



2022-2023 Schedule September 6-June 30  
 Enrollment is month to month  
 with automatic re-enrollment until written notice is given

Monday	Class	Age or Skill Requirements To Join Class
2:55-3:55	Private Class	
4:00-5:25	Intro To Tumbling Age 5-7	Ages 5-7
4:00-5:25	Intro To Tumbling Ages 8+	Ages 8+
5:30-6:55	Intro To Tumbling Ages 5-7	Ages 5-7
5:30-6:55	Beginner Tumbling	Bridge Kick Over + 1 Handed Cartwheel
7:00-8:25	Intermediate Tumbling	Running + Standing Handspring
7:00-8:25	Advanced-Elite Tumbling	Running Handspring Tuck
Tuesday		
1:30-2:15	Tiny Tots ( <b>Begins 10/4</b> )	Ages 3-4
2:55-3:55	Private Team Class	
4:00-5:25	Intro To Tumbling Ages 5-7	Ages 5-7
4:00-5:25	Beginner Tumbling	Bridge Kick Over + 1 Handed Cartwheel
5:30-6:55	Intro To Tumbling Ages 5-7	Ages 5-7
5:30-6:55	Intermediate Tumbling	Running + Standing Handspring
7:00-8:25	Beginner Cheer Tumbling Ages 11+	Ages 11+ (No experience required)
7:00-8:25	Advanced-Elite Tumbling	Running Handspring Tuck
Wednesday		
1:30-2:15	Tiny Tots ( <b>Begins 10/5</b> )	Ages 3-4
2:55-3:55	Private Team Class	
4:00-5:25	Intro To Tumbling Ages 5-7	Ages 5-7
4:00-5:25	Beginner Tumbling	Bridge Kick Over + 1 Handed Cartwheel
5:30-6:55	Beginner Tumbling	Bridge Kick Over + 1 Handed Cartwheel
5:30-6:55	Intermediate Tumbling	Running + Standing Handspring
7:00-8:25	Beginner Cheer Tumbling 11+	Ages 11+ (No experience required)
Thursday		
1:30-2:15	Tiny Tots ( <b>Begins 10/6</b> )	Ages 3-4
4:00-5:25	Intro To Tumbling Ages 5-7	Ages 5-7
4:00-5:25	Beginner Tumbling	Bridge Kick Over + 1 Handed Cartwheel
5:30-6:55	Intro To Tumbling Ages 8+	Ages 8+
5:30-6:55	Private Group Class	
7:00-8:25	Intermediate Tumbling	Running + Standing Handspring
7:00-8:25	Advanced-Elite Tumbling	Running Handspring Tuck
Friday		
4:00-5:25	Intro To Tumbling Ages 5-8	Ages 5-8