

ST. CHARLES COUNCIL ON AGING, INC.

November 2025



Daylight Savings Ends!
Set your clocks
back an hour!
November 2, 2025



Luling Center
November 5, 2025
10:00am - 11:00am
New Sarpy Center
November 7, 2025
10:00am - 11:00am



Eastside St. Charles Parish
Volunteer Fire Department
New Sarpy Center
November 4, 2025
10:00am - 11:00am

Luling Volunteer Fire
Department
Luling Center
November 12, 2025
9:30am - 11:00am



SOUTHEAST LOUISIANA
LEGAL SERVICES
Free Legal Aid for Low-Income People

Ask a Lawyer
November 19, 2025
10:30am
New Sarpy Center
Michele Stross

Join us for
People's Health
Thanksgiving Luncheon

November 21, 2025
Serving Lunch at 11:00am
282 Judge Edward Dufresne
Pkwy. Luling, LA 70007
Limited seating!
RSVP (985) 783-6683

PEOPLES HEALTH

November 3, 2025

New Sarpy Center

10:00AM - 11:00AM



WALK WITH EASE

a program for better living

Tuesdays and Thursdays

New Sarpy Center

9:15am - 10:00am

Luling Center

10:15am - 11:00am

Monthly Education

November 13, 2025

Diabetes Awareness

Lauralee Adams, Community Liaison



Arts & Crafts

New Sarpy Center
November 14, 2025
10:00am

Luling Center
November 17, 2025
10:00am

Don't Get Into a Jam,
Let's talk Scams



ADVISEWELL

November 21, 2025

Luling Center

10:00am

Before Thanksgiving Luncheon
Sydna Peterson



FEEDING AMERICA

DISTRIBUTION

282 JUDGE EDWARD DUFRESNE PARKWAY
LULING, LA 70070

November 6, 2025

7:00AM - 9:00AM



JEFFERSON
COUNCIL ON AGING
ABILITY IS AGELESS

New Sarpy Center

November 10, 2025

10:00am - 11:00am

Luling Center

November 14, 2025

10:00am - 11:00am

LOUISIANA VOTING CHANGES

DEPUTY SECRETARY FOR OUTREACH: KOREY RYDER



NOVEMBER 13, 2025

LULING 9AM - 9:45AM

NEW SARPY 10AM - 10:45AM



"Helping to break the cycle of abuse one at a time"

New Sarpy Center

November 20, 2025

10:00am - 11:00am

Luling Center

November 24, 2025

10:00am - 11:00am

FIELD TRIP!



4101 Veterans Blvd. Metairie,
LA 70002

November 20, 2025
Departing from Luling
Center 10:30am

Happy Thanksgiving

Closed for Thanksgiving
Holiday November 27 and 28,
2025

Luling Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Marcia Lumar, Manager

Call Meal Reservations Before 12:30 Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
3. 3 to 13 9:30 - 10:30 Bingo 12:00 - 1:00	4. Coloring Sheets 9:30 - 10:30 Bookmobile	5. Thanksgiving Wreath 9:00 - 10:00	6. Pitty Pat 10:00 - 11:00 Shuffleboard 12:00 - 1:00	7. 3 to 13 12:00 - 1:00
10. 3 to 13 9:30 - 10:30 Bingo 12:00 - 1:00	11. Cross Word 9:30 - 10:00	12. No Sew Purse 11:30 - 12:00	13. 3 to 13 9:30 - 10:00 Hot Ball 12:00 - 1:00	14. Bean Toss 12:00 - 1:00
17. Pitty Pat 9:30 - 10:30 Bingo 12:00 - 1:00	18. Cornhole 9:30 - 10:30 Bookmobile	19. Door Knob Hangers 10:00 - 11:00	20. 	21. People's Health Thanksgiving Luncheon
24. 3 to 13 9:30 - 10:30 Bingo 12:00 - 1:00	25. Dropster 9:30 - 10:00 Crossword 9:30 - 11:00	26. Thanksgiving Luncheon 9:30 - 11:30	27. 	28. Center Closed Day After Thanksgiving

Luling Shopping Days

Tuesday	Thursday
1 st Dollar General	1 st Majoria's
2 nd Cajun Village	2 nd River Road Market
3 rd Dollar Tree	3 rd Walmart

New Sarpy Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Deneen Mott, Manager

Call Meal Reservations Before 12:30 Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
3. LCR 9:00 - 10:00 Dominoes 12:00 - 1:00	4. Bingo 12:00 - 1:00	5. Bean Bag A/C 9:30 - 10:30 Connect Four 12:00 - 1:00	6. Puzzle 9:30 - 10:30 Table Talk 12:00 - 1:00	7. Pitty Pat 9:00 - 10:00 3 to 13 12:00 - 1:00
10. Crazy 8 9:00 - 10:00 Hot Cups 12:00 - 1:00	11. Bingo 10:00 - 11:00	12. Baseball 9:30 - 10:30 Pitty Pat 12:00 - 1:00	13. Jenga 9:00 - 10:00 Old Maid 12:00 - 1:00	14. Library A/C 10:00 - 11:00 Music 12:00 - 1:00
17. Poker 9:30 - 10:30 Tic Tac Toe 12:00 - 1:00	18. Bingo 10:00 - 11:00	19. Wind Chime A/C 9:30 - 10:30 Karaoke 12:00 - 1:00	20. 	21. CENTER CLOSED
24. Activity Meeting 9:30 - 10:30	25. Bingo 10:00-11:00	26. Turkey Coloring 9:30 - 10:30	27. 	28. Closed Day after Thanksgiving

New Sarpy Shopping Days

Tuesday	Thursday
1 st Walmart	1 st Family Dollar
2 nd Norco Fresh Market	2 nd Dollar Tree
3 rd Winn Dixie	3 rd River Road Market

MONTHLY MEETINGS

November 3, 2025

Advisory Council Executive 1:30pm

November 4, 2025

Board of Directors Executive 11:00am

November 19, 2025

Advisory Council 9:30am

November 20, 2025

Finance 8:45am

Board of Directors 9:30am

282 Judge Edward Dufresne Parkway Luling, LA 70070

St. Charles Council on Aging, Inc.

Administration Office

April Keller, Executive Director

**282 Judge Edward Dufresne Parkway
Luling, Louisiana 70070**

985-783-6683

Fax: 985-783-1996

Victoria Ozier, Activities Manager

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com



Find us on:



Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

**Reservations for Transportation must be
called in the day before by 1:30 pm .**

Home Delivered Meal Distribution Site

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

**Participants must call if not going
to be home to receive meal.**

Luling Activity Center

Marcia Lumar, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

**Meal reservations call before 12:30 pm for
the following day.**

New Sarpy Activity Center

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

**Meal reservations call before 12:30 pm
for the following day.**