

# Bayou - River District Senior Games 2024

Assumption, Lafourche, St. Charles, St. James,  
St. John, and Terrebonne Parishes

**Registration Deadline: March 8, 2024**

**ANY SENIOR ATHLETE THAT IS INTERESTED IN THE  
2024 LOUISIANA SENIOR GAMES  
PLEASE CHECK THE WEBSITE:  
[www.lsog1.net](http://www.lsog1.net)**

## **COORDINATING AGENCIES:**

**Assumption, Lafourche, St. Charles, St. James, St. John,  
Terrebonne Councils on Aging and Recreation Departments**

## **ELIGIBILITY**

Any person 50 years or older as of December 31, 2024.

## **AGE GROUPS**

50 - 54, 55 - 59, 60 - 64, 65 - 69, 70 - 74, 75 - 79, 80 - 84, 85 - 89, 90+. Competition age is determined by age as of December 31, 2024. Age group to compete for doubles & mixed doubles is determined by age of the youngest member.

## **REGISTRATION**

Please return the enclosed entry form, and signed waiver to the Council on Aging (COA) or Recreation Department by the March 8, 2024.

## **FEES**

Games Entry \$20.00 paid by COA/Recreation Department.

Banquet \$7.00\* paid by COA/Recreation Department.

Bowling \$9.00 per person per event paid to the bowling alley by the bowler.

\*Must participate in at least one event to be able to attend the banquet.

T-shirts provided by COA/Recreation Department . Please indicate size on entry form.

## **EQUIPMENT**

Bring your own lawn chair to outdoor events.

## **EVENT SELECTION**

It is the responsibility of the participant to carefully select events considering possible conflicting competition times.

## **ARTS AND CRAFTS**

This event will be held at the banquet. The item must be an item made by the participant during the 2023 - 2024 year.

All craft items and tools necessary to display item must be labeled with participant's name, parish, and category. These items must be turned in to the COA by MAY 7, 2024.

## **SENIOR ATHLETE**

A Senior Athlete for each parish will be recognized at the banquet. This athlete will be chosen by their own parish.

## **MEALS**

Meals will be provided at games sites except the bowling alley.

## **CANCELLATION / POSTPONEMENTS**

Game officials reserve the right to cancel or postpone events due to inclement weather or unusual / extenuating circumstances. Alternate dates and/or locations will be announced if necessary.

## **DISTRICT GAMES**

District games are designed to make available additional competition in athletic events already being held at the state level.

Medals will be awarded at the event site on the day of the event.

**KEEP THIS SCHEDULE 2024 BAYOU RIVER SENIOR GAMES KEEP THIS SCHEDULE**

**ALL START TIMES WILL BE STRICTLY ENFORCED. YOU WILL BE ELIMINATED IF NOT RESPONDING AFTER BEING CALLED 3 TIMES.**

**Tuesday, April 9, 2024 Houma Municipal Auditorium  
800 Verret St., Houma**

**Check-in all ages 9:00 am**

**Events 9:30 am to Noon**

**Shuffleboard**

**Charmin Toss**

**Bean Bag Toss**

**Thursday, April 11, 2024 Creole Lanes  
1871 W Tunnel Blvd., Houma**

**Bowling Doubles**

**Check-in all ages 9:30 am**

**Start Time 10:00 am**

**Bowling Mixed Doubles**

**Check-in all ages 1:00 pm**

**Start Time 1:30 pm**

**Friday, April 12, 2024 Creole Lanes  
1871 W Tunnel Blvd., Houma**

**Bowling Singles**

**Check-in all ages 9:30 am**

**Start Time 10:00 am**

**Tuesday, April 16, 2024 Regala Park  
200 Regala Park Drive, Reserve**

**Check-in all ages 9:00 am**

**Events 9:30 am to 11:00 am**

**Table Tennis**

**Basketball Freethrow**

**Cornhole**

**Thursday, April 18, 2024 Paulina Park  
8860 Sugarhouse, St. Paulina**

**Check-in all ages 9:00 am**

**Events 9:30 am to Noon**

**1 Mile Walk**

**Softball Accuracy**

**Softball Distance**

**Football Accuracy**

**Thursday April 25, 2024 Edward A. Dufresne Community Center  
274 Judge Edward Dufresne Parkway, Luling**

**Check-in all ages 9:00 am**

**Events 9:30 am to Noon**

**Discus**

**Javelin**

**Shot Put**

**Bean Bag Baseball**

**Tuesday, April 30, 2024 Chackbay Fair Grounds  
345 LA 304, Thibodaux**

**Check-in all ages 9:00 am**

**Events 9:30 am to Noon**

**Washer Pitch**

**Bait Casting**

**Balloon Burst**

**Tuesday, May 7, 2024 Shady Acres Sr. Park  
6512 West Main, Houma**

**Check-in all ages 9:00 am**

**Events 9:30 am to Noon**

**Rec. Horseshoes**

**May 9 2024 St. Charles COA  
282 Judge Edward Dufresne Parkway, Luling**

**Door Opens 8:30 am**

**Judging 10:00 am**

**Lunch 11:00 am**

**Banquet**

**Arts & Crafts**

**Senior Athlete Recognition**

**REMEMBER TO CHECK-IN ON TIME AT THE ASSIGNED LOCATION  
GAMES WILL BEGIN PROMPTLY AT START TIME**