

ST. CHARLES COUNCIL ON AGING, INC.



FEEDING AMERICA® DISTRIBUTION

282 JUDGE EDWARD DUFRESNE PARKWAY
LULING, LA 70070

September 3, 2026
8:00 AM - 9:00 AM

 **FIELD TRIP!!**
Applebee's®
GRILL + BAR
SEPTEMBER 10, 2026
DEPARTING FROM
LULING CENTER
10:30 AM



ST. JOSEPH
HOSPICE

THE PRICE IS RIGHT
AND PRIZES!

September 11, 2026
Luling Center - 10:00 AM

Home Health & Hospice Fraud
 **SMP**
Senior Medicare Patrol ADVISEWELL
Preventing Medicare Fraud
New Sarpy Center
September 18, 2026
10:00 AM

September 2026

 **LOUISIANA**
DEPARTMENT OF
INSURANCE
OPEN ENROLLMENT PREP
SEPTEMBER 4, 2026
NEW SARPY - 9:30 AM
LULING - 11:30 AM

 **St. Charles Parish**
LIBRARY
Arts & Crafts

New Sarpy Center
September 11, 2026
10:00 AM
Luling Center
September 21, 2026
10:00 AM

 **ANEW FITNESS™**
— LIFE THROUGH MOVEMENT —
Fitness Class
SEPTEMBER 14, 2026
Luling - 10:00 AM
SEPTEMBER 21, 2026
New Sarpy - 10:00 AM

ST. CHARLES PARISH
REGISTRAR OF VOTERS

September 22, 2026
New Sarpy - 10:00 AM
Luling - 11:30 AM

 **Ochsner®**
Mental Health
Awareness

September 23, 2026
New Sarpy - 9:30 AM
Luling - 11:30 AM

★ ★ ★ ★ ★
★ **CLOSED FOR** ★
★ **LABOR** ★
★ **DAY** ★
★ ★ ★ ★ ★
SEPTEMBER 7, 2026

 **WALK WITH EASE**
a program for better living
Tuesdays and Thursdays
New Sarpy Center
9:15am - 10:00am
Luling Center
10:15am - 11:00am
Monthly Education
September 10, 2026
Sleep Apnea
Lauralee Adams, Community Liaison



SOUTHEAST LOUISIANA
LEGAL SERVICES
Free Legal Aid for Low-Income People.

Ask A Lawyer
September 16, 2026
10:30 am
New Sarpy Center

Walgreens
VACCINE CLINIC
Flu, RSV, Shingles,
Pneumonia, & Tetanus
September 28, 2026
Luling Center - 9:30 AM
September 30, 2026
New Sarpy Center - 9:30 AM
Call 985-783-6683 to sign up!

Luling Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Marcia Lumar, Manager

Call Meal Reservations Before 12:30 Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pass the Parcel 12:00 - 1:00	2 Sticker by Number 9:30 - 11:00	3 Word Search 9:30 - 11:00 3 to 13 12:00 - 1:30	4 Cornhole Challenge 9:30 - 11:00 Bingo 12:00 - 1:00
7 Center Closed ★ ★ ★ ★ ★ LABOR DAY ★ ★ ★ ★ ★	8 Walk in the Garden 9:30 - 10:00	9 Wicker Fall Decoration 9:30 - 11:00	10 Activities Meeting 9:30 - 11:00 Price is Right 12:00 - 1:00	11 Memory Game 9:30 - 11:00 Bingo 12:00 - 1:00
14 Name that Tune 9:30 - 11:00 Bingo 12:00 - 1:00	15 Cotton Ball Scoop 9:30 - 10:00	16 Fall Art 9:30 - 11:00	17 UNO 9:30 - 11:00 Pitty Pat 12:00 - 1:30	18 Walk in the Garden 9:30 - 10:30
21 3 to 13 9:30 - 11:00 Bingo 12:00 - 1:00	22 Cup and Roll 9:30 - 10:00 Word Search 12:00 - 1:00	23 Candle Holders 9:30 - 11:00	24 Pass the Parcel 9:30 - 10:00 Crossword 12:00 - 1:30	25 Birthday Celebration 
28 Name that Tune 9:30 - 11:00 Bingo 12:00 - 1:00	29 Walk in the Garden 9:30 - 10:00	30 Mini Pumpkin Hangers 9:30 - 11:00		

New Sarpy Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Deneen Mott, Manager

Call Meal Reservations Before 12:30 Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Bingo 10:00 - 11:00 Poker 12:00 - 1:30	2 A/C Flower 10:00 - 11:00 Pitty Pat 12:00 - 1:30	3 Dominoes 10:00 - 11:00 Clients Choice 12:00 - 1:30	4 Table Talk 10:00 - 11:00 Karaoke 12:00 - 1:30
7 Center Closed 	8 Bingo 10:00 - 11:00 Checkers 12:00 - 1:30	9 Yahtzee 10:00 - 11:00 Pitty Pat 12:00 - 1:30	10 Dominoes 10:00 - 11:00 Clients Choice 12:00 - 1:30	11 Library A/C 10:00 - 11:00 Music 12:00 - 1:30
14 3 to 13 10:00 - 11:00 Tik Tac Toe 12:00 - 1:30	15 Bingo 10:00 - 11:00 Ring Toss 12:00 - 1:30	16 A/C Painting 10:00 - 11:00 Pitty Pat 12:00 - 1:30	17 Dominoes 10:00 - 11:00 Clients Choice 12:00 - 1:30	18 Poker 10:00 - 11:00 BB Baseball 12:00 - 1:30
21 3 to 13 10:00 - 11:00 Jenga 12:00 - 1:30	22 Bingo 10:00 - 11:00 Yahtzee 12:00 - 1:30	23 A/C Bracelets 10:00 - 11:00 Pitty Pat 12:00 - 1:30	24 Dominoes 10:00 - 11:00 Jenga 12:00 - 1:30	25 Birthday Celebration 
28 Activities Meeting 10:00 - 11:00	29 Bingo 10:00 - 11:00 Spades 12:00 - 1:30	30 A/C T-Shirts 10:00 - 11:00 Sudoku 12:00 - 1:30		

MONTHLY MEETINGS

August 31, 2026

Advisory Council Executive 10:30 AM

September 1, 2026

Board of Directors Executive 1:30 PM

September 16, 2026

Advisory Council 9:30 AM

September 17, 2026

Finance 9:00 AM

Board of Directors 9:30 AM

Louisiana Statewide Needs Assessment

Help Shape Louisiana's Future for Older Adults

**Participate in the Statewide
Needs Assessment today!**

Louisiana Statewide Needs Assessment Survey QR Code



<https://forms.gle/3hfaNkP1xjXJaTa97>

St. Charles Council on Aging, Inc.

Administration Office

April Keller, Executive Director

282 Judge Edward Dufresne Parkway

Luling, Louisiana 70070

985-783-6683

Fax: 985-783-1996

Victoria Adams, Activities Manager

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com

Follow us on...



Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday – Friday

**Reservations for Transportation must be
called in the day before 1:30 pm.**

Home Delivered Meal Distribution Site

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

**Participants must call if not going
to be home to receive meal.**

Luling Activity Center

Marcia Lumar, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

**Meal reservations call before 12:30 pm for
the following day.**

New Sarpy Activity Center

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

**Meal reservations call before 12:30 pm
for the following day.**