

In each shape there is a word or situation. Follow the key below & determine what color each shape should be for you. It is okay for more than one color to be in one circle if both feelings are right for you. If there is not a feeling listed that fits for you, feel free to write one in on the line(s)

Happy = Pink

Special = Yellow

Joyful = Purple

Appreciated = Teal/Turquoise

Excited = Green

Sad = Blue

Angry = Red

Frustrated = Black

Scared = Orange

Confused = Brown

Others:

_____ = _____

_____ = _____

_____ = _____

_____ = _____

