



St. Charles COA

December 2025



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Breakfast Sausage Hashbrown Casserole Grits 100% Fruit Juice Biscuit Graham Crackers Milk Margarine Jelly	Beef Chili Parslied Rice Whole Kernel Corn 100% Fruit Juice Saltine Crackers Seasonal Fruit Milk	Turkey Breast w/Gravy Lima Beans Brussels Sprouts Dinner Roll Banana Moon Pie Milk Margarine	Potato Crusted Pollock Macaroni & Cheese Glazed Carrots 100% Fruit Juice Wheat Bread Mandarin Oranges Milk Tartar Sauce	Chicken Chef Salad Cucumber Salad Coleslaw Saltine Crackers Fudge Creme Cookie Milk Salad Dressing
8	9	10	11	12
Salisbury Beef Garlic Whipped Potatoes Parslied Carrots Dinner Roll Seasonal Fruit Milk Margarine	Shrimp Etouffee Steamed Rice Green Peas w/Peppers 100% Fruit Juice Wheat Bread Marble Pudding Milk Margarine	Beef Patty Lettuce Tomato Baked Beans Hamburger Bun Pineapple Cobbler Chocolate Milk Ketchup Mustard Mayonnaise	Pork Roast Onion Gravy Cheesy Whipped Potatoes Collard Greens Dinner Roll Vanilla Wafers Milk Margarine	Chicken & Sausage Jambalaya Mixed Beans Spring Vegetables Wheat Bread Sugar Cookie Milk Margarine
15	16	17	18	19
Smoked Sausage Red Kidney Beans Steamed Rice Garden Vegetables Wheat Bread Seasonal Fruit Milk Margarine	Bowtie Lasagna Whole Kernel Corn Glazed Carrots Texas Bread Seasonal Fruit Milk Margarine	Meatballs w/Gravy Whipped Potatoes Green Peas Wheat Bread Mississippi Mud Pudding Milk Margarine	Chicken Cacciatore Penne Noodles Northern Beans 100% Fruit Juice Wheat Bread Chocolate Moon Pie Milk Margarine	Turkey Burger Lettuce Tomato Onion Sweet Potato Wedges Hamburger Bun Tropical Fruit Crisp Milk Mayonnaise
22	23	24	25	26
Meatballs w/Spaghetti Sauce Spaghetti Noodles Broccoli Florets 100% Fruit Juice Wheat Bread Rice Krispie Treat Milk Margarine	~Christmas Meal~ Pork Chop w/Onion Gravy Chantilly Potatoes Green Peas w/Onions Dinner Roll Banana Pudding w/Wafers Milk Margarine	Closed for Holiday	Closed for Holiday	~Birthday Meal~ Hamburger Steak Buttered Rice Smothered Green Beans 100% Fruit Juice Dinner Roll Birthday Cake Milk Margarine
29	30	31		
Smoked Sausage Red Kidney Beans Steamed Rice Broccoli Florets Wheat Bread Graham Crackers Milk Margarine	~New Year's Meal~ Glazed Ham Black-eyed Peas Cabbage Cornbread Fudge Crème Cookie Milk Margarine	Closed for Holiday	Menu follows state guidelines for nutrients.	 TRIO Community Meals Nourishment through compassionate care.

Kim Dommert RD, LD