

AFS | JUNE 2024

PLAYER SCHEDULE | 1 WEEK PROGRAM



POI GROUP



AFS

ASIA FOOTBALL SHOWCASE

PRO SHOWCASE TRIAL

1 WEEK

SUNDAY

16 JUNE

14:00 - 17:00 - CHECK-IN SUMMIT
WINDMILL

18:00 - 19:00 - DINNER

TUESDAY

18 JUNE

07:00 - 08:00 - BREAKFAST (@ THE
FOUNTAIN)

08:00 - DEPART

10:00 - 12:00 - TRIAL MATCH

14:00 - 15:30 - LUNCH @ FOUNTAIN

16:30 - 17:00 - RECOVERY @ POOL

18:30 - 20:00 - DINNER @ FOUNTAIN

MONDAY

17 JUNE

07:30 - 08:30 - BREAKFAST (@ THE
FOUNTAIN)

09:00 - DEPART (@ THE FOUNTAIN)

10:00 - 11:30 - TRAINING & MATCH PREP

13:00 - LUNCH @ FOUNTAIN

15:00 - 16:00 - INDUCTION

17:30 - 20:00 - DINNER

WEDNESDAY

19 JUNE

07:00 - 08:00 - YOGA

08:00 - 09:00 - BREAKFAST (FOUNTAIN)
(@ PB & UPDATE L/D MEALS)

12:00 - 13:30 - LUNCH (FOUNTAIN)

13:30 - 17:30 - FREE TIME

17:30 - 18:30 - DINNER (FOUNTAIN)



THURSDAY

20 JUNE

07:30 - 08:30 - BREAKFAST (FOUNTAIN)
09:00 - DEPART (@ THE FOUNTAIN)
10:30 - 12:30 - TRAINING & MATCH PREP
13:30 - 14:30 - LUNCH @ (FOUNTAIN)
14:30 - 17:30 - REST & RECOVER
17:30 - 18:30 - DINNER (FOUNTAIN)

FRIDAY

21 JUNE

08:00 - 09:30 - BREAKFAST (FOUNTAIN)
10:00 - 11:00 - STRETCHING (GYM)
12:00 - 13:00 - LUNCH (FOUNTAIN)
13:10 - DEPART (@ THE FOUNTAIN)
15:00 - 17:00 - SHOWCASE PROGRAM
18:15 - 20:00 - DINNER (FOUNTAIN)

SATURDAY

22 JUNE

07:00 - 08:00 - BREAKFAST (FOUNTAIN)
08:00 - DEPART (@ THE FOUNTAIN)
09:00 - 12:00 - SHOWCASE PROGRAM
13:00 - CHECK OUT
13:15 - 14:30 - LUNCH & VERDICT (FOUNTAIN)
15:00 - GO TO TEAM

