofold. First, if it takes the person doing that to get attention, something is wrong. Second, what if it had worked? That attention seeking statement is often made if the attempt does not seem to have been lethal. What matters, though, is whether the person making the attempt thought it was lethal. For example, did the 10-year-old think four aspirin would kill him? If yes, that made the “gesture” a serious attempt. (Yes, young children think about and attempt suicide. In the past year, I have talked with a 10-year-old about suicide. This is not the first 10-year-old or younger student that I have worked with on that issue.)

Our society minimizes mental health and addiction issues far too much. Maybe it is because for too many generations we have hidden secrets in our families, whether it is our Uncle Cullie having been “away for a while” - which is secret-speak for him having been in a sanitarium or psychiatric unit or Grandpa John who, “well you know, he just likes his beer/drink a little too much”. So, of course, we do not take it seriously when we hear statements or see certain behaviors that may be related to a person being very seriously depressed and suicidal.

These are the types of things that we do need to pay attention to:

- Has the person been more depressed/down/moody?
- Has a person become more withdrawn from their family or friends?
- Have they shown a change/decrease in appetite?
- Have they been showing a decrease in interest in people/events/activity/hobbies that they used to enjoy?
- Have they been making comments reflecting thoughts or feelings of hopeless/helpless/worthless?
- Have they begun using or increased the use of alcohol/other drugs?

What do you need to do if you hear/see these signs, especially if there are multiple ones and/or they are intensifying?

--- ASK them if they have been thinking about suicide or wishing they were dead. NO, you will not put the idea of suicide in their heads if they have not already been thinking it. What it will demonstrate is that somebody cares about them and is willing to bring up a very serious topic to them and ask about how they are thinking and feeling and has noticed them and the changes in their life.

--- LISTEN to them--encourage them to talk about their thoughts and feelings. Express empathy for the distress that they are feeling, concern for their well-being, and willingness to help them. Encourage them to get help quickly. Stay with the person until the two of you have put a plan together to keep them safe like staying with someone or getting help from a professional. You may have to take them to a counselor, emergency department, or doctor's appointment.

Also, several places one can go online for help:

- American Foundation for Suicide Prevention – [afsp.org](http://afsp.org)
- SAVE (Suicide Awareness Voices of Education) -- [save.org](http://save.org)
- ELCA Ministry site – [suicidepreventionministry.org](http://suicidepreventionministry.org)

- Kurt Volz

## **MEETINGS & EVENTS**

### **Patnode Family Fundraising Benefit Dinner – August 1<sup>st</sup>**

First Lutheran Church will host on Thursday, August 1<sup>st</sup>, from 5 PM to 7 PM, a fundraising benefit dinner for Brian Patnode's family. The MRHS Titans Performing Arts Boosters is the sponsor of this benefit.

Brian would have been a senior this year at MRHS. Over the July 4<sup>th</sup> weekend, Brian suffered a significant medical condition and was hospitalized until his death on July 16<sup>th</sup>. Brian was a member of the choir, madrigals, and football team. His family is on a fixed income, and all funds raised will go to the family to assist with costs during this time.

The MRHS Titans Performing Arts Boosters is providing the supplies for a spaghetti dinner, the music program students will provide dessert as well as prepare, serve and clean up from the meal. Our church is asked to provide salads. To sign-up to bring a salad, contact Courtney in the church office.

Salads should be brought to the church after 2 PM on August 1<sup>st</sup>. For further information, you can contact Heide Gallagher who will serve as a congregation liaison between the Boosters and our church.

### **Prime Beef Festival Meeting – August 4<sup>th</sup>**

It's Prime Beef Festival time again!

First Lutheran's Food Tent will operate:

Wednesday, September 4<sup>th</sup>

Thursday, September 5<sup>th</sup>

Friday, September 6<sup>th</sup>

Saturday, September 7<sup>th</sup>

Lots of volunteers will be needed, as always. Please join us for a short meeting Sunday, August 4<sup>th</sup> at 9:15 AM in the Fellowship Hall. Thanks!

*- Connie Larimer*

## **Lake Warren Potluck Breakfast & Worship – August 11<sup>th</sup>**

The annual Lake Warren worship service will be held Sunday, August 11<sup>th</sup> at 10 AM. Worship will be preceded by a potluck breakfast starting at 9 AM.

Bring a favorite breakfast casserole, breakfast meat, fruit, donuts, rolls, or coffee cake to share. Beverages and table service will be provided.

There will be no worship at the church that Sunday, so invite your neighbors and friends to join you for breakfast and worship at the lake!

## **Special Congregational Meeting – August 11<sup>th</sup>**

The Congregation Council will have a Special Congregational Meeting on Sunday, August 11<sup>th</sup> at 9:45 AM – after the breakfast at Lake Warren and before worship begins.

The purpose of this Special Congregational Meeting is to approve a Capital Fund Campaign. The Campaign is designed to raise \$50,000 for three purposes: to replace the north steps/entry to the sanctuary, to fix or improve the two sets of sanctuary doors, and to accomplish more tuck-pointing on the sanctuary. Details for this campaign will be discussed at the meeting.

## **High School Welcome Back Hot Dog Lunch – August 22<sup>nd</sup>**

School begins again on Wednesday, August 21<sup>st</sup>. Our church will host a welcome back free lunch on Thursday, August 22<sup>nd</sup>. We will gather in the parking lot at 10 AM to begin preparing the meal, which will be served about 11 AM (actual lunchtime will be determined by the school schedule that day, we will announce on Sunday August 18<sup>th</sup> the actual time).

Please join us as we welcome the students back. The church will provide hot dogs, buns and drinks. If congregation members would be willing to donate cookies or bags of chips, that would be helpful. Last May, we served 120 hot dogs, I expect we will serve at least that many this time.

To offer help, please let me (Pastor Jamie) know.



To our friends at First Lutheran Church-

A BIG THANK YOU to all who helped with Vacation Bible School this year. Our VBS was a huge success thanks to all of you. Whether you helped with music, meals, snacks, games, or Bible Study, I thank you from the bottom of my heart!! You made it possible for kids in our community to learn about the love of God and how special they are to Jesus. Through our offerings we raised \$700 to give to Josie Blake and her family.

May God richly bless you all,  
Love-  
Miss Chris, Christian Education Director  
First United Methodist Church

The family of Richard Reynolds would like to thank the members of First Lutheran Church for your visits, cards, messages and especially the prayers during this time of loss they have been felt.

Also, a special thank you to the ladies who served the luncheon following the funeral service. Your kindness is very much appreciated.

In Christ, The Reynolds Family

Bright  
marker & well



Thank you for  
Everything!  
me & kids

THANK-YOU VERY MUCH FOR ALLOWING  
US TO USE YOUR KITCHEN AND BASEMENT  
FOR OUR SUMMER COOKING CLUB/MATH  
IN THE KITCHEN PROGRAM. THE KINDNESS  
AND HOSPITALITY IS APPRECIATED AND  
WILL BE REMEMBERED. YOU HELPED  
MAKE OUR SUMMER A SUCCESS.

DOUG DENNISON  
SITE COORDINATOR  
MONMOUTH-ROSEVILLE  
JHS  
21ST CCLC  
V.O.I.C.E. PROGRAM

Thank you!  
Ms. Jillma

Thank you  
Kelli Ewing

May god  
bless you  
Jennika

Petronila  
Francisco

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# **MINISTRIES**

## **Parking Lot Flyer Ministry**

With the new school year beginning on Wednesday, August 21<sup>st</sup>, Pastor Jamie is preparing to resume the parking lot flyer ministry program. During the daytime, Pastor will be placing flyers on high school related cars that include invitation to our worship services and special events, a brief devotion that lifts up God's love for them, and simple parking lot etiquette rules. If you would like to help distribute these flyers, please talk with Pastor Jamie, he would appreciate your help.

A second piece of this ministry is when the high school has evening events, Pastor Jamie will prepare flyers that include invitations to our worship and to our special events. If you are aware of evening events – such as sports games, or music concerts, or any high school special event, and would be willing to help distribute flyers during those events, again, please see Pastor Jamie.

## **August Vision and Purpose**

Vision and Purpose Giving – a ministry on the last Sunday of each month to draw our attention to a cause outside of our routine ministries.

To support Vision and Purpose, after the worship, place your V & P offering in the collection jugs near the entrance of the chapel and the sanctuary.

For August, our Vision and Purpose Giving is Lutheran World Relief School Kits. See the flyer on the opposite page for what LWR asks for in its kits. Please bring in your items any Sunday in August. On August 25<sup>th</sup>, Pastor Jamie will bless the collected items. All cash offerings collected as Vision and Purpose on that day will be used by the Naomi Circle to purchase additional school kit supplies.





## SCHOOL KITS



### SOME IMPORTANT GUIDELINES TO REMEMBER

- If you are looking to purchase backpacks, the preferred style is often used in the U.S. for youth to carry athletic equipment. Try your local sporting goods store or search online using the keywords, "buy drawstring backpacks."
- Before purchasing backpacks, make sure they meet the size requirements (14" x17") and guidelines below. You can [download a list from our website](#) of suppliers who have appropriate bags available for purchase in bulk.
- You can also make bags for the kits. [A pattern is available from our website.](#)
- Please give new items only.
- Please do not donate items with any religious symbols, messages or your group's name.
- Please do not donate any items decorated with a U.S. flag, patriotic or military symbols, or references to the armed forces, including camouflage.
- Do not add other items or leave out any of the items listed.
- Do not enclose the kit or any of its contents in plastic bags.

### INCLUDE THE FOLLOWING IN EACH SCHOOL KIT

- FOUR** 70-sheet notebooks of wide- or college-ruled paper, approximately 8" x 10 ½"; no loose leaf paper
- ONE** 30-centimeter ruler, or a ruler with centimeters on one side and inches on the other
- ONE** pencil sharpener
- ONE** pair of blunt scissors (safety scissors with embedded steel blades work well)
- FIVE** unsharpened #2 pencils with erasers; secure together with a rubber band
- FIVE** black or blue ballpoint pens (no gel ink); secure together with a rubber band
- ONE** box of 16 or 24 crayons
- ONE** 2 ½" eraser
- ONE** sturdy drawstring backpack-style cloth bag, approximately 14" x 17" with shoulder straps (no standard backpacks)

### HOW TO PACK YOUR KITS OF CARE

- Place ruler between notebooks. Place all items neatly into the bag and draw the drawstring together.
- Pack completed kits, like items together, in boxes. Label contents in LARGE, BLOCK LETTERS on the outside of the boxes.
- Use strong cartons secured with packing tape, not to exceed 40 pounds.
- Do not use plastic or paper bags to pack donations.
- Include the name and address of your group or congregation on each box and label the contents

## WORSHIP HELPERS – AUGUST 2019

Altar Care: Diane Carlson

Altar Flowers: 4 Kathi Cruce, 11 Lake Warren (no flowers),  
18 Carl Hamberg, 25 Pam & John Van Kirk

### Acolytes

Sanctuary: 4 & 11 Maddie Blaesing & Cohen Anderson,  
18 & 25 Heide Gallagher

### Communion Assistants

Chapel: 4 Rob Ravel, 18 & 25 Ray Golden

Sanctuary: 4 & 11 Diane Carlson, 18 & 25 Kay Bailey

### Lectors

Chapel: 4 Kay Lovdahl, 18 Elaine Sander, 25 Kay Lovdahl

Sanctuary: 4 & 11 Janet Gaskill, 18 & 25 Pam Van Kirk

### Ushers

Sanctuary: 4 & 11 Hal & Kathy Tate, 18 & 25 Pam Van Kirk & Teresa Miller

### Visual Aid Assistants

Sanctuary: 4 & 11 Elise Blaesing, 18 & 25 Nate Gallagher

# SECOND SERVICE TIME CHANGE

## From now until...?

At its May meeting, the Church Council approved not returning to 10:30 AM in the fall.

The second worship time will remain 10 AM going forward.

8:15 AM worship will remain at 8:15 AM.

WELCA Circles  
AUGUST

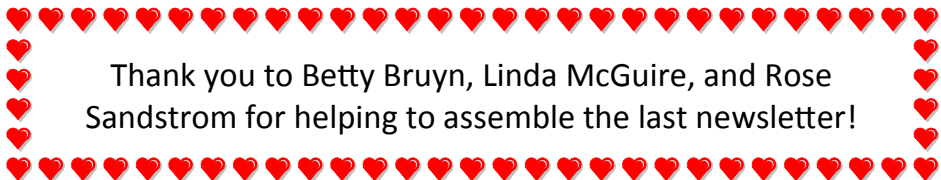
<u>Sarah</u>	<u>Naomi</u>
<i>Rose Youngquist</i>	<i>Diane Carlson</i>

## Please Remember in Your Prayers

Roger Bean, Josie Blake, Jeremy Bruce, Bev Coulter, Dave Erlandson, Graham Johnson, Kathy Bertelsen Keever, Steve Kerr, Bob Kerschke, Bill Root, Marjorie Smith, Max & Aileen Steele, Marjorie Swanson, Kevin Terpening, Gary Utter, Judy Wagy, Danielle, Ila Roseberry, Bob Farm, Betty Gaskill, Nancy Dowell, Loretta Reynolds, Kathi Cruce, Cassie Jern & Family, Florence Williams, Pat Root, Tucker Smith



*If you have someone you would like included on the prayer list, please contact the church office. Let Courtney know whom you would like included, for how long, and if we can include their name on our website.*


  
 Thank you to Betty Bruyn, Linda McGuire, and Rose Sandstrom for helping to assemble the last newsletter!

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## First Lutheran Church Council Meeting Minutes

**June 18, 2019**

*(approved July 9, 2019)*

The meeting was called to order at 6:46 by Ben Sanberg, followed with prayer by Ben.

Present: Pastor Jamie, Ben Sanberg, Ray Bruyn, Ellen Shrader, Rose Sandstrom, Connie Larimer, Steve Erlandson, Jim Johnson, Diane Carlson, Linda McGuire, Evelyn Volz

Absent: Warren Dobry

### Congregational Blessings/Messages of Thanks

- Birth of Charlotte Sanberg
- Strawberry Festival Committee
- Coordinators of Richard Reynolds' funeral lunch
- Recognition for Father's Day
- High school luncheon volunteers

### Motioned, Seconded, and Approved

- Accepted Dave Bost's resignation from Council
- Appointed Rose Sandstrom to fill vacant Council seat
- Election of officers: Rose Sandstrom, President, Ray Bruyn, Vice President, Ellen Shrader, Secretary
- Minutes from May 15<sup>th</sup> and 19<sup>th</sup> meetings
- Treasurer's Report
- Approved free will offering for Pastor Kate Drefke's ordination
- Approved submitted committee reports
- Approved Lake Warren Service on August 11
- Approved Grand Alumni Band to practice in church basement

### New Business

- Pastor Jamie and Pastor Katie will switch churches on July 14
- Missionary visit will be September 14-15
- Joint service with Chin Church in October
- Vision & Purpose Offering to continue

Meeting adjourned at 8:23pm

Next meeting is July 9 at 7pm

Ellen Shrader, Secretary

# AUGUST ANNIVERSARIES

Kay & Glenn Bailey	8/7/1966	53 years
David & Rose Sandstrom	8/1/1971	48 years
Kurt & Evelyn Volz	8/7/1976	43 years
Hal & Kathy Tate Jr.	8/28/1976	43 years
Ray & Shelly Golden	8/4/1990	29 years
Jarrod & Kristi Hippen	8/7/1993	26 years
Lindsey Martin & Jack Coombes	8/13/2016	3 years

# AUGUST BIRTHDAYS

Karen Erlandson	8/2	Rodger Ellison	8/16	Pam Best	8/24
Doug Cruce	8/4	Eloise Swisher	8/16	Robin Johnson	8/25
Angi Martin-Prudent	8/6	Cara Jensen	8/17	Tammy Ravel	8/25
Brian Blasius	8/7	Haley Osborn	8/18	Kathy Fillman	8/27
Carol Brissey	8/8	Fran Bost	8/21	Janet Oliphant	8/28
Brandon Reynolds	8/13	Justin Barney	8/22	Wendell Nelson	8/31
Sue Barrington	8/15	Kenny Reynolds	8/23		

## FIRST LUTHERAN CHURCH'S LEADERS

### PASTOR

Jamie Gallagher

[prjamie@flcmonmouth.org](mailto:prjamie@flcmonmouth.org)

(630) 200-3550

### OFFICERS

President: Rose Sandstrom

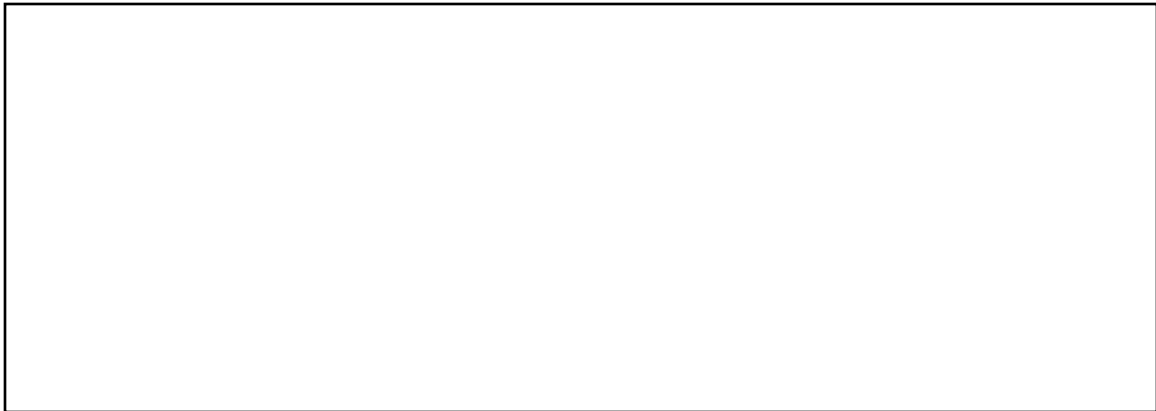
Vice President: Ray Bruyn

Treasurer: Gary Sanberg

Secretary: Ellen Shrader

### CONGREGATION COUNCIL MEMBERS (2019-2020)

Diane Carlson, Warren Dobry, Steve Erlandson,  
Jim Johnson, Linda McGuire, Evelyn Volz



ADDRESS SERVICE REQUESTED

FIRST LUTHERAN CHURCH  
116 S B ST  
MONMOUTH, IL 61462



## DATES TO REMEMBER

**Aug 1** - Patnode Family Benefit Dinner @ 5 PM

**Aug 4** - Prime Beef Festival Meeting @ 9:15 AM

**Aug 11** - Lake Warren Sunday

Potluck Breakfast @ 9 AM

Congregational Meeting @ 9:45 AM

Worship @ 10 AM

**Aug 22** - High School Hot Dog Lunch

## Our Church

The deadline for the next newsletter is **NOON** on **MONDAY, AUGUST 26, 2019**. Please submit your articles by the deadline.

Articles for submission to Our Church *may* be edited to fit the format.

Whenever possible, please submit articles via e-mail (message text or attachment).

Thank you!