

## 2025-2026 Class Schedule: September 2-June 30. Enrollment is month to month with automatic re-enrollment until written notice is given.

| Monday    | Class                                | Age or Skill Requirements To Join Class |  |  |
|-----------|--------------------------------------|---|--|--|
| 3:00-3:55 | Private Group Class                  |   |  |  |
| 4:00-5:25 | Intro To Tumbling Age 5-7            | Ages 5-7                                |  |  |
| 4:00-5:25 | Intro To Tumbling Ages 8+            | Ages 8+                                 |  |  |
| 5:30-6:55 | Intro To Tumbling Ages 5-7           | Ages 5-7                                |  |  |
| 5:30-6:55 | Beginner Tumbling (Level 2)          | Bridge Kick Over + 1 Handed Cartwheel   |  |  |
| 7:00-8:25 | Intermediate Tumbling                | Running + Standing Handspring           |  |  |
| 7:00-8:25 | Advanced-Elite Tumbling              | Running Handspring Tuck                 |  |  |
| Tuesday   |                                      |   |  |  |
| 4:00-5:25 | Intro To Tumbling Ages 5-7           | Ages 5-7                                |  |  |
| 4:00-5:25 | Beginner Tumbling (Level 2)          | Bridge Kick Over + 1 Handed Cartwheel   |  |  |
| 5:30-6:55 | Intermediate Tumbling (Under age 11] | Running + Standing Handspring           |  |  |
| 5:30-6:55 | Intro To Tumbling Ages 5-7           | Ages 5-7                                |  |  |
| 7:00-8:25 | Beginner Cheer Tumbling Ages 11+     | Ages 11+ (No experience required)       |  |  |
| Wednesday |                                      |   |  |  |
| 4:00-5:25 | Intro To Tumbling Ages 5-7           | Ages 5-7                                |  |  |
| 4:00-5:25 | Beginner Tumbling (Level 2)          | Bridge Kick Over + 1 Handed Cartwheel   |  |  |
| 5:30-6:55 | Beginner Tumbling (Level 2)          | Bridge Kick Over + 1 Handed Cartwheel   |  |  |
| 5:30-6:55 | Intermediate Tumbling (Under age 11] | Running + Standing Handspring           |  |  |
| 7:00-8:25 | Beginner Cheer Tumbling 11+          | Ages 11+ (No experience required)       |  |  |
| Thursday  |                                      |   |  |  |
| 4:00-5:25 | Intro To Tumbling Ages 5-7           | Ages 5-7                                |  |  |
| 4:00-5:25 | Beginner Tumbling (Level 2)          | Bridge Kick Over + 1 Handed Cartwheel   |  |  |
| 5:30-6:55 | Intro To Tumbling Ages 8+            | Ages 8+                                 |  |  |
| 5:30-6:55 | Intro To Tumbling Ages 5-7           | Ages 5-7                                |  |  |
| 7:00-8:25 | Intermediate Tumbling                | Running + Standing Handspring           |  |  |
| 7:00-8:25 | Advanced-Elite Tumbling              | Running Handspring Tuck                 |  |  |
|           |                                      |   |  |  |