

ST. CHARLES COUNCIL ON AGING, INC.



# JULY 2026

**St. Charles Parish LIBRARY**  
 "AGING SMART WITH SMARTPHONES; CELLPHONE DIGITAL LITERACY CLASS"  
 JULY 1, 2026  
 LULING CENTER - 10:00 AM  
 JULY 8, 2026  
 NEW SARPY CENTER - 10:00 AM


**FEEDING AMERICA**  
 DISTRIBUTION  
 282 JUDGE EDWARD DUFRESNE PARKWAY  
 LULING, LA 70070  
 July 2, 2026  
 7:00AM - 9:00AM

**We Will Be Closed for INDEPENDENCE DAY**  
 Friday, July 3, 2026

**ANEW FITNESS**  
 - LIFE THROUGH MOVEMENT -  
**Chair Yoga**  
**July 6, 2026**  
 Luling Center - 10:00 AM  
 New Sarpy Center - 10:00 AM

**WALK WITH EASE**  
 a program for better living  
**Tuesdays and Thursdays**  
**New Sarpy Center**  
**9:15am - 10:00am**  
**Luling Center**  
**10:15am - 11:00am**  
**Monthly Education**  
**July 9, 2026**  
**Skin Care as a Senior**  
 Lauralee Adams, Community Liaison

**St. Charles Parish LIBRARY**  
**Arts & Crafts**  
 New Sarpy Center  
 July 10, 2026 at 10:00 AM  
 Luling Center  
 July 20, 2026 at 10:00 AM

  
**ELDER FRAUD PREVENTION**  
 WITH THE  
*Louisiana Attorney General's Office*  
 JULY 13, 2026  
 LULING - 9:30 AM  
 NEW SARPY - 11:30 AM

  
**SOUTHEAST LOUISIANA LEGAL SERVICES**  
 Free Legal Aid for Low-Income People  
**Ask A Lawyer**  
**July 15, 2026**  
**10:30am**  
**New Sarpy Center**

**Did My Doctor Order This? DME Fraud and Scams**  
  
**SMP**  
 Senior Medicare Patrol ADVISEWELL  
 Preventing Medicare Fraud  
**New Sarpy Center**  
**July 17, 2026**  
**10:00AM**

  
**PET DAY!!**  
**July 22, 2026**  
 Luling Center - 10:00 AM  
**July 24, 2026**  
 New Sarpy Center - 10:00 AM

**Canvas Carousel**  
  
**Instructor Led Painting Class**  
**July 29, 2026**  
 New Sarpy Center - 10:00 a.m.  
**July 31, 2026**  
 Luling Center - 10:00 a.m.  
 Call 985-783-6683 to sign up  
 Deadline July 10, 2026

**NEED A RIDE**  
  
**Call 985-783-6683**

# Luling Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Marcia Lumar, Manager

Call Meal Reservations Before 12:30 Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>Bamboo Kitchen Utensil 10:00 - 11:00</p>	<p>2</p> <p>Word Search 9:30 - 10:00</p> <p>3 to 13 12:00 - 1:00</p>	<p>3</p> <p>CENTER CLOSED</p> 
<p>6</p> <p>3 to 13 9:30 - 10:30</p> <p>Bingo 12:00 - 1:00</p>	<p>7. Walk in the Garden 9:30 - 10:30</p> <p>Bucket Game 12:00 - 1:00</p>	<p>8</p> <p>DIY Bucket Hats (Women and Men) 10:00 - 11:00</p>	<p>9</p> <p>3 to 13 9:30 - 10:00</p> <p>Family Feud 12:00 - 1:00</p>	<p>10</p> <p>3 to 13 9:30 - 10:30</p> <p>Memory Game 12:00 - 1:00</p>
<p>13</p> <p>Name that Tune 9:30 - 10:30</p> <p>Bingo 12:00 - 1:00</p>	<p>14</p> <p>3 to 13 9:30 - 10:00</p> <p>Activities Meeting</p>	<p>15</p> <p>Watermelon Wreath 9:30 - 10:30</p>	<p>16</p> <p>Shuffleboard 9:30 - 10:00</p> <p>Pitty Pat 12:00 - 1:00</p>	<p>17</p> <p>Walk in the Garden 10:00 - 11:00</p>
<p>20</p> <p>3 to 13 9:30 - 10:30</p> <p>Bingo 12:00 - 1:00</p>	<p>21</p> <p>Name that Tune 12:00 - 1:00</p>	<p>22</p> <p>Terracotta Mushroom 10:00 - 11:00</p>	<p>23</p> <p>Pass the Parcel Game 12:00 - 1:00</p> <p>Crossword 12:00 - 1:00</p>	<p>24</p> <p>Birthday Celebration</p> 
<p>27</p> <p>3 to 13 9:30 - 10:30</p> <p>Bingo 12:00 - 1:00</p>	<p>28</p> <p>Family Feud 9:30 - 10:00</p> <p>Pitty Pat 12:00 - 1:00</p>	<p>29</p> <p>Leaf Butterfly 10:00 - 11:00</p>	<p>30</p> <p>Pokeno 10:00 - 11:00</p>	<p>31</p> <p>3 to 13 9:30 - 10:30</p> <p>Bingo 12:00 - 1:00</p>

# New Sarpy Activity Center

**Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am**

**Deneen Mott, Manager**

**Call Meal Reservations Before 12:30 Day Before**

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> USA Flag A/C 9:30 - 10:30  4th of July Celebration	<b>2</b> Dominoes 10:00 - 11:00  Old Maid 12:00 - 1:00	<b>3</b> CENTER CLOSED 
<b>6</b> 3 to 13 10:00 - 11:00  Jenga 12:00 - 1:00	<b>7</b> Bingo 10:00 - 11:00  Yahtzee 12:00 - 1:00	<b>8</b> Canvas A/C 10:00 - 11:00  Easy Sudoku 12:00 - 1:00	<b>9</b> Dominoes 10:00 - 11:00  Clients Choice 12:00 - 1:00	<b>10</b> Library A/C 10:00 - 11:00  Beanbag Baseball
<b>13</b> 3 to 13 10:00 - 11:00  Word Search 12:00 - 1:00	<b>14</b> Bingo 10:00 - 11:00  Black Jack 12:00 - 1:00	<b>15</b> Picture Frame A/C 10:00 - 11:00  Beanbag Baseball 12:00 - 1:00	<b>16</b> Dominoes 10:00 - 11:00  Jenga 12:00 - 1:00	<b>17</b> Table Talk 10:00 - 11:00  Pokeno 12:00 - 1:00
<b>20</b> 3 to 13 10:00 - 11:00  Word Search 12:00 - 1:00	<b>21</b> Bingo 10:00 - 11:00  Clients Choice 12:00 - 1:00	<b>22</b> Windchime A/C 10:00 - 11:00  Beanbag Baseball 12:00 - 1:00	<b>23</b> Dominoes 10:00 - 11:00  Clients Choice 12:00 - 1:00	<b>24</b> Poker 10:00 - 11:00  Word Search 12:00 - 1:00
<b>27</b> Activities Meeting 9:30 - 10:30	<b>28</b> Bingo 10:00 - 11:00  Tik Tac Toe 12:00 - 1:00	<b>29</b> Birdhouse A/C 10:00 - 11:00  Cornhole 12:00 - 1:00	<b>30</b> Dominoes 10:00 - 11:00  Yahtzee 12:00 - 1:00	<b>31</b>  Birthday Celebration & Dance Party

# MONTHLY MEETINGS

June 22, 2026

Advisory Council Executive 10:30 AM

June 23, 2026

Board of Directors Executive 1:30 PM

July 15, 2026

Advisory Council 9:30 AM

July 16, 2026

Finance 9:00 AM

Board of Directors 9:30 AM

**St. Charles Council on Aging, Inc.**

**Administration Office**

April Keller, Executive Director

282 Judge Edward Dufresne Parkway  
Luling, Louisiana 70070

985-783-6683

Fax: 985-783-1996

Victoria Adams, Activities Manager

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: [information@stcharlescoa.com](mailto:information@stcharlescoa.com)

Website: [www.stcharlescoa.com](http://www.stcharlescoa.com)

Follow us on...



## Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday – Friday  
Reservations for Transportation must be called in the day before 1:30 pm.

## Home Delivered Meal Distribution Site

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday  
Participants must call if not going to be home to receive meal.

## Luling Activity Center

Marcia Lumar, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday  
Meal reservations call before 12:30 pm for the following day.

## New Sarpy Activity Center

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047  
8:30 a.m. - 2:00 p.m. Monday - Friday  
985-603-4209

Meal reservations call before 12:30 pm for the following day.