

WORKSHOPS

BEYOND THE FILTER– Awareness Program

An introductory and engaging awareness session designed to open conversations around beauty standards, self-image, and social media influence. This program encourages students to see makeup as a tool for confidence, not comparison. Make-up as a life skill

01

THE MINDFUL MAKEUP EXPERIENCE:

A deeper, hands-on learning experience where students explore the world of makeup and skincare with mindfulness and creativity. This workshop focuses on conscious beauty choices, product understanding, and the art of enhancing natural features.

02

HANDS-ON WORKSHOPS FOR TEENS :

The program is thoughtfully designed to provide students with enriching opportunities to learn, engage, and feel truly heard within a safe and supportive setting. My aim is for every participant to benefit from the experience—fostering enjoyment, self-assurance, and a positive, well-informed relationship with beauty.

03

MAKEUP AS A LIFE SKILL—FOR INTERVIEW PREPARATION, STAGE PERFORMANCES, SELF-EXPRESSION, CONFIDENCE, GROWING UP, ENHANCING FEATURES, AND BEYOND.