



# JULY 2025

## FEEDING AMERICA<sup>®</sup> DISTRIBUTION

282 JUDGE EDWARD DUFRESNE PARKWAY  
LULING, LA 70070

**JULY 3, 2025**  
**7:00AM - 8:45AM**

# Closed

FOR THE

## 4th OF JULY



## WALK WITH EASE

a program for better living

**New Sarpy Center**

**9:15am to 10:00am**

**Luling Center**

**10:15am to 11:00am**

**Monthly Education**

**Hurricane preparedness:  
What Every Elderly Person  
Needs to Know?**

**July 3, 2025**

**Lauralee Adams, Community Liaison**



OFFICE OF THE  
ATTORNEY GENERAL

## ELDER FRAUD PRESENTATION

**JULY 7, 2025**

**NEW SARPY CENTER 10:00 AM**

**LULING CENTER 11:30 AM**

LEARN HOW FRAUD HAPPENS —  
AND HOW TO STOP IT.



**Stress Management**

**Martha Ruiz**

**Luling Center 11:00 am**

**July 21, 2025**

**New Sarpy Center 11:00 am**

**July 28, 2025**



**Please join COA & Entergy**

**As we Beat the Heat**

**Speaker: Flo Dumas - Entergy "Entergy Efficiency"**

**Wednesday, July 9, 2025**

**10:00 am**

**282 Judge Edward Dufresne Parkway**

**Luling, LA 70070**

**Call 985-783-6683 for Reservations**

**By July 2, 2025**

**Lunch served at 11:00 am**

**Baked Chicken, Poultry Gravy, Cabbage, Glazed  
Carrots, Dinner Roll, Mississippi Mud Pudding, Milk**

**Fans will be distributed to Senior Citizens  
immediately after lunch, one per household.**

**Limited Seating**



**Wed., July 23 at 11:30 a.m. Fri., July 25 at 10 a.m.**  
**Luling Center New Sarpy Center**

**Topic:**

**Your Life, Your Legacy**

**Dignity<sup>®</sup>**  
MEMORIAL

These informational seminars are sponsored by:  
H.C. Alexander Funeral Home, 22 Apple St., Norco, LA 70079  
Lake Lawn Metairie Funeral Home and Cemeteries  
5100 Pontchartrain Blvd., New Orleans, LA 70124



# Luling Activity Center

**Monday - Friday 8:30 am - 2 pm    Lunch Served 11:00am**

**Marcia Lumar, Manager**

**Call Meal Reservations Before 12:30 Day Before**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Shopping Day</b> <b>Tuesday</b> <b>1<sup>st</sup> Dollar General</b> <b>2<sup>nd</sup> Cajun Village</b> <b>3<sup>rd</sup> Dollar Tree</b>	<b>1</b>  <b>WALK WITH EASE</b> a program for better living <b>10:15 - 11:00</b>  <b>Hot Ball</b> <b>12:00 - 1:00</b>	<b>2 Make Name Bracelet</b> <b>9:30 - 11:00</b>  <b>Movie</b> <b>12:00 - 1:00</b>	<b>3</b>  <b>WALK WITH EASE</b> a program for better living <b>10:15 - 11:00</b>  <b>Pitty Pat</b> <b>12:00 - 1:00</b>	<b>CLOSED</b> <b>4<sup>TH</sup> OF JULY</b> HAPPY INDEPENDENCE DAY 
<b>7</b> <b>3 to 13</b> <b>9:30 - 11:00</b>  <b>Bingo</b> <b>12:00 - 1:30</b>	<b>8</b>  <b>WALK WITH EASE</b> a program for better living <b>10:15 - 11:00</b>  <b>Bird House</b> <b>12:00 - 1:30</b>	<b>9</b> 	<b>10</b>  <b>WALK WITH EASE</b> a program for better living <b>10:15 - 11:00</b>  <b>3 to 13</b> <b>9:30 - 10:00</b>	<b>11</b> <b>Safety Prevention</b> <b>Luling Fire Dept 10:00</b>
<b>14</b> <b>Bingo</b> <b>12:00 - 1:30</b>	<b>15</b>  <b>WALK WITH EASE</b> a program for better living <b>10:15 - 11:00</b>  <b>Cornhole</b> <b>12:00 - 1:00</b>	<b>16</b> <b>Hot Ball</b> <b>9:30 - 10:30</b>  <b>Movie</b> <b>12:00 - 1:00</b>	<b>17</b>  <b>WALK WITH EASE</b> a program for better living <b>10:15 - 11:00</b>  <b>Cornhole</b> <b>9:30 - 10:00</b>	<b>18</b> <b>Cypress Physical Therapy 10:00</b> 
<b>21</b> <b>3 to 13</b> <b>9:30 - 10:30</b>  <b>Bingo</b> <b>12:00 - 1:00</b>	<b>22</b>  <b>WALK WITH EASE</b> a program for better living <b>10:15 - 11:00</b>  <b>Popsicle Flag</b> <b>12:00 - 1:00</b>	<b>23</b> <b>3 to 13</b> <b>9:30 - 10:30</b>  <b>Movie</b> <b>12:00 - 1:00</b>	<b>24</b>  <b>WALK WITH EASE</b> a program for better living <b>10:15 - 11:00</b>  <b>Road Trip!</b> <b>LOUISIANA</b> <b>PURCHASE KITCHEN</b>	<b>25</b> <b>Red Shoe Celebration</b>
<b>28</b> <b>3 to 13</b> <b>9:30 - 10:30</b>  <b>Bingo</b> <b>12:00 - 1:00</b>	<b>29</b>  <b>WALK WITH EASE</b> a program for better living <b>10:15 - 11:00</b>  <b>Hot Ball</b> <b>12:00 - 1:00</b>	<b>30 Paint Wind Chime</b> <b>9:30 - 10:30</b>  <b>Movie</b> <b>12:00 - 1:30</b>	<b>31</b>  <b>WALK WITH EASE</b> a program for better living <b>10:15 - 11:00</b>  <b>Word Search</b> <b>12:00 - 1:00</b>	<b>Shopping Day</b> <b>Thursday</b> <b>1<sup>st</sup> Majoria's</b> <b>2<sup>nd</sup> River Road Market</b> <b>3<sup>rd</sup> Walmart</b>














# New Sarpy Activity Center

**Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am**

**Deneen Mott, Manager**

**Call Meal Reservations Before 12:30 Day Before**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Shopping Day</b> <b>Tuesday</b> <b>1<sup>st</sup> Family Dollar</b> <b>2<sup>nd</sup> Norco Fresh Market</b> <b>3<sup>rd</sup> Dollar General</b>	<b>1.</b>  <b>WALK WITH EASE</b> a program for better living <b>9:15 - 10:00</b>  <b>Black Jack</b> 12:00 - 1:00	<b>2.</b> <b>Spades</b> 9:30-10:30  <b>LCR</b> 1:00-1:00	<b>3.</b>  <b>WALK WITH EASE</b> a program for better living <b>9:15 - 10:00</b>  <b>4th of July Celebration</b>	***** <b>Have an</b> <b>Awesome</b> <b>4<sup>th</sup> of July</b> ***** <b>Closed</b>
<b>7.</b> <b>Pitty Pat</b> 9:30-10:00  <b>3 to 13</b> 12:00-1:00	<b>8.</b>  <b>WALK WITH EASE</b> a program for better living <b>9:15 - 10:00</b>  <b>Crazy 8</b> 12:00-1:00	<b>9.</b> 	<b>10.</b>  <b>WALK WITH EASE</b> a program for better living <b>9:15 - 10:00</b>  <b>Corn Hole</b> 12:00-1:00	<b>11.</b>  10:00  <b>Baseball Toss</b> 12:00-1:00
<b>14.</b> <b>Poker</b> 9:30-10:30  <b>Pitty Pat</b> 12:00-1:00	<b>15.</b>  <b>WALK WITH EASE</b> a program for better living <b>9:15 - 10:00</b>  <b>Black Jack</b> 12:00-1:00	<b>16.</b>  <b>Ask A Lawyer</b> 10:30  <b>Bingo</b> 12:00-1:00	<b>17.</b>  <b>WALK WITH EASE</b> a program for better living <b>9:15 - 10:00</b>  <b>Flower Craft</b> 12:00-1:00	<b>18.</b>    <b>Durable Medicare Equipment (DME) Fraud &amp; Scams</b> 10:00
<b>21.</b> <b>Connect Four</b> 9:30-10:30  <b>Checker</b> 12:00-1:00	<b>22.</b>  <b>WALK WITH EASE</b> a program for better living <b>9:15 - 10:00</b>  <b>Picture Frame</b> 12:00-1:00	<b>23.</b> <b>UNO</b> 10:00-11:00  <b>Dominoes</b> 12:00-1:00	<b>24.</b>  <b>WALK WITH EASE</b> a program for better living <b>9:15 - 10:00</b>  <b>Poker</b> 12:00 1:00	<b>25.</b>   <b>Pitty Pat</b> 12:00-1:00
<b>28.</b> <b>Activity Meeting</b> 9:30-10:30  <b>3 to 13</b> 12:00-1:00	<b>29.</b>  <b>WALK WITH EASE</b> a program for better living <b>9:15 - 10:00</b>  <b>Wood Slice</b> 12:00-1:00	<b>30.</b> <b>Bingo</b> 9:30-10:00  <b>Spades</b> 12:00-1:00	<b>31.</b>  <b>WALK WITH EASE</b> a program for better living <b>9:15 - 10:00</b>  <b>Pitty Pat</b> 12:00-1:00	<b>Shopping Day</b> <b>Thursday</b> <b>1<sup>st</sup> Walmart</b> <b>2<sup>nd</sup> Dollar Tree</b> <b>3<sup>rd</sup> River Road Market</b>

# MONTHLY MEETINGS

**June 23, 2025**

**Advisory Council Executive 10:30am**

**June 24, 2025**

**Board of Directors Executive 9:30am**

**July 16, 2025**

**Advisory Council 9:30am**

**July 17, 2025**

**Finance 8:45am**

**Board of Directors 9:30am**

**282 Judge Edward Dufresne Parkway Luling, LA 70070**

**St. Charles Council on Aging, Inc.**

**Administration Office**

**April Keller, Executive Director**

**282 Judge Edward Dufresne Parkway  
Luling, Louisiana 70070**

**985-783-6683  
Fax: 985-783-1996**

**Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday**

**Email: [information@stcharlescoa.com](mailto:information@stcharlescoa.com)**

**Website: [www.stcharlescoa.com](http://www.stcharlescoa.com)**



## **Transportation**

**Karman Hill, Manager**

**7:00 a.m. - 3:30 p.m. Monday - Friday**

**Reservations for Transportation must be  
called in the day before by 1:30 pm .**

## **Luling Activity Center**

**Marcia Lumar, Manager**

**8:30 a.m. - 2:00 p.m. Monday - Friday**

**Meal reservations call before 12:30 pm for  
the following day.**

## **Home Delivered Meal Distribution Site**

**Dasha Pierre, Manager**

**8:30 a.m. - 1:30 p.m. Monday - Friday**

**Participants must call if not going  
to be home to receive meal.**

## **New Sarpy Activity Center**

**Deneen Mott, Manager**

**150 Troxclair Lane • Destrehan, LA 70047**

**8:30 a.m. - 2:00 p.m. Monday - Friday**

**985-603-4209**

**Meal reservations call before 12:30 pm  
for the following day.**