# **Connection to compliance**

# The Science of Progress





### **ENGAGED PATIENTS ARE COMPLIANT PATIENTS**

myAir, a ResMed Air Solutions patient engagement program, allows patients to track their nightly sleep data and empowers them to stay on therapy through interactive coaching. All with no extra cost to the patient, technology pairing or complicated set-up.

### Nightly sleep score



The myAir score allows your patients to track their own sleep data, and helps increase compliance by taking technical measures like mask seal and usage and turns it into a simple metric that patients can easily understand.

## Empower patients to stay compliant



Your patients will receive same day updates, as well as interactive coaching and reinforcement to help them manage their sleep therapy.

### Personalized educational tools



myAir's sleep library features how-to instructions, tailored support materials and videos that cover a variety of topics, including how to best fit their specific mask and achieve maximum comfort.

#### Visit ResMed.com/AirSolutions to learn more.

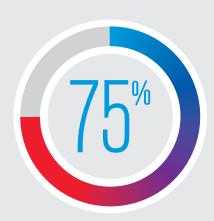
<sup>1</sup>Lynch, s, et al. Retrospective descriptive study of CPAP adherence associated with use of the ResMed myAir application. 2015. ResMed Science Center, ResMed Ltd, Sydney, Australia\*Time to achieve Medicare adherence based on median value (95% Cl.)

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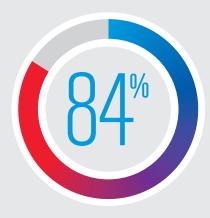
#### DRIVING COMPLIANCE<sup>1</sup>



Patients who used myAir achieved compliance by **DAY 23**\*



75% of patients achieved compliance in **30 DAYS** 



84% of patients achieved compliance in **90 DAYS**