

Virginia Academy of Sleep Medicine

13TH ANNUAL CONFERENCE

October 28 & 29, 2021

AGENDA

THURSDAY, OCTOBER 28

- | | |
|----------------|---|
| 2:30 – 3:30 PM | Visit Virtual Exhibit Booth / Poster Session |
| 3:30 – 3:35 PM | Welcome
<i>Joshua Sill, MD</i>
<i>VASM President</i> |
| 3:35 – 4:10 PM | Testing and Treatment for Hypersomnia & Narcolepsy
<i>Kiran Maski, MD</i>
<i>Harvard Medical School</i>
<i>Boston, MA</i> |
| 4:10 – 4:45 PM | Telemedicine & Sleep
<i>Amir Sharafkhaneh, MD, PhD</i>
<i>Baylor College of Medicine</i>
<i>Houston, TX</i> |
| 4:45 – 5:20 PM | Impact of Covid on Sleep
<i>Timothy Morgenthaler, MD</i>
<i>Mayo Clinic</i>
<i>Rochester, MN</i> |
| 5:20 – 5:25 PM | Stretch Break |

5:25 – 6:00 PM

Sexsomnia and Forensic Sleep Medicine

Jacob Collen MD FACP FCCP FAASM

COL, MC, USA

Uniformed Services University

Bethesda, MD

6:00 – 6:35 PM

Sleep Health Disparities

Lauren Hale, PhD

Stony Brook Medicine

Stonybrook, NY

6:45 – 7:30PM

Virtual Happy Hour

FRIDAY, OCTOBER 29

7:00 – 8:00 AM

Visit Virtual Exhibit Booth / Poster Session

8:00 – 8:30 AM

Welcome & VASM Business Meeting

*Recognition of Physician, Dental & Sleep Technologist
Award Winners*

8:30 – 9:20 AM

Year in Review

Carol Rosen, MD

Professor Emerita

Case Western Reserve University School of Medicine

9:20 – 10:05 AM

**The White Water of Pediatric Orthodontics in Sleep
Medicine**

Mitchell Levine DMD,MS

Saint Louis University

CADE School of Medicine

10:05 – 10:10 AM

Stretch Break

10:10 – 10:55 AM

**Update on the Evaluation and Management of
Pediatric OSA**

Cristina Baldassari MD, FAAP, FACS

Eastern Virginia Medical School

Children's Hospital of The King's Daughters

Norfolk, VA

- 10:55 – 11:40 AM **Update on Hypoglossal Nerve Stimulator Implantation**
Maurits Boon, MD
Jefferson University Hospitals
Cherry Hill, NJ
- 11:40 AM – 12:40 PM **Break / Visit Virtual Booths / Poster Session**
- 12:40 – 12:55 PM **Legislative Update**
Joshua Sill, MD
Eastern Virginia Medical School
Norfolk, VA
- 12:55 – 1:40 PM **Pediatric Sleep / ADHD**
Leila Kheirandish-Gozal, MD, MSc.
University of Missouri School of Medicine
Columbia, MO
- 1:40 PM – 1:45 PM **Stretch Break**
- 1:45 – 2:25 PM **Impact of TBI on Sleep**
Kent Werner, MD, PhD
Uniformed Services University of Health Sciences
Bethesda, MD
- 2:25 – 3:35 PM **Complex OSA Panel**
Moderators: Ryan Nord, MD
Panelists: Maurits Boon, MD
Skye Oschner Margolies, PhD
Harmeet Chiang, DDS
Joshua Sill, MD
- 3:35 – 4:10 PM **Cognitive Behavioral Treatment for Insomnia: Lessons Learned From the COVID--19 Pandemic**
Skye Oschner Margolies, PhD
UNC School of Medicine
Chapel Hill, NC
- 4:10 – 4:15 PM **Stretch Break**

4:15 – 4:45 PM

The Future of Sleep Technologists

Joseph Anderson, RPSGT

Sovah Health

Martinsville, VA

4:45 – 5:15 PM

EEG of Sleep

Patrick Sorenson, RPSGT

Associate Director, Sleep Research and Methodology

The National Institutes of Health

Reston, Virginia

5:15 – 5:45 PM

Managing Dose in Precision DSM

Mark T. Murphy, DDS, MScD

Funktional Sleep

Castro Valley, CA

5:45 – 6:15 PM

Pediatric Dentistry's Role in OSA

Sylvan Mintz, DDS, MScD, ABOP, ABDSM

Childrens National Medical Center

Rockville Maryland

6:15 PM

Adjourn