

Bayou-River District Senior Games 2026

Assumption, Lafourche, St. Charles, St. James,
St. John, and Terrebonne Parishes

Registration Deadline:
March 9, 2026

ANY SENIOR ATHLETE INTERESTED IN THE 2026
LOUISIANA SENIOR GAMES
PLEASE CHECK THE WEBSITE:
<http://www.lsog1.org>

COORDINATING AGENCIES:
Assumption, Lafourche, St. Charles, St. James, St. John,
Terrebonne Councils on Aging and Recreation Departments

ELIGIBILITY

Any person 50 years or older as of December 31, 2026

AGE GROUPS

50 - 54, 55 - 59, 60 - 64, 65 - 69, 70 - 74, 75 - 79, 80 - 84, 85 - 89, 90+. Competition age is determined by age as of December 31, 2025. Age group to compete for doubles & mixed doubles is determined by age of the youngest member.

REGISTRATION

Return the attached entry form, and signed waiver by the March 9, 2026 deadline. Please turn in to St. Charles Council on Aging or Parks & Recreation Department.

FEES will be paid by St. Charles Council on Aging or Parks & Recreation Department.

Games Entry \$20.00

Bowling \$12.00 per person per event

Banquet \$12.00*

*Must participate in at least one event to attend the banquet.

T-shirts provided by COA/Recreation Department . Please indicate size on entry form.

EQUIPMENT

Bring your own lawn chair to outdoor events.

EVENT SELECTION

It is the responsibility of the participant to carefully select events considering possible conflicting competition times.

ARTS AND CRAFTS

This event will be held at the banquet. The item must be an item made by the participant during the 2025 - 2026 year.

All craft items and tools necessary to display item must be labeled with participant's name, parish, and category. These items must be turned in to St. Charles Council on Aging or Parks & Recreation Department by April 28, 2026.

MEALS

Meals will be provided at games sites except the bowling alley.

CANCELLATION / POSTPONEMENTS

Game officials reserve the right to cancel or postpone events due to inclement weather or unusual / extenuating circumstances. Alternate dates and/or locations will be announced if necessary.

DISTRICT GAMES

District games are designed to make available additional competition in athletic events already being held at the state level.

Cornhole, Horseshoes, and shuffleboard will play single elimination.

Cornhole and Beanbag Baseball will only have 1st and 2nd place medals.

Medals will be awarded at the event site on the day of the event.

TRANSPORTATION

St. Charles Council on Aging will provide limited transportation to events. If you need transportation, please call the Transportation Department at 985-783-6683.

KEEP THIS SCHEDULE 2026 BAYOU RIVER SENIOR GAMES KEEP THIS SCHEDULE
ALL START TIMES WILL BE STRICTLY ENFORCED
YOU WILL BE ELIMINATED IF NOT RESPONDING AFTER BEING CALLED THREE TIMES

Check-in all ages 9:00 am	Shady Acres Senior Park 6512 West Main, Houma, LA 70360 March 31, 2026 HORSESHOES	Events 9:30 am to 2:00 pm
BOWLING DOUBLES	Creole Lanes 1371 West Tunnel Blvd., Houma, LA 70360 April 8, 2026	Check-in all ages 9:30 am Start Time 10:00 am
BOWLING MIXED DOUBLES		Check-in all ages 12:30 pm Start Time 1:00 pm
BOWLING SINGLES	April 9, 2026	Check-in all ages 9:30 am Start Time 10:00 am Lunch Not Provided
Check-in all ages 9:00 am	Houma Municipal Auditorium 880 Verret Street, Houma, LA 70360 April 14, 2026 SHUFFLEBOARD	Events 9:30 am to 2:00 pm
Check-in all ages 9:00 am	Paulina Park 3360 Sugarhouse Street, Paulina, LA 70763 April 16, 2026	Events 9:30 am to 2:00 pm
1 MILE WALK	SOFTBALL ACCURACY	FOOTBALL ACCURACY
Check-in all ages 9:00 am	Regala Park 200 Regala Park Road, Reserve, LA 70084 April 21, 2026 CORNHOLE	Events 9:30 am to 2:00 pm
Check-in all ages 9:00 am	Chackbay Fair Grounds 346 LA 304, Thibodaux, LA 70301 April 23, 2026 BAIT CASTING	Events 9:30 am to 2:00 pm
WASHER PITCH		BALLOON BURST
Check-in all ages 9:00 am	Edward A. Dufresne Community Center 274 Judge Edward Dufresne Parkway, Luling, LA 70070 April 30, 2026	Events 9:30 am to 2:00 pm
DISCUS	JAVELIN	SHOT PUT
Doors Open 9:30 am	Assumption Community Center 4910 LA 308, Napoleonville, LA 70390 May 5, 2026 BANQUET	BEANBAG BASEBALL
	ARTS & CRAFTS	Lunch 11:30 am

**REMEMBER TO CHECK-IN ON TIME AT THE ASSIGNED LOCATION
GAMES WILL BEGIN PROMPTLY AT START TIME**

Bayou - River District Games
Registration deadline March 9, 2026
Turn in entry form and waiver form to:

St. Charles Council on Aging
 282 Judge Edward Dufresne Parkway
 Luling, LA 70070
 985-783-6683

St. Charles Parish Parks & Recreation
 274 Judge Edward Dufresne Parkway
 Luling, LA 70070
 985-783-5090

SEX _____ AGE _____ PARISH **ST. CHARLES** T-SHIRT SIZE _____
PROVIDED BY COA/REC. DEPT

NAME _____
 LAST _____ FIRST _____ MI _____

NAME MOST OFTEN USED _____ DATE OF BIRTH _____

ADDRESS _____ CITY _____ ZIP _____

EMAIL ADDRESS _____ TELEPHONE (____) ____ - ____

SPORT EVENTS
CHECK ALL EVENTS YOU WISH TO ENTER

March 31, 2026 <input type="checkbox"/> HORSESHOES	April 8, 2026 <input type="checkbox"/> BOWLING DOUBLES PAID ATHLETE PARTNER	April 8, 2026 <input type="checkbox"/> BOWLING MIXED DOUBLES PAID ATHLETE PARTNER	
April 9, 2026 <input type="checkbox"/> BOWLING SINGLES	April 14, 2026 <input type="checkbox"/> SHUFFLEBOARD	April 16, 2026 <input type="checkbox"/> 1 MILE WALK <input type="checkbox"/> SOFTBALL ACCURACY <input type="checkbox"/> FOOTBALL ACCURACY <input type="checkbox"/> SOFTBALL DISTANCE	
April 21, 2026 <input type="checkbox"/> CORNHOLE	April 23, 2026 <input type="checkbox"/> WASHER PITCH <input type="checkbox"/> BAIT CASTING <input type="checkbox"/> BALLOON BURST	April 30, 2026 <input type="checkbox"/> DISCUS <input type="checkbox"/> JAVELIN <input type="checkbox"/> SHOT PUT <input type="checkbox"/> BEANBAG BASEBALL	
May 5, 2026 <input type="checkbox"/> I will attend the Banquet			
<input type="checkbox"/> CRAFT SEWING <input type="checkbox"/> HAND QUILTING <input type="checkbox"/> PAINTING	<input type="checkbox"/> CROCHET <input type="checkbox"/> JEWELRY <input type="checkbox"/> WOODWORKING	<input type="checkbox"/> EMBROIDERY/NEEDLE POINT <input type="checkbox"/> KNITTING	<input type="checkbox"/> FLORAL <input type="checkbox"/> MACHINE QUILTING

PARTICIPANT WAIVER MODEL RELEASE SIGN BELOW

1. The risk of injury from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury to me does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, and I assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official; and,
4. I, for myself and on behalf of my/ours heirs, assigns, personal representatives and next of kin, HEREBY RELEASE the Bayou-River District Senior Games, its officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertiser, and if applicable, owners and lessers of the premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my involvement or participation in these programs WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
5. I for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incidental to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I, the undersigned participant, grant to the Bayou-River District Senior Games the right to use any pictures taken of me during the Bayou-River Senior Games without remuneration and in any medium the photographer/staff sees fit for art, advertisement, exhibition, editorial, or any purpose whatsoever.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARY WITHOUT ANY INDUCEMENT.

SIGNATURE _____ **DATE** _____

Email address _____

EMERGENCY CONTACT Name _____ **Phone ()** _____

ALL FEES WILL BE PAID BY
St. Charles Council on Aging or Parks & Recreation Department

ENTRY FEE.....\$20.00

BANQUET.....\$12.00

Bowling.....\$12.00 per person per event

I have checked the event entries on this form and verify that they are correct. I have also signed the liability waiver.

Signature _____ **Date** _____