Empowering audiences to prepare for and get through disasters using proven tools and resources needed to survive... and rise like a Phoenix





SPEAKER | WRITER | SAFETY SPECIALIST

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## **ABOUT ANNA**

A former EMT, CERT responder, and Industry Safety Manager, Anna Pelletier is now a dynamic speaker, writer, and safety trainer. Anna's "Phoenix rising" story - overcoming personal loss from disasters - drives her passion to help others prepare for emergencies. Her story will make you laugh and cry..you'll remember her voice and you'll want to take action. Her mission: to ensure every individual and family has the resources, plans, and confidence to face the unexpected.

- Over 10 years of experience in Safety and Emergency Response
- Recognized Public Speaker
- Published Writer
- Proven OSHA Safety Trainer
- Develops and delivers Safety training programs
- Writes articles for safety industry publications

## **PAUSE • PLAN • PREP**

Anna teaches audiences the three essential steps to survive and recover from emergencies.

#### **KEY HIGHLIGHTS:**

- Real Life Scenarios
- Practical Questions
- Interactive Breakout Sessions

### **OBJECTIVES:**

- BUILD AND PRACTICE EMERGENCY PLANS.
- ASSEMBLE ESSENTIAL EMERGENCY KITS.
- ORGANIZE AND PROTECT VITAL DOCUMENTATION.

# ANNA'S PROMISE:

After hearing Anna speak, participants will understand the importance of preparation—and have the tools to get started immediately.