

Sattva Yoga Center

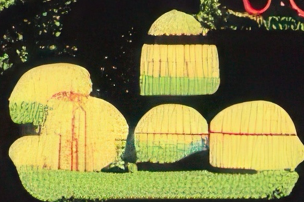
REJUVENATION

DAY RETREAT

SUNDAY, JULY 20th

12:00-4:00 PM

YIN & HATHA YOGA | LIVE MUSIC
SNACKS/BEVERAGES PROVIDED
SEASONAL NUTRITION TIPS
BHAKTI/KIRTAN BREAK
GUIDED MEDITATION



scan
to
book

