

piscean

New Moon

MYSTIC

MOON



CIRCLE

with Mandy McGaugh

Sunday 3/10 4pm

- Guided meditation
- Breathwork
- Soundbath
- Somatic practices

\$25 pre-register
or \$30 day of

Make it a mini retreat by
joining us for Yin Yoga
at 6pm, as well!

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HEARTTOHAND.LOVE



Sattva
Yoga Center