

Fingerpicking Fundamentals Dec 28

5-minute practice:

Start with dessert: a song or chords you like *2 min*

Now for a challenge: new technique/chord pushups/etc. *2 min*

More dessert! Time for a reward: play something that you find fun *1 min*

There, you're done. 5-minute practices add up throughout the day and feel less like a big deal commitment to practice. It's just a quick play, then carry on with your day.

My pal Mauro Guiliani: A quick talk about this composer's effect on classical guitar technique and repertoire, and why it's still relevant today.

Revisiting the Full Plant:

Place fingers on strings (mind the thumb placement), watch and say string numbers as you play each string. Place fingers on strings again, rinse and repeat.

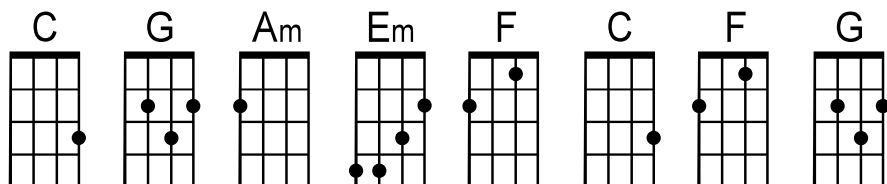
Fingerpicking Patterns:

4 3 2 1

1 2 3 4 (challenge: add a pinch w/ 4&1 @ beginning)

3 2 1 2

Try it with the following chord progression:



Fingerpicking pattern worksheet:

Chords you like to play: