

ST. CHARLES COUNCIL ON AGING, INC.

MARCH 2025



HAPPY MARDI GRAS
CLOSED MARCH 4, 2025



March 9, 2025 • Set your clock ahead!



Tuesdays & Thursdays
New Sarpy Center
9:15 am to 10:00 am
Luling Center
10:15 am to 11:00 am

Monthly Education
Spring into Spring
Health Tips to Improve
Overall Health
March 6, 2025

Lauralee Adams, Community Liaison



SOUTHEAST LOUISIANA LEGAL SERVICES
Free Legal Aid for Low-Income People

Ask A Lawyer
March 19, 2025
10:30 am

New Sarpy Center
Michele Stross



Arts & Crafts Candle Decorating

New Sarpy Center
March 5, 2025
10:00 am to 11:00 am

Luling Center
March 7, 2025
10:00 am to 11:00 am

Susan Guidroz
Community Relations Manager



Arts & Crafts

New Sarpy Center
March 14, 2025
10:00 am

Luling Center
March 17, 2025
10:00 am



Protecting My Identity from Scammers

March 21, 2025

New Sarpy Center
10:00 am

Sandra Coburn
Community Outreach Specialist

FEEDING AMERICA® DISTRIBUTION

282 JUDGE EDWARD DUFRESNE PARKWAY
LULING, LA 70070

MARCH 6, 2025
7:00 AM - 8:45 AM



LOUISIANA DEPARTMENT of AGRICULTURE & FORESTRY

Senior Farmers Market Nutrition Program

2025 Coupon Applications now being accepted at
St. Charles Council on Aging, Inc.
282 Judge Edward Dufresne Parkway
Luling, LA 70070

Also Starting March 5, 2025
Our Caseworkers will be at the
German Coast Farmers' Market
Westbank Bridge Park
On Wednesdays Noon to 3:00 pm
Accepting new applications.



3920 Williams Blvd.
Kenner, LA 70065
Thursday, March 27, 2025
10:30 am Luling Center Departure
1:00 pm Return
Limited Seating
Sign up on trip reservation sheet



Luling Activity Center

Monday - Friday 8:30 am - 2:00 pm

Lunch Served 11:00 am

Marcia Lumar, Manager

Call Meal Reservations Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday		
<p>3. Card Games 9:30 - 10:30</p> <p>Bingo 12:00 - 1:30</p>	<p>4.  CLOSED</p>	<p>5. 3 to 13 9:30 - 10:30</p> <p>Movie & Popcorn Day 12:00 - 1:00</p>	<p>6. Dominoes 9:30 - 10:15</p> <p>Checkers 12:00 - 1:00</p>	<p>7. Table Games 9:30 - 10:00</p> <p>Karaoke 12:00 - 1:00</p>		
<p>10. Checkers 10:15 - 11:00</p> <p>Bingo 12:00 - 1:30</p>	<p>11. Crossword Puzzles 9:30 - 10:15</p> <p>Connect Four 12:00 - 1:30</p>	<p>12. 3 to 13 10:15 - 11:00</p> <p>Movie 12:00 - 1:30</p>	<p>13. Phase 10 9:30 - 10:15</p> <p>Crossword Puzzles 12:00 - 1:30</p>	<p>14. Cornhole 9:30 - 10:30</p> <p>Musical Chairs 12:00 - 1:00</p>		
<p>17.  Cornhole 9:30 - 10:00</p> <p>Bingo 12:00 - 1:30</p>	<p>18. Phase 10 9:30 - 10:15</p> <p>UNO 12:00 - 1:00</p>	<p>19. Activity Reading 9:00 - 10:00</p> <p>TIC TAC TOE 12:00 - 1:00</p>	<p>20. Spades 9:30 - 10:15</p> <p>3 to 13 10:15 - 11:00</p>	<p>21. Table Games</p> <p>Pitty Pat 12:00 - 1:00</p>		
<p>24. Bingo 12:00 - 1:00</p> <p>3 to 13 9:30 - 10:30</p>	<p>25. Crossword Puzzles 9:30 - 10:15</p> <p>Black Jack 12:00 - 1:00</p>	<p>26. LCR 9:30 - 10:30</p> <p>Movie 12:00 - 1:00</p>	<p>27. 3 to 13 9:30 - 10:15</p> <p>Word Search 12:00 - 1:00</p>	<p>28. Birthday Celebration</p>		
<p>31. 3 to 13 9:30 - 10:30</p> <p>Bingo 12:00 - 1:00</p>	<p>Shopping Day</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; text-align: center;"> <p>Tuesdays</p> <p>1st Dollar General</p> <p>2nd Cajun Village</p> <p>3rd Dollar Tree</p> </td> <td style="width: 50%; text-align: center;"> <p>Thursdays</p> <p>1st Majoria's</p> <p>2nd Majoria's</p> <p>3rd Walmart</p> </td> </tr> </table>				<p>Tuesdays</p> <p>1st Dollar General</p> <p>2nd Cajun Village</p> <p>3rd Dollar Tree</p>	<p>Thursdays</p> <p>1st Majoria's</p> <p>2nd Majoria's</p> <p>3rd Walmart</p>
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New Sarpy Activity Center

Monday - Friday 8:30 am - 2:00 pm

Lunch Served 11:00 am

Deneen Mott, Manager

Call Meal Reservations Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday		
<p>3. Spades 9:30 - 10:30</p> <p>3 to 13 12:00 - 1:00</p>	<p>4.</p>  <p>Happy Mardi Gras Closed</p>	<p>5. Connect Four 9:30 - 10:00</p> <p>Dominoes 12:00 - 1:30</p>	<p>6. Word Search 10:00 - 11:00</p> <p>Pitty Pat 12:00 - 1:00</p>	<p>7. Table Games 9:30 - 10:30</p> <p>Poker 12:00 - 1:00</p>		
<p>10. Table Talk 9:30 - 10:30</p> <p>Dominoes 12:00 - 1:00</p>	<p>11. Cornhole 10:00 - 11:00</p> <p>Checkers 12:00 - 1:00</p>	<p>12. Bingo 9:30 - 10:30</p> <p>Spades 12:00 - 1:30</p>	<p>13. 3 to 13 10:00 - 11:00</p> <p>Jenga 12:00 - 1:00</p>	<p>14. Cornhole 9:30 - 10:00</p> <p>Poker 12:00 - 1:00</p>		
<p>17.  HAPPY ST. PATRICK'S DAY</p> <p>UNO 9:30 - 10:30</p> <p>Sudoku 12:00 - 1:00</p>	<p>18. Connect Four 10:00 - 11:00</p> <p>Dominoes 12:00 - 1:00</p>	<p>19. Arts & Crafts 9:30 - 10:30</p> <p>Poker 12:00 - 1:00</p>	<p>20. Pitty Pat 10:00 - 11:00</p> <p>Table Talk 12:00 - 1:00</p>	<p>21. Checkers 9:30 - 10:30</p> <p>3 to 13 12:00 - 1:00</p>		
<p>24. Activity Meeting 9:30 - 10:30</p> <p>Hot Ball 12:00 - 1:00</p>	<p>25. Dominoes 10:00 - 11:00</p> <p>Black Jack 12:00 - 1:00</p>	<p>26. Bingo 9:30 - 10:30</p> <p>LCR 12:00 - 1:30</p>	<p>27. Poker 10:00 - 11:00</p> <p>3 to 13 12:00 - 1:00</p>	<p>28. Music Day 9:30 - 10:30</p> <p>Birthday Party 12:00 - 1:00</p>		
<p>31. Connect Four 9:30 - 10:30</p> <p>Dominoes 12:00 - 1:00</p>	<p>Shopping Day</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; text-align: center; border: none;"> <p>Tuesday</p> <p>1st Family Dollar</p> <p>2nd Norco Fresh Market</p> <p>3rd Winn Dixie</p> </td> <td style="width: 50%; text-align: center; border: none;"> <p>Thursday</p> <p>1st Walmart</p> <p>2nd Dollar Tree</p> <p>3rd River Road Market</p> </td> </tr> </table>				<p>Tuesday</p> <p>1st Family Dollar</p> <p>2nd Norco Fresh Market</p> <p>3rd Winn Dixie</p>	<p>Thursday</p> <p>1st Walmart</p> <p>2nd Dollar Tree</p> <p>3rd River Road Market</p>
<p>Tuesday</p> <p>1st Family Dollar</p> <p>2nd Norco Fresh Market</p> <p>3rd Winn Dixie</p>	<p>Thursday</p> <p>1st Walmart</p> <p>2nd Dollar Tree</p> <p>3rd River Road Market</p>					



**ST. CHARLES COUNCIL ON AGING, INC.
ANNUAL GENERAL MEMBERSHIP DRIVE 2024
March 1, 2025 to June 5, 2025**

The St. Charles Council on Aging is a non-profit organization whose mission is to improve the quality of life for senior citizens in our parish and serve as the primary provider of elderly services for our seniors. Services provided include but are not limited to weekday activities and daily lunches at senior centers, weekly shopping trips, home delivered meals, transportation to and from doctors' appointments locally and out of parish, personal care, homemaker services, and respite care for caretakers.

Please see our website stcharlescoa.com for additional information or email information@stcharlescoa.com or call April Keller, Executive Director 985-783-6683. Our general membership is open to anyone aged 18 or older who is interested in the welfare of our senior citizens and who may be looking for volunteer opportunities that enhance life for this group of citizens.

Membership is free and no annual renewal is necessary. Membership applications are available at St. Charles Council on Aging, Inc, Administration Office/Senior Activity Center, Luling; the New Sarpy Senior Activity Center; and on our website stcharlescoa.com.

**St. Charles Council on Aging, Inc.
Administration Office**

April Keller, Executive Director

282 Judge Edward Dufresne Parkway
Luling, Louisiana 70070

985-783-6683
Fax: 985-783-1996

Mason Graham, Activities Manager

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com



Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm .

Home Delivered Meal Distribution Site

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

Participants must call if not going to be home to receive meal.

Luling Activity Center

Marcia Lumar, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm for the following day.

New Sarpy Activity Center

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

Meal reservations call before 12:30 pm for the following day.