

**Running Creek Counseling  
Intake Record**

**Name:** \_\_\_\_\_ Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Phone (Cell) \_\_\_\_\_ Gender: \_\_\_\_\_ Ethnicity/Race: \_\_\_\_\_  
(Home): \_\_\_\_\_ E-mail: \_\_\_\_\_  
Marital Status: \_\_\_\_\_ #of Previous Marriages \_\_\_\_\_ Length of each: #1 \_\_\_\_\_ #2 \_\_\_\_\_ #3 \_\_\_\_\_ #4 \_\_\_\_\_  
Are there aspects of your cultural background that may impact your treatment?  
Current Employer: \_\_\_\_\_ Occupation/Title: \_\_\_\_\_  
Length of Employment: \_\_\_\_\_ Hourly or monthly Income: \_\_\_\_\_ (Must bring last 2 paystubs for sliding scale)  
Military Branch: \_\_\_\_\_ # of years: \_\_\_\_\_ Rank at Discharge: \_\_\_\_\_  
Type of D/C: \_\_\_\_\_ Status: \_\_\_\_\_  
**Medications:** list all you are taking, the doses, and what you take them for:

**Current Partner's Name:** \_\_\_\_\_ Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Phone (Cell) \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Ethnicity/Race: \_\_\_\_\_  
(Work): \_\_\_\_\_ E-mail: \_\_\_\_\_ Marital Status: \_\_\_\_\_  
How Long: \_\_\_\_\_

**Children** (List all children under age 18):

Name	Gender	Age
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Do you pay Child Support? \_\_\_\_\_ How much? \_\_\_\_\_ Are you current? \_\_\_\_\_  
**Emergency Notification/Relationship:** How did you get referred for services?

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**Services Requested:**

Pre-trial/Probation Officer: \_\_\_\_\_ Judicial District/Dept.: \_\_\_\_\_  
Case Number: \_\_\_\_\_ Caseworker: \_\_\_\_\_ County: \_\_\_\_\_

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**Domestic Violence Clients Must Complete If Different Than Current Partner**

Victim: \_\_\_\_\_ Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Phone (Cell) \_\_\_\_\_ Gender: Male Female \_\_\_\_\_ Ethnicity/Race: \_\_\_\_\_  
(Home): \_\_\_\_\_ E-mail: \_\_\_\_\_ Marital Status: \_\_\_\_\_  
Type of Protection Order/Restraining Order: \_\_\_\_\_

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**Psychosocial History**

Where were you born: Were you raised by both parents?  
 If not, who did you live with: Were your parents:  
 How many siblings do you have: Where are you in the birth order?  
 Who in your family do you feel closest to:  
 Please describe your childhood:

Please describe how you were disciplined as a child:

Was there any violence, alcoholism, substance abuse in your family? (Include extended family) Describe:

Have you ever been abused? Physically: Emotionally: Verbally: Sexually:  
 If yes, please describe:

Has anyone close to you died? Relationship: Cause of death:  
 How long have you been in your current relationship status?

Describe your partner:  
 Describe your partner's attitude toward you:  
 How many serious relationships have you had? How many times have you been married?  
 Have you been divorced or separated? How long was your longest relationship?  
 How do you feel about your partner?  
 Who do you prefer relationships with?

Give **your ages** and the **names** of the individuals you have been married to:

From what age to what age?	Partner's name

Provide the following information on your **biological** children:

Name	Gender	Age	Where living	Name of other parent

Please list any other children who are living with

you:	Name	Gender	Age	Names of biological parents

What have been your usual living arrangements over the past three years?

What are your current living arrangements (use above list)?

How long have you lived in these arrangements? Are you satisfied with these arrangements?

Are you satisfied with these arrangements?

Do you live with anyone who: has a current alcohol problem?  
uses non-prescribed or illegal drugs?  
abuses prescribed drugs?

With whom do you spend most of your free time?

Are you satisfied with these arrangements?

About how many close friends do you have?

Would you say you have a close reciprocal relationship with any of the following people:

Your mother	Spouse/Sexual partner	Siblings
Your father	Children	Friends

Have you had significant periods in which you have experienced serious problems getting along with:

	<u>In the past 30 days</u>	<u>In your lifetime</u>	<u>In the past 30 days</u>	<u>In your lifetime</u>
Your mother			Sexual partner/Spouse	
Your father			Other family members	
Siblings			(specify)	
Children			Neighbors	
Close friends			Co-workers	

How many days in the last 30 have you had serious conflicts:with your family?  
with other people (excluding your family)

How bothered have you been in the past 30 days by:

Family Problems

Social Problems

How important is treatment for:

Family Problems

Social Problems

### **Employment and Educational History**

How many years of education have you completed? (GED = 12 years, BA=16 years)

Did you have learning difficulties in school?

If yes, briefly explain:

Have you ever been expelled/suspended from school?

If yes, for what:

How many years of job training or technical education have you received?

Are you currently working? Are you satisfied with your current job?

If unemployed, how long have you been unemployed? What was your last job?

Do you have a profession, trade or skill? If so, please specify  
Do you have a valid driver's license? Do you have an automobile available?  
How long was your longest full-time job?  
What is your usual, or last occupation?

Does someone contribute to your support in any way?  
If so, does this constitute the majority of your support?  
What has been your usual employment pattern the past three years?

How many days were you paid for working in the past 30 days?

How much money did you receive from the following sources in the past 30

Unemployment	\$
Child Support	\$
Maintenance	\$
Unemployment compensation	\$
Welfare, disability benefits	\$
Pensions, Social Security	\$
Partner, family or friends	\$
Illegal sources	\$

How many people depend on you for the majority of their food, shelter, etc.?

How many days have you experienced employment problems in the past 30 days?

How troubled have you been by employment problems in the past 30 days?

How important is counseling for employment problems?

Are you a military veteran? Branch? Rank at discharge:

Years served Did you see any action during war time?

If yes, where?

Discharge Status If other please specify:

### Legal History

How many times have you been arrested and/or ticketed?

Please list dates and reasons for arrest

Describe the reasons you were arrested and/or sent here, **IN DETAIL** (include drug or alcohol use involved)

How many times in your life have you been arrested and/or ticketed with the following:

Shoplifting/Vandalism	Robbery	Drug Charges	Homicide
Parole/Probation Violation	Forgery	Breaking & Entering	Prostitution
Burglary/Larceny	Rape	Arson	Manslaughter
Weapons Offense	Assault	Contempt of Court	

Other (Please Specify)

How many of these charges resulted in convictions?

How many times in your life have you been charged with the following? (Do not include minor traffic tickets)

Disorderly conduct, vagrancy

Public intoxication violations

What has been your highest measured Blood Alcohol Level?

How many months were you incarcerated in your life?

How long was your last incarceration? What was it for?

How many days in the past 30 were you detained or incarcerated?

How many days in the past 30 have you engaged in illegal activities for profit?

How serious do you feel your present legal problems are?

How important to you is counseling for these legal problems?

### **Behavior Checklist**

Please check all you have done:

Slapped/hit your partner or children

Shoved your partner or children

Mocked your partner or children

Withheld affection/sex

Broken property

Threatened to leave or divorce partner

Became more angry as a result of drinking and/or drugs

Threatened to hurt your partner

Threatened or hurt pets

Kicked your partner or children

Called your partner or children names

Shoved/pushed your partner or children

Punched walls

Restrained your partner/another person

Drank or did drugs to relieve anger

Threatened someone with a weapon

Threatened to hurt your children

Threatened other people

What experiences have you witnessed:

Parents hitting/hurting each other

Parents hitting/hurting you

War

Street Crime

Describe the last fight you were in (when, with whom, where, etc.)



## History of Mental Illness/Treatment

Are you currently in counseling or mental health treatment?

If yes, with what person/agency?

How long have you been in counseling?

How often?

How many times have you been treated for any psychological/emotional problems?

(Do not include substance abuse, employment or family counseling)

In a hospital or inpatient setting?

When?

Where?

With Whom?

What for?

In an Outpatient setting?

When?

Where?

With Whom?

What for?

Do you receive a pension for a psychiatric disability?

**Have you had a period of time(not as a result of alcohol/drug use) during which you have:**

In the past 30 days?

In your lifetime?

Experienced serious depression, sadness, hopelessness, loss of interest, or difficulty with daily functioning?

Experienced serious anxiety/tension/uptightness, unreasonable worry, or inability to feel relaxed?

Experienced hallucinations-saw things or heard voices that were not there?

Experienced trouble understanding, concentrating, or remembering?

Experienced trouble controlling violent behavior, or episodes of rage or violence, including when you have been under the influence of alcohol or drugs?

Experienced serious thoughts of suicide?

Attempted suicide?

Are you still thing about suicide?

Were drugs and/or alcohol involved in any of your attempts?

Thoughts of killing someone?

Been prescribed medication for any behavioral health problem?

How many days in the past 30 days have you experienced these behavioral health problems?

If you have had thoughts of suicide, please describe your plan for attempting suicide:

What was going on in your life when these thoughts occurred?

How much have you been troubled/bothered by these behavioral health problems in the last 30 days?

How important to you is treatment for these behavioral health problems?

## Health Related Issues/Medical Information

How would you rate your health?

Are you currently under medical care?

For what reason?

Name of your doctor/clinic

Last doctor visit?

Do you have any chronic medical problems which continue to interfere with your life?

If yes, please describe

What treatment, if any, have you received for this problem?

How many times in your life have you been hospitalized for medical problems?

Hospitalizations and dates

Surgeries and dates

How long ago was your last hospitalization for a physical problem?

List all allergies or adverse drug reactions you have:

Do you receive a pension for a physical disability?

How many days have you experienced medical problems in the past 30 days?

When was your last physical exam (including pap smear if you are female)?

What were the results/recommendations?

What is the name and address of your current physician?

Please indicate if you had any of the following symptoms:

### **Symptoms**

Frequent or severe headaches

Eye problems, glaucoma Dizziness  
or fainting spells

Head injury

Thyroid trouble

Chronic fatigue

Asthma/shortness of breath

Chronic cough/lung disorders

Palpitation or pounding heart

Heart attack/heart trouble

High blood pressure

Kidney disease

Stroke

Jaundice/liver disorder

Arthritis/gout Tumors

Depression

Constant irritability

See/hear things that weren't there

Feeling as if your heart were racing

## **Symptoms**

Recent weight loss or gain(circle one)

Diabetes

Anemia

Frequent/painful urination

Stomach/bowel disorders

Paralysis

Epilepsy or seizures

Neurological disease

Change in memory or concentration

Male or female reproductive problems  
(i.e. menstrual pattern changes  
prostate trouble)

ADD/ADHD

Anxiety

Bi-polar

Broken Bones

Bronchitis

Cancer

Chicken Pox

Dyslexia

Eye glasses/Contacts

Hearing Loss

Hypertension

Hypo(er)glycemia

Learning Disabilities

Measles

Multiple Sclerosis

Problems Sleeping

Sinus Problems/Infections

Substance Abuse

Ulcers

Please list any other diseases or conditions you have had or have now not listed above

If you have ever had any of the symptoms listed above, please provide as much of the following information as possible: date of occurrence, duration of illness, symptoms, whether or not treatment was sought, treatment received, results of treatment, and physician's name. If you did not seek treatment, what was the outcome?

Have you ever had any of the following health problems? (Check those that apply)

Hepatitis                      Venereal Warts                      Chlamydia                      Tuberculosis  
 Syphilis                      Pelvic Inflammatory Disease                      Gonorrhea                      Genital Herpes

How troubled or bothered have you been by medical problems in the past 30 days?

How important to you is treatment for medical problems?

Are you currently a smoker?                      How much do you smoke daily?

Please indicate your family's medical history:

Names	Ages	Mental Health Diagnosis	Alcohol/ Drug Use	Medical Problems	Cause of Death/ Year if Deceased
Name of your Biological Father:					
Name of your Biological Mother:					
Names of your Brothers and Sisters:					

**This Section for Females Only** How many

How many times have you been pregnant?

How many times have you actually given birth?

How old were you when your first baby

Are you currently pregnant?                      If yes, how far along are you?

If yes, are you receiving pre-natal care?

Have you ever experienced medical complications in childbirth?

If yes, please describe:

### **Strength Checklist**

Everyone has certain personal characteristics that make us unique and enhance our ability to perform different tasks successfully. Please review the characteristics below and check all of the characteristics you have:

Accurate	Artistic	Challenging
Committed	Self-controlled	Confident
Creative	Dedicated	Efficient
Emotional	Entertaining	Expressive
Good Attitude	High Standards	Independent
Inquisitive	Intuitive	Levelheaded
Loyal	People-oriented	Personable
Persuasive	Practical	Rational
Responsible	Self-assured	Self-starter
Sense of Humor	Sociable	Tolerant
Trustworthy	Curious	Assertive
Adventurous	Energetic	Compassionate
Communicate Well	Hard Worker	Dependable
Civic Minded	Intelligent	Enthusiastic
Sensitive	Original	Imaginative
Perfectionist	Physically Fit	Good Leader
Productive	Responsive	Stable
Self-controlled		
Other (Please specify)		

Please indicate your history of drug and alcohol use.

<b>Substance</b>	<b>How old were you when you first used it?</b>	<b>When was your last use?</b>	<b>Over the last year, how often have you used the substance? (i.e. every day, once a week, etc.)</b>	<b>Over the last year, what is the normal amount you use in a 24 hr. period of time?</b>	<b>What is the most you have <u>ever</u> used in a 24 hr. period of time?</b>	<b>How have you used it?</b>
<b>NICOTINE</b> Cigarettes, Cigars, Chew						
<b>ALCOHOL</b> Beer, Wine						
<b>ALCOHOL</b> Hard liquor						
<b>CANNABIS</b> Marijuana, Hash, Oils						
<b>COCAINE</b> Rock, Crack, Powder						
<b>METHAMPHETAMINE</b> Crystal Meth, Crank, Ice						
<b>AMPHETAMINE</b> Speed, Diet pills, White crosses						
<b>HALLUCINOGENS</b> LSD, Ecstasy, Acid, Mushrooms, Peyote						
<b>OPIATES</b> Morphine, Heroin, Opium, Methadone						
<b>PAIN PILLS</b> Demerol, Darvon, Percocet, Percodan, Xanax, Tylenol with Codeine						
<b>SEDATIVES</b> Downers, Reds, Yellows, Quaaludes, 714s						
<b>TRANQUILIZERS</b> Valium, Xanax, Ativan						
<b>INHALANTS</b> Gas, Glue, Solvent, Paint, Poppers, Rush						
<b>PCP</b> Angel Dust						
<b>OTHER</b> (please list)						
<b>OTHER</b> (please list)						