

ACCOMMODATION



PRO CAMP WEEK - 1



AFS SUMMIT BASE CAMP

THE ACCOMMODATION IS IDEALLY LOCATED RIGHT ON THE PITCH, BESIDE THE BEACH, AND HAS A FITNESS CENTRE AND ICE BATHS, MAKING IT PERFECT FOR OUR HIGH-INTENSITY TRAINING PROGRAMME THIS WEEK, WITH FITNESS SESSIONS AND MORNING AND AFTERNOON TRAINING. WE'LL TRAVEL BY PRIVATE BUS, PREPARE FOR AFS IN FRONT OF THE SCOUTS, AND HAVE MEALS PROVIDED THREE TIMES A DAY, SO EVERYTHING IS TAKEN CARE OF.