



INTEGRATED
**Community
Engagement
Collaborative
(ICEC)**

County Report:
Communities Served by
Preston County High School
Fall 2025

Preston County, West Virginia

Confidential



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Important

Thank you to the Preston County school districts and their schools for being partners committed to preventing substance use and abuse among young people in these counties. We appreciate all they have done to support data collection and to help families and community members learn more about what can be done to reduce risk and protect children and adolescents. Although your local school district and schools are playing a central role in this work, it is important to clearly state that this is not a school report, but a community report. The report's findings describe what families, communities, peers, and schools can do in partnership to help prevent substance use and abuse among young people. Schools alone are not responsible for any problems described in this report and cannot be solely or primarily responsible for providing the solutions. The findings of this report describe what is happening in the whole community and provides opportunities for the whole community to act together. That said, what your local school district and schools have done to help the community better understand how to prevent substance use and abuse among young people has been critically important. We appreciate their leadership and hard work, as well as their ongoing commitment to the project. We encourage all members of the community to join us in expressing gratitude for the essential contributions of your local school district and schools.

Introduction

Preventing child and adolescent substance use and risks associated with school drop-out are critical to promote healthy development. A successful approach to such prevention is to work towards strengthening key protective factors and reducing risk factors that operate in the local-community environment of young people. This is the central mission of the Integrated Community Engagement (ICEC) Collaborative. Recent evidence in child and adolescent health research suggests that building a strong community around children is the healthiest and most cost-effective way to promote their well-being for the future. However, such a task takes time, effort, and the mutual commitment of key stakeholders in focusing attention on four major domains of the environment surrounding children and adolescents. These major domains are 1) parents and family, 2) the school, 3) friends and peers, and 4) leisure time. All of these are most

powerful in the immediate environment of young people, such as their local neighborhood or community.

Research has shown that children and adolescents who are surrounded by positive environments within the four major domains are much less likely to use or consider using legal or illicit substances and to drop out of school. Furthermore, engaging in behaviors in one of these areas greatly increases the risks associated with the other areas. For example, young people who use illicit drugs are also more likely to drop out of school than those who do not use drugs. Dropping out of school is especially problematic, as the most reliable predictors of adult health throughout the lifespan are educational attainment and socioeconomic status (SES) with SES being largely predicted by educational attainment. As such, interventions that successfully delay the onset of adolescent substance use and encourage students to stay in school, contribute to their health and well-being not only in the present, but also for decades to come.

The ICEC is a holistic prevention approach rooted in the Icelandic Prevention Model which focuses on strengthening protective factors and reducing risk factors for substance use within school-communities. To that end, this report is organized as a tool to promote the collaboration between all concerned community members in the community surrounding Preston County High Schools. The main section of the report includes the results from the ICEC Surveys for these county high schools and comparative rates between all schools and the overall county total. The results section includes 54 Figures and 21 Tables and is divided into the following four main sections:

Section 1: Includes Figures and Tables which concern the rates of substance use, access to substances and age of use onset.

Section 2: Includes Figures and Tables that report on the rates of risk and protective factors for substance use within the four domains of parents/caregivers, peer group, school environment, and leisure time, in addition to a brief section on the local community.

Section 3: Shows how rates of selected risk and protective factors for children in the County across the four major domains of parents/caregivers, peer group, school environment, and leisure time, in addition to local community, are related to substance use outcomes.

Section 4: Includes Tables that report the frequencies of children’s self-reported sleep habits, physical activity, and caffeine use.

Methods

Participants and procedure

The participants in this study were all accessible and interested students in Preston County High Schools during the fall semester of 2025. Participation was open to all students but not required for anyone. Of the 1006 students enrolled in Preston High School in the fall of 2025, 647 or 64.31% participated in the study. Compared to school-based surveys generally and the principles of survey research methodology, these response rates are good.

In these high schools, the ICEC, and potential participation in the study, was first introduced to parents and caregivers through a note that was sent home to students. Through a passive consent process parents were requested to contact either the County Coordinator for the ICEC study, or the Principal Investigator, Dr. Kristjansson by email or office phone to withdraw their children from participation.

A school contact agent (SCA) was appointed as the lead on-site person to oversee the data collection using a protocol that was designed and delivered by the ICEC team at WVU School of Public Health. The data was collected with an online questionnaire in the Qualtrics software and overseen by the SCA and teachers during classroom hours in the fall of 2025. Participation was voluntary, and students were free to answer the survey in whole or in part, to skip any question at will, and to change their mind about participation at any time. The online surveys were carried out inside a computer laboratory in each school and supervised by the SCA and teachers. All aspects of this investigation were reviewed and approved by the West Virginia University Institutional Review Board (protocol # 1406345394R007).

Measures

The measures used in the ICEC survey broadly cover the main outcome area of substance use, as well as the four risk and protective factor domains; parents/caregivers and family, peers and friends, school, and leisure time, in addition to several measures on community cohesion and trust. Most of the measures used in the surveys originate from national or international surveys such as the annual Youth Risk Behavior Surveillance System

(YRBSS) conducted by the Centers for Disease Control and Prevention, the Monitoring the Future survey which is used by the US National Institutes for Health to provide national estimates of substance use among youth, and the European School Survey Project on Alcohol and Drugs (ESPAD) that is conducted every 3-4 years in 35 to 40 countries in Europe. A few measures originate from other sources. In total the ICE Survey questionnaire took students typically less than one full class session to complete.

Note: In the high school reports, all figures and tables include a blinded comparison between all high schools that participate in the project in Preston County, other ICEC Counties and a “Total” for all the counties combined. In the middle school reports a similar blinded comparison is made available between middle schools within each respective county and the “Total” for that particular county.

Results

Section 1: ICE outcomes by category

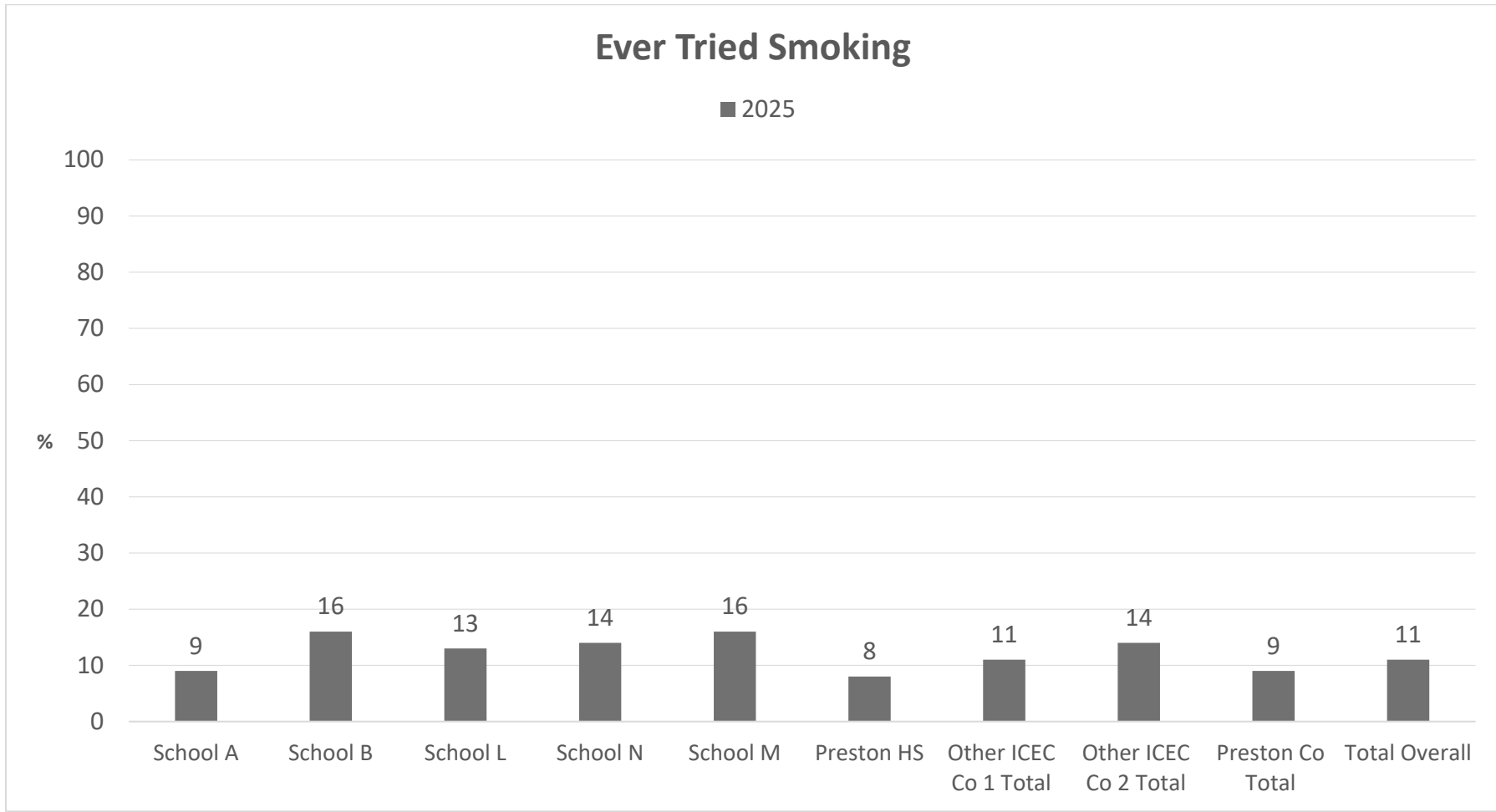


Figure 1. Frequency of students who have ever tried cigarette smoking

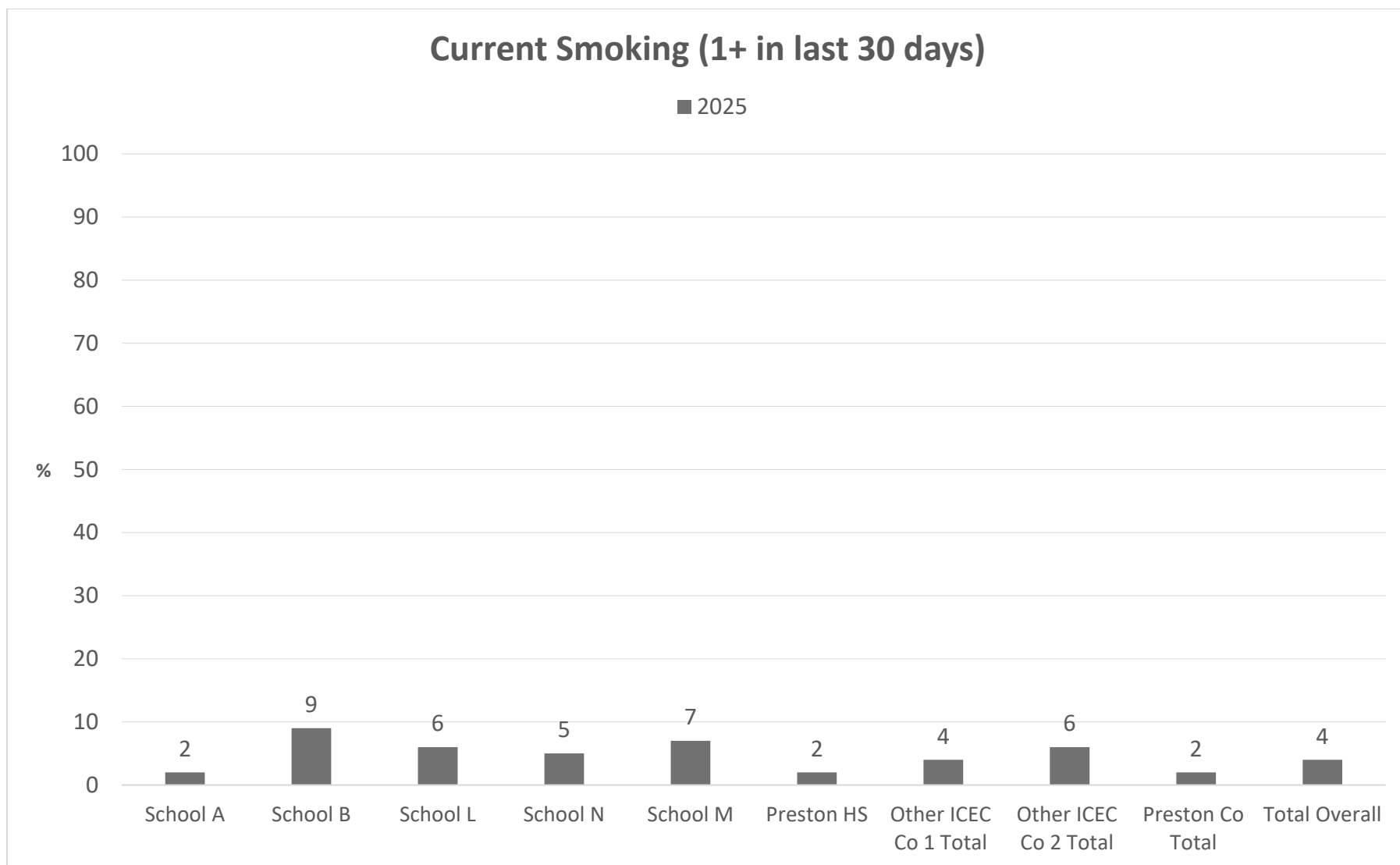


Figure 2. Frequency of students who currently smoke cigarettes

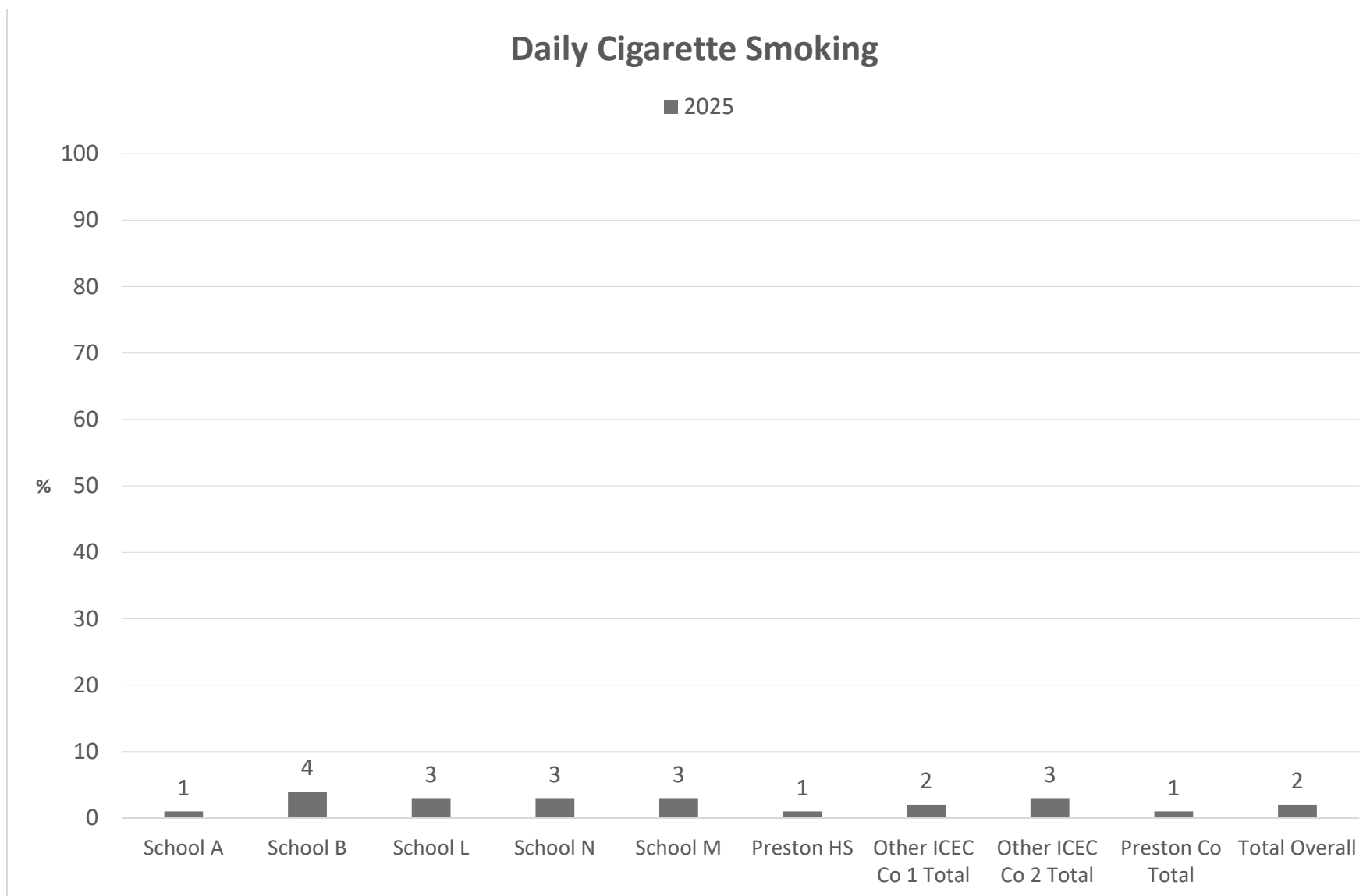


Figure 3. Frequency of students who smoked cigarettes daily during the last 30 days

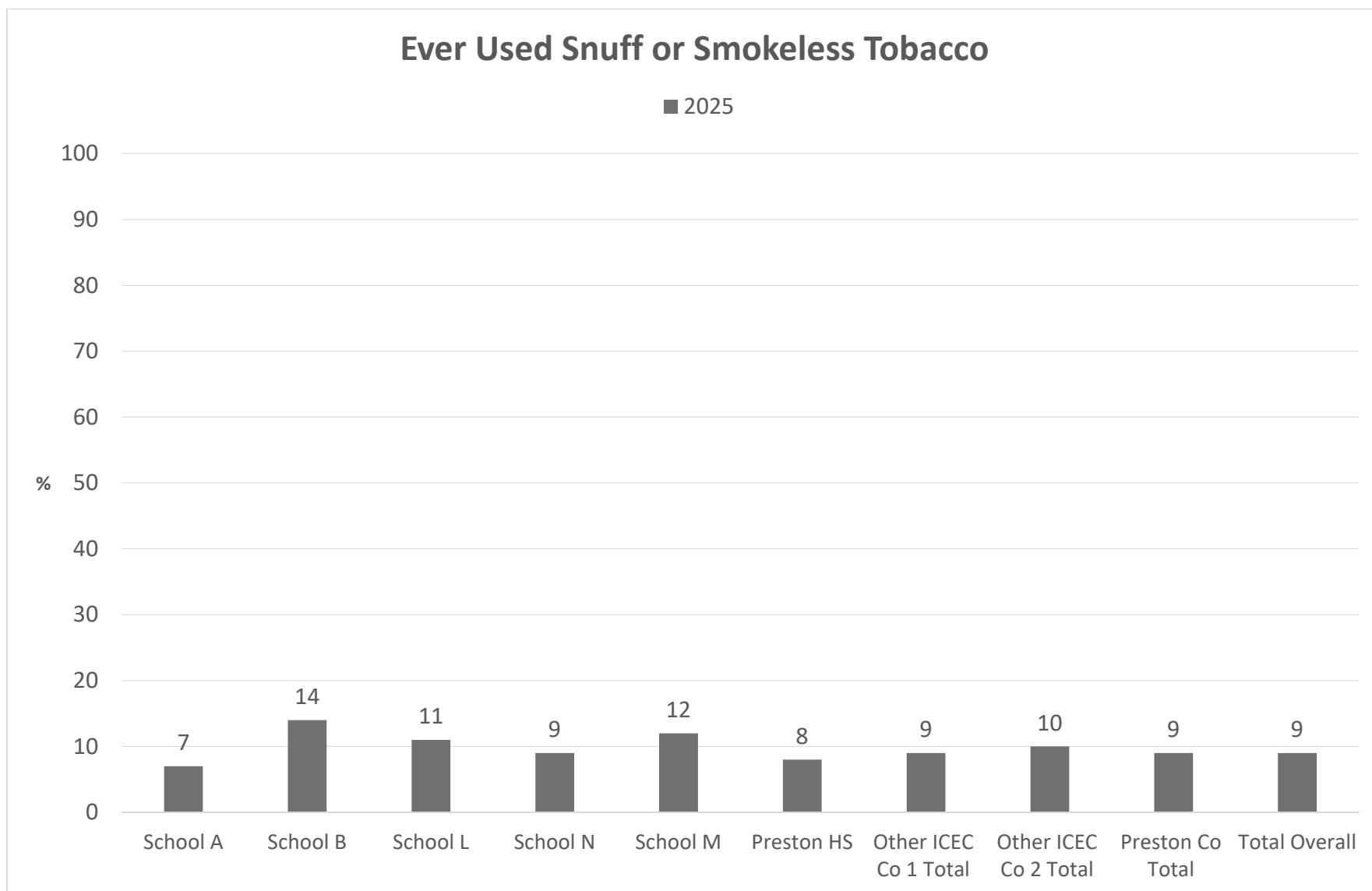


Figure 4. Frequency of students who have ever used snuff, chewing tobacco, or other tobacco/ nicotine inserted in mouth

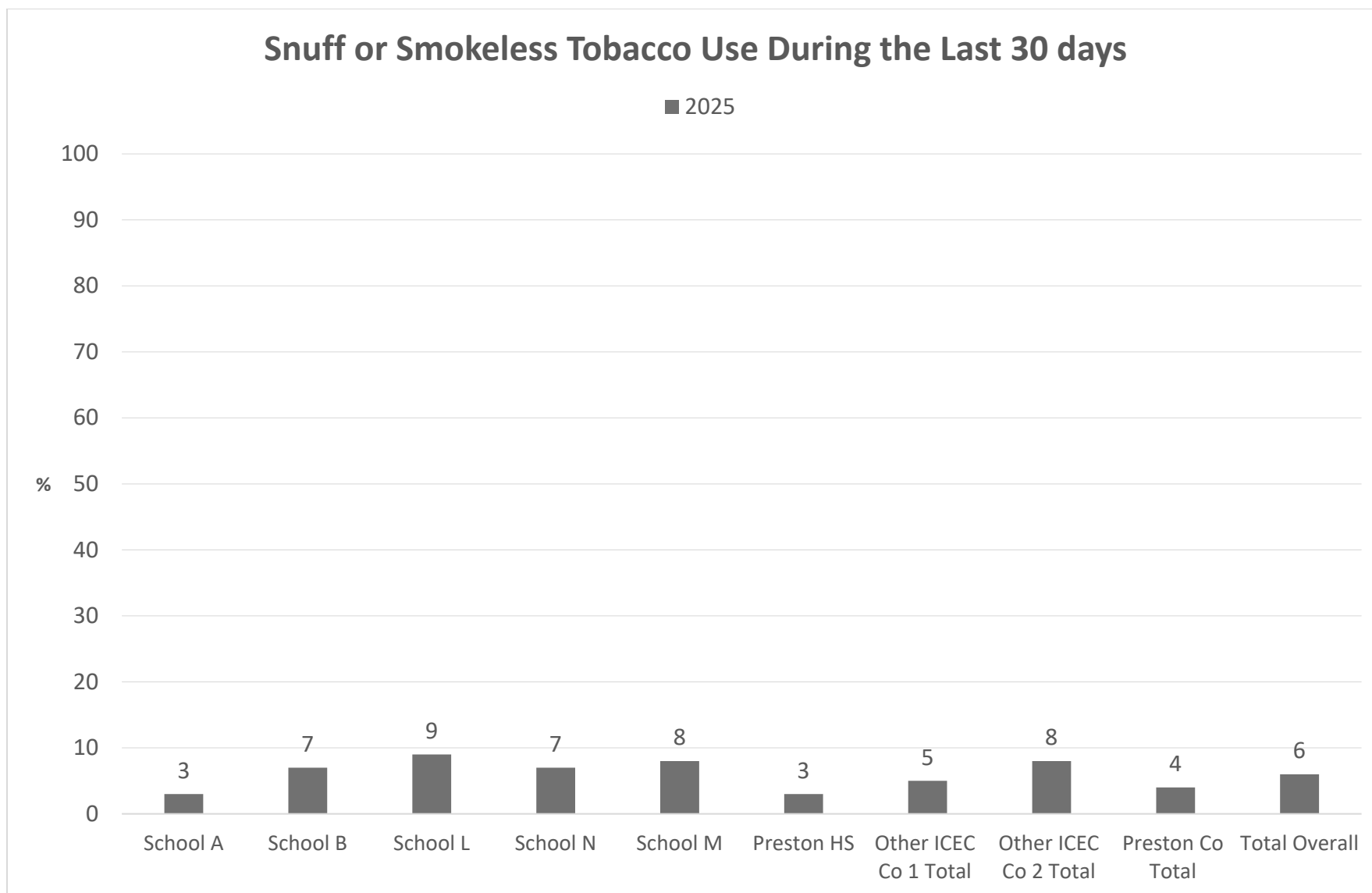


Figure 5. Frequency of students who used snuff, chewing tobacco, or other tobacco/ nicotine inserted in mouth in the last 30 days

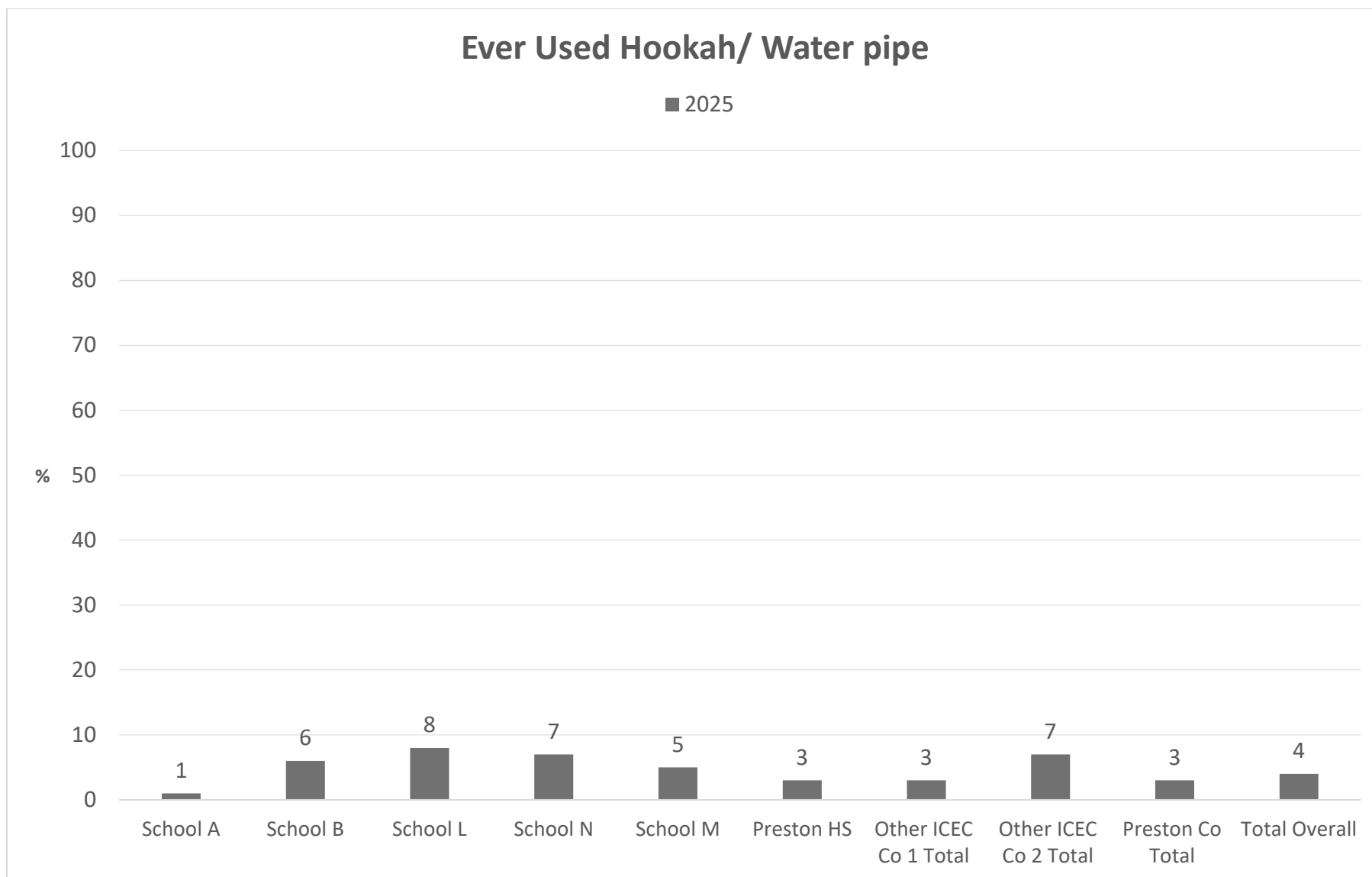


Figure 6. Frequency of students who have ever used a hookah or water pipe

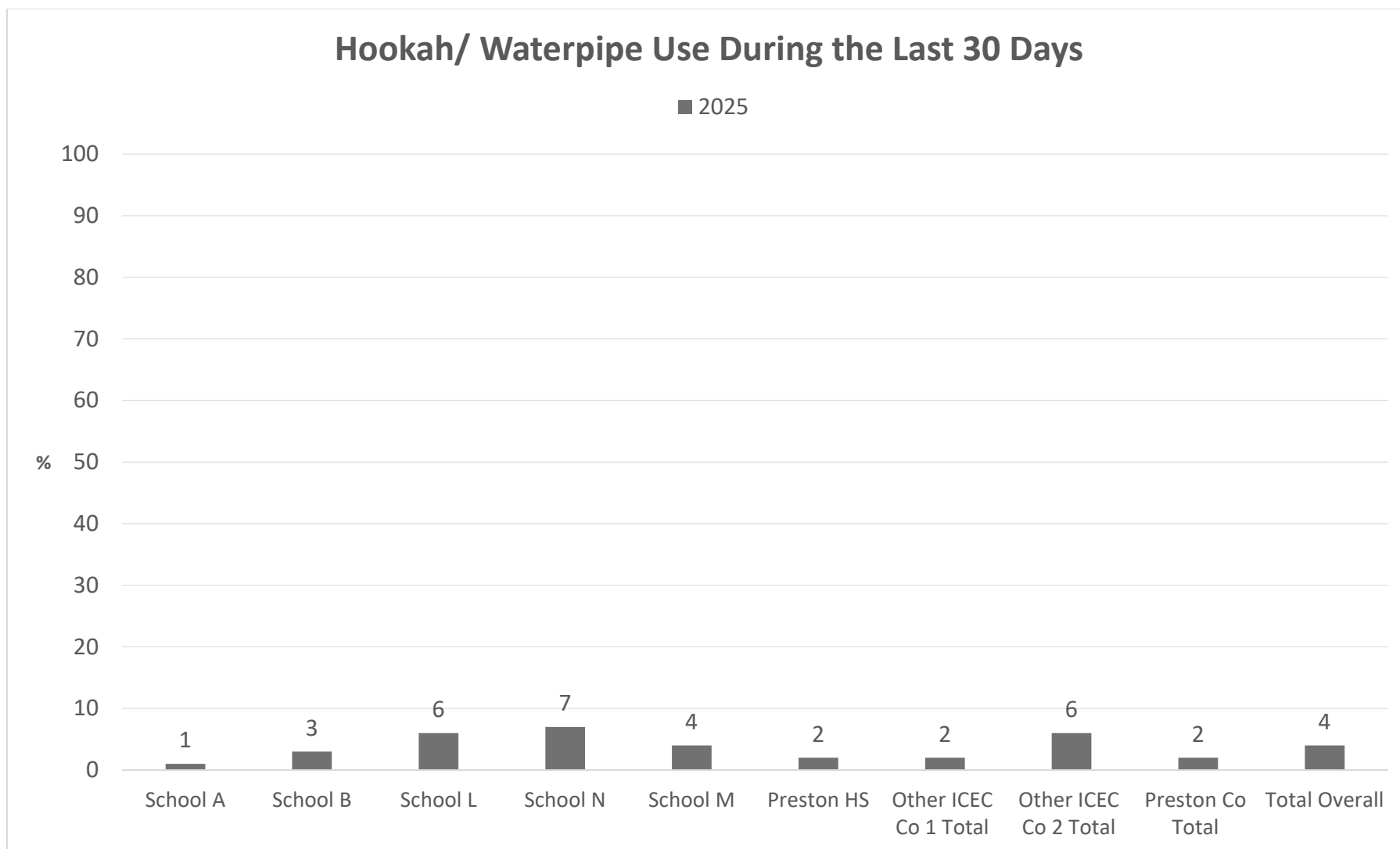


Figure 7. Frequency of students who used a hookah or waterpipe in the past 30 days

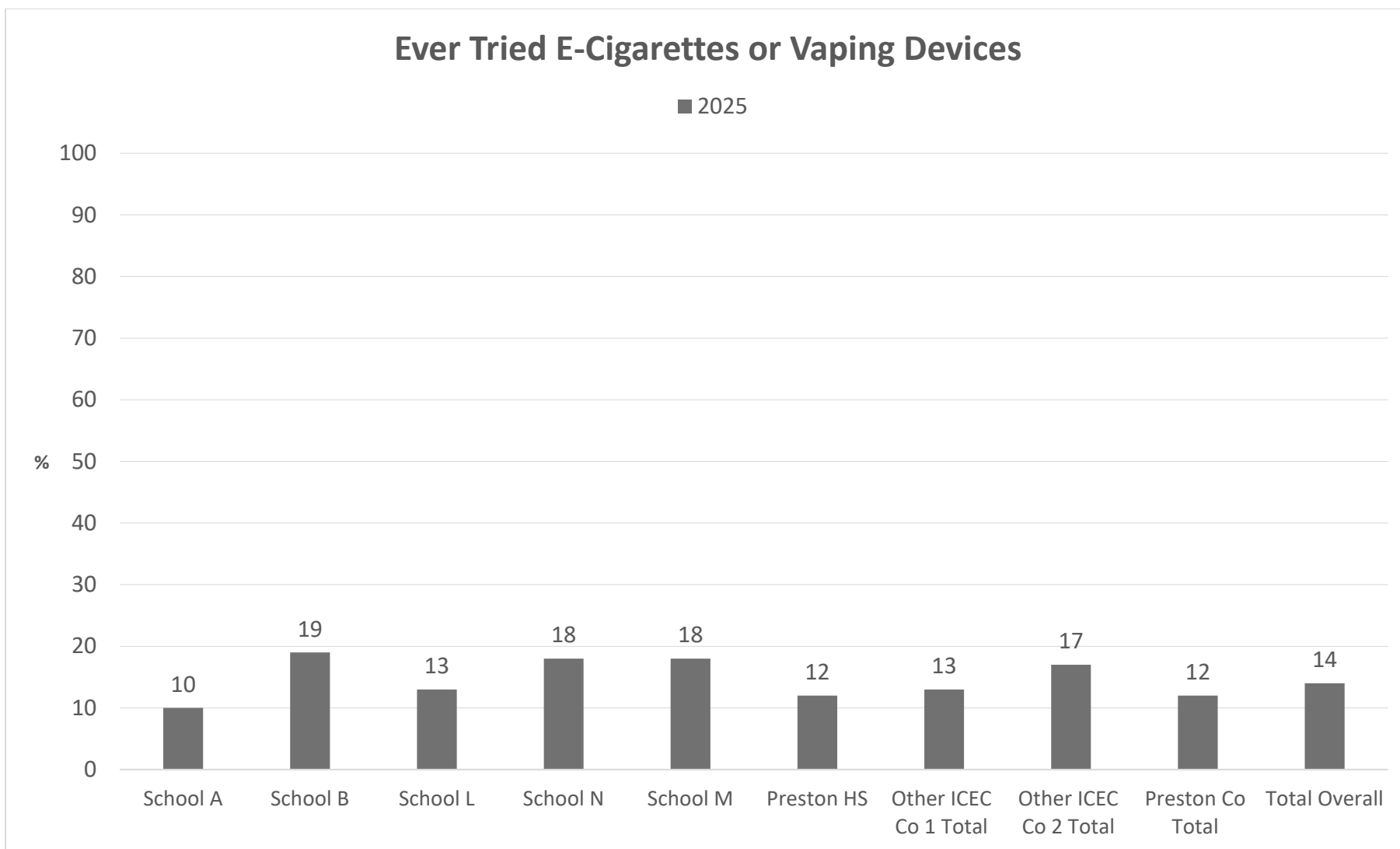


Figure 8. Frequency of students who have ever tried e-cigarettes or vaping devices

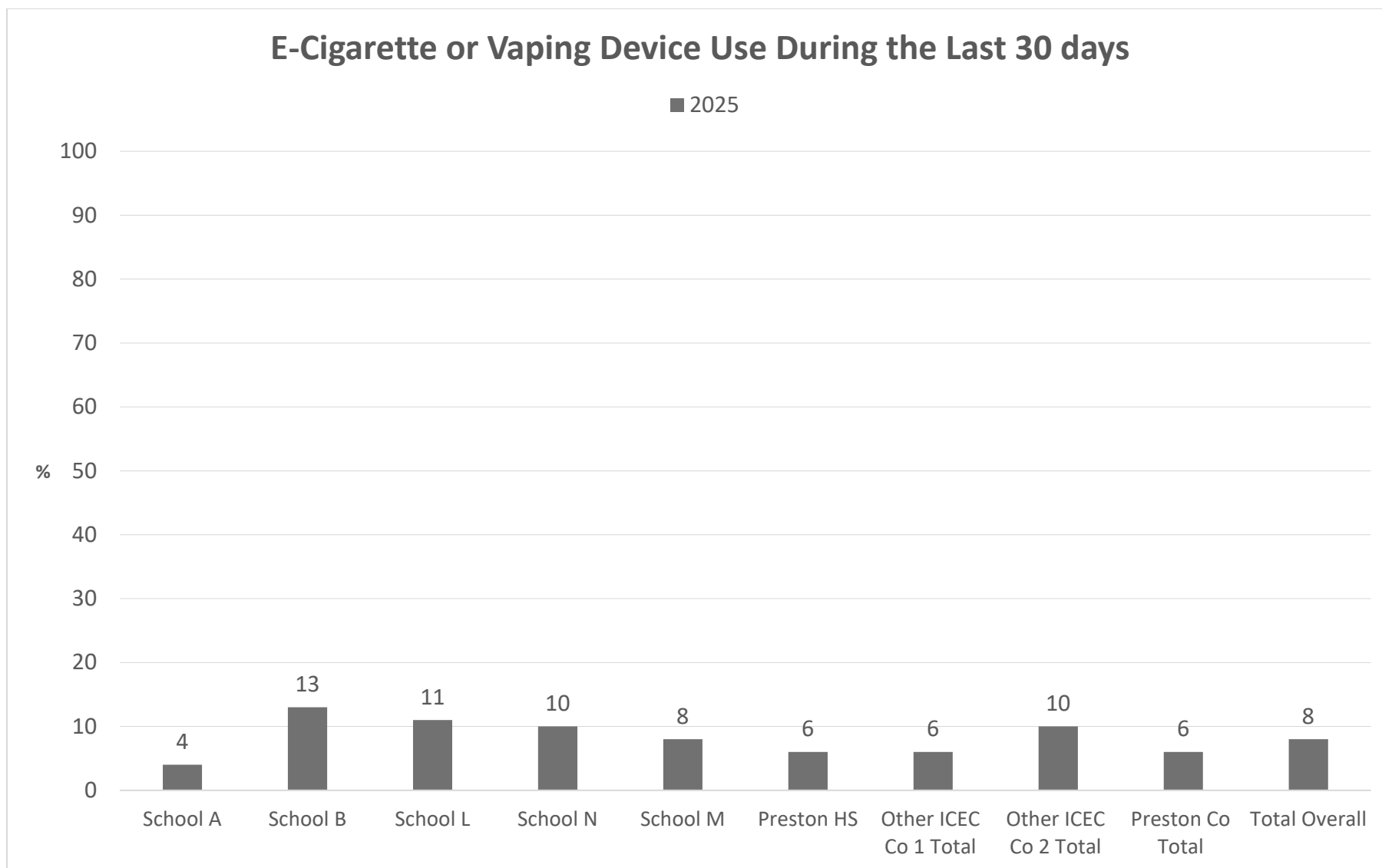


Figure 9. Frequency of students who have used e-cigarettes or vaping devices in the last 30 days

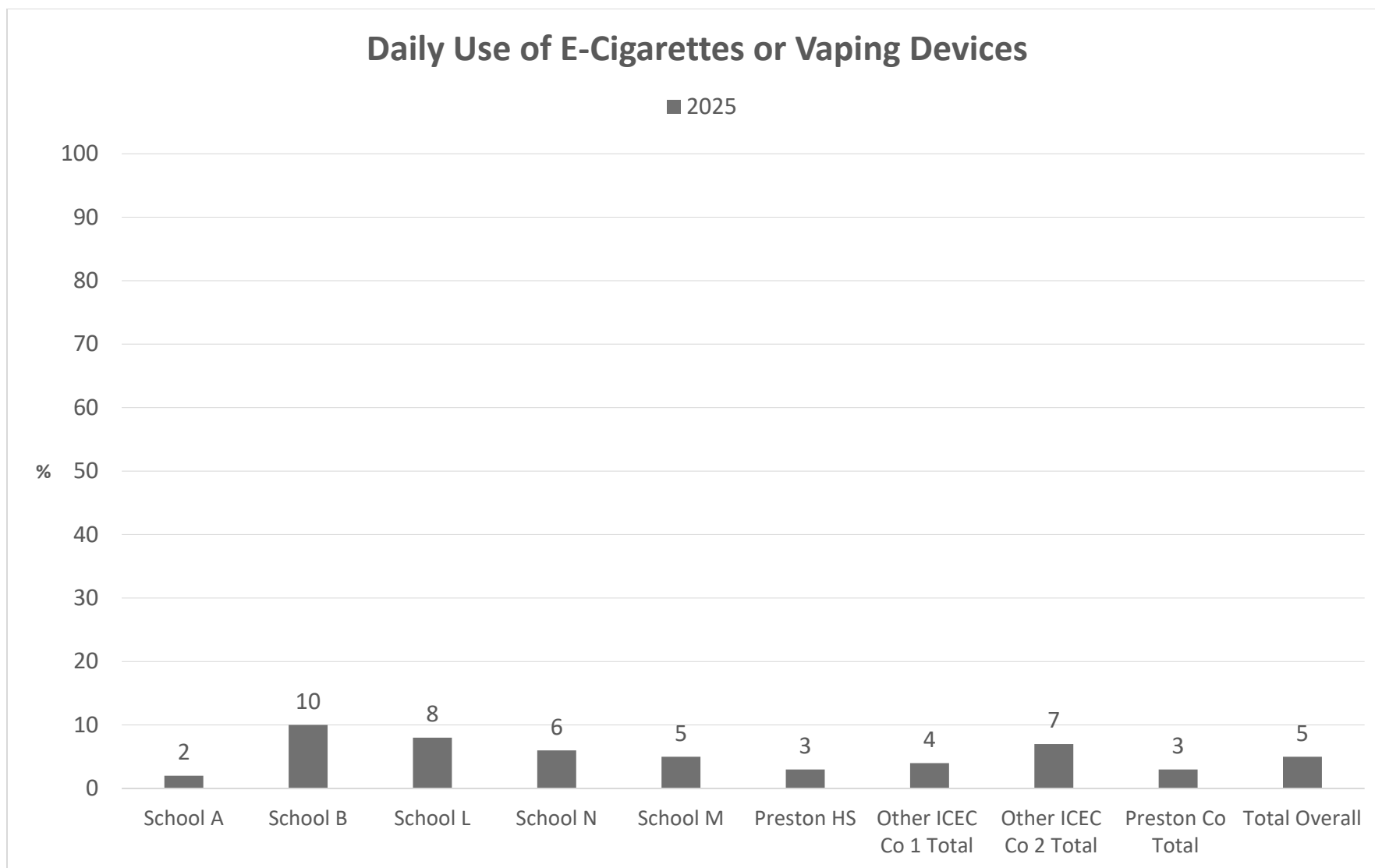


Figure 10. Frequency of students who used e-cigarettes or vaping devices daily

Table 1. How Students Obtain Cigarettes, Vape Products, Chewing Tobacco, Snuff or Dip (Sometimes or Often)

	Buy them in a store	A family member gives them to me	A person 18 years or older and not in my family gives them to me	I take them from a store without paying	I take them from a family member without them knowing
School A (%)					
2025	1	1	2	1	1
School B (%)					
2025	8	8	10	6	7
School L (%)					
2025	6	6	8	6	8
School N (%)					
2025	4	4	5	4	4
School M (%)					
2025	7	5	8	4	5
Preston HS (%)					
2025	4	4	5	4	3
Other ICEC Co 1 Total (%)					
2025	3	3	4	2	3
Other ICEC Co 2 Total (%)					
2025	5	5	6	5	5
Preston Co Total (%)					
2025	4	4	5	4	4
Total Overall (%)					
2025	4	4	5	4	4

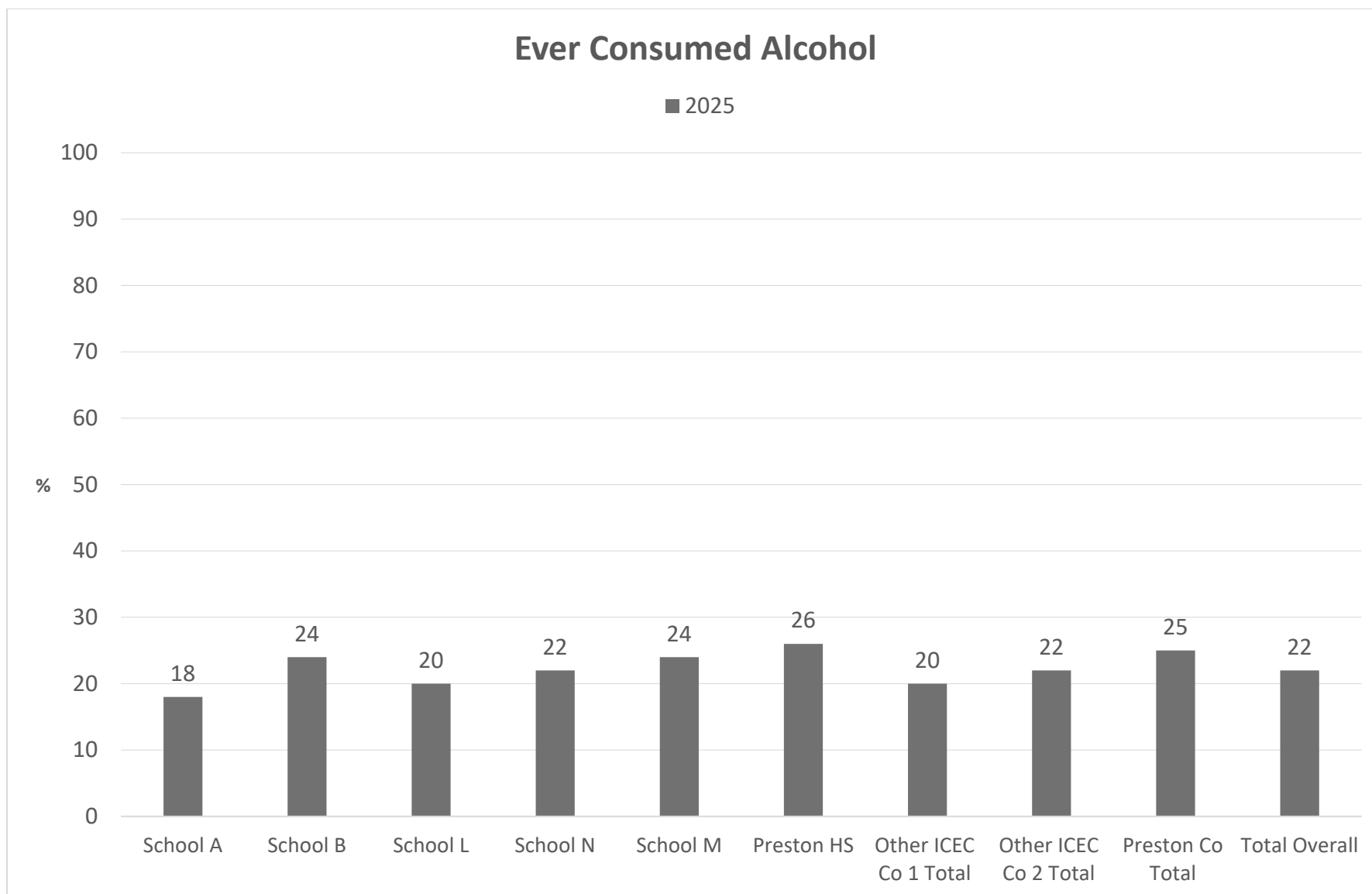


Figure 11. Frequency of students who have ever consumed alcohol

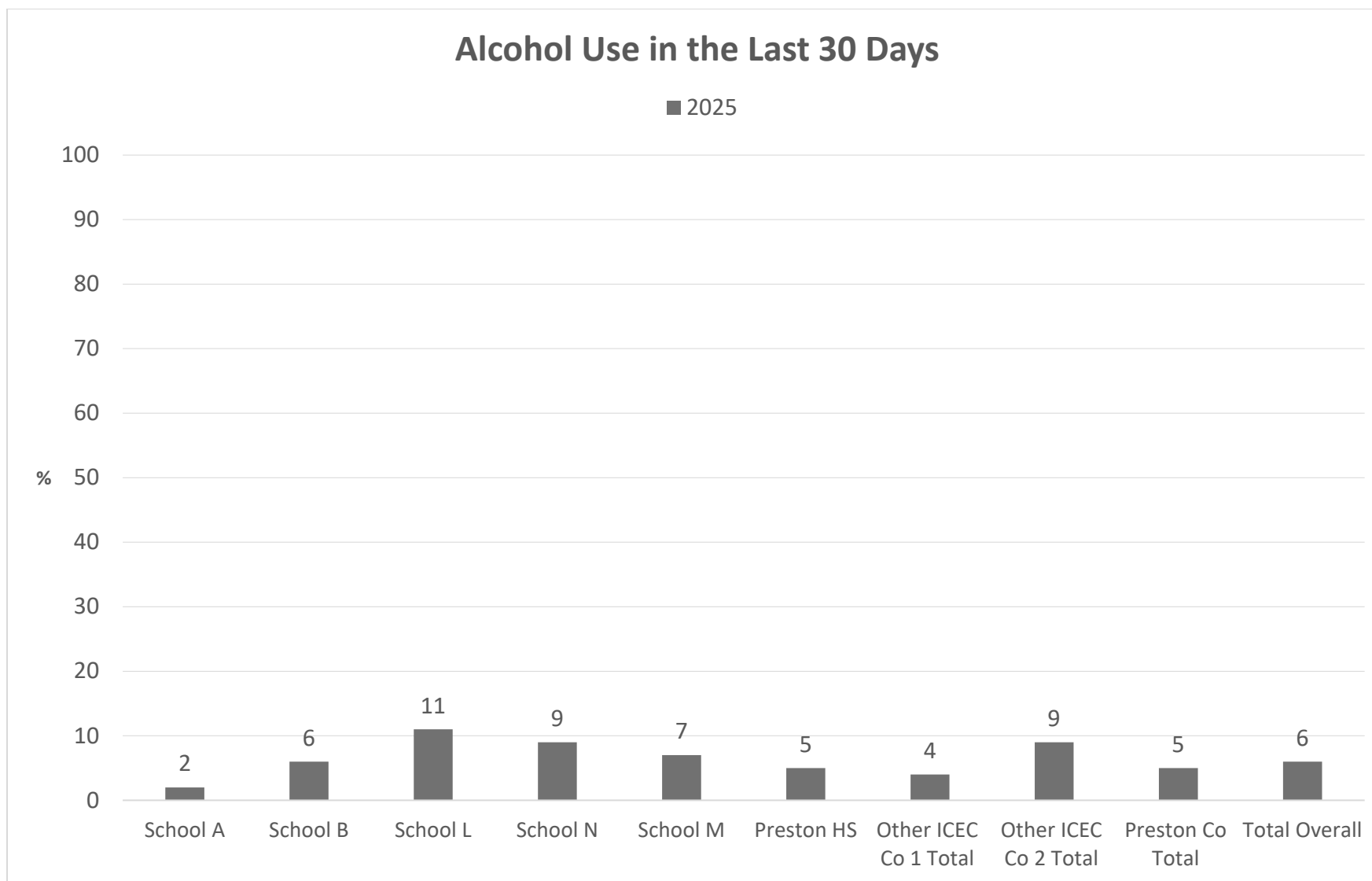


Figure 12. Students who consumed alcohol once or more within the last 30 days

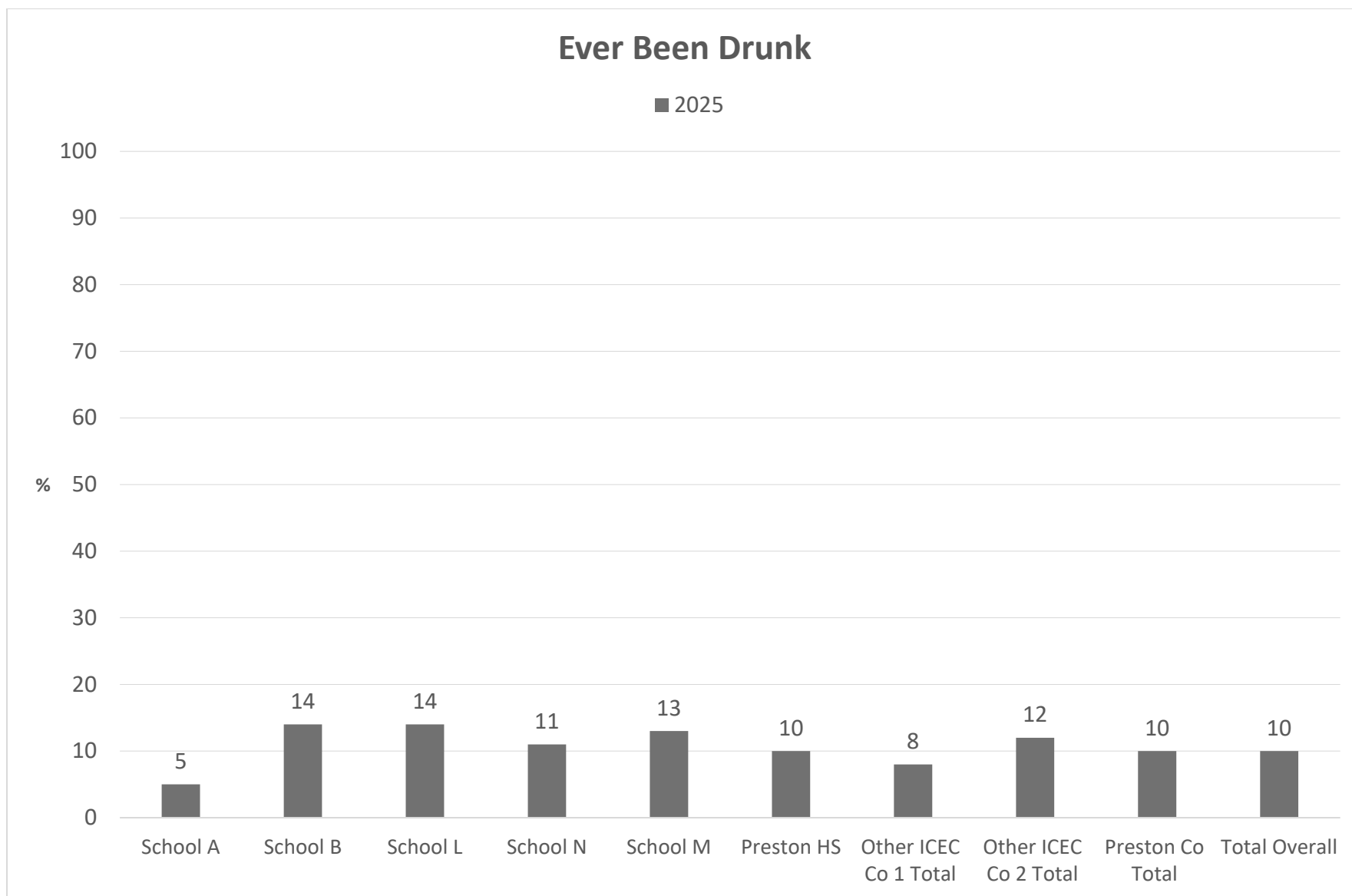


Figure 13. Frequency of students who have ever been drunk

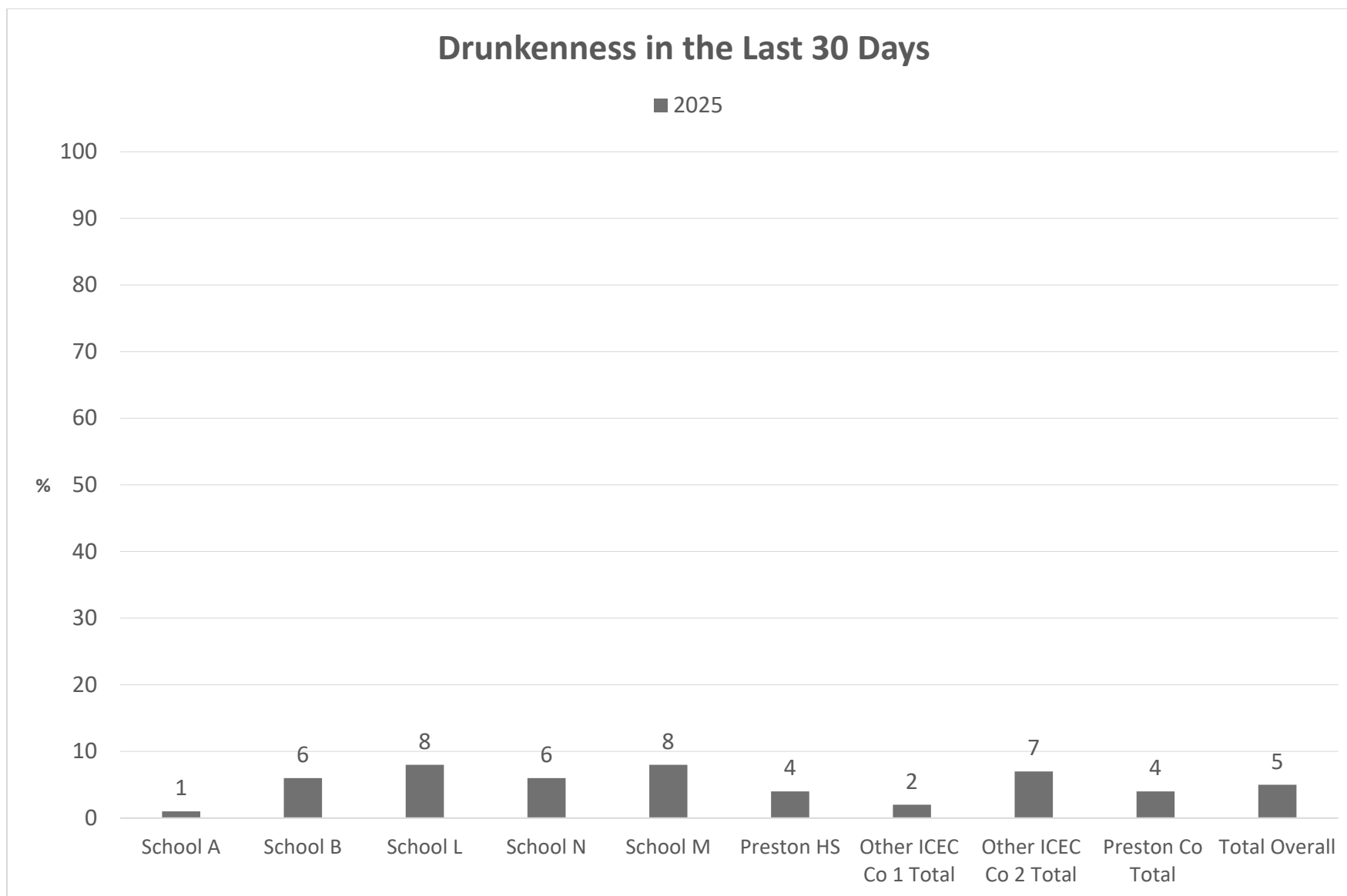


Figure 14. Students who have been drunk within the last 30 days

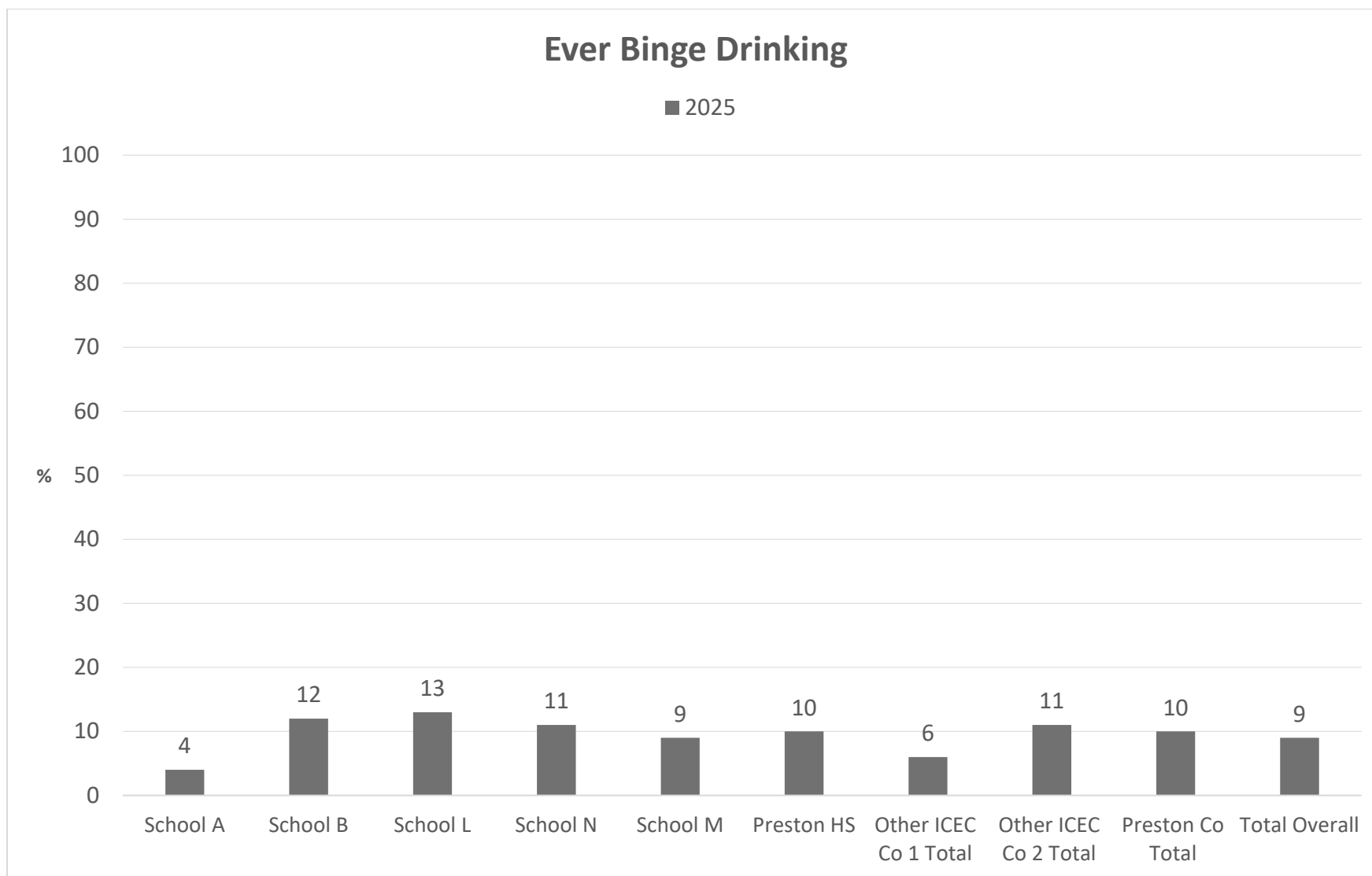


Figure 15. Students who have reported ever binge drinking (4x+ drinks in 1-2 hours)

Table 2. How Students Obtain Alcohol (Sometimes or Often)

	Buy them in a store	A family member gives them to me	A person 21 years or older and not in my family gives them to me	I take them from a store without paying	I take them from a family member without them knowing
School A (%)					
2025	0	1	0	1	1
School B (%)					
2025	4	5	7	5	6
School L (%)					
2025	6	8	8	5	6
School N (%)					
2025	5	6	5	5	5
School M (%)					
2025	7	5	8	4	4
Preston HS (%)					
2025	4	6	5	3	4
Other ICEC Co 1 Total (%)					
2025	1	2	2	2	2
Other ICEC Co 2 Total (%)					
2025	5	6	6	5	5
Preston Co Total (%)					
2025	4	5	5	4	4
Total Overall (%)					
2025	4	5	5	4	4

Table 3. Where Students Drink Alcohol (Sometimes or Often)

	In your home	In the home of others	In the shopping center	Outdoors: for example, in the street, in the park, etc.	In a club/bar/pub	In a school dance/ball	In a college dance/ball	In a youth club/center	During training or rehearsal tours/camps	Elsewhere
School A (%)										
2025	2	1	1	1	1	1	1	1	1	2
School B (%)										
2025	5	7	4	4	3	3	3	3	3	7
School L (%)										
2025	8	8	4	6	4	5	4	4	4	5
School N (%)										
2025	7	7	4	4	4	4	4	4	4	6
School M (%)										
2025	5	8	4	7	4	4	3	3	4	8
Preston HS (%)										
2025	6	6	3	3	3	2	2	2	2	4
Other ICEC Co 1 Total (%)										
2025	3	3	2	2	2	1	1	2	2	3
Other ICEC Co 2 Total (%)										
2025	7	7	4	5	4	4	4	4	4	6
Preston Co Total (%)										
2025	6	5	2	3	3	2	2	2	2	4
Total Overall (%)										
2025	5	5	3	4	3	3	3	3	3	5

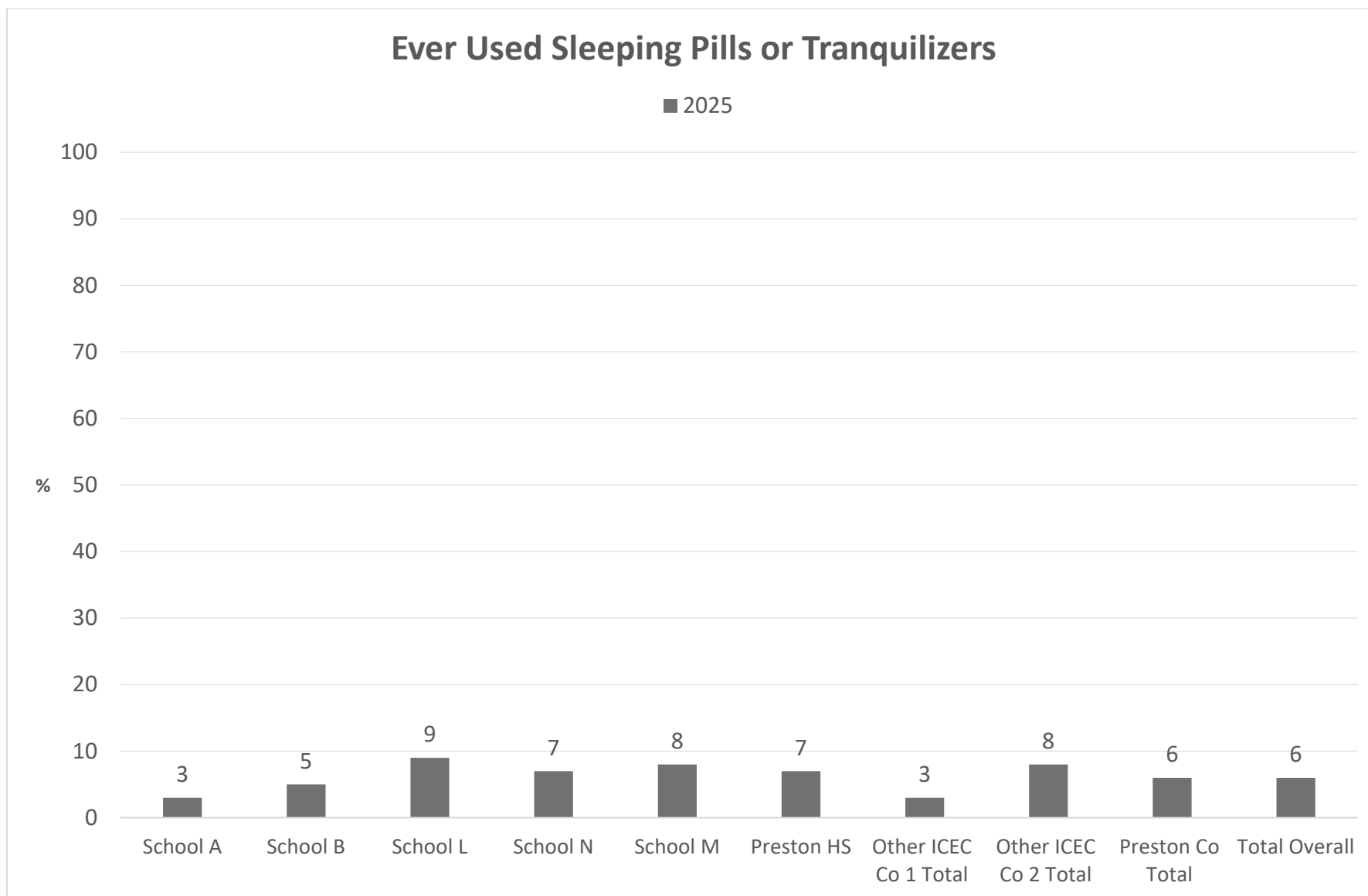


Figure 16. Frequency of students who have ever used sleeping pills or tranquilizer medicine, not Melatonin

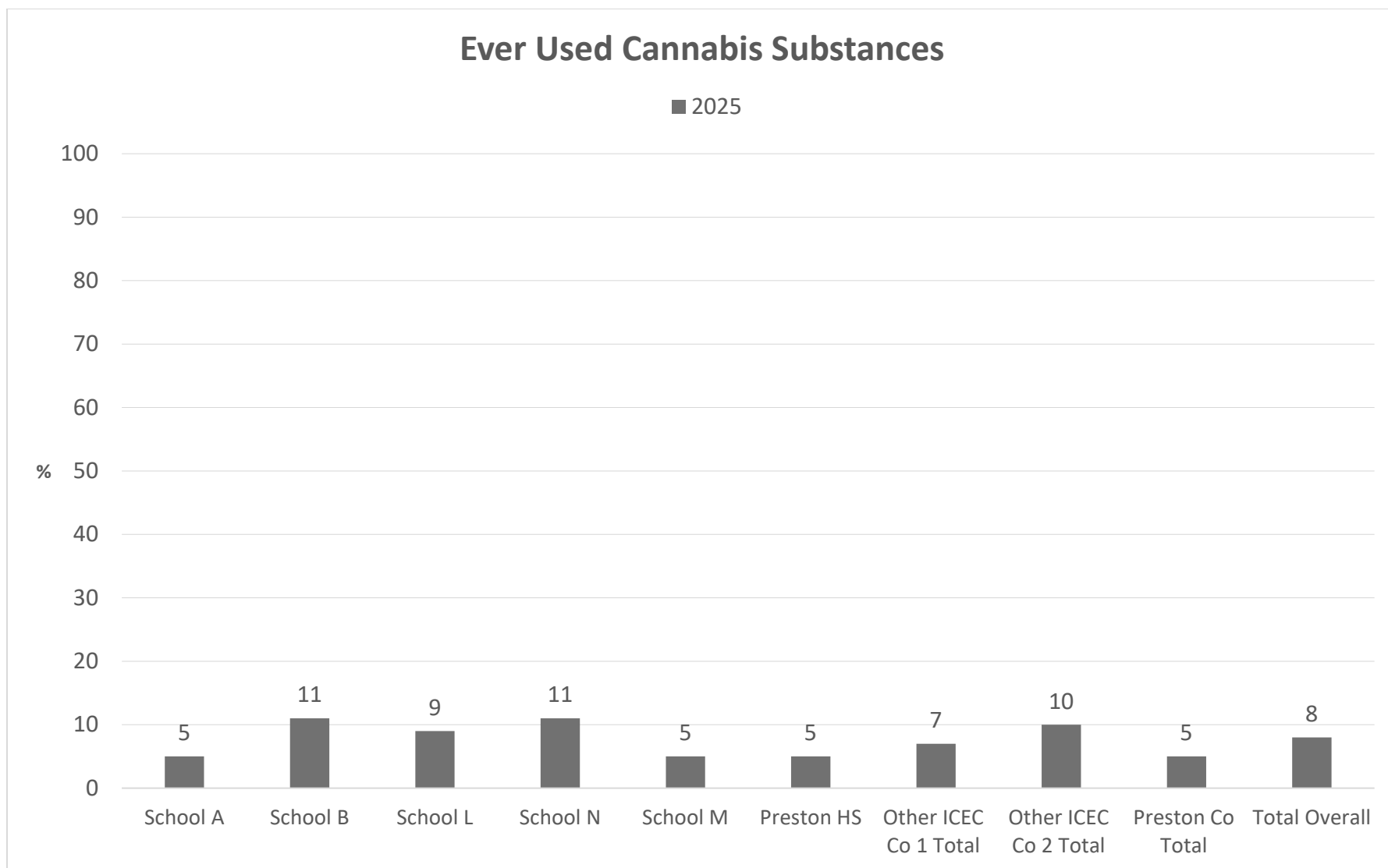


Figure 17. Frequency of students who have ever used cannabis substances

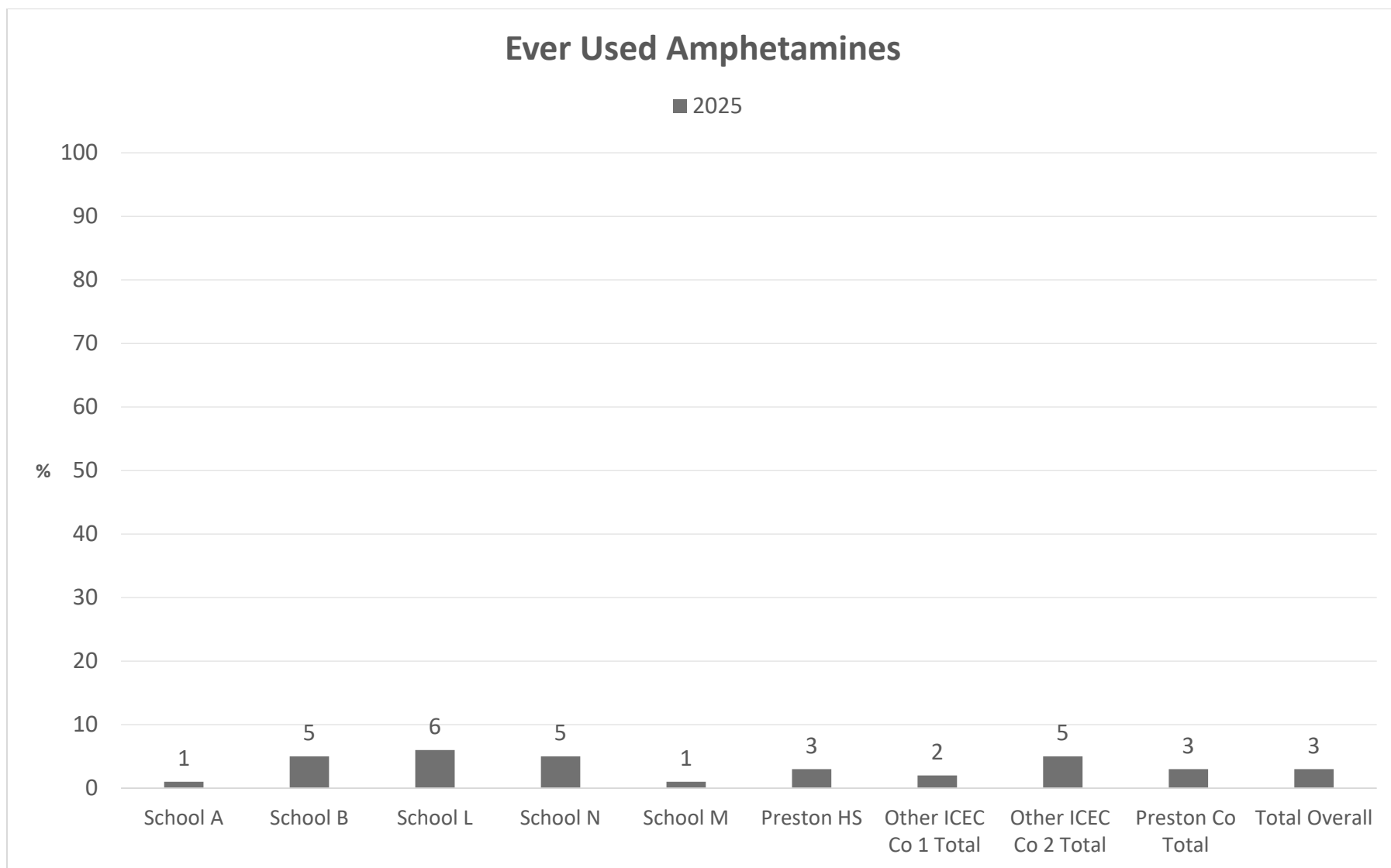


Figure 18. Frequency of students who have ever used amphetamines

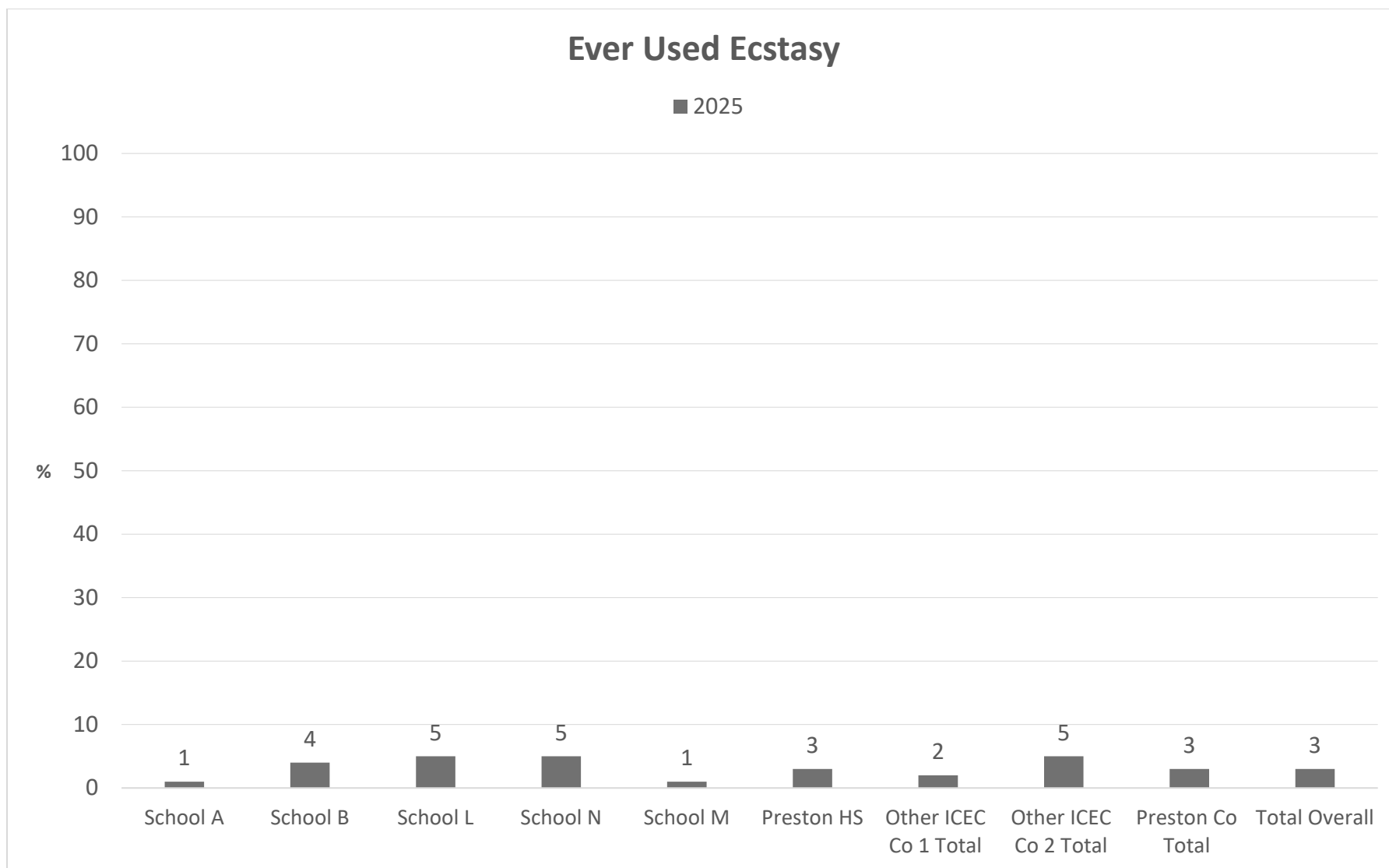


Figure 19. Frequency of students who have ever used ecstasy

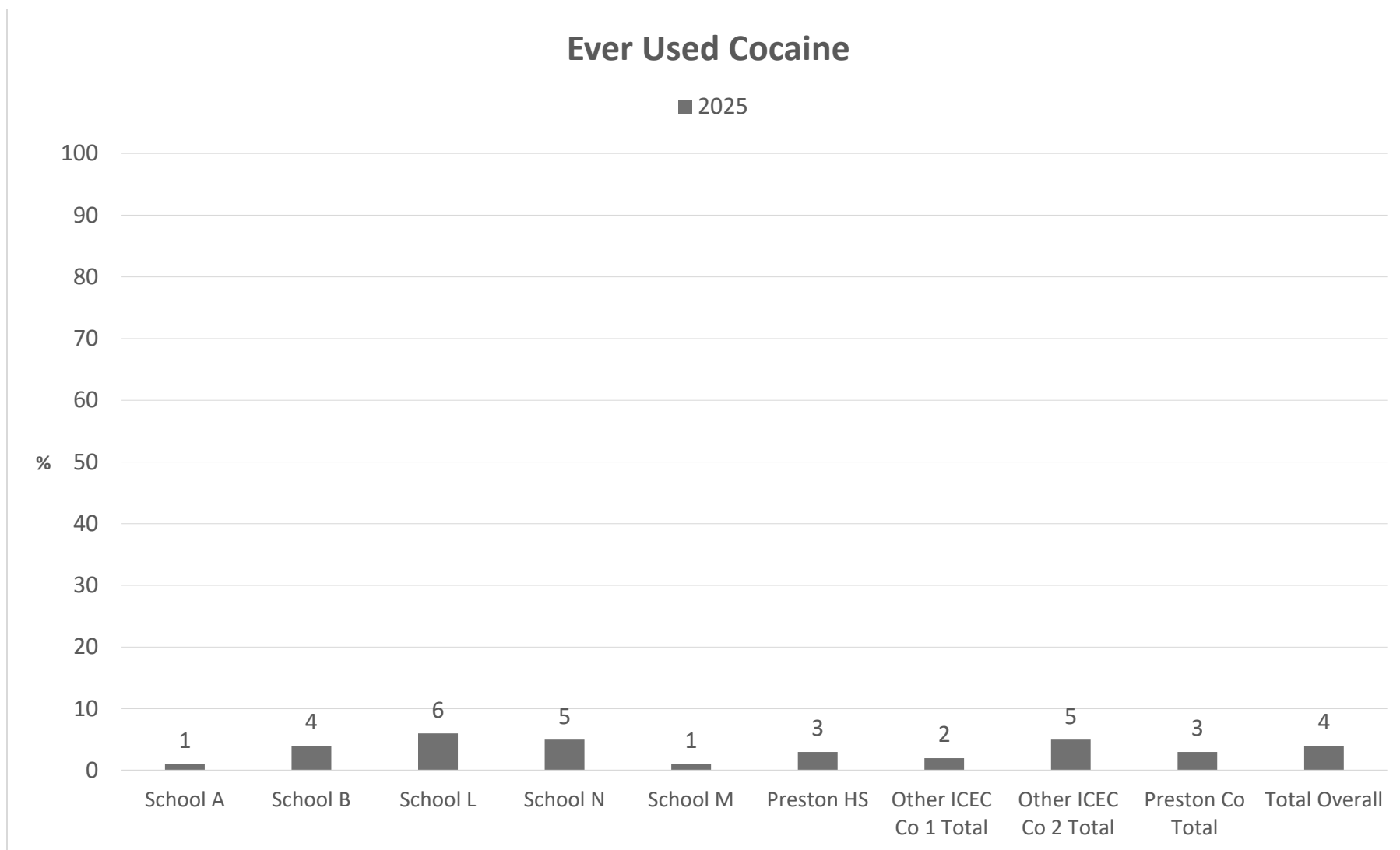


Figure 20. Frequency of students who have ever used cocaine

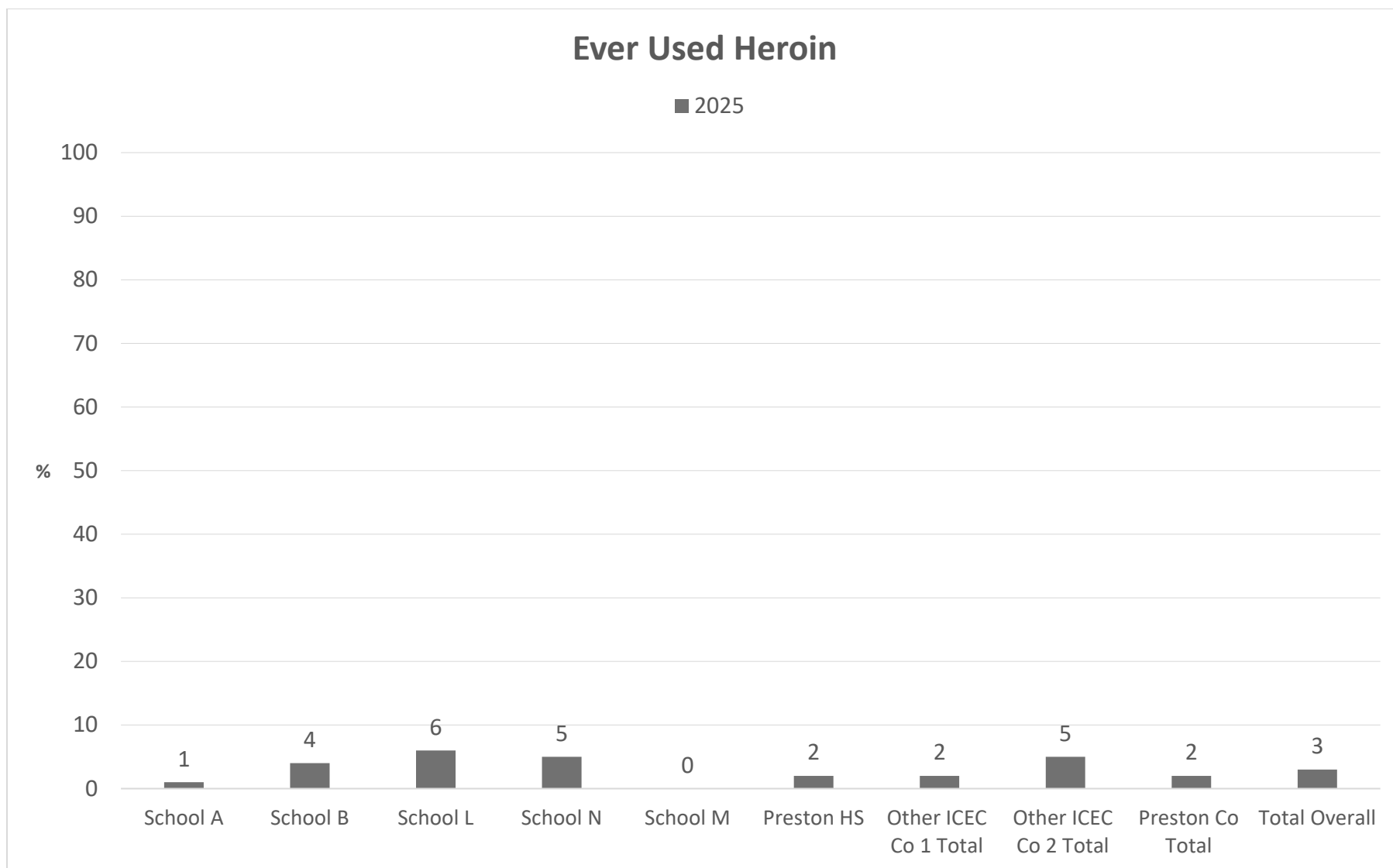


Figure 21. Frequency of students who have ever used heroin

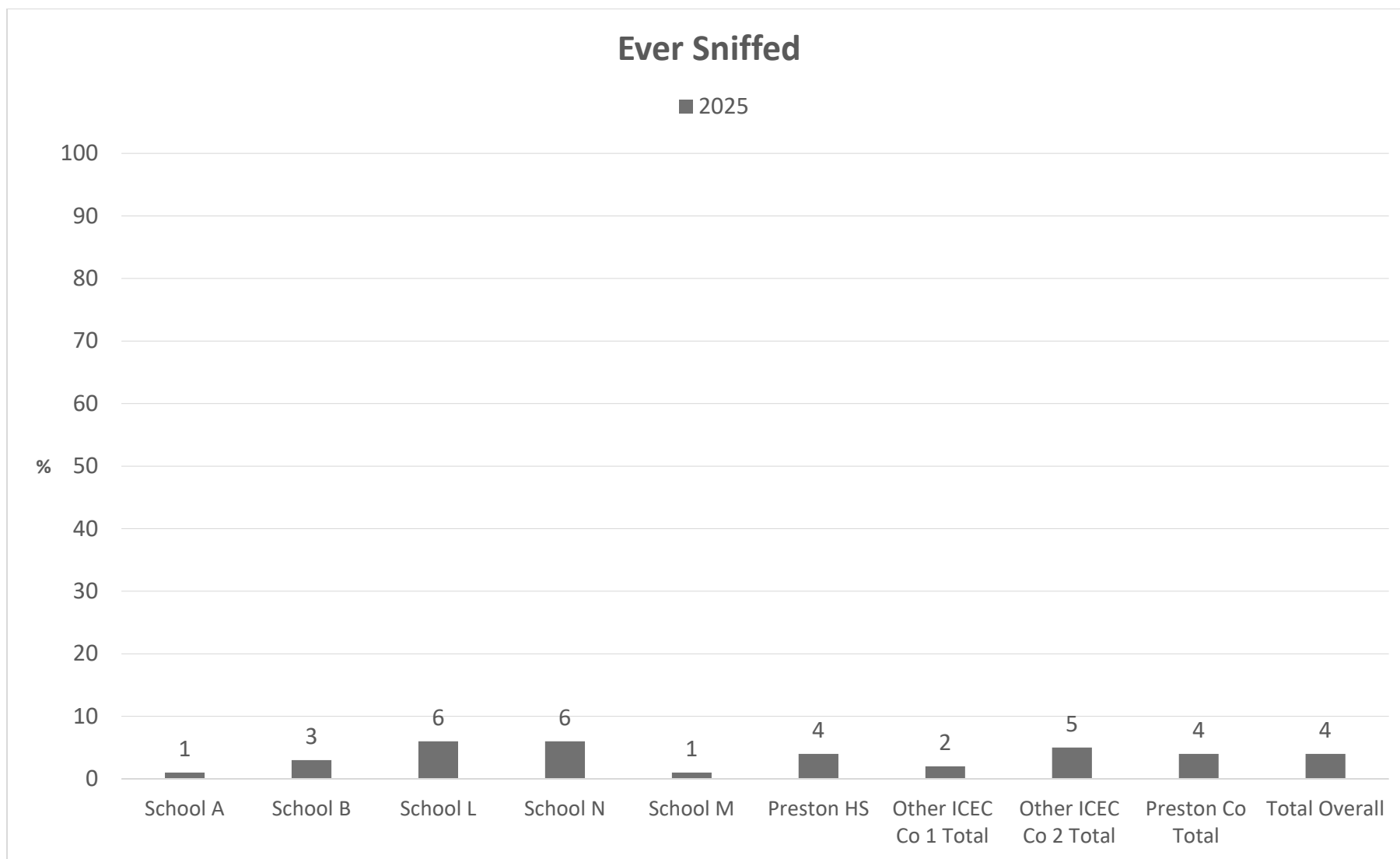


Figure 22. Frequency of students who have ever used sniffing glue

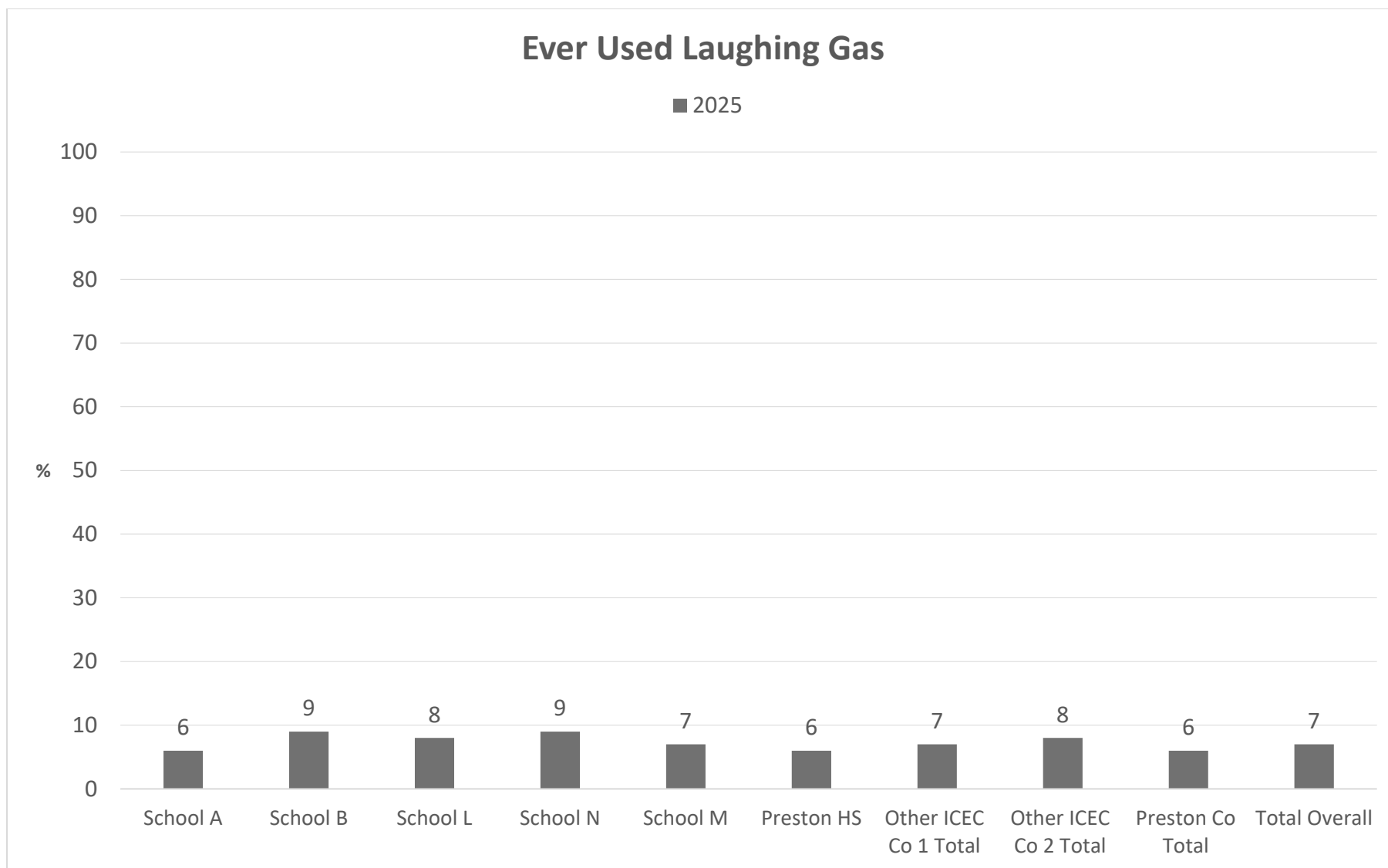


Figure 23. Frequency of students who have ever used laughing gas

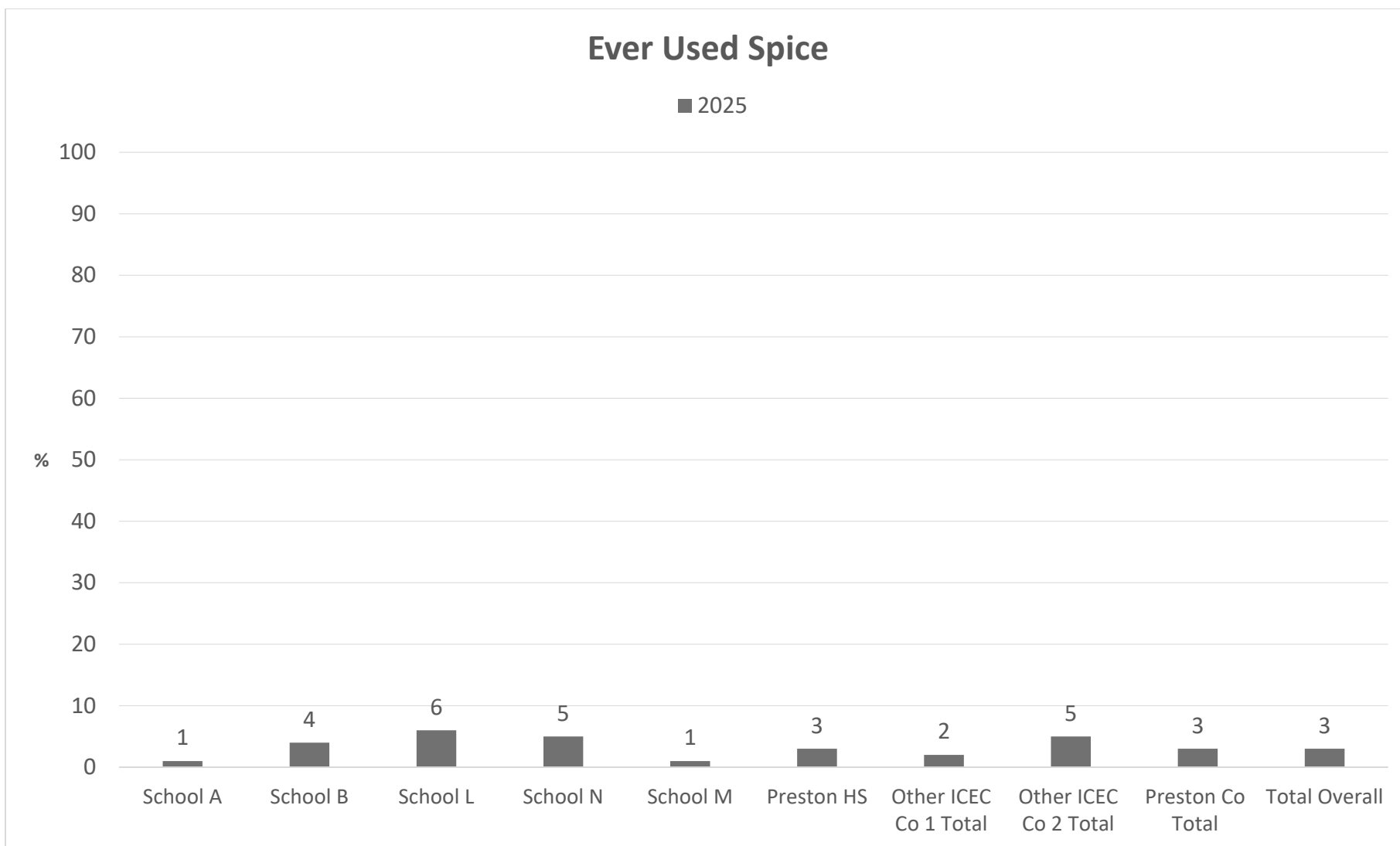


Figure 24. Frequency of students who have ever used spice

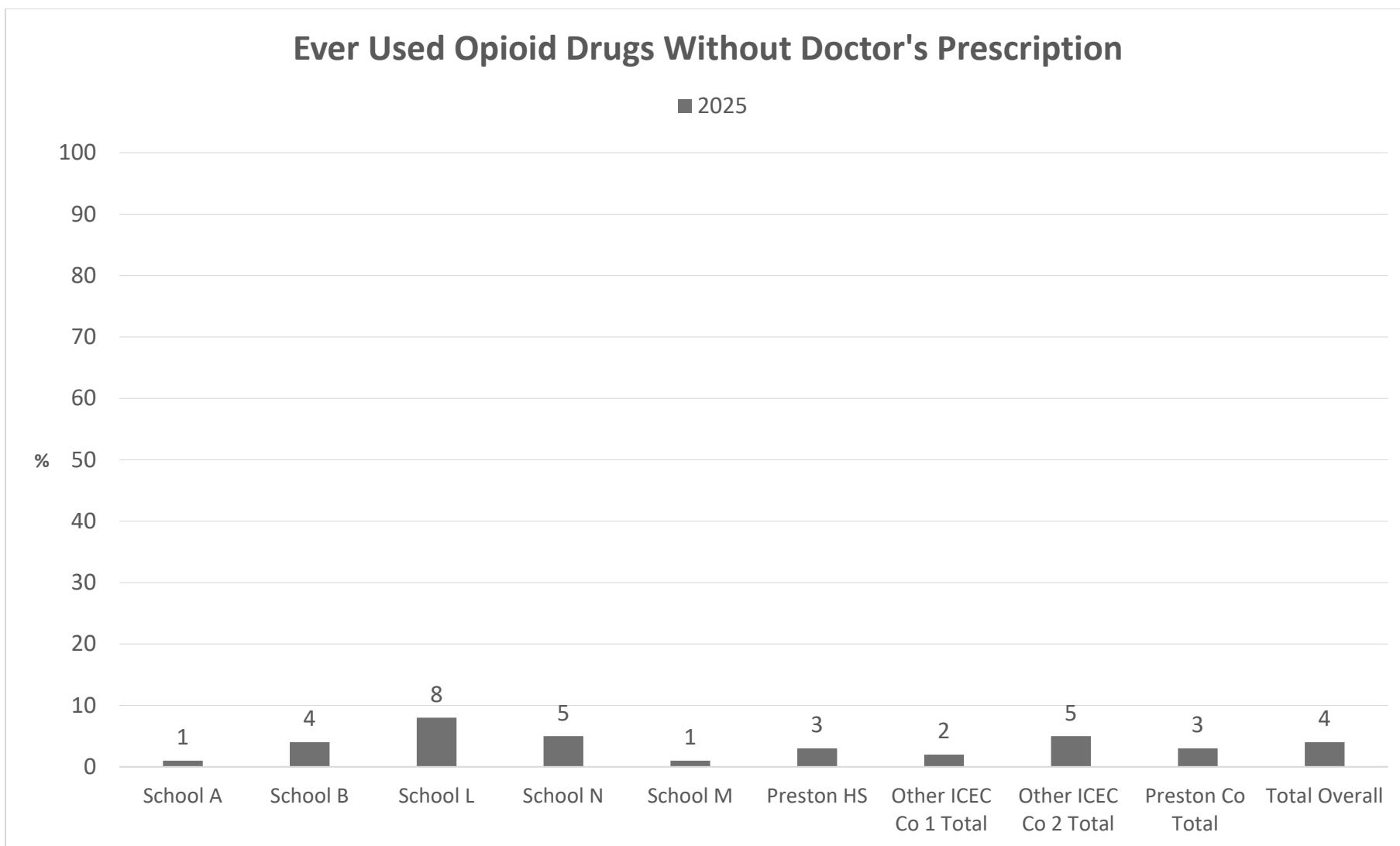


Figure 25. Frequency of students who have ever used opioids without a doctor's prescription

Table 4. Frequency of students who were 13 years old or younger when they tried the following substances for the first time:

	Alcohol	Got drunk	Smoked cigarettes	Used e-cigarettes/ vaping devices	Cannabis
School A (%)					
2025	7	3	6	5	2
School B (%)					
2025	14	6	9	10	8
School L (%)					
2025	10	5	6	7	4
School N (%)					
2025	14	6	9	11	6
School M (%)					
2025	12	3	11	12	5
Preston HS (%)					
2025	14	6	6	7	4
Other ICEC Co 1 Total (%)					
2025	9	4	7	7	4
Other ICEC Co 2 Total (%)					
2025	13	5	8	10	5
Preston Co Total (%)					
2025	14	6	6	7	4
Total Overall (%)					
2025	12	5	7	8	4

Section 2: Risk and protective factors
Results: Parents/Caregivers

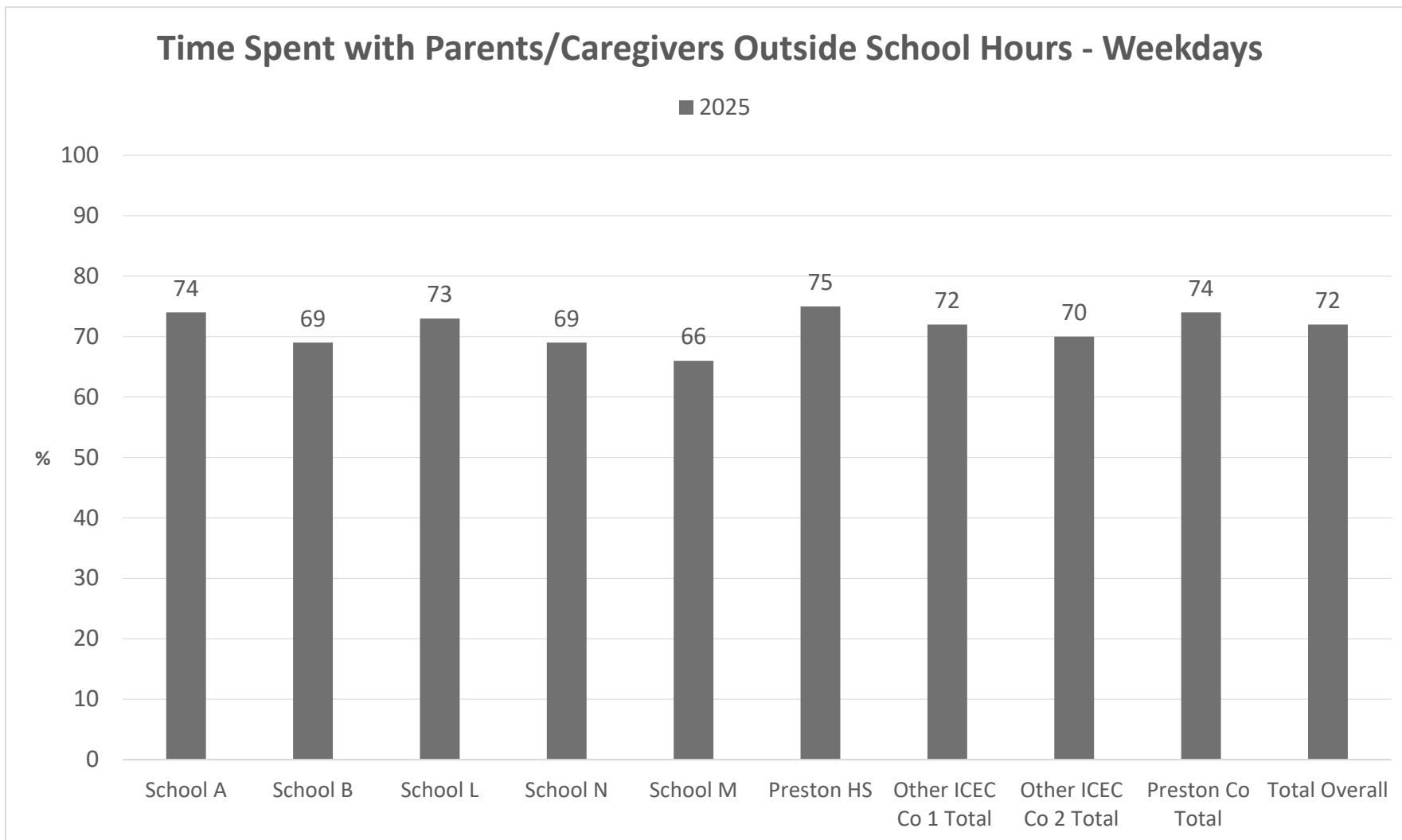


Figure 26. Time spent with parents/caregivers outside school hours on weekdays – “Often” + “Almost Always”

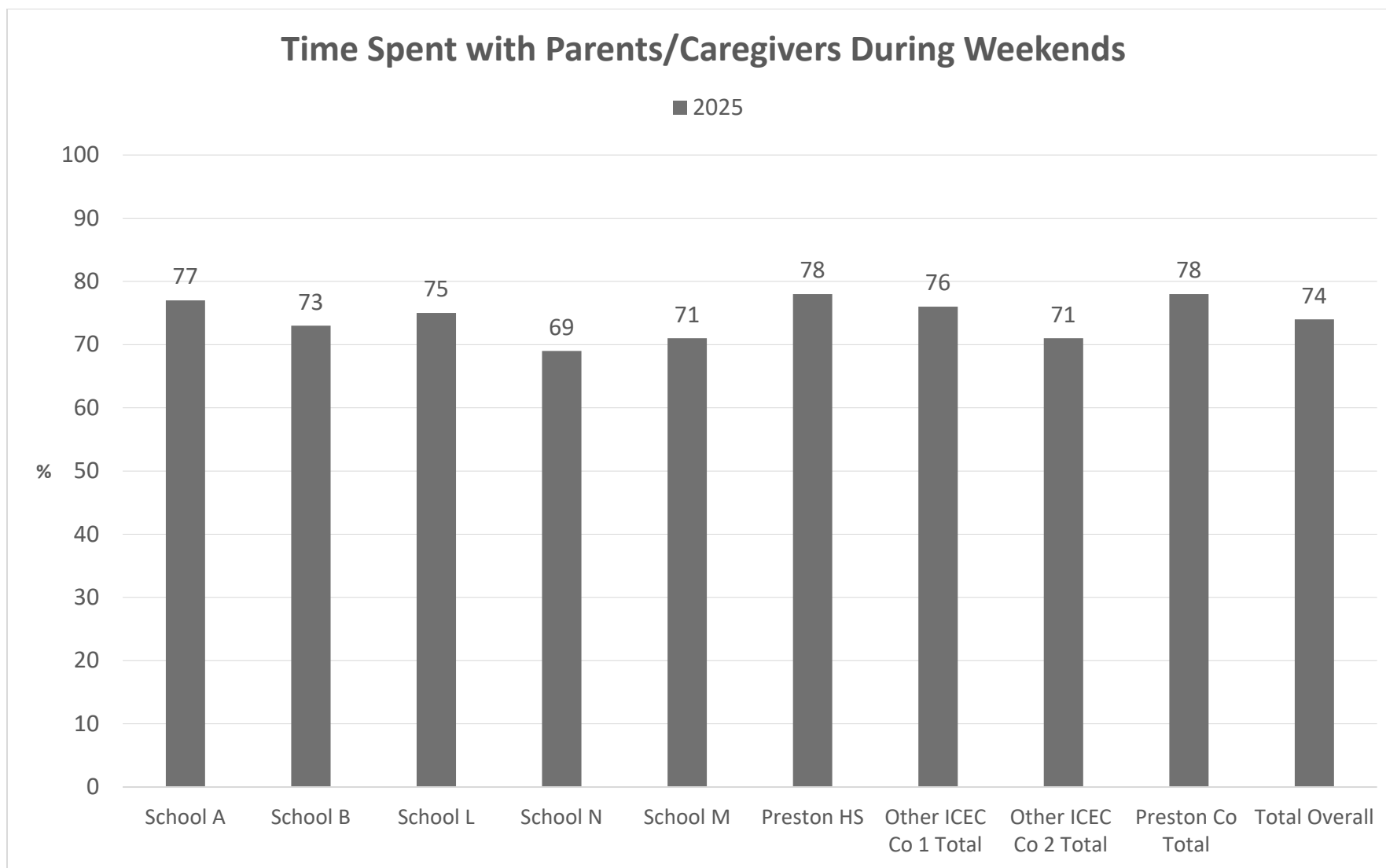


Figure 27. Time spent with parents/caregivers on weekends- “Often” + “Almost Always”

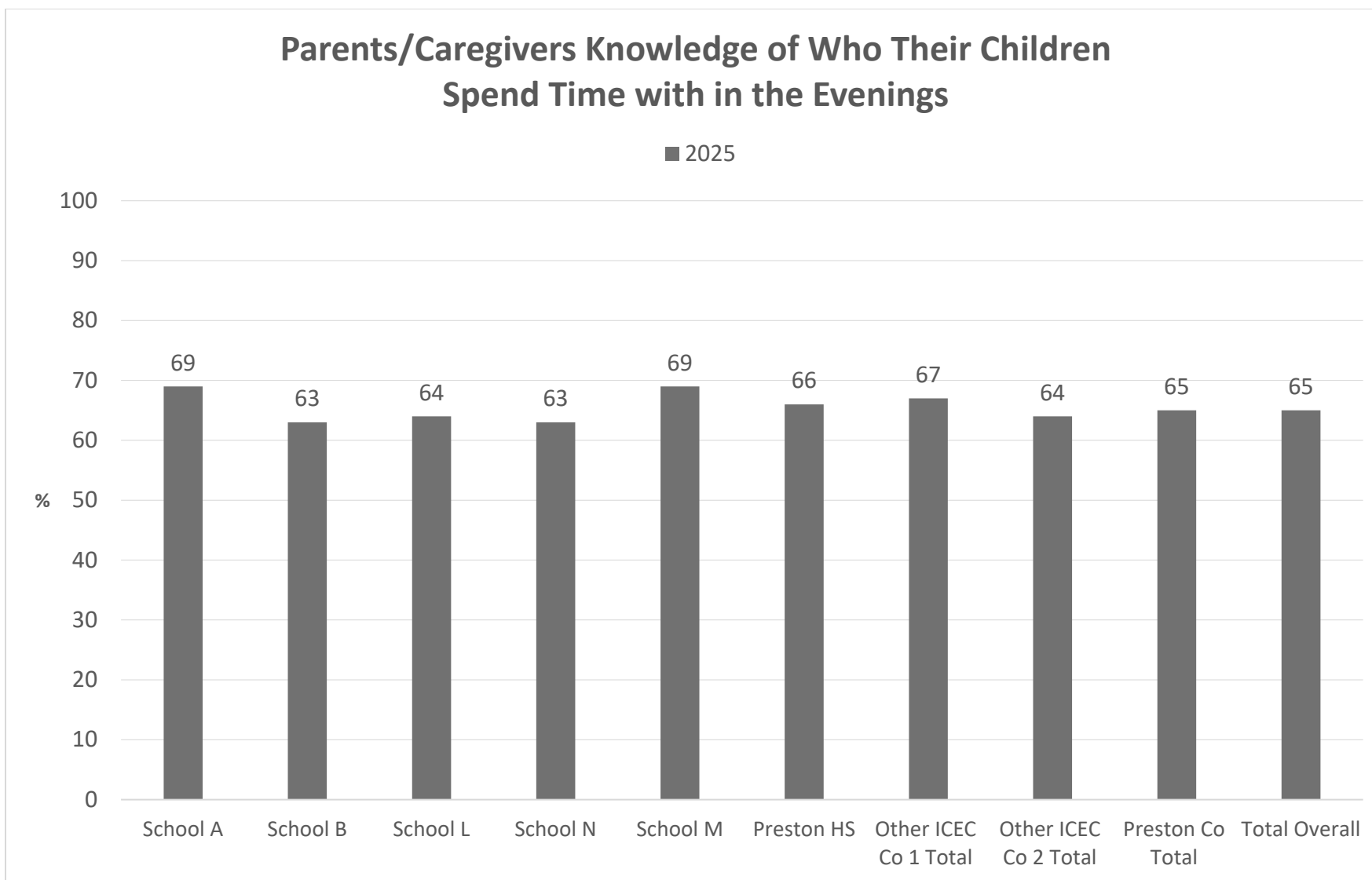


Figure 28. Parents/caregivers know whom I am with in the evenings – “Applies very well to me”

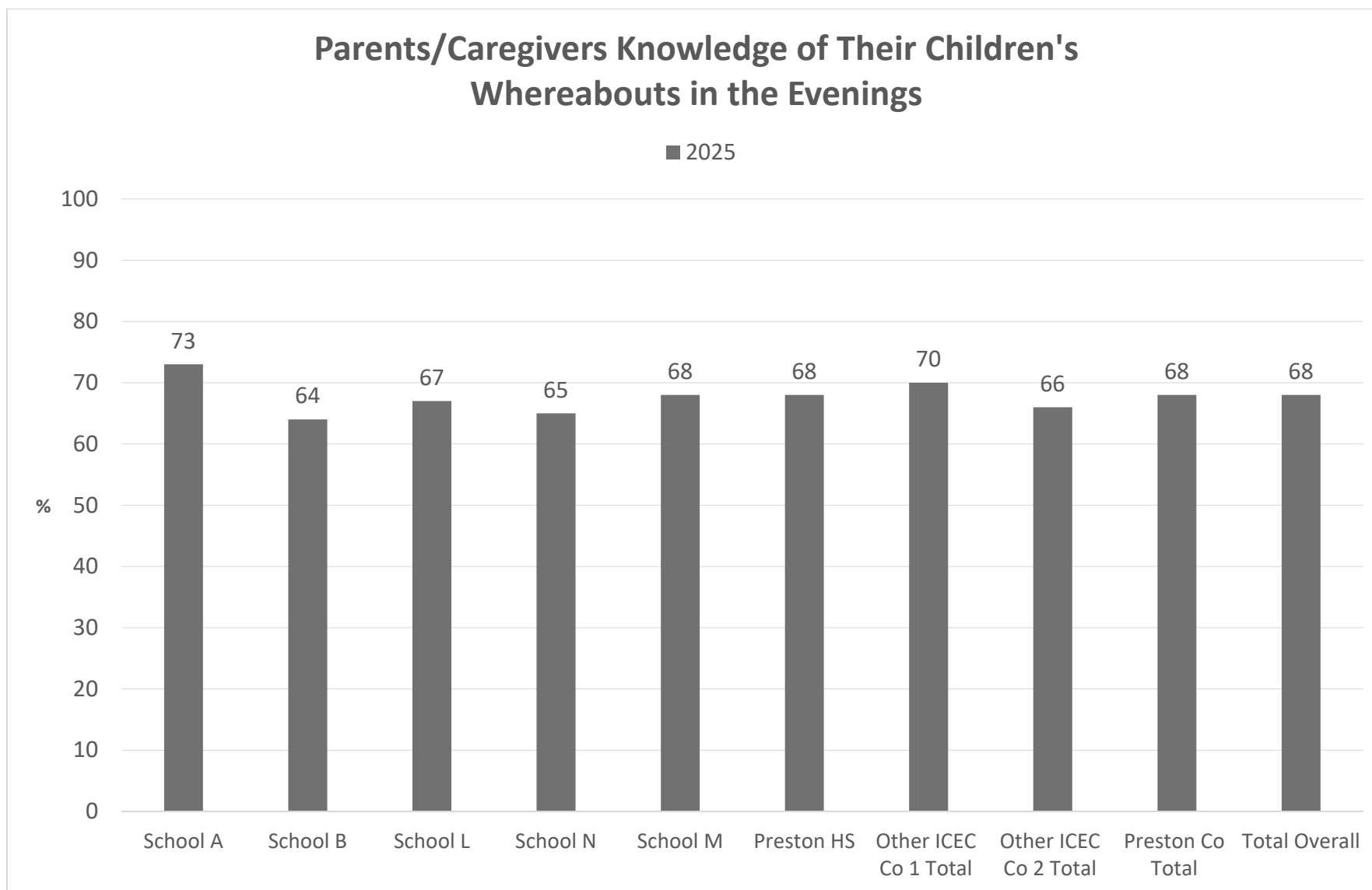


Figure 29. Parents/caregivers knowledge of student location in the evenings – “Applies very well to me”

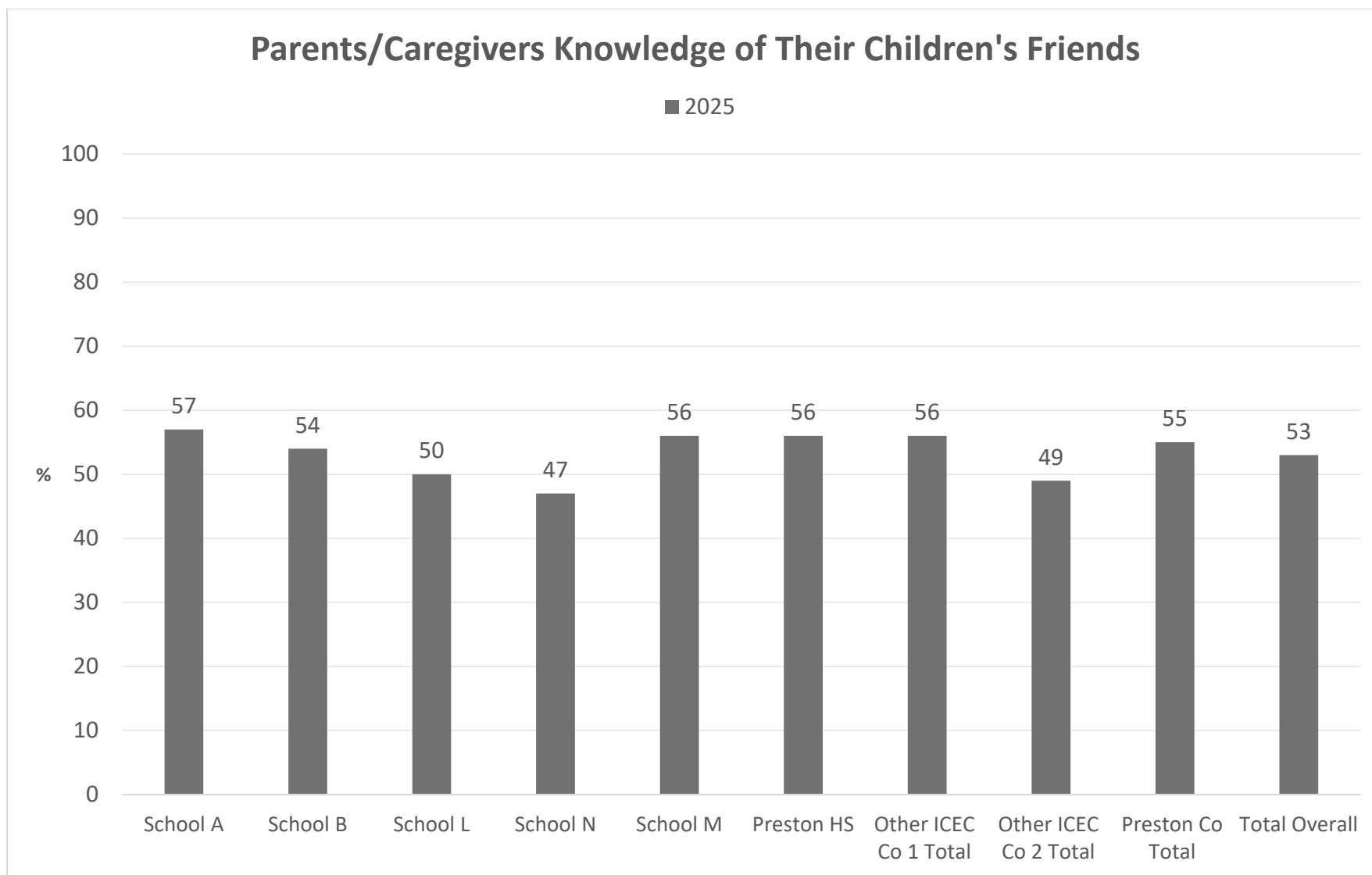


Figure 30. Parents/caregivers knowledge of students' friends – "Applies very well to me"

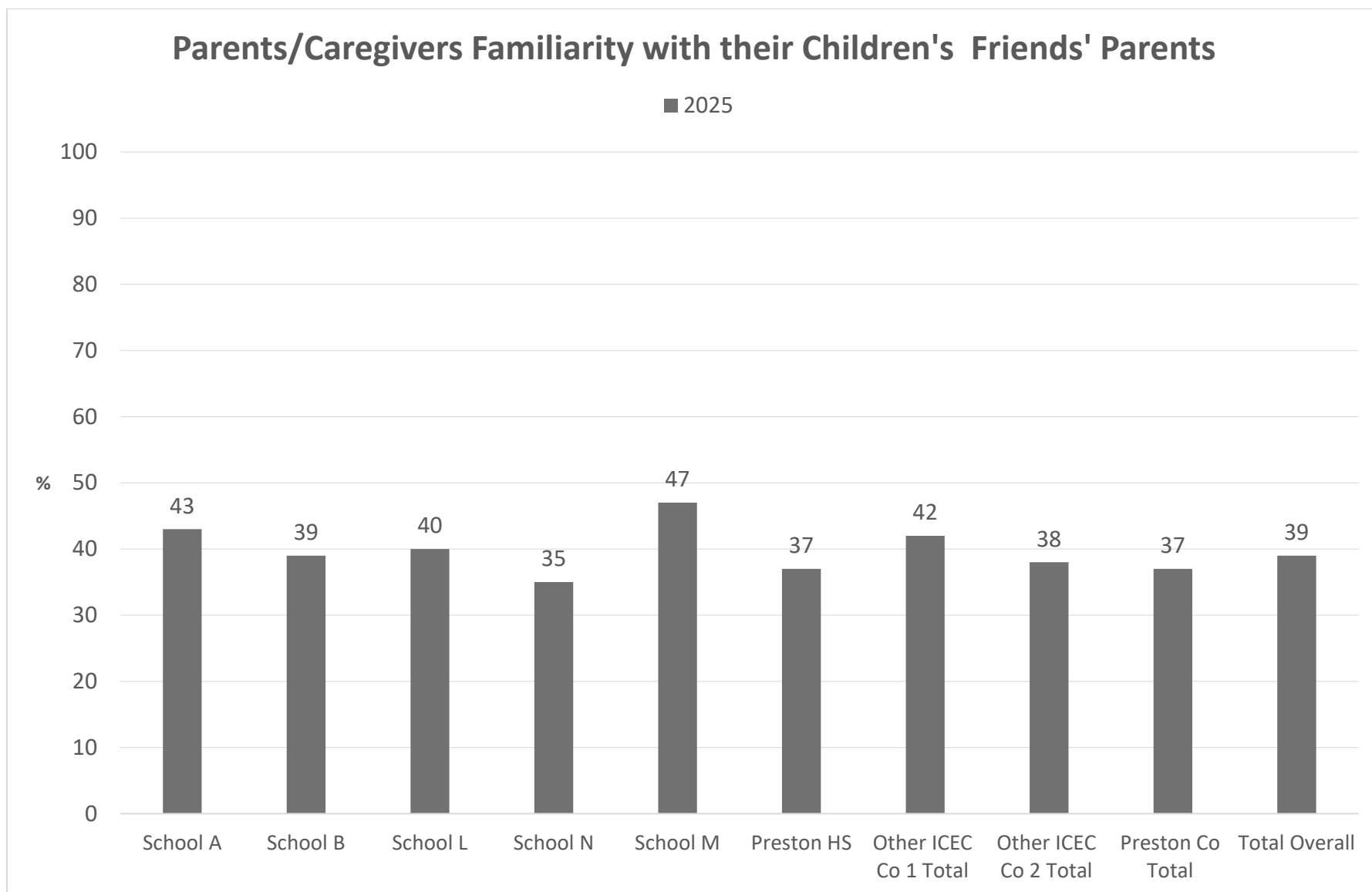


Figure 31. Parent/Caregivers familiarity with students' friends' parents – “Applies very well to me”

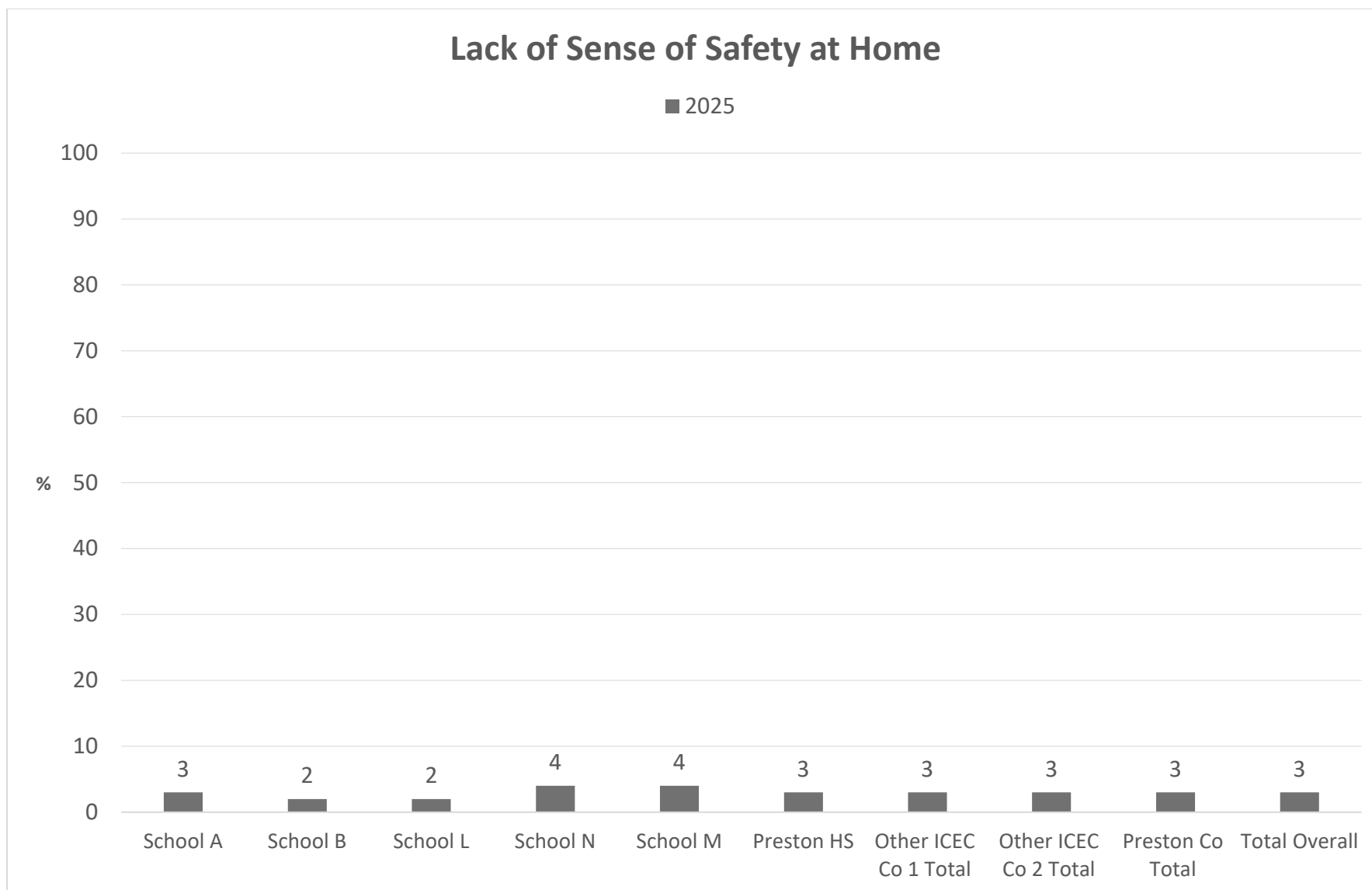


Figure 32. Student feelings of safety at home – “Almost Never” + “Rarely”

Table 5. Do Any of the Following People Smoke Tobacco or Vape on a Daily Basis? (%)

	Father	Mother
School A (%)		
2025	28	28
School B (%)		
2025	33	35
School L (%)		
2025	21	23
School N (%)		
2025	29	28
School M (%)		
2025	33	33
Preston HS (%)		
2025	28	25
Other ICEC Co 1 Total (%)		
2025	29	30
Other ICEC Co 2 Total (%)		
2025	28	27
Preston Co Total (%)		
2025	28	26
Total Overall (%)		
2025	28	28

Table 6. Do Any of the Following People Get Drunk at least on a Weekly Basis? (%)

	Father	Mother
School A (%)		
2025	5	2
School B (%)		
2025	3	2
School L (%)		
2025	5	5
School N (%)		
2025	7	5
School M (%)		
2025	14	4
Preston HS (%)		
2025	8	3
Other ICEC Co 1 Total (%)		
2025	5	2
Other ICEC Co 2 Total (%)		
2025	7	5
Preston Co Total (%)		
2025	8	3
Total Overall (%)		
2025	7	3

Table 7. Do any of the following people use marijuana at least once per week? (%)

	Father	Mother
School A (%)		
2025	2	3
School B (%)		
2025	4	5
School L (%)		
2025	5	4
School N (%)		
2025	7	7
School M (%)		
2025	9	2
Preston HS (%)		
2025	4	2
Other ICEC Co 1 Total (%)		
2025	3	4
Other ICEC Co 2 Total (%)		
2025	7	6
Preston Co Total (%)		
2025	4	3
Total Overall (%)		
2025	5	4

Table 8. How do you think your parents would react if you did any of the following? (They would not care) (%)

	Smoked Cigarettes	Became Drunk	Smoked Marijuana/ Cannabis	Used E-cigarettes or Vaping Devices	Used snuff, chewing tobacco or other tobacco (nicotine pouches) inserted into the mouth
School A (%)					
2025	2	2	2	2	2
School B (%)					
2025	4	4	4	5	4
School L (%)					
2025	1	2	3	2	2
School N (%)					
2025	3	4	4	4	4
School M (%)					
2025	9	4	4	5	1
Preston HS (%)					
2025	2	3	2	2	2
Other ICEC Co 1 Total (%)					
2025	3	3	3	3	3
Other ICEC Co 2 Total (%)					
2025	3	3	4	4	3
Preston Co Total (%)					
2025	2	4	3	3	3
Total Overall (%)					
2025	3	3	3	3	3

Results: Peer group

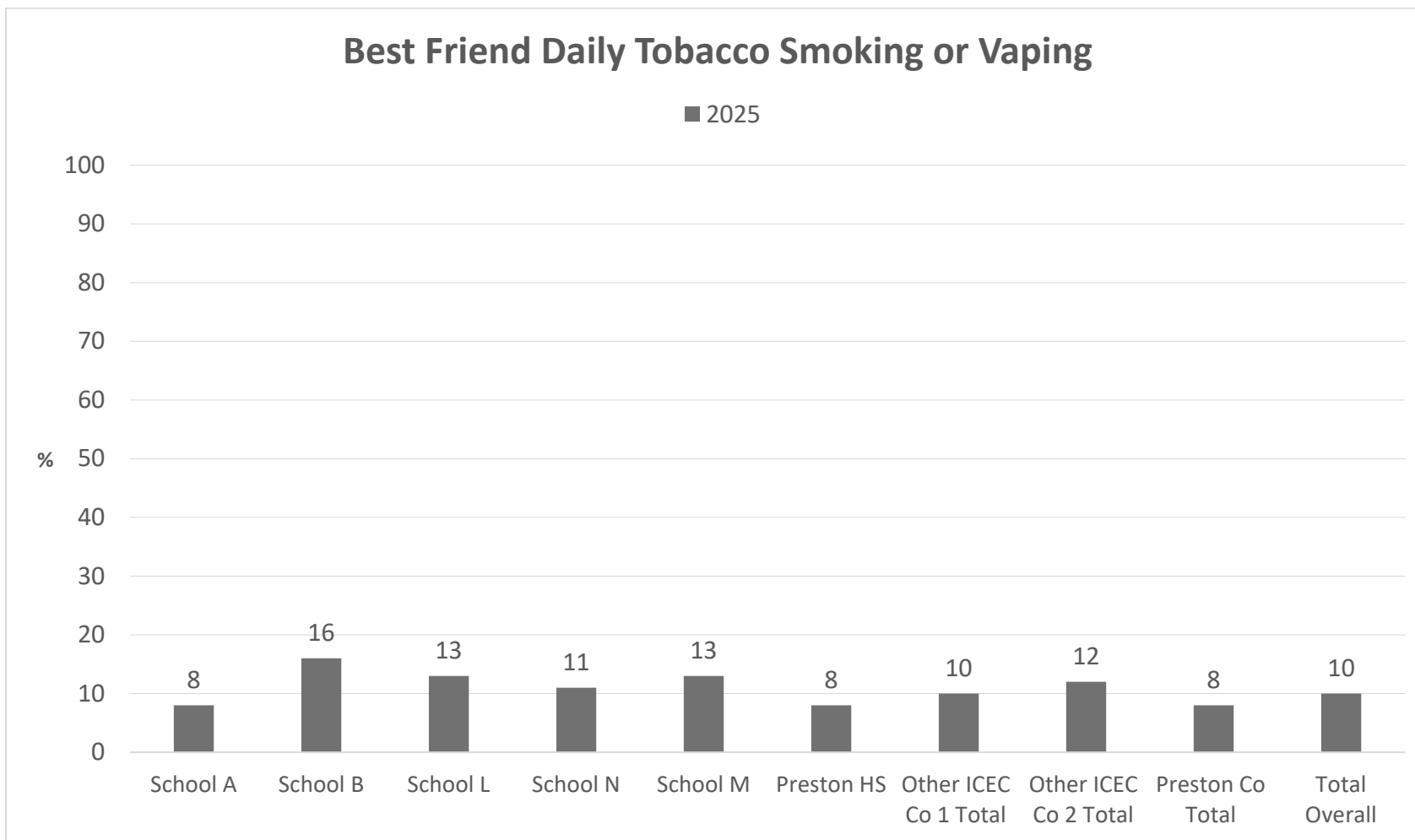


Figure 33. Best Friend Smokes Tobacco or uses Vaping Devices on a Daily Basis – “yes”

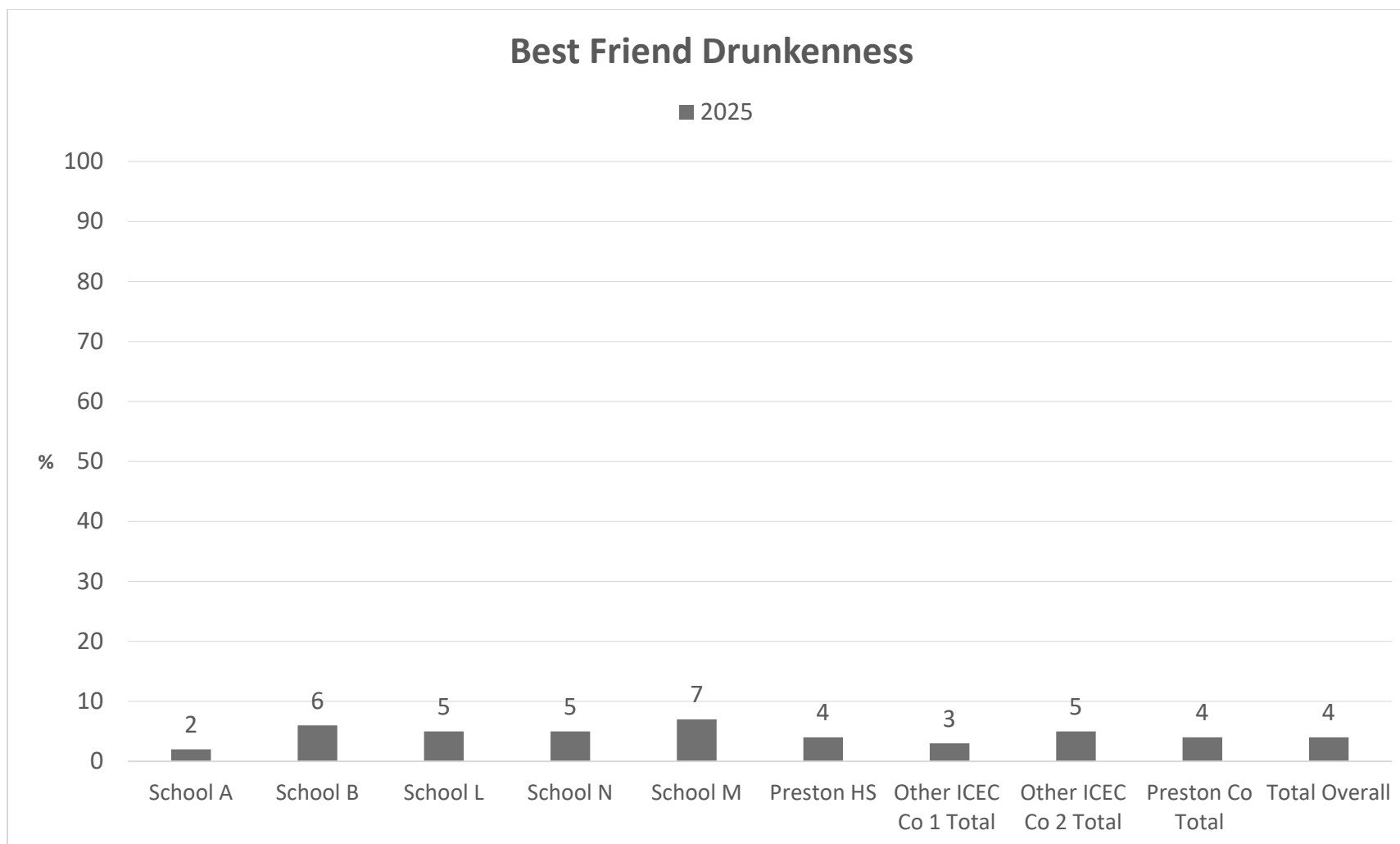


Figure 34. Best Friend Gets Drunk on a Weekly Basis – “yes”

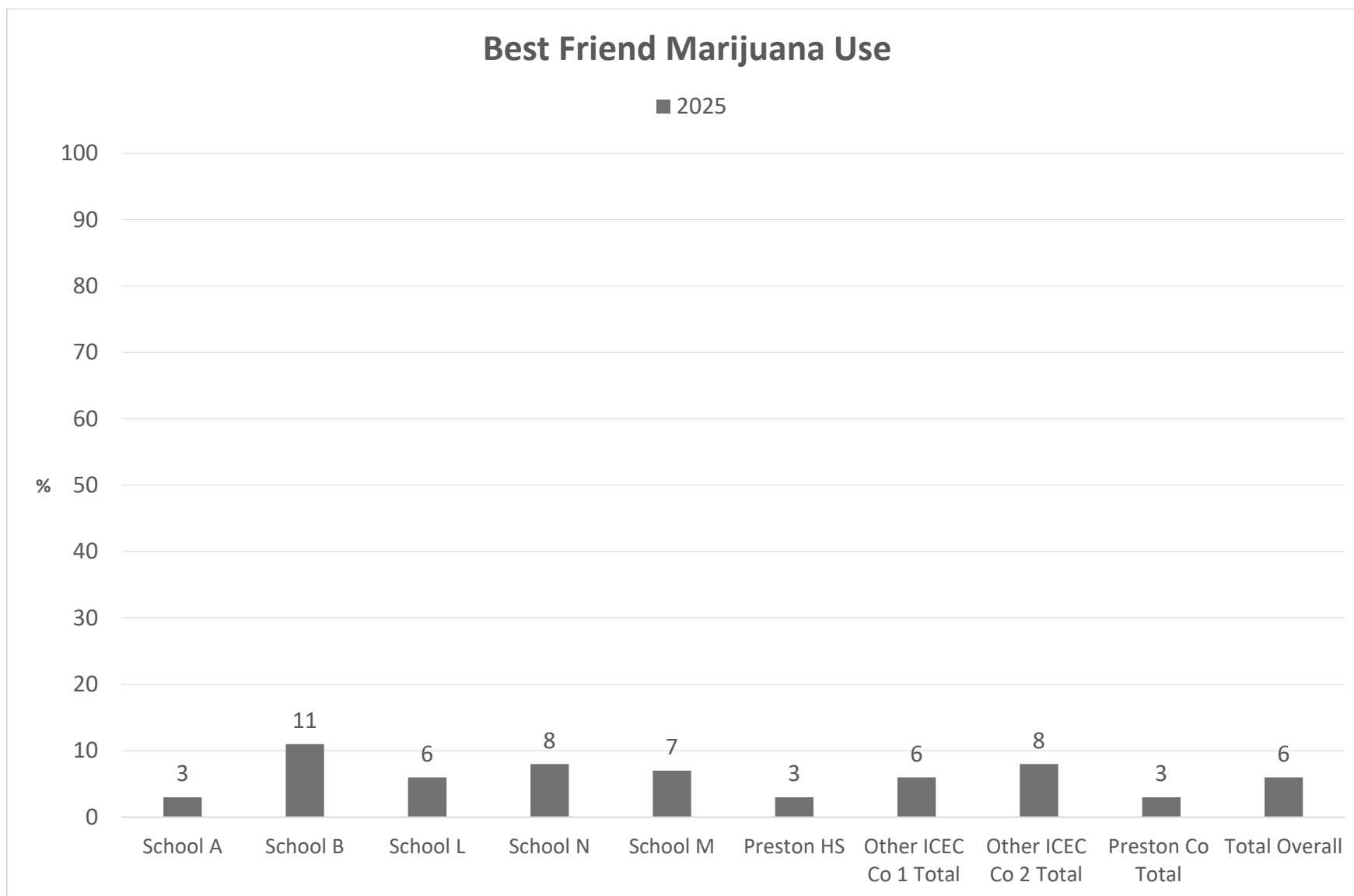


Figure 35. Best Friend Smokes Marijuana on a Weekly Basis – “yes”

Table 9. Friends' substance use and delinquent behaviors ("Most" + "All") (%)

	Smoke cigarettes	Use Vape Products	Drink alcoholic beverages	Get drunk at least once a week	Smoke marijuana or Use other Cannabis Products	Get bad grades in school	Skip classes or school	Get in trouble at school
School A (%)								
2025	2	5	3	2	3	5	2	3
School B (%)								
2025	7	13	9	7	11	8	6	5
School L (%)								
2025	7	11	11	7	9	7	8	9
School N (%)								
2025	6	10	8	6	7	8	6	8
School M (%)								
2025	5	11	10	9	6	12	6	8
Preston HS (%)								
2025	3	4	6	4	3	6	5	6
Other ICEC Co 1 Total (%)								
2025	4	7	5	3	5	5	3	4
Other ICEC Co 2 Total (%)								
2025	6	10	9	7	8	8	6	8
Preston Co Total (%)								
2025	3	4	6	4	3	6	5	6
Total Overall (%)								
2025	4	8	7	5	6	7	5	6

Table 10. Perceived peer respect for the following activities – (“Increases Respect a lot” + “Increases Respect Somewhat”) (%)

	Do well in school	“Skip” or cut classes	Do well in sports	Drink alcohol	Smoke cigarettes	Use Vape Products	Use other Cannabis Products	Smoke marijuana	Be against the rules of adults	Steal from shops
School A (%)										
2025	63	7	60	6	5	6	5	5	10	4
School B (%)										
2025	65	12	61	7	7	7	7	6	9	3
School L (%)										
2025	60	16	58	16	13	14	14	14	17	15
School N (%)										
2025	56	13	50	11	11	12	12	12	13	10
School M (%)										
2025	78	15	72	19	16	15	16	16	19	13
Preston HS (%)										
2025	63	8	52	8	7	7	8	8	11	7
Other ICEC Co 1 Total (%)										
2025	63	8	60	6	6	6	6	5	10	4
Other ICEC Co 2 Total (%)										
2025	59	14	54	13	12	13	13	13	14	11
Preston Co Total (%)										
2025	63	8	52	8	7	7	8	8	11	6
Total Overall (%)										
2025	62	10	56	9	9	9	9	9	12	7

Results: School

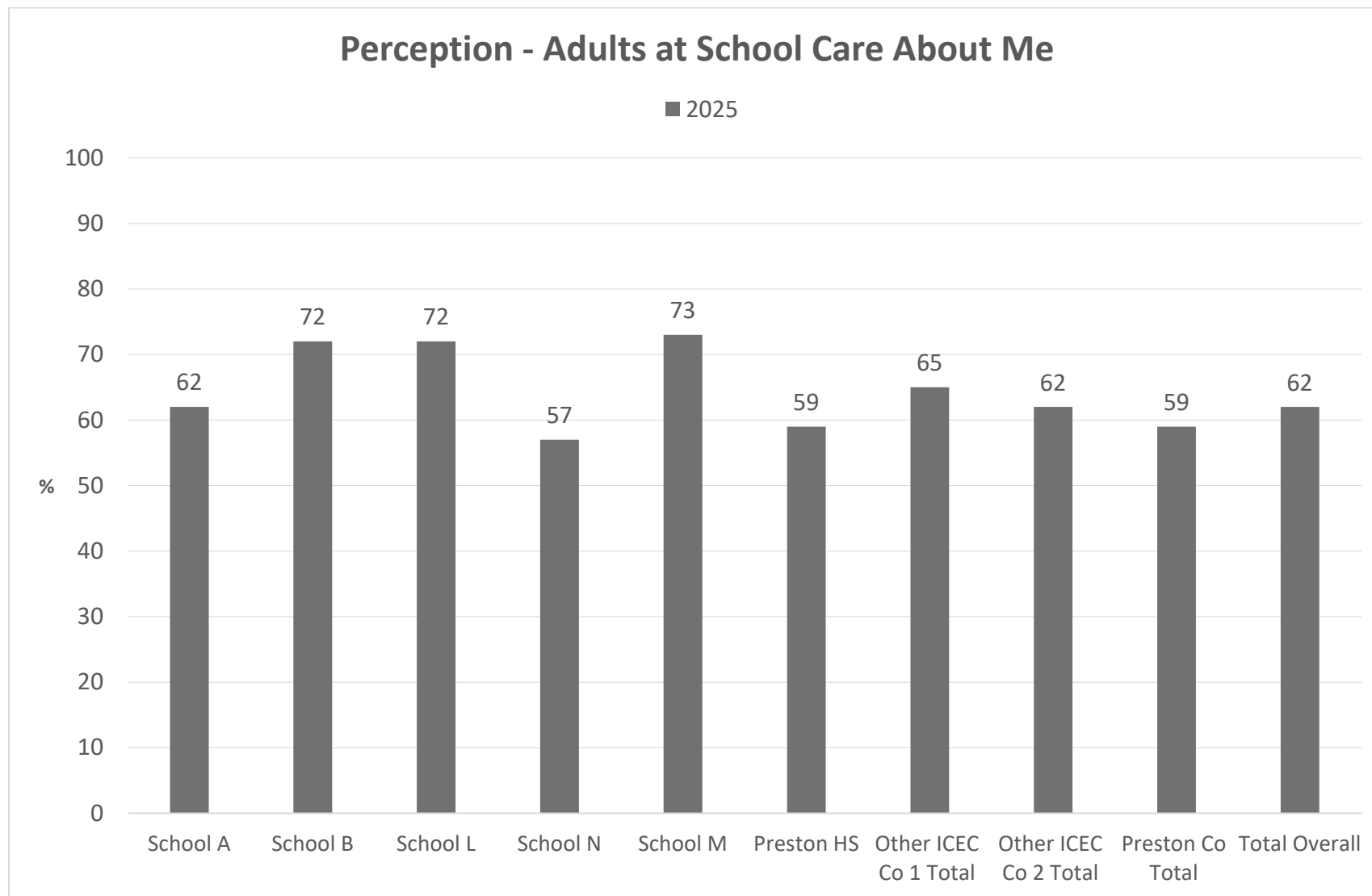


Figure 36. Perception that adults at my school care about me – “Strongly Agree” + “Somewhat Agree”

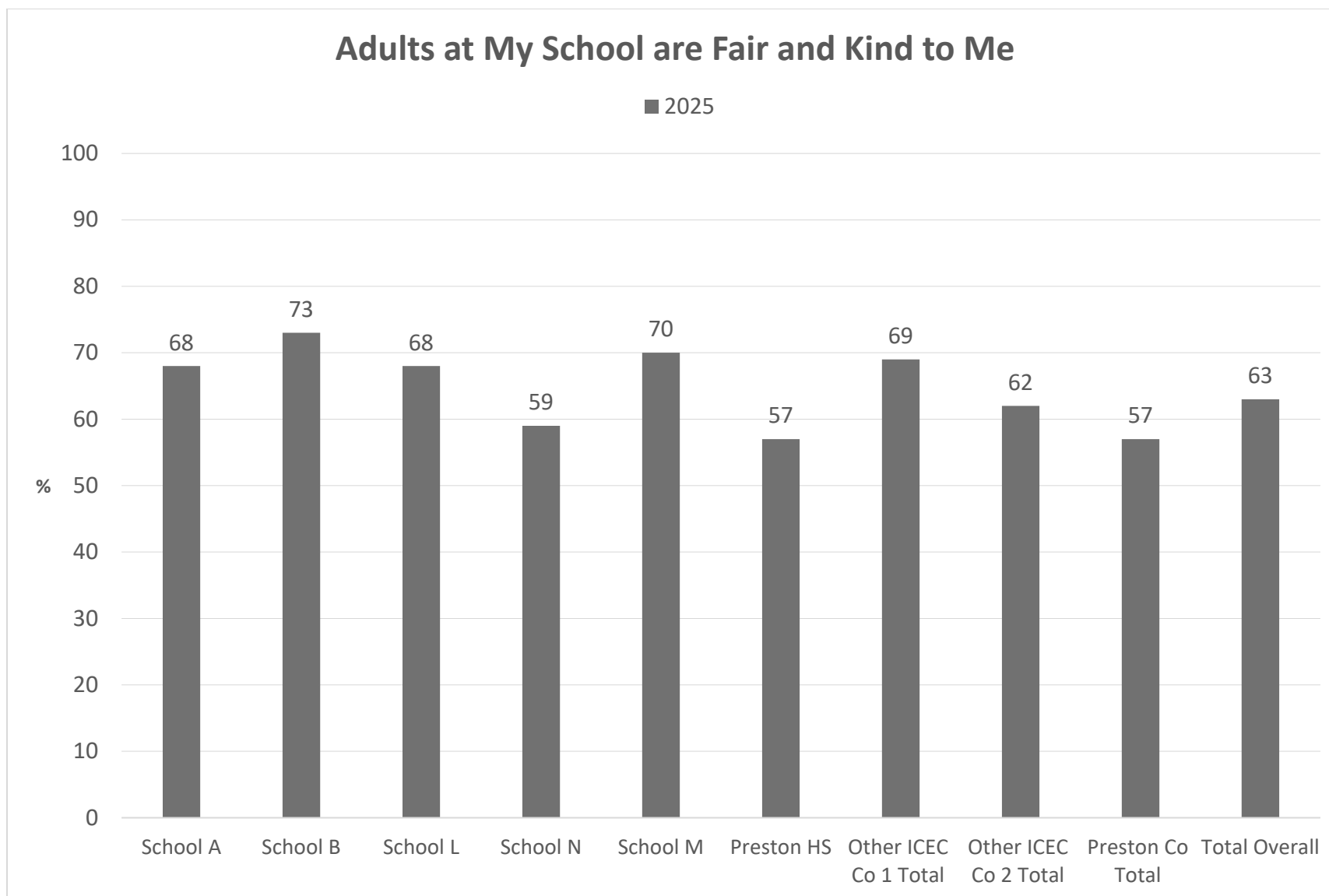


Figure 37. The adults at my school are fair and kind to me – “Strongly Agree” + “Somewhat Agree”

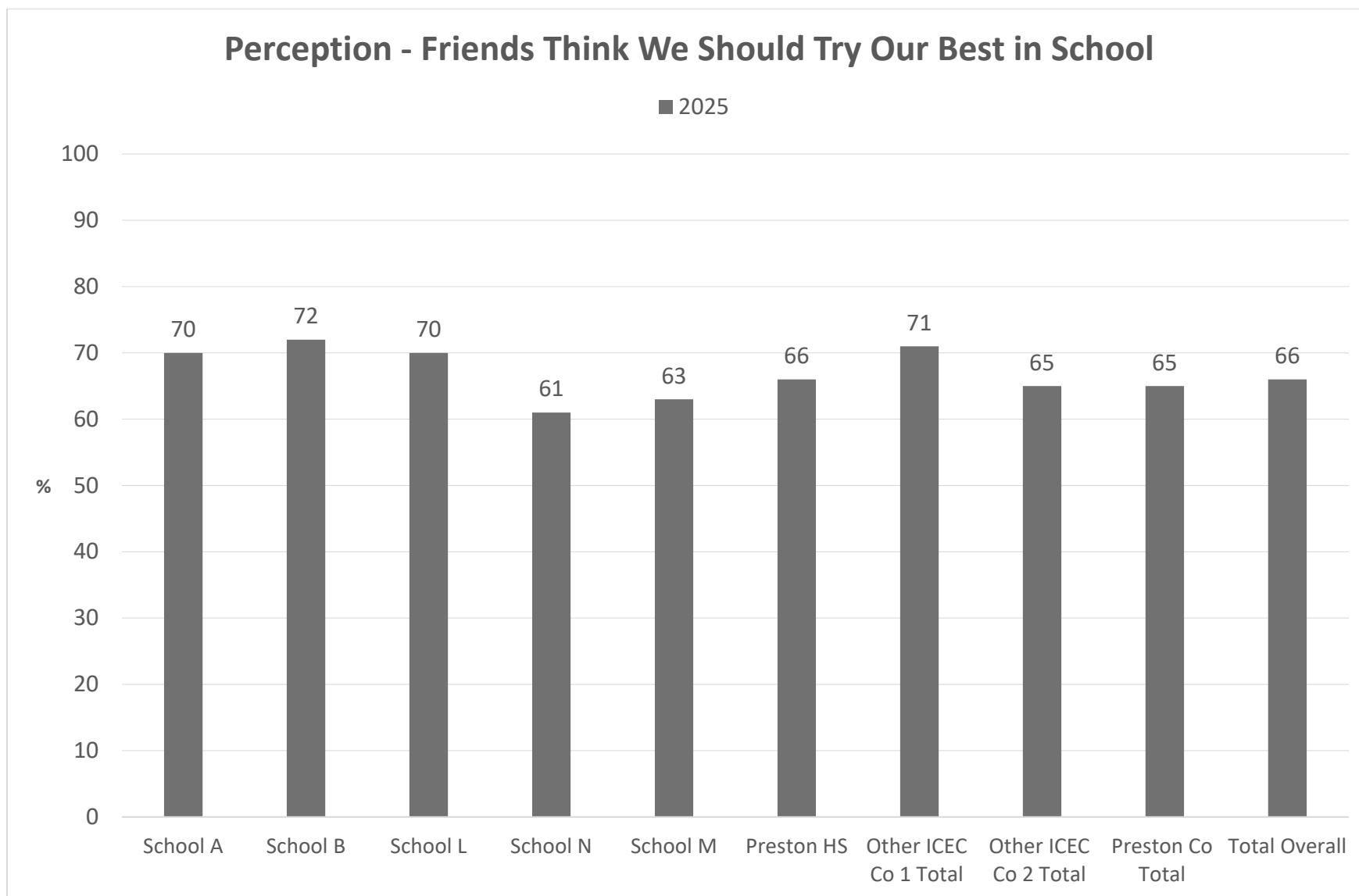


Figure 38. My friends think we should try our best in school – “Strongly Agree” + “Somewhat Agree”

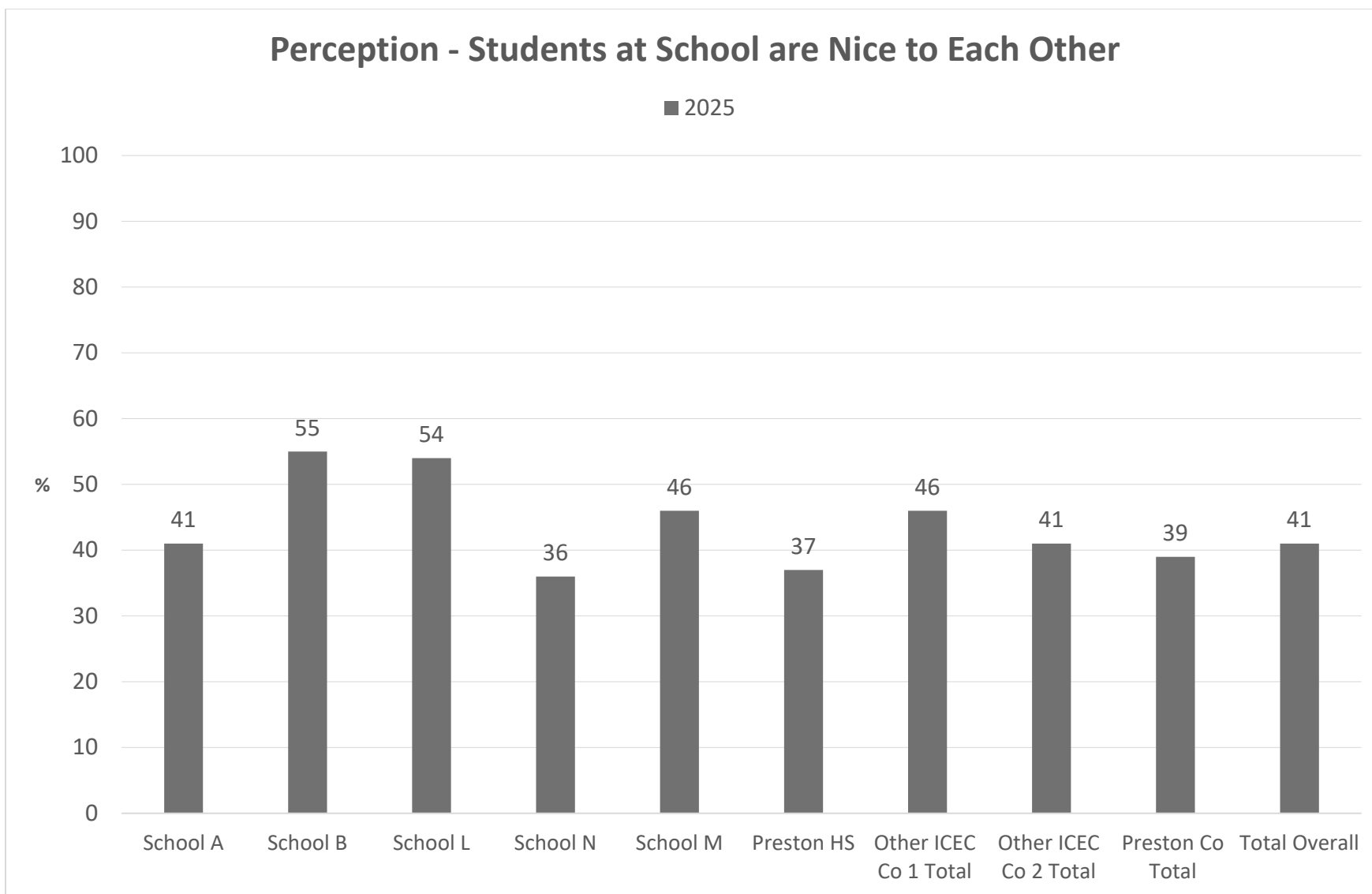


Figure 39. The students at my school are nice to each other – “Strongly Agree” + “Somewhat Agree”

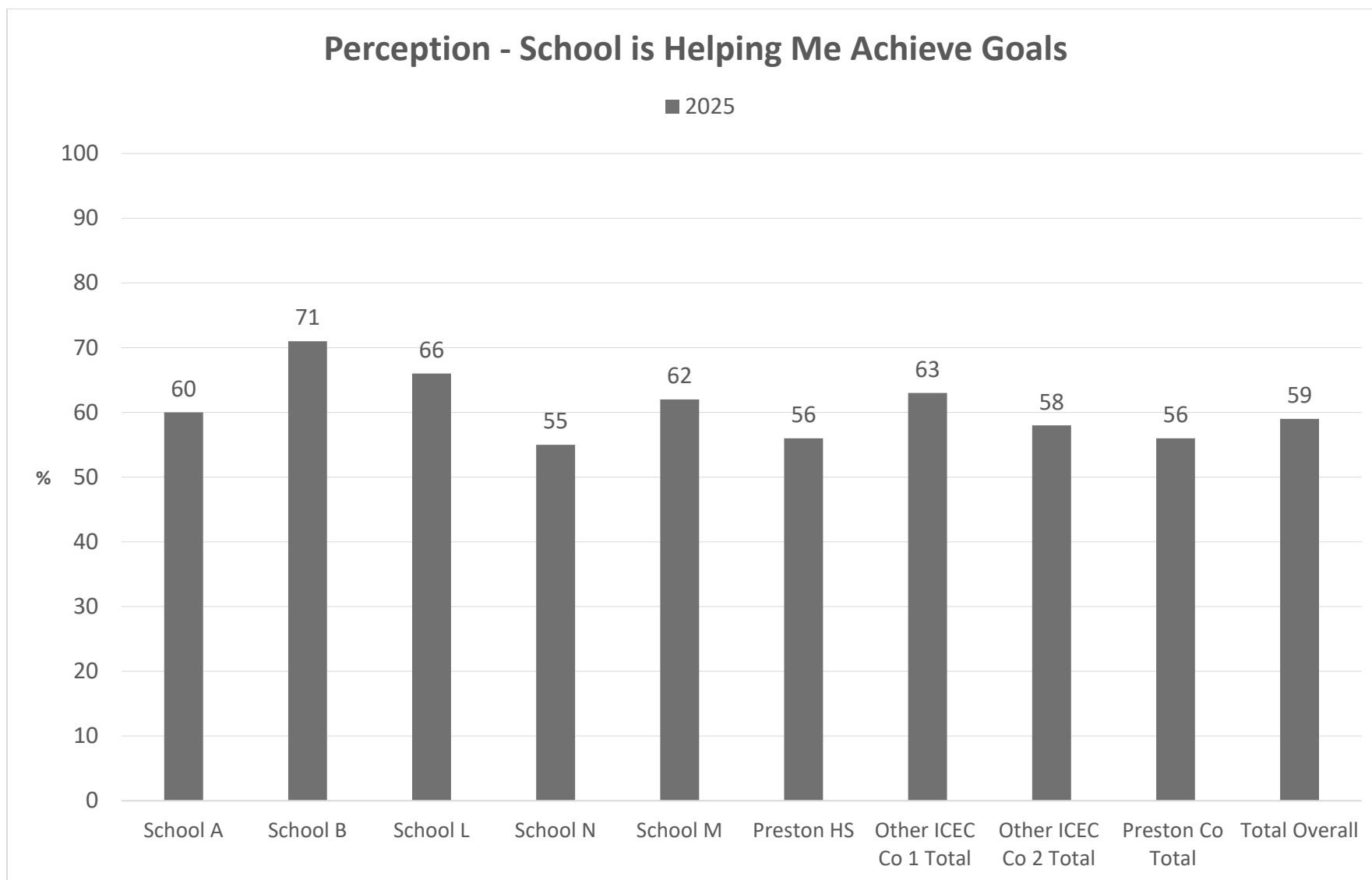


Figure 40. My school is helping me achieve goals that matter to me – “Strongly Agree” + “Somewhat Agree”

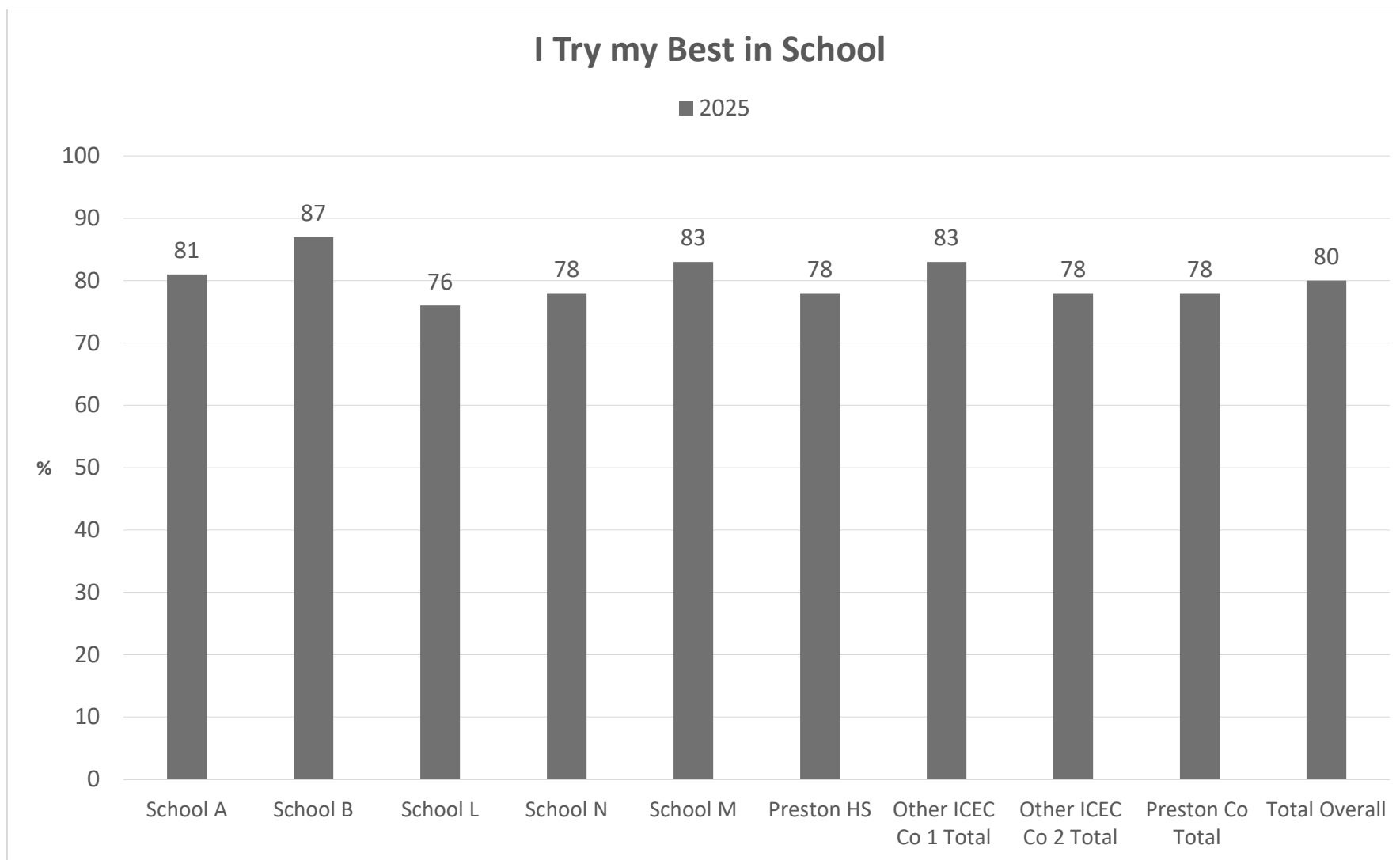


Figure 41. I try my best in school – “Strongly Agree” + “Somewhat Agree”

Table 11. Attitude to school and studies? (“Applies Almost Always to Me” + “Applies Often to Me”) (%)

	I find school pointless	I am bored at school	I feel I do not put enough effort into my schoolwork	I find schoolwork too difficult	I feel bad at school	I want to change schools	I do not get along with my teachers
School A (%)							
2025	21	50	14	20	22	16	8
School B (%)							
2025	17	47	17	22	18	11	8
School L (%)							
2025	25	44	18	25	29	12	10
School N (%)							
2025	16	39	14	22	23	14	10
School M (%)							
2025	29	39	9	18	27	18	9
Preston HS (%)							
2025	40	52	16	27	22	16	11
Other ICEC Co 1 Total (%)							
2025	20	49	15	20	21	15	8
Other ICEC Co 2 Total (%)							
2025	19	45	15	22	25	14	10
Preston Co Total (%)							
2025	19	52	16	27	22	16	11
Total Overall (%)							
2025	19	48	15	23	23	15	10

Table 12. "School absenteeism in last 30 days (1+ days)" (%)

	Because of illness	Because you "skipped" or "cut" classes
School A (%)		
2025	50	13
School B (%)		
2025	61	21
School L (%)		
2025	58	15
School N (%)		
2025	59	13
School M (%)		
2025	67	28
Preston HS (%)		
2025	61	15
Other ICEC Co 1 Total (%)		
2025	54	16
Other ICEC Co 2 Total (%)		
2025	60	15
Preston Co Total (%)		
2025	61	15
Total Overall (%)		
2025	58	15

Results: Leisure time

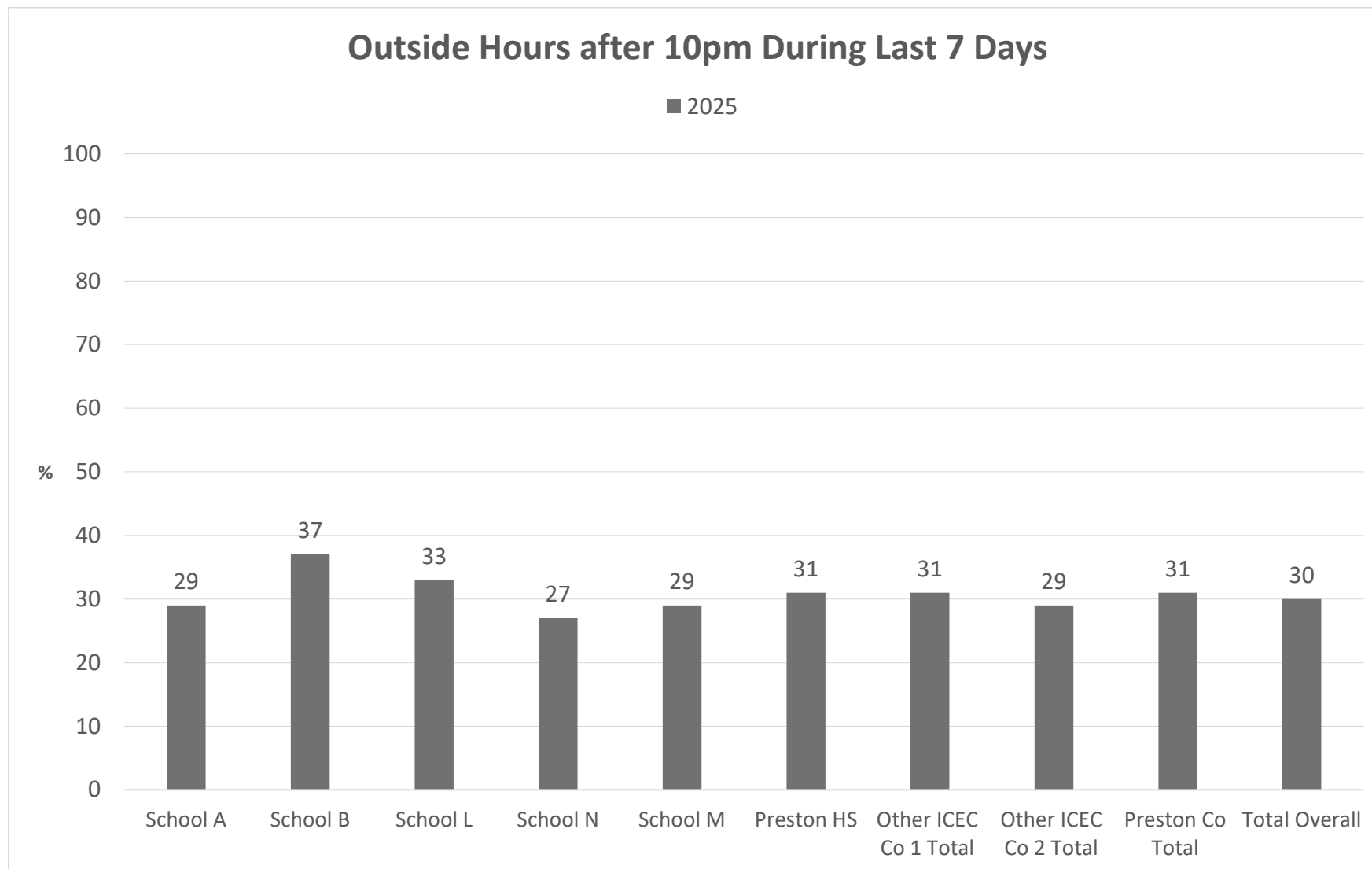


Figure 42. Outside after 10pm in the last 7 days - “at least twice a week”

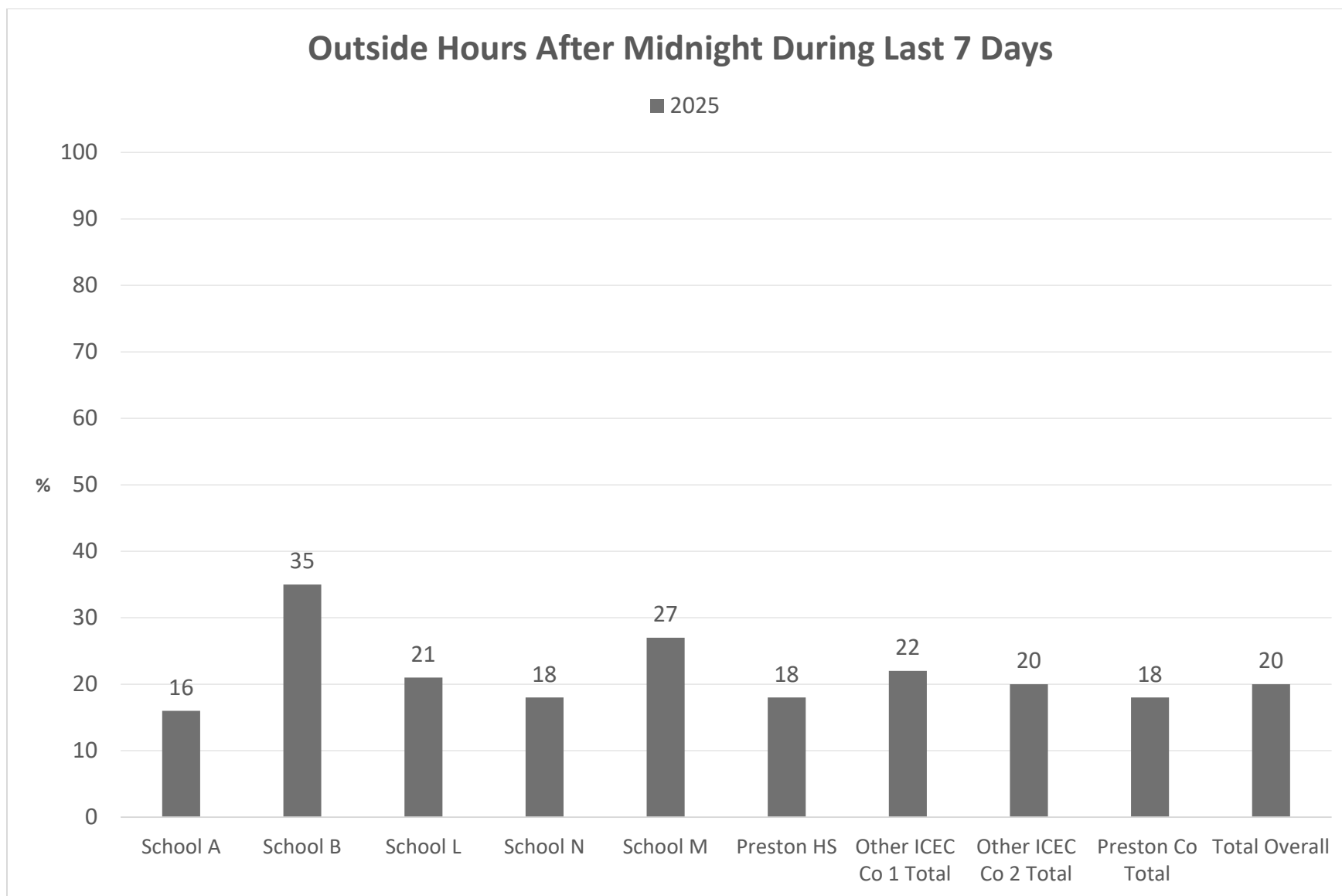


Figure 43. Outside after midnight in the last 7 days - “Once or more often”

Table 13. How many times a week do you participate in any of the following out-of-school activities that are supervised by adults?- (%) (2 times a week or more often)

	Sports or sports teams (swim team, soccer, football, dance)	Religious organizations (e.g. youth group, go to church)	Art, Drama, or musical instrument (band) classes	Volunteering in the community	Go to a community center like “Boys and Girls Club”, 4H or another such After-school program	Outdoor recreation (such as paddling, climbing, fishing, hunting, biking, etc.)	Other
School A (%)							
2025	33	19	14	9	3	27	12
School B (%)							
2025	40	15	31	11	6	25	23
School L (%)							
2025	42	28	17	16	12	30	17
School N (%)							
2025	31	21	20	13	9	19	16
School M (%)							
2025	54	25	31	20	16	28	18
Preston HS (%)							
2025	33	13	16	16	7	31	15
Other ICEC Co 1 Total (%)							
2025	35	18	19	9	4	26	16
Other ICEC Co 2 Total (%)							
2025	36	23	21	14	11	22	16
Preston Co Total (%)							
2025	33	13	16	16	7	31	15
Total Overall (%)							

2025	35	19	19	13	8	26	16
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Table 14. Unsupervised leisure time, once per week or more? - (%)

	Hang out at a friend's home with no adult present	Hang out with friends in a local parking lot	Hang out with friends in a field or wooded area	Hang out with friends in a local mall, shopping center, or downtown stores	Hang out with friends at a nearby school when school is closed	Hang out with friends in an abandoned building or empty house
School A (%)						
2025	9	11	8	9	2	2
School B (%)						
2025	13	11	12	14	8	6
School L (%)						
2025	14	11	12	11	7	7
School N (%)						
2025	9	8	9	9	6	6
School M (%)						
2025	14	15	13	13	10	9
Preston HS (%)						
2025	8	8	10	9	8	5
Other ICEC Co 1 Total (%)						
2025	10	11	8	11	4	3
Other ICEC Co 2 Total (%)						
2025	11	9	10	10	7	6
Preston Co Total (%)						
2025	11	8	10	9	8	5
Total Overall (%)						
2025	11	10	10	10	6	5

Results: Community

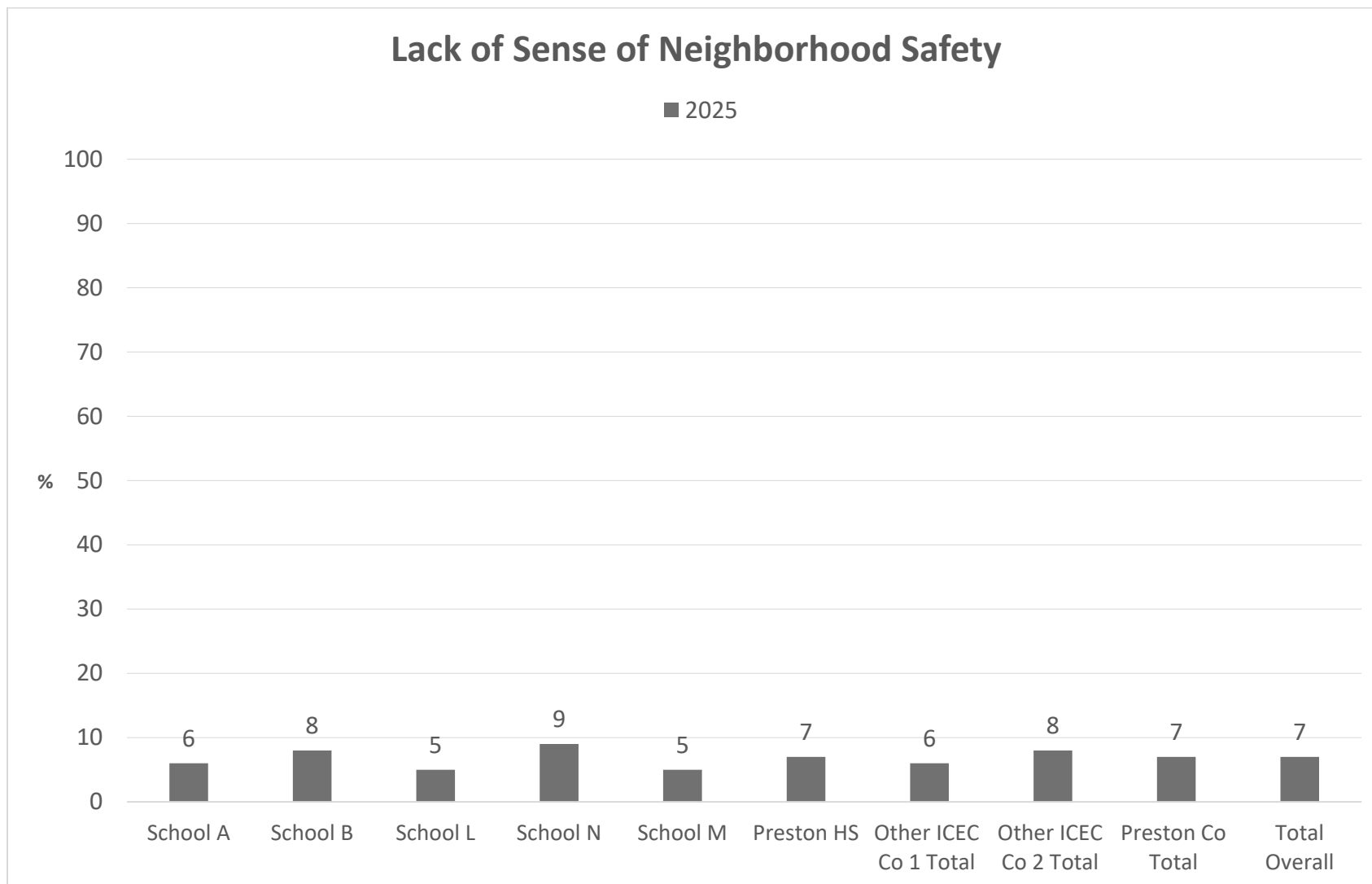


Figure 44. I feel safe in my neighborhood - "Almost Never + Rarely"

Table 15. Neighborhood/community lack of cohesion. How likely or unlikely is it that your neighbors would do something if...? – (“Rather Unlikely” + “Very unlikely”) (%)

	...the kids in the neighborhood were skipping school and hanging around	...the kids were doing graffiti on houses in the area	...the kids disrespected the adults	...if a fight broke out in front of your house	...somebody was breaking into a car or a house on your street
School A (%)					
2025	48	28	27	32	29
School B (%)					
2025	49	30	32	37	30
School L (%)					
2025	48	35	38	39	37
School N (%)					
2025	44	29	29	33	28
School M (%)					
2025	41	33	31	31	30
Preston HS (%)					
2025	47	36	36	39	34
Other ICEC Co 1 Total (%)					
2025	48	29	28	34	29
Other ICEC Co 2 Total (%)					
2025	44	31	31	34	30
Preston Co Total (%)					
2025	47	36	36	39	34
Total Overall (%)					
2025	46	32	32	35	31

Table 16. Neighborhood/community ties... – (“Strongly Agree” + “Somewhat Agree”) (%)

	There is a great deal of social life available in my neighborhood/ community	It is good to live in my neighborhood/ community	The adults in my community like the kids in the community	I can make a positive impact in my community	In the future I would like to continue to live in the neighborhood/ community that I live in at this present time	In the future I would like to move to another city/town in my country	In the future I would like to move abroad
School A (%)							
2025	66	83	80	78	54	77	52
School B (%)							
2025	66	81	80	78	60	80	53
School L (%)							
2025	66	79	77	74	64	73	61
School N (%)							
2025	62	77	76	71	55	73	58
School M (%)							
2025	72	85	79	78	59	76	59
Preston HS (%)							
2025	62	82	79	74	57	71	55
Other ICEC Co 1 Total (%)							
2025	66	83	70	78	56	78	55
Other ICEC Co 2 Total (%)							
2025	64	79	77	72	57	74	59
Preston Co Total (%)							
2025	62	82	79	75	57	71	55
Total Overall (%)							
2025	64	81	79	75	57	75	57

Section 3: Risk and protective factors and relationships to outcomes
Parents/Caregivers

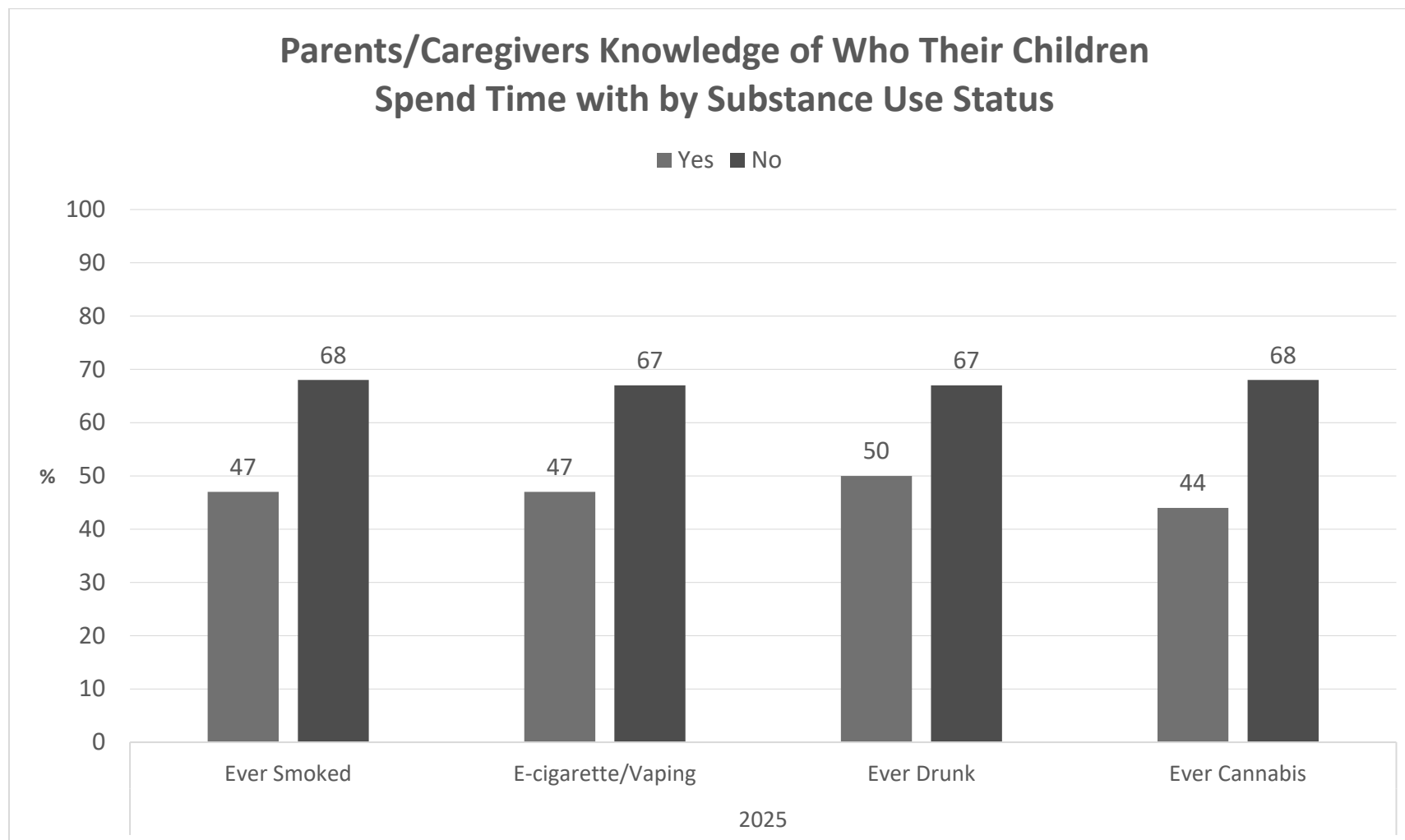


Figure 45. Parents/caregivers know whom I am with in the evenings – “Applies very well to me”

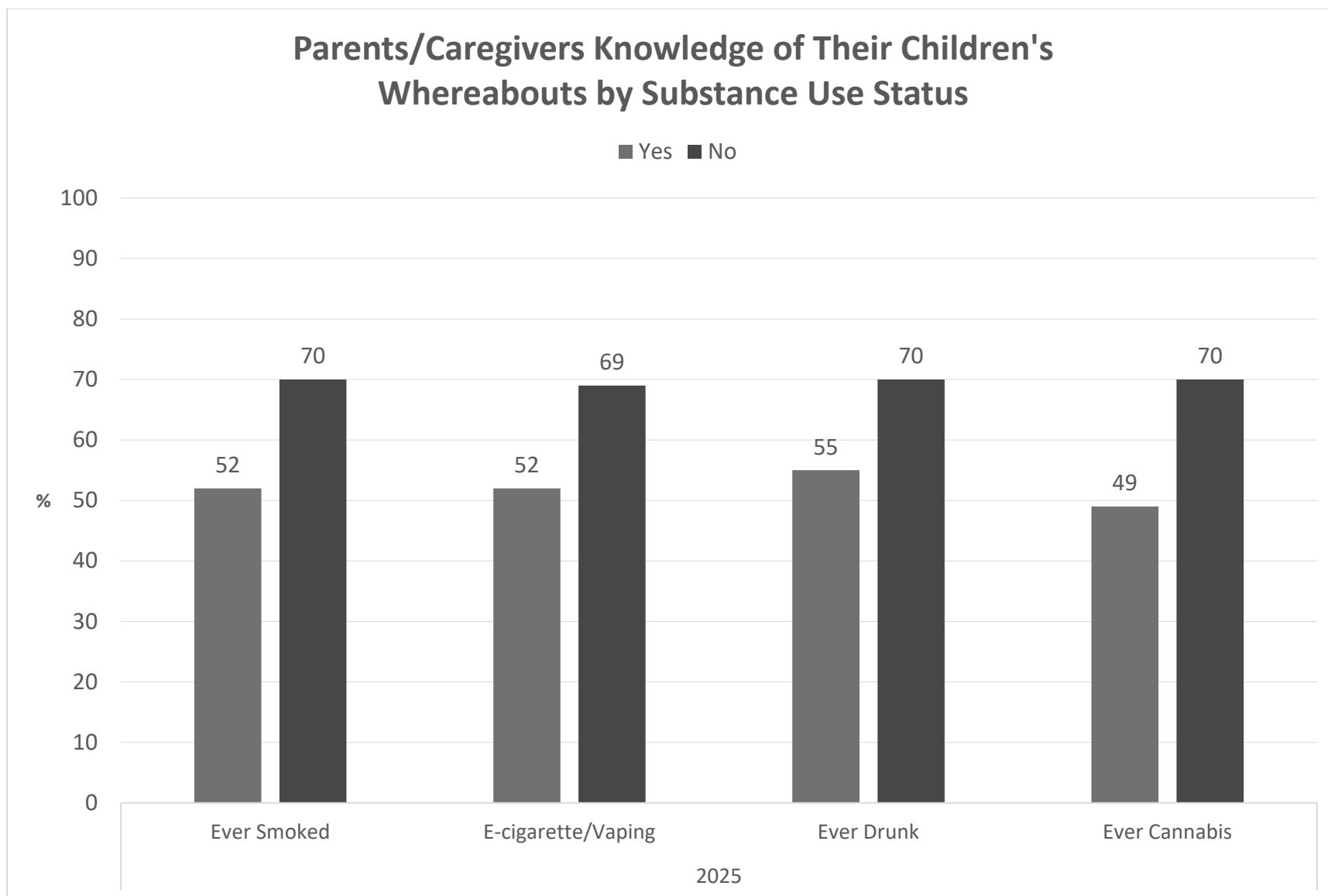


Figure 46. Parents/caregivers knowledge of student location in the evenings – “Applies very well to me”

Peer Group

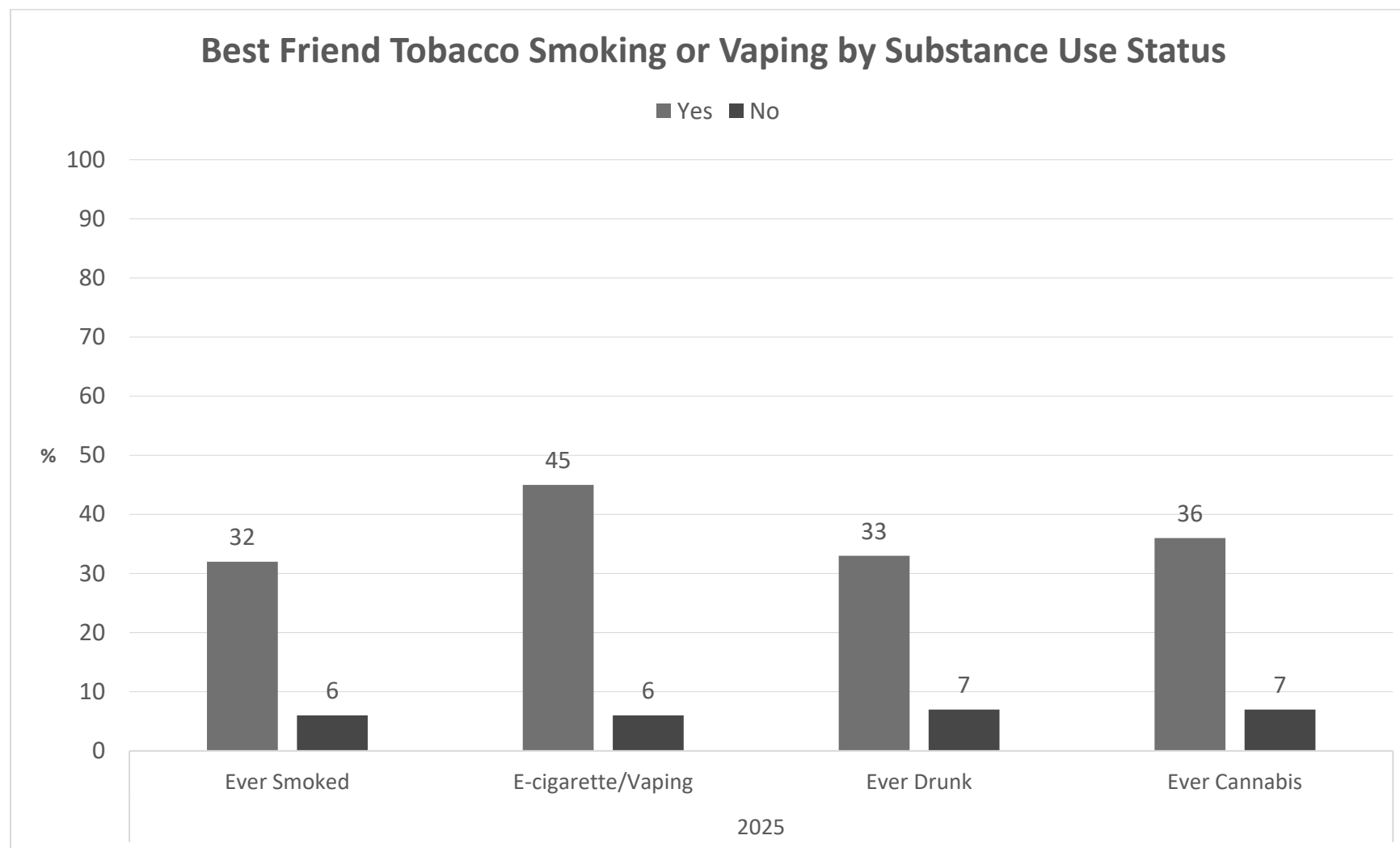


Figure 47. Best friend smokes tobacco on a daily basis by substance use status – “Yes”

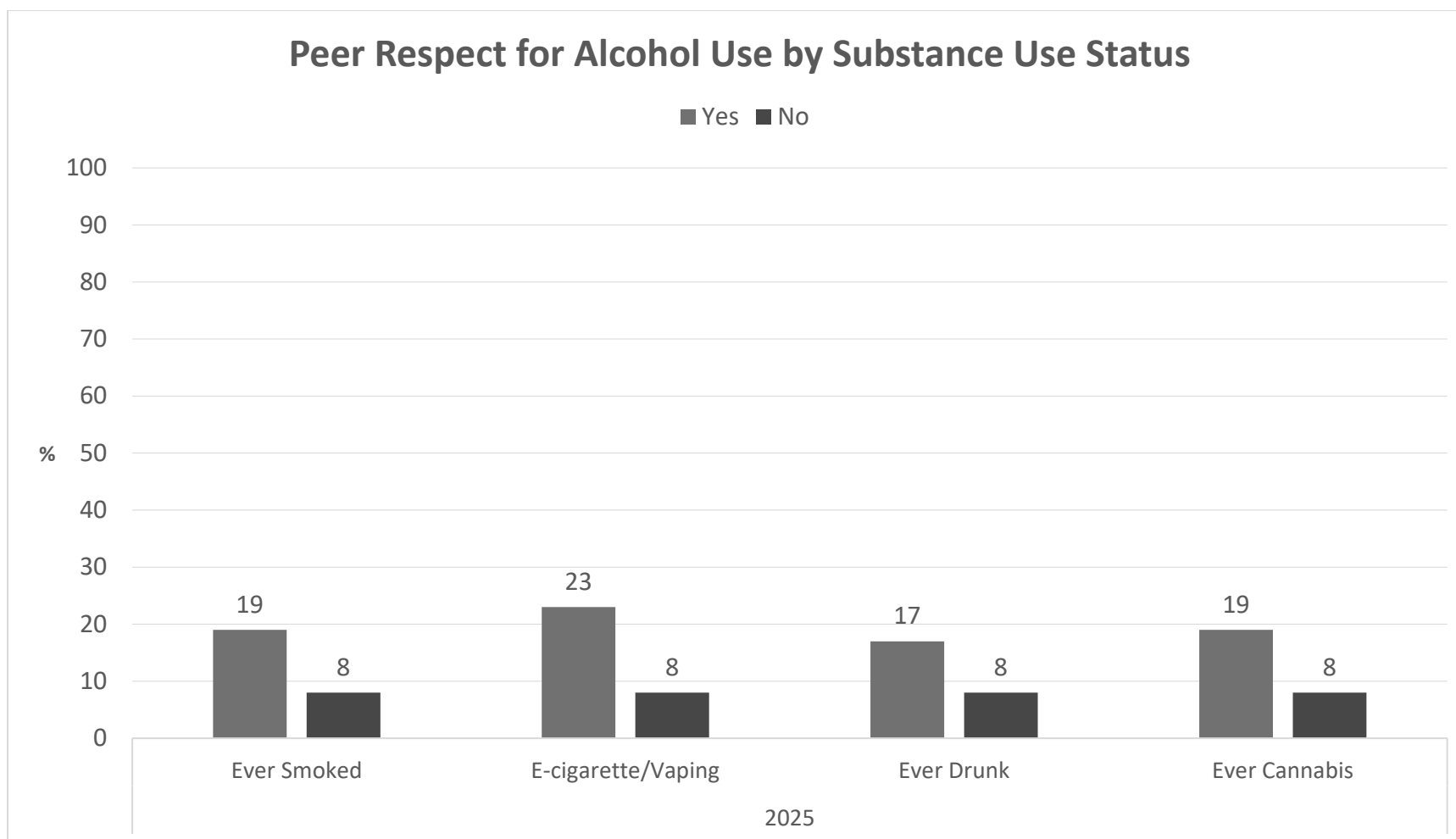


Figure 48. The following things are important for me to do in order to gain respect from my peers – Drink Alcohol, by substance use status - “Increases respect a lot” + “Increases respect somewhat”

School

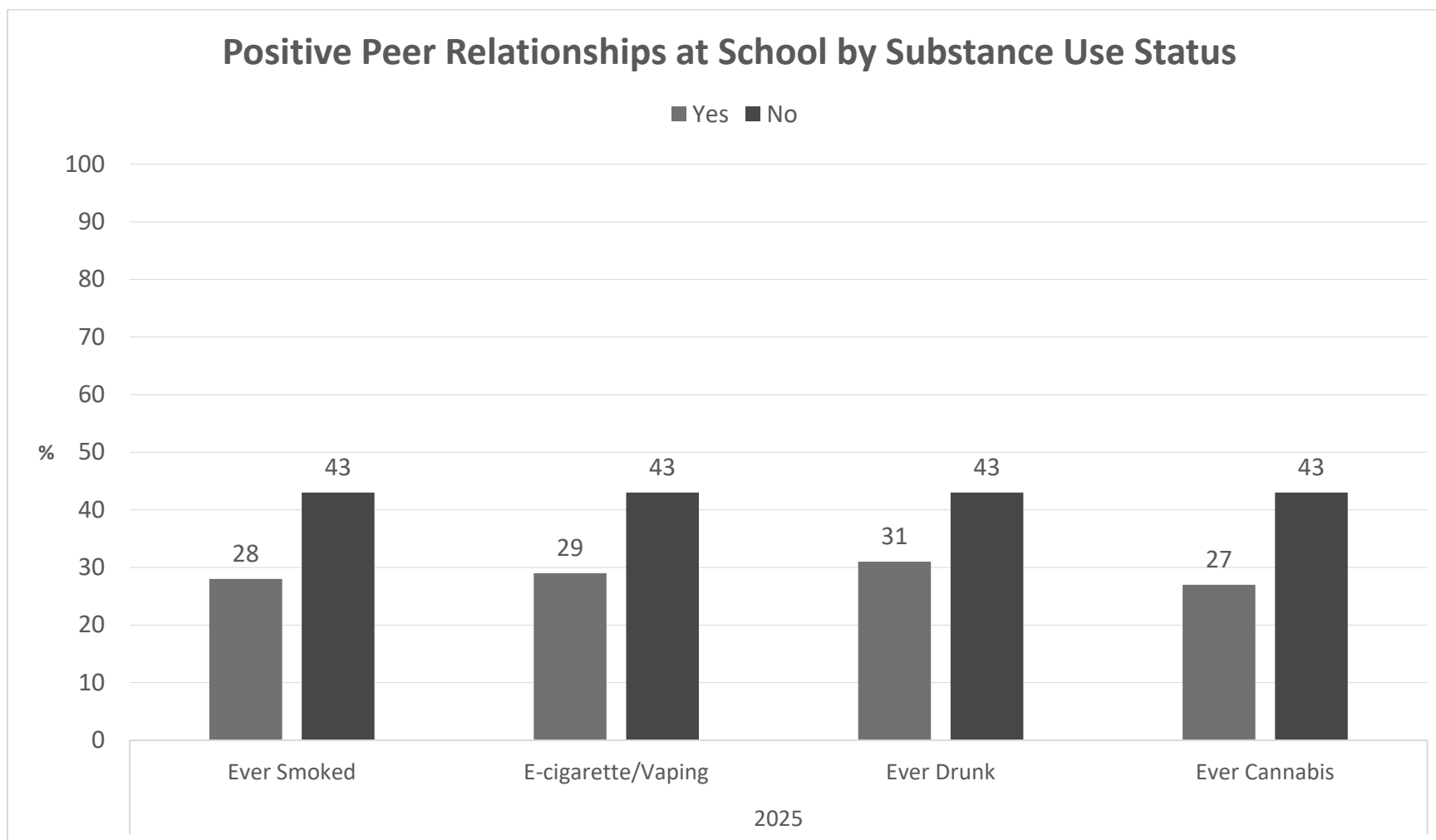


Figure 49. The students at my school are nice to each other by substance use status – “Strongly Agree” + “Somewhat Agree”

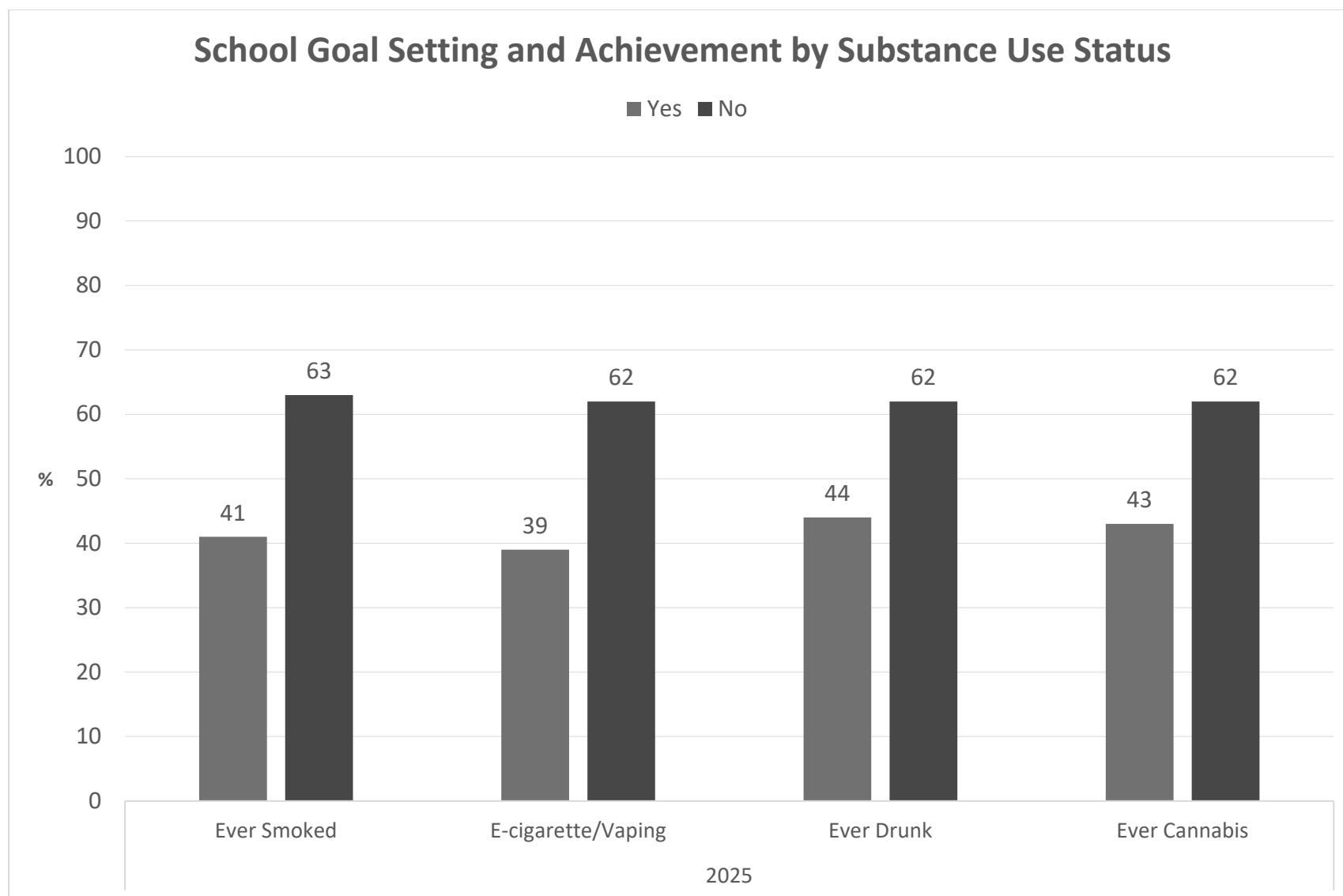


Figure 50. My school is helping me achieve goals that matter to me by substance use status – “Strongly Agree” + “Somewhat Agree”

Leisure Time

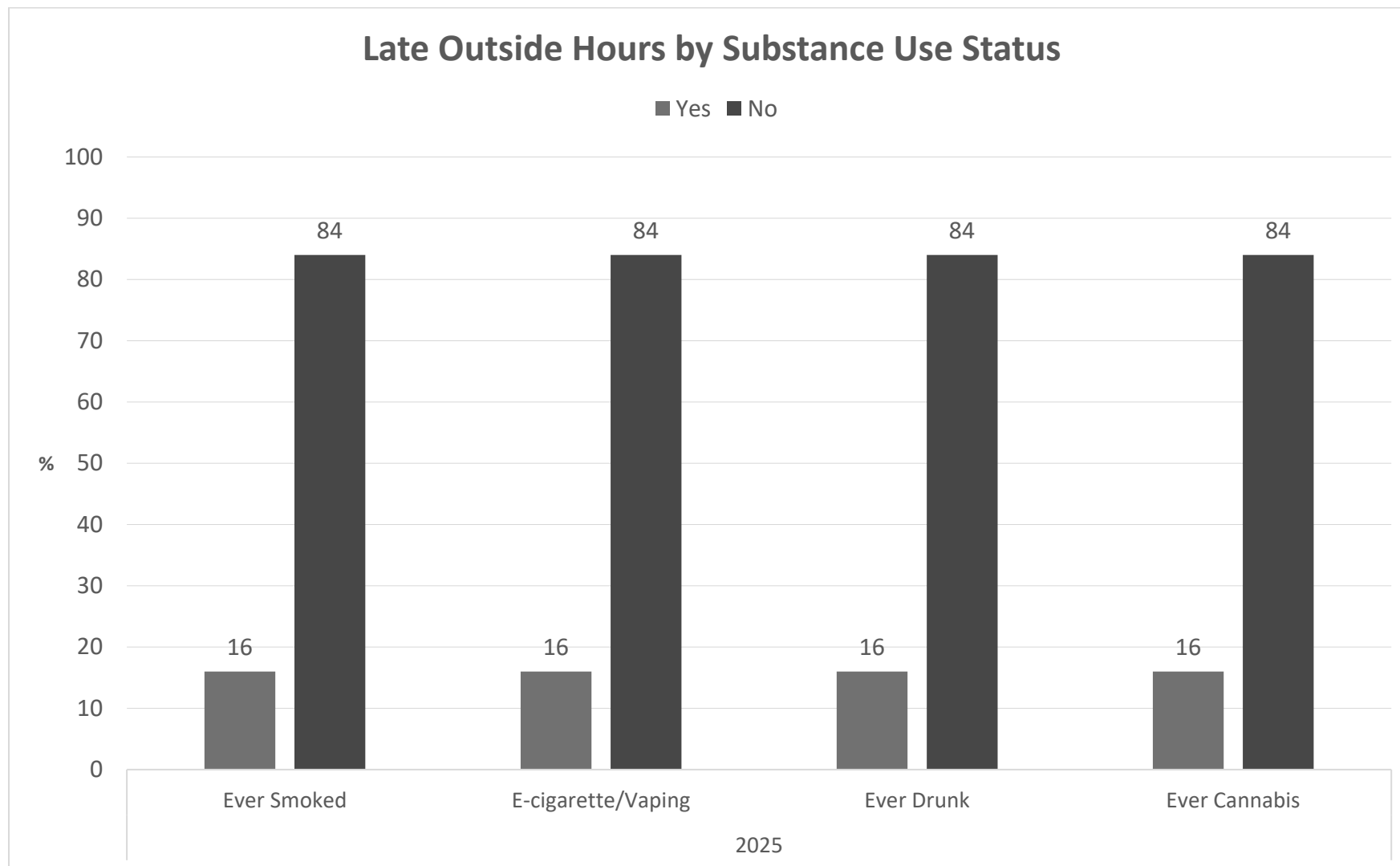


Figure 51. Students who are outside after midnight by substance use status – Once or more per week

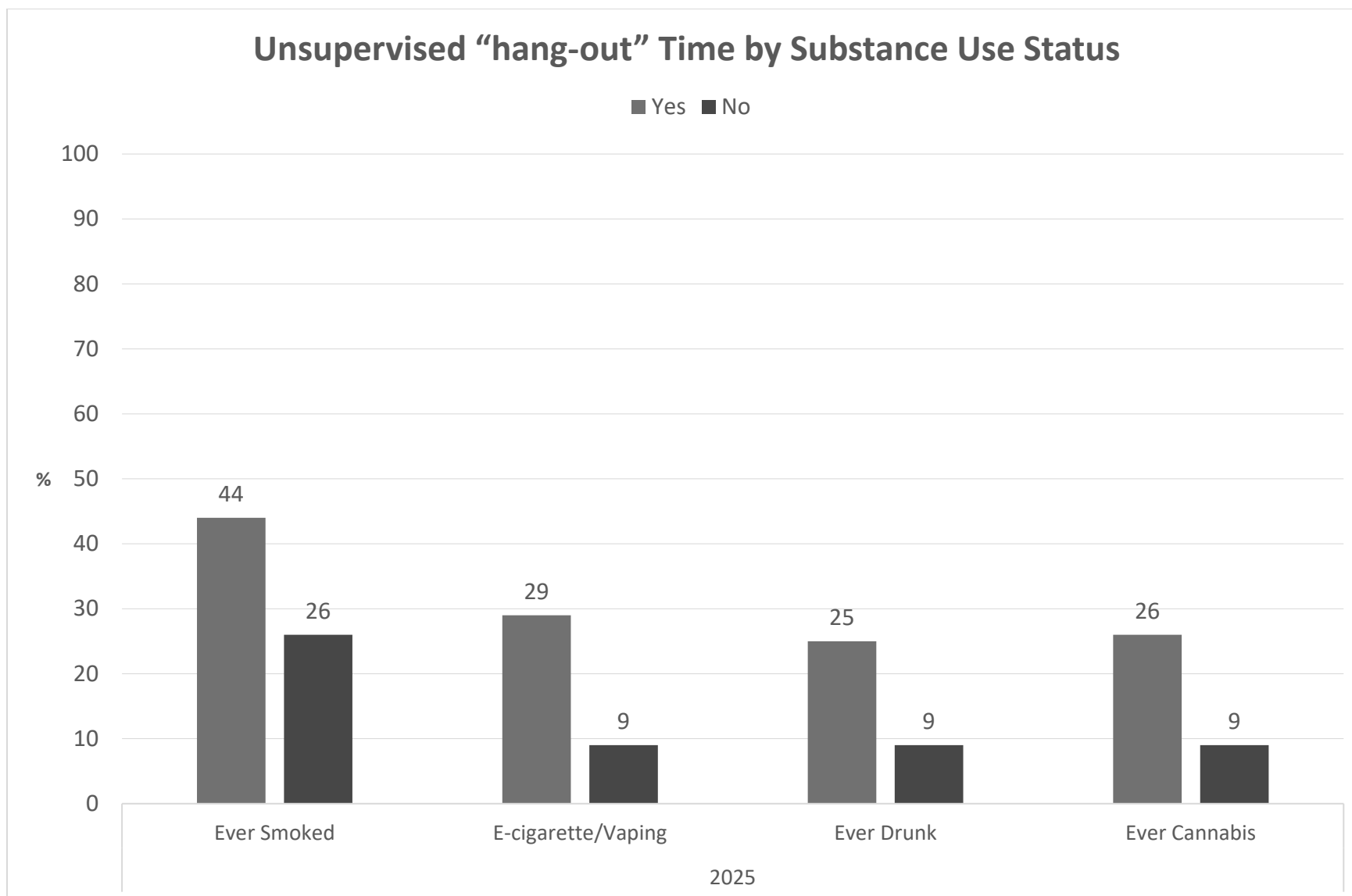


Figure 52. Students who hang out at a friend’s home with no adults present by substance use status – Once or more per week

Community

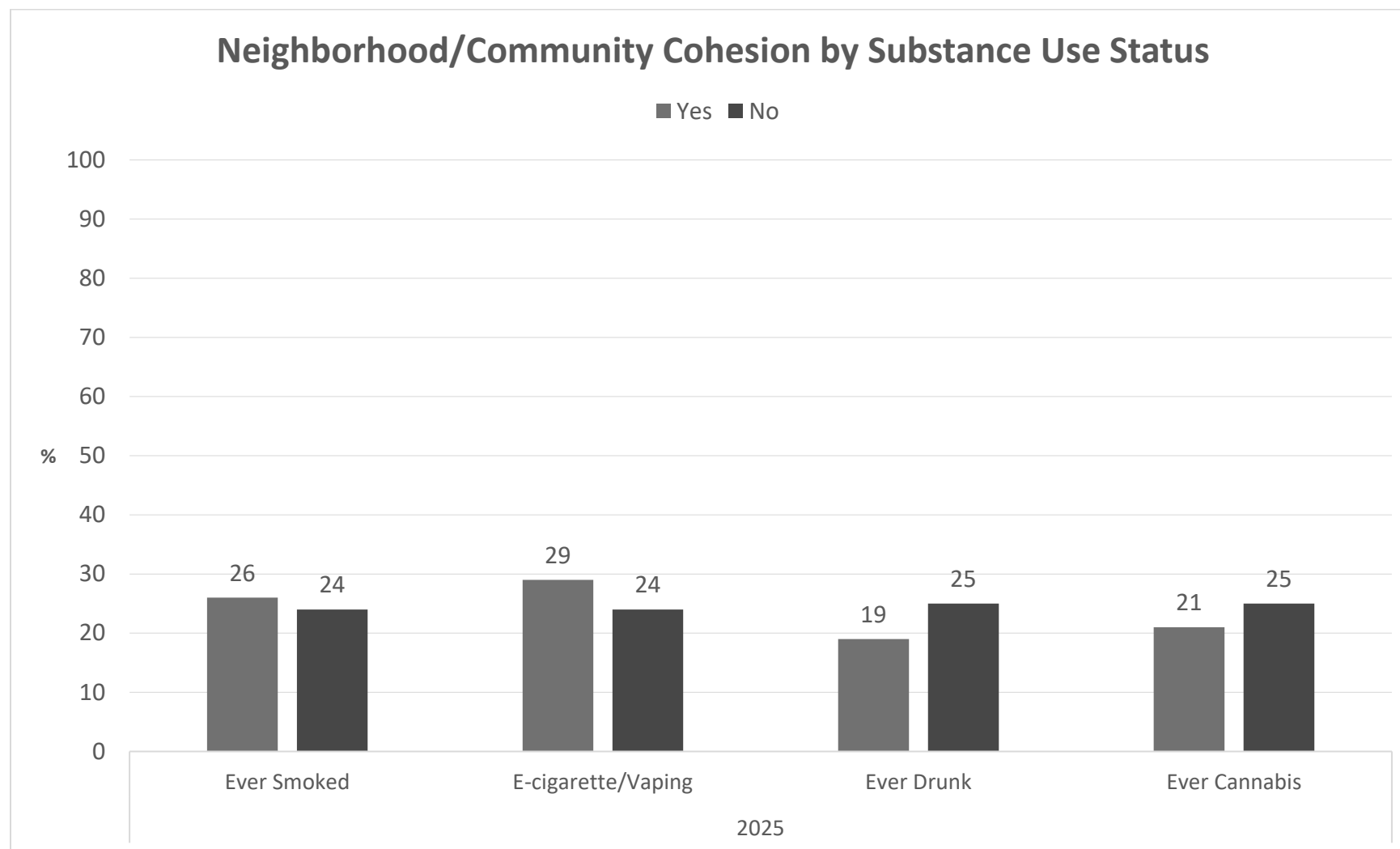


Figure 53. There is a great deal of social life available in my neighborhood/community by substance use status – “Agree Strongly” + “Somewhat Agree”

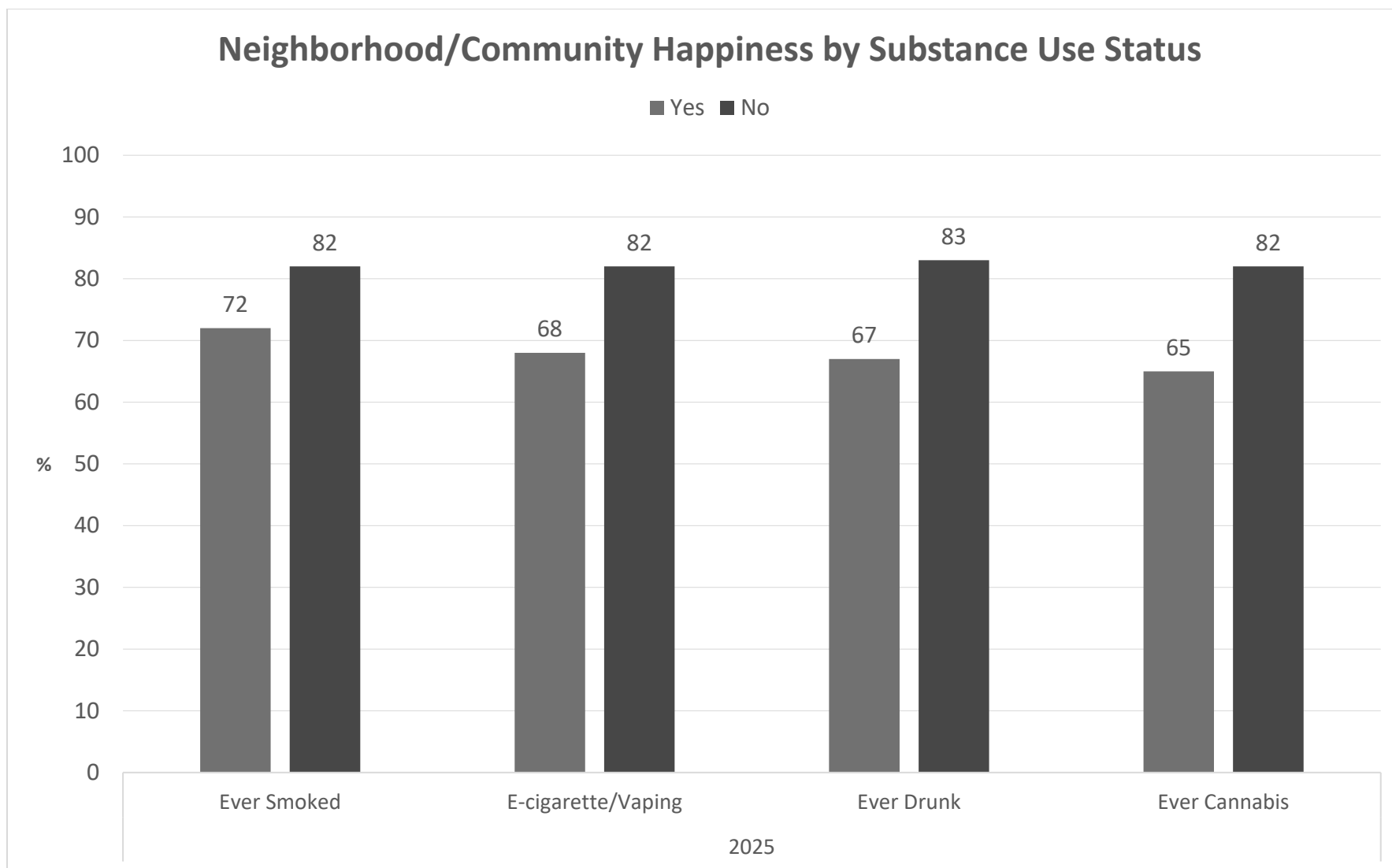


Figure 54. It is good to live in my neighborhood/community by substance use status – “Agree Strongly” + “Somewhat Agree”

Section 4. Additional Data (Sleep Habits, Physical Activity, and Caffeine Use)

Table 17. Sleep Habits: How often in the past 7 days were each of the following statements true? (“Almost Always” + “Always”) (%)

	I was sleepy during the daytime	I had a hard time concentrating because I was sleepy	I had a hard time getting things done because I was sleepy	I had problems during the day because of poor sleep	I had difficulty falling asleep	I slept through the night	I had a problem with my sleep	I had trouble sleeping
School A (%)								
2025	30	16	15	12	20	60	15	15
School B (%)								
2025	27	17	16	13	22	53	18	18
School L (%)								
2025	29	19	17	16	21	40	18	17
School N (%)								
2025	29	19	16	16	20	45	16	18
School M (%)								
2025	33	17	17	15	23	47	18	20
Preston HS (%)								
2025	30	18	14	13	18	54	15	17
Other ICEC Co 1 Total (%)								
2025	29	16	15	13	21	58	16	16
Other ICEC Co 2 Total (%)								
2025	30	21	17	16	20	44	16	18
Preston Co Total (%)								
2025	30	18	15	14	18	54	16	17
Total Overall (%)								
2025	30	18	16	14	20	51	16	17

Table 18: Hours of sleep per night on weekdays:

	6 hours or less per night	6.5-7.5 hours per night	8-10 hours per night	10.5 hours or more per night
School A (%)				
2025	12	40	45	3
School B (%)				
2025	11	39	46	5
School L (%)				
2025	15	32	47	7
School N (%)				
2025	17	39	37	8
School M (%)				
2025	9	41	45	4
Preston HS (%)				
2025	13	39	44	4
Other ICEC Co 1 Total (%)				
2025	12	40	45	3
Other ICEC Co 2 Total (%)				
2025	16	38	39	8
Preston Co Total (%)				
2025	13	38	44	4
Total Overall (%)				
2025	14	39	43	5

Table 19: Hours of sleep per night on weekends:

	6 hours or less per night	6.5-7.5 hours per night	8-10 hours per night	10.5 hours or more per night
School A (%)				
2025	12	40	45	3
School B (%)				
2025	11	39	46	5
School L (%)				
2025	15	32	47	7
School N (%)				
2025	17	39	36	8
School M (%)				
2025	14	41	45	4
Preston HS (%)				
2025	13	39	44	4
Other ICEC Co 1 Total (%)				
2025	12	40	44	3
Other ICEC Co 2 Total (%)				
2025	15	38	39	8
Preston Co Total (%)				
2025	13	38	44	4
Total Overall (%)				
2025	14	39	43	5

Table 20. Physical Activity Recall: In the last 7 days, on how many days....?

	Were you physically active for a total of at least 60 minutes per day? (Active 7 days/week)	Did you immediately or shortly after school, do sports, dance, or play games in which you were very active? (3 or more days)	On evenings did you do sports, dance, or play games in which you were very active? (3 or more days)
School A (%)			
2025	27	43	44
School B (%)			
2025	32	46	41
School L (%)			
2025	21	39	36
School N (%)			
2025	20	36	34
School M (%)			
2025	26	60	55
Preston HS (%)			
2025	24	39	34
Other ICEC Co 1 Total (%)			
2025	28	43	42
Other ICEC Co 2 Total (%)			
2025	21	39	37
Preston Co Total (%)			
2025	24	38	33
Total Overall (%)			
2025	24	40	38

Table 21. Caffeine Recall_ How many drinks (cups/cans/bottles) do you drink of the following drinks every day? (1 or more)

	Coffee	Tea	Caffeinated Soda	Energy Drinks	Caffeine Shots
School A (%)					
2025	30	37	63	44	11
School B (%)					
2025	34	43	73	45	14
School L (%)					
2025	38	43	63	37	24
School N (%)					
2025	31	37	65	38	17
School M (%)					
2025	39	48	79	51	19
Preston HS (%)					
2025	33	55	65	44	11
Other ICEC Co 1 Total (%)					
2025	31	39	66	44	12
Other ICEC Co 2 Total (%)					
2025	33	40	66	39	18
Preston Co Total (%)					
2025	33	54	65	44	11
Total Overall (%)					
2025	33	43	66	42	14