

# AFS | NOVEMBER 2026

PRO SHOWCASE | 1 WEEK PROGRAM



**POI** SPORTS  
GROUP



# PRO SHOWCASE TRIAL

**1 WEEK**

## **SUNDAY**

8 NOVEMBER

14:00 - 16:00 - HOTEL CHECK-IN

18:00 - 19:00 - RELAX

19:00 - 21:00 - DINNER

## **MONDAY**

9 NOVEMBER

07:30 - 08:30 - BREAKFAST

09:00 - DEPART

10:00 - 12:00 - TRAINING

13:00 - LUNCH

15:00 - 16:00 - INDUCTION (*PM AFS*)

17:30 - 20:00 - DINNER

## **TUESDAY**

10 NOVEMBER

07:00 - 08:00 - BREAKFAST

08:00 - DEPART

10:00 - 12:00 - TRIAL MATCH

14:00 - 15:30 - LUNCH

16:30 - 17:00 - RECOVERY @ POOL

18:30 - 20:00 - DINNER

## **WEDNESDAY**

11 NOVEMBER (Free-Day)

08:00 - 09:00 - BREAKFAST

12:00 - 13:30 - LUNCH

17:30 - 18:30 - DINNER



## **THURSDAY**

12 NOVEMBER

07:30 - 08:30 - BREAKFAST

09:00 - DEPART

10:30 - 12:30 - TRAINING & MATCH PREP

13:30 - 14:30 - LUNCH

14:30 - 17:30 - REST & RECOVER

17:30 - 18:30 - DINNER

## **FRIDAY**

13 NOVEMBER

08:00 - 09:00 - BREAKFAST

10:00 - 11:00 - FREE TIME

11:30 - 12:30 - LUNCH

13:00 - DEPART

14:30 - 17:00 - SHOWCASE PROGRAM

18:30 - 19:30 - DINNER

## **SATURDAY**

14 NOVEMBER

06:30 - 07:30 - BREAKFAST

07:30 - DEPART

09:00 - 12:00 - SHOWCASE PROGRAM

13:00 - CHECK OUT

13:15 - 13:45 - LUNCH

14:00 - VERDICT

