

Then the LORD said to Moses, “Look, I’m going to rain down food from heaven for you. Each day the people can go out and pick up as much food as they need for that day.” — Exodus 16:4

The journey from Egypt to Mt. Sinai was not your typical family vacation.

A typical family vacation would include making sure you know your route, making sure you know where the rest stops are, making sure the cooler has enough drinks and snacks so you don’t have to pay for the over-priced convenience store candy bars and sodas along the way.

For Moses and the Israelites, they sure seem unprepared for this journey. The events did happen quite quickly, though, so to their defense, they did not have much time to gather supplies for a multiple week trek. In fact, it was not long after they left the miracle of the parted sea that the Israelites were already out of water and in a parched land and complaining about needing more water and why would God lead them out here to die. Then the food ran out. And the complaints started again. God provided the water, and now God is providing the food.

Did Moses ever think, as we parents sometimes jokingly think on our vacations, “If you kids don’t stop complaining back there, I’m going to turn this caravan right around and take you back to Egypt!”?



This vital ministry of our national church has a four-pronged approach to ending world hunger. What else has four prongs?

- 1 Relief. Responding to the immediate and basic needs of those who are hungry and face poverty. Providing relief comes in the forms of medical care, clothing, shelter, and food access.
2. Education. Digging into the root causes of hunger and poverty to learn how our lives can create change around the world and close to home.
3. Advocacy. Speaking with and on behalf of those living with hunger and poverty.
4. Development. Working together to find sustainable solutions to break the cycle of hunger and poverty. 81% of ELCA World Hunger fund go toward domestic and international relief and development.



You can learn more at [Elca.org/hunger](http://Elca.org/hunger)

**Read Exodus 15:22-16:18**

What are your favorite road trip snacks? \_\_\_\_\_

What is something you often feel like complaining to God about? \_\_\_\_\_

When you complain to God, how do you trust God is listening to your complaint? \_\_\_\_\_

Who do you tell that you have complaints against God? \_\_\_\_\_

When did God provide enough when you were complaining the loudest? \_\_\_\_\_

How might God be using you to provide enough for someone else who is complaining about not having enough? \_\_\_\_\_





Watch the video titled

“Seeds of Change in Malawi 360 VR—ELCA World Hunger”

[https://youtu.be/o8\\_-78PWi94](https://youtu.be/o8_-78PWi94)

Find Malawi on the map below and circle where it is.

How far are we from Malawi? \_\_\_\_\_

How did ELCA World Hunger provide for the community in the video? \_\_\_\_\_

How did the community provide for other communities? \_\_\_\_\_

If there was something like Manna from the Exodus story in this Malawi community, what is it? \_\_\_\_\_

## Hunger Quiz

From resources on the ELCA World Hunger website

- Food insecurity is identified when which of the following conditions are met?
  - A family is worried about whether food will run out before they get money to buy more.
  - The food bought didn't last, and they don't have money to get more.
  - They cannot afford to eat balanced meals.
  - All of the above.
- True or False: The United States uses 50 percent of its international food aid budget on shipping costs alone.
- In 2008 what percentage of the world's population got its drinking water from a piped connection in the user's dwelling, plot or yard?
 

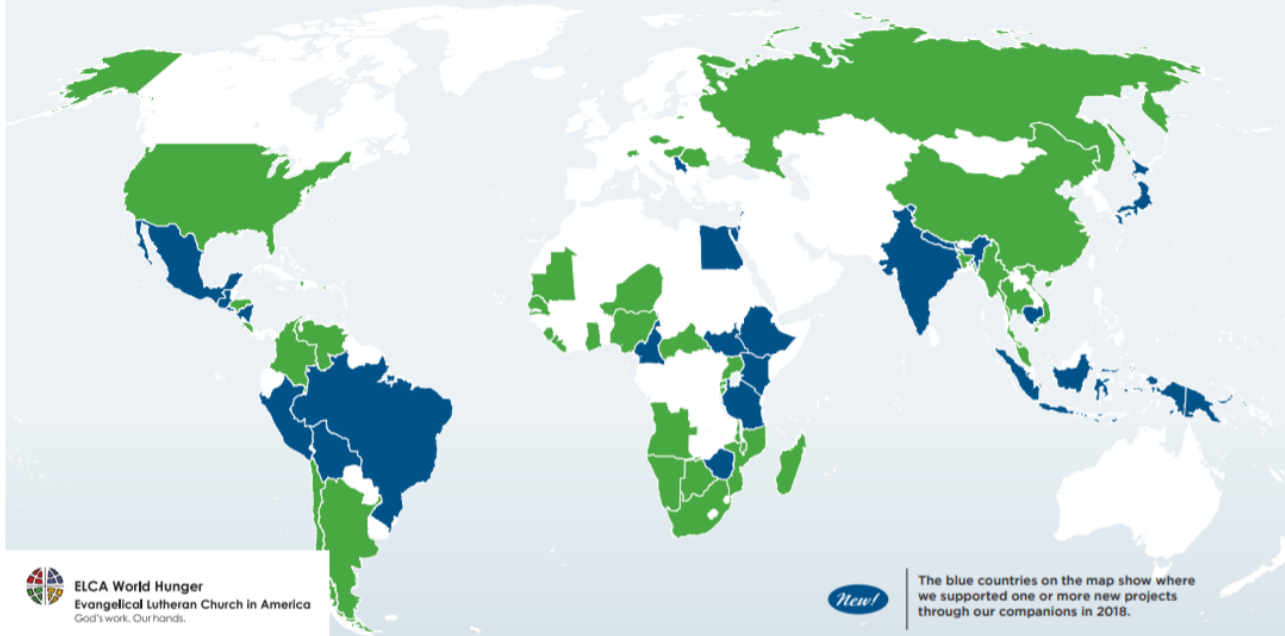
A 40%; B 57%; C 64%; D 80 %

Answers:

- D, all of the above
- True
- B, 57%

# Our work in the world — together

ELCA World Hunger



**ELCA World Hunger**  
61 countries,  
43 states and territories

**INTERNATIONAL**

Angola	Madagascar
Argentina	Malawi
Bangladesh	Malaysia
Bolivia	Mauritania
Botswana	Mexico
Brazil	Mozambique
Burundi	Myanmar
Central African Republic	Namibia
Cambodia	Nepal
Cameroon	Nicaragua
Chile	Niger
China	Nigeria
Colombia	Palestine
Costa Rica	Papua New Guinea
Czech Rep.	Peru
Egypt	Romania
El Salvador	Russia
Ethiopia	Rwanda
The Gambia	Senegal
Ghana	Serbia
Guatemala	Sierra Leone
Haiti	South Africa
Honduras	South Sudan
Hungary	Switzerland
India	Tanzania
Indonesia	Thailand
Japan	Uganda
Kenya	Venezuela
Lebanon	Vietnam
Liberia	Zimbabwe

**UNITED STATES AND CARIBBEAN**

Alaska	Montana
Alabama	North Carolina
Arizona	North Dakota
California	Nebraska
Colorado	New Hampshire
Connecticut	New Jersey
District of Columbia	New Mexico
Delaware	New York
Florida	Ohio
Georgia	Oregon
Iowa	Pennsylvania
Idaho	Puerto Rico
Illinois	Rhode Island
Indiana	South Carolina
Kansas	South Dakota
Kentucky	Tennessee
Massachusetts	Texas
Maryland	Virginia
Michigan	Washington
Minnesota	Wisconsin
Missouri	West Virginia
	Wyoming

ELCA World Hunger  
Evangelical Lutheran Church in America  
God's work. Our hands.



The blue countries on the map show where we supported one or more new projects through our companions in 2018.

