

# Developing a Seamless Link Between the Sleep Study & DME

Debbie Akers, RRT RPSGT FFAST  
Account Relations Manager  
Medical Equipment Distributors  
Virginia Beach, VA

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Type of Potential Conflict	Details of Potential Conflict
Grant/Research Support	
Consultant	
Speakers' Bureaus	
Financial support	
Other	

3. The material presented in this lecture has no relationship with any of these potential conflicts, **OR**
4. This talk presents material that is related to one or more of these potential conflicts, and the following objective references are provided as support for this lecture:

- 1.
- 2.
- 3.

## Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint provider-ship of The American Academy of Sleep Medicine and The Virginia Academy of Sleep Medicine. The American Academy of Sleep Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Developing a Seamless Link Between the  
Sleep Study & DME.

WHY?

## Why?

- Improve compliance
- Boost patient health
- Better serve the patient
- Better serve the physician

Developing a Seamless Link Between the  
Sleep Study & DME.

HOW?

## HOW?

- EDUCATION
- COMMUNICATION

Let's  
Understand  
the Process

Patient referred to sleep specialist

Initial consult with sleep specialist, order for sleep study

Patient has sleep study - technologist

Patient follows up with sleep specialist, orders PAP therapy

Patient receives PAP device - DME

Patient follows up with sleep specialist 31 - 90 days after receiving PAP device

Patient continues to follow up with sleep specialist and DME

## Beginning the Process

- Patient has an initial consult
  - Orders a sleep study
  - Talks about PAP
  - Patient may see an example of a mask



## Continuing the Process

- Patient has sleep study
  - PAP education prior to hook up or during hook up
    - Video
  - Patient fitted for a mask
    - Mask tried with pressure



## Continuing the Process

- Sleep study completed
  - All masks used documented tech notes
  - Best mask used documented tech notes
  - Mask given to patient



## Continuing the Process

- Follow up with Sleep Specialist
  - Reviews sleep study results
  - Recommends PAP Therapy
  - Sends order to the DME

## Continuing the Process

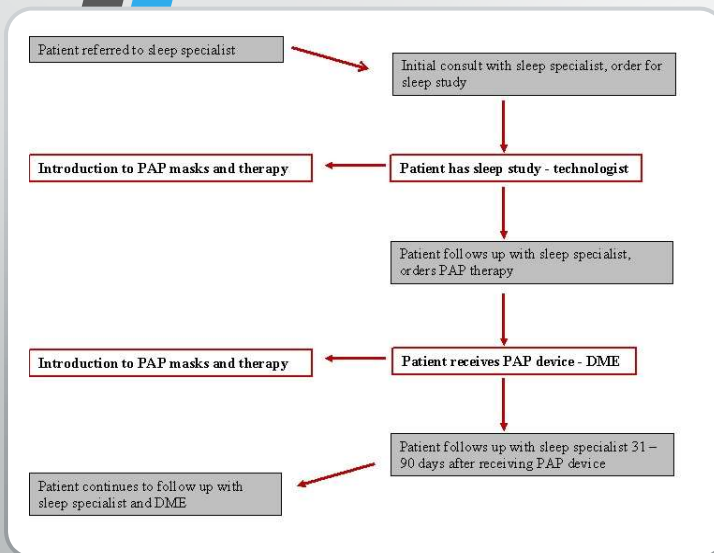
- Meeting with the DME
  - Order received & processed
  - Appointment with therapist
  - Patient goes home with device and best mask\*

## Continuing the Process

- Follows up with Sleep Specialist
  - Must be within the 31<sup>st</sup> to the 90<sup>th</sup> day after receiving the PAP device

## Ending the process

- Patient is using device - compliant
- Sees Sleep Specialist annually
- Continues to work with DME



Who is important in this process?



# Who is important in this process?

Sleep  
Technologist



DME  
Therapist

## EDUCATION

- Sleep Tech is the first to introduce the patient to the therapy
- DME Therapist comes in second
- First Impressions!!!

## EDUCATION

- How are YOU educating the patient?
- How would YOU want to be educated?
- What are YOU doing to keep up with the new trends?

So How can we develop a seamless link  
between the Study & DME?

**Education**

**Understanding the process**

Thank you!

- Sleep Well!

- Teach Sleep!