

ST. CHARLES COUNCIL ON AGING, INC.

NOVEMBER 2026



agentpipeline
AN INTEGRATED COMPANY

**Open Enrollment &
AI Fraud Prevention**

November 2, 2026

Luling Center - 10:00 AM

November 16, 2026

New Sarpy Center - 10:00 AM



November 4, 2026

New Sarpy Center - 10:00 a.m.

November 6, 2026

Luling Center - 10:00 a.m.

**FEEDING
AMERICA
DISTRIBUTION**

282 JUDGE EDWARD DUFRESNE PARKWAY
LULING, LA 70070

November 5, 2026

7:00AM - 9:00AM



— LIFE THROUGH MOVEMENT —

Fitness Class

November 9, 2026

Luling - 10:00 AM

November 23, 2026

New Sarpy - 10:00 AM



WALK WITH EASE

a program for better living

Tuesdays and Thursdays

New Sarpy Center

9:15am - 10:00am

Luling Center

10:15am - 11:00am

Monthly Education

November 12, 2026

Food Safety

Lauralee Adams, Community Liaison



**NOVEMBER 9, 2026
NEW SARPY CENTER
9:15 AM - 10:00 AM**



New Sarpy Center

November 13, 2026

10:00 AM

Luling Center

November 16, 2026

10:00 AM

**SEGNETTE
LANDING
RESTAURANT**

HARBOR FRONT DINING

FIELD TRIP!!!

November 19, 2026

Departing from

Luling Center

10:30 AM

**Dont' Get in a Jam,
Let's Talk Scams!**



Preventing Medicare Fraud

November 20, 2026

Luling Center - 10:00 AM

During the Thanksgiving Luncheon

Medicare 101

November 11, 2026

**New Sarpy
9:30 AM**

**Luling
11:30 AM**

PEOPLES HEALTH

OPEN ENROLLMENT!!

November 18, 2026

Luling - 10:00 AM

November 19, 2026

New Sarpy - 10:00 AM



Free Legal Aid for Low-Income People

**Ask A Lawyer
New Sarpy**

November 18, 2026

10:30



Research · Extension · Teaching

Nutrition Education

November 25, 2026

New Sarpy - 9:30 AM

Luling - 11:30 AM

**One-on-One
Consultations**

November 30, 2026

**New Sarpy
9:30 AM**

**Luling
11:30 AM**

**Join us for
Peoples Health
Thanksgiving Luncheon**

November 20, 2026

**Serving Lunch at 11:00am
282 Judge Edward Dufresne**

Pkwy. Luling, LA 70007

Limited seating!

RSVP (985) 783-6683

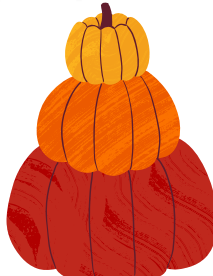
PEOPLES HEALTH

Luling Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Marcia Lumar, Manager

Call Meal Reservations Before 12:30 Day Before

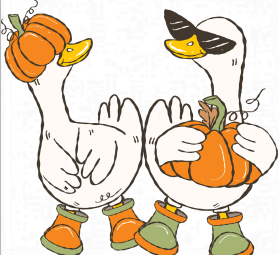
Monday	Tuesday	Wednesday	Thursday	Friday
2. 3 to 13 9:30 - 11:00 Bingo 12:00 - 1:00	3. Pitty Pat 9:00 - 10:00 Price is Right 12:00 - 1:00	4. Paint a Pumpkin Ornament 10:00 - 11:00	5. Word Search 9:30 - 10:00 3 to 13 12:00 - 1:00	6. 3 to 13 9:30 - 10:30 Cornhole 12:00 - 1:00
9. 3 to 13 9:00 - 10:00 Bingo 12:00 - 1:00	10. Pass the Parcel 9:30 - 10:30 UNO 12:00 - 1:00	11. Fall Swag A/C 10:00 - 11:00 Jenga 12:00 - 1:00	12. 3 to 13 9:30 - 10:00 Walk in the Garden 12:00 - 1:00	13. HAPPY BIRTHDAY Bingo 12:00 - 1:00
16. Name that Tune 9:30 - 10:30 Bingo 12:00 - 1:00	17. Cotton Ball Scoop 12:00 - 1:00	18. Bundt Art 9:30 - 11:00 Horseshoes 12:00 - 1:00	19. UNO 9:30 - 10:00 Pitty Pat 12:00 - 1:00	20. <i>Peoples Health Thanksgiving Luncheon</i>
23. 3 to 13 9:30 - 10:30 Bingo 12:00 - 1:00	24. Coloring Sheets 9:30 - 10:00 Word Search 12:00 - 1:00	25. Free Style Fall Art 10:00 - 11:00	26. 27. 	
30. Coloring Sheets 10:00 - 11:00 Bingo 12:00 - 1:00				

New Sarpy Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Deneen Mott, Manager

Call Meal Reservations Before 12:30 Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
2. 3 to 13 9:15 - 10:45 Checkers 12:00 - 1:00	3. Bingo 10:00 - 11:00 LCR 12:00 - 1:00	4. Centerpiece Contest 10:00 - 11:00	5. Keyboard Songs 10:00 - 11:00 UNO 12:00 - 1:00	6. Music Day!
9. 3 to 13 9:15 - 10:45 Table Talk 12:00 - 1:00	10. Bingo 10:00 - 11:00 Puzzle 12:00 - 1:00	11. UNO 10:00 - 11:00 Tables Choice 12:00 - 1:00	12. Dominoes 10:00 - 11:00 Yahtzee 12:00 - 1:00	13. 
16. 3 to 13 9:15 - 10:45 Scrabble 12:00 - 1:00	17. Bingo 10:00 - 11:00 Dominoes 12:00 - 1:00	18. Canvas Painting 10:00 - 11:00 Blackjack 12:00 - 1:00	19. Keyboard Songs 10:00 - 11:00 Yahtzee 12:00 - 1:00	20. Center Closed <i>Peoples Health Thanksgiving Luncheon</i>
23. 3 to 13 9:15 - 10:45 LCR 12:00 - 1:00	24. Bingo 10:00 - 11:00 Poker 12:00 - 1:00	25. Turkey Coloring 10:00 - 11:00 Beanbag Toss 12:00 - 1:00	26. 27. 	
30. Activities Meeting 9:30 - 10:30 3 to 13 12:00 - 1:00				



**St. Charles
Council on Aging, Inc.**

Supporting Today. Enriching Tomorrow.



PROPOSITION NO. 2 OF 2 (PROGRAMS FOR THE ELDERLY IN-LIEU MILLAGE)

WHAT YOU NEED TO KNOW



WHAT IS THIS PROPOSITION?

A 1.25 mills tax on all property in St. Charles Parish for 10 years (2027–2036) to support programs and facilities for the elderly through the St. Charles Council on Aging, Inc.



HOW MUCH WILL IT COST? **1.25 MILLS**

An estimated \$3,200,000 per year (based on current estimates).



HOW LONG WILL IT LAST? **10 YEARS**

Beginning in 2027 and ending in 2036.



WHAT WILL THIS REPLACE?

This 1.25 mill tax will replace two separate taxes that previously aggregated 1.8 mills:

- 1.00 mill (authorized through 2027) – election on December 10, 2016
- 0.8 mills (authorized through 2028) – election on November 6, 2018



WHAT WILL THIS FUND?

The tax will support the construction, improvement, maintenance, and operation of facilities and programs for the elderly in the Parish, including:

- Senior centers and meal sites
- In-home and community-based services
- Transportation services
- And other essential programs for older adults in our community



YOUR VOTE MAKES A DIFFERENCE

This proposition helps ensure that older adults in St. Charles Parish continue to have access to the services, support, and opportunities they need to live healthy, safe, and independent lives.



Your Voice.
OUR FUTURE.

Share
Ideas

Shape
Services

FY 2028-2031 AREA PLAN COMMUNITY MEETINGS



The St. Charles Council on Aging is developing the 2028-2031 Area Plan and we want to hear from **YOU!**



Join us at one of the community meetings below to help shape programs, support older adults, and review the results of the Louisiana Statewide Needs Assessments in St. Charles Parish!

November 10, 2026

Luling Center Activity Center
282 Judge Edward Dufresne Pkwy,
Luling LA
11:00 AM

November 11, 2026

New Sarpy Activity Center
150 Troxclair Ln, Destrehan, LA
11:00 AM

November 18, 2026

SCCOA Advisory Council Meeting
282 Judge Edward Dufresne Pkwy,
Luling LA
9:30 AM

November 19, 2026

SCCOA Board of Directors Meeting
282 Judge Edward Dufresne Pkwy,
Luling LA
9:30 AM

November 20, 2026

Peoples Health Thanksgiving Luncheon
282 Judge Edward Dufresne Pkwy,
Luling LA
11:30 AM



November 3, 2026

8:30 AM - 6:00 PM

Need Transportation?

Call 985-783-6683



CLOSED FOR

THANKSGIVING!

NOVEMBER 26 - 27, 2026

Happy Thanksgiving!

St. Charles Council on Aging, Inc.

Administration Office

April Keller, Executive Director

282 Judge Edward Dufresne Parkway

Luling, Louisiana 70070

985-783-6683

Fax: 985-783-1996

Victoria Adams, Activities Manager

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com

Follow us on...



Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday – Friday

Reservations for Transportation must be called in the day before 1:30 pm.

Home Delivered Meal Distribution Site

Dasha Pierre, Manager

8:30 a.m. 1:30 p.m. Monday Friday

Participants must call if not going to be home to receive meal.

Luling Activity Center

Marcia Lumar, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm the following day.

New Sarpy Activity Center

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

Meal reservations call before 12:30 pm the following day.