

What is Sleep Apnea?

Sleep apnea is a serious sleep disorder that occurs when a person's breathing is interrupted during sleep. The body is then deprived of oxygen. The two types of apnea are:

- Obstructive Sleep Apnea (OSA): Caused by a blockage in the airway
- Central Sleep Apnea (CSA): Caused when the brain fails to signal the muscles in the body to breathe

Left untreated, sleep apnea can contribute to a variety of health problems including:

- High Blood Pressure
- Depression
- Stroke
- Weight Gain
- Heart failure
- Heart Attacks
- Diabetes
- Erectile Dysfunction

Additionally, sleep apnea may be responsible for poor performance in everyday activities, including work, as well as academic underachievement in children and adolescents.

Do I Have Sleep Apnea?

Common risk factors and symptoms of sleep apnea:

- Overweight (BMI greater than 25)
- Age over 40
- Large neck size (17"+ for men and 16"+ for women)
- Snoring loudly
- Tossing, turning or restlessness during sleep
- Frequent pauses in breathing while sleeping
- Gasping, choking or snorting during sleep
- Waking up with headaches or fogginess
- Tiredness or sleepiness during the day
- Forgetfulness and difficulty concentrating
- Frequent urination throughout the night

If you are experiencing any of these symptoms, you may have sleep apnea. Consult your physician to get screened for Sleep Apnea now.

Highlights of Our Service

- Experienced and professional staff trained to care for patients with sleep apnea and other complex respiratory issues
- Orders confirmed and processed within 24 hours
- Timely patient updates for referring physicians
- Flexible scheduling on weekends and some holidays
- Setups completed in-home or at a location convenient for patients
- Certified respiratory therapists for appointments
- Education and personalized mask fitting sessions
- Life-time compliance monitoring with full-efficacy data via Care Orchestrator and ResMed AirView
- Clinical team managing personalized plan of care
- Continual encouragement and support from our sleep coaches
- Regular reminders for replacement supplies
- Automatic supplies shipment options available
- Speak directly to a live member of our team
- After hour and on-call services available
- Participating with all major insurances

 **QUALITY DME**
DURABLE MEDICAL EQUIPMENT

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We are open Monday – Friday from 9am to 5pm

 **QUALITY DME**
DURABLE MEDICAL EQUIPMENT



YOUR LOCAL

Durable Medical Equipment

PROVIDER

Who We Are

Quality DME is an accredited Durable Medical Equipment (DME) provider, specializing in sleep and respiratory therapy.

Our mission is to provide top end products and personalized care to improve the quality of life for the patients we serve.

Quality DME was founded by Sleep Apnea patients. We use CPAP therapy products in our own daily lives. For that reason, we have a unique understanding of your individual needs.

Our primary focus is customer satisfaction and your success with our products. We want you to have a great experience working with us.

We provide in-home service for patients from two convenient locations that serve the Maryland, DC, and Virginia areas.



Quality DME, Inc. is an HQAA Accredited Provider

Respiratory Therapy Products



SLEEP THERAPY

- CPAP (Continuous Positive Airway Pressure)
- AutoPAP (Auto-Adjusting PAP)
- BiPAP (Bi-level Positive Airway Pressure)
- Auto BiPAP (Auto-Adjusting BiPAP)
- Adaptive Servo-Ventilation (Central Sleep Apnea)

PAP machines are specifically designed to deliver a prescribed flow of air pressure through the airway to prevent it from collapsing or becoming obstructed. It is the most effective treatment for obstructive and central sleep apnea.



RESPIRATORY DRUG DELIVERY

Compressor Nebulizer systems and Valved Holding Chamber systems are used to treat cystic fibrosis, asthma, COPD, and other respiratory diseases by administering medications into the lungs in the form of a mist.

ADDITIONAL CPAP/BIPAP/AUTOPAP PRODUCTS AND SUPPLIES

We carry a large selection of PAP supplies and an extensive collection of masks in a variety of styles and sizes. Our technicians will help find the ideal mask and accessories for a patient's individual needs.



SUPPLEMENTAL OXYGEN CONCENTRATORS



Concentrators provide oxygen therapy for patients using minimally to substantially higher concentrations of oxygen than available in ambient air.

Concentrators are a safer, less expensive and more convenient alternative to traditional tank-based systems.