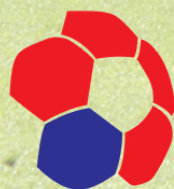


AFS NOVEMBER | 2021

PLAYER SCHEDULE | 1 WEEK PROGRAM



AFS

PRO SHOWCASE TRIAL

1 WEEK

SUNDAY

21ST NOV

14:00 - 18:00 PLAYER CHECK IN
18:00 - 19:00 - INDUCTION
20:00 - 21:00 - DINNER

MONDAY

22ND NOV

08:00 - 09:00 - BREAKFAST
10:00 - 11:30 - TRAINING & MATCH PREP
12:00 - 13:30 - LUNCH
14:00 - 18:00 - REST AND RECOVER
18:30 - 19:30 - DINNER

TUESDAY

23RD NOV

08:00 - 09:00 - BREAKFAST
10:00 - 11:00 - MATCH MEETING
12:00 - 13:30 - LUNCH
14:00 - 14:15 - DEPART
16:00 - 18:00 - TRIAL MATCH
20:30 - 21:30 - DINNER

WEDNESDAY

24TH NOV

08:00 - 09:00 - BREAKFAST
10:00 - 12:00 - MASSAGE AND
RECOVERY
12:00 - 13:30 - LUNCH
13:30 - 18:00 - FREE TIME
18:30 - 19:30 - DINNER



THURSDAY

25TH NOV

08:00 - 09:00 - BREAKFAST

10:00 SWIMMING & GYM

12:00 - 13:30 - MAIN INDUCTION

13:30 - 14:30 - LUNCH

15:00 - 16:30 - TRAINING

18:00 - 19:00 - DINNER

FRIDAY

26TH NOV

07:00 - 08:00 - BREAKFAST

08:00 - 08:15 - DEPART

09:00 - 12:00 - SHOWCASE PROGRAM

14:00 - 15:00 - LUNCH

18:00 - 20:00 - FREE TIME

19:00 - 20:00 - DINNER

SATURDAY

27TH NOV

07:00 - 08:00 - BREAKFAST

09:00 - 12:00 - SHOWCASE PROGRAM

13:00 - 14:00 - LUNCH & VERDICT

14:00 - 15:00 - GO TO TEAM OR DEPART

