

# OCTOBER 2024



## FEEDING AMERICA® DISTRIBUTION

282 JUDGE ED WARD DUFRESNE PARKWAY  
LULING, LA 70070

**October 3, 2024**  
**7:30 AM - 9:00 AM**

**Medicare Presentation**  
**St. Charles Parish**  
**Luling Center:**

**Monday, October 7, 2024**  
**10:30 AM**

**New Sarpy Center:**  
**Friday, October 11, 2024**  
**10:30 AM**



Wendy Lestage, Shiiip Counselor



A UnitedHealthcare Company

## Overview of 2025 Benefits

**Friday, October 4th at 10 a.m. in Luling**  
Susan Guidroz—Assistant Director of Community Relations

**Wednesday, October 9th at 10 a.m. in New Sarpy**  
Susan Guidroz—Assistant Director of Community Relations



SOUTHEAST LOUISIANA  
**LEGAL SERVICES**  
Free Legal Aid for Low-Income People

**Ask a Lawyer**  
**October 16, 2024**  
**10:30 am**  
**New Sarpy Center**



ADVISEWELL

**Open Enrollment**  
**& Scams**  
**October 18, 2024**  
**Luling 10:00 am**  
Sandra Coburn  
Community Outreach Specialist

## Road Trip!



30160 US Highway 51, Akens, La 70070  
Thursday, October 24, 2024

Departing New Sarpy center at 10:15 am  
and returning at 1:30 pm

Sign up on trip reservations sheet!!!  
Limited Seating



## ST. CHARLES PARISH TRIAD'S SENIOR DAY

**OCTOBER 29, 2024**  
**9:30AM - 1:00 PM**  
DOORS OPEN AT 9:00 AM  
**FREE Lunch • Door Prizes**  
**• Entertainment**

Edward A. Dufresne Community Center  
274 Judge Edward Dufresne Pkwy

## Fall Fest

**October 31, 2024 | 11am - 2pm**

Edward A. Dufresne Community Center  
274 Judge Edward Dufresne Pkwy

Bingo, 50-50 Raffle, Costume Contest,  
Door Prizes & more Halloween-Themed Fun

RSVP by October 20th  
To RSVP: Call 985-783-8907  
For Transportation: Call 985-783-6683

# Luling Activity Center

Monday - Friday 8:30 am - 2:00 pm

Lunch Served 11:00 am

Letitia Sandolph, Manager

Call Meal Reservations Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
	1. LCR 10:15 - 10:45  Word Search 12:00 - 1:30	2. Sorry 9:30 - 10:30  Spades 12:00 - 1:30	3. Tic Tac Toe 10:15 - 10:45  Checkers 12:00 - 1:30	4.  HHS Homecoming Spirit Day
7. Ring Toss 9:30 - 10:30  Bingo 12:00 - 1:30	8. Black Jack 10:15 - 10:45  Rummy 12:30 - 1:30	9. Crossword 9:30 - 10:30  Spelling Bee 12:00 - 1:30	10. Dominoes 10:15 - 10:45  3 to 13 12:00 - 1:30	11.  Music Day
14. Puzzles 9:30 - 10:30  Bingo 12:00 - 1:30	15. Connect Four 10:15 - 10:45  Bean Bag 12:00 - 1:30	16. LCR 9:30 - 10:30  Pokeno 12:00 - 1:30	17. Uno 9:30 - 10:30  Crazy 8 12:00 - 1:30	18.  Table Games
21. Arts & Craft 10:15 - 10:45  Bingo 12:00 - 1:30	22. Pumpkin Painting	23. Corn Hole 9:30 - 10:30  Monopoly 12:00 - 1:30	25. Fall Colors Day	25. Jenga 9:30 - 10:30  Birthdays 12:00 - 1:30
28. Activity Meeting 9:30 - 10:30  Bingo 12:00 - 1:30	29. <b>Triad Senior Day</b>	30. Sudoku 9:30 - 10:30  Hot Balls 12:00 - 1:30	31. <b>Fall Fest</b>	



### Tuesdays

1st Dollar Tree  
2nd Walmart  
3rd Dollar General

### Thursdays

1st Majoria's  
2nd Winn Dixie  
3rd Goodwill


# New Sarpy Activity Center

Monday - Friday 8:30 am - 2:00 pm

Lunch Served 11:00 am

Deneen Mott, Manager

Call Meal Reservations Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
	1. LCR 10:15 - 10:45  Word Search 12:00 - 1:30	2. Sorry 9:30 - 10:30  Spades 12:00 - 1:30	3. Tic Tac Toe 10:15 - 10:45  Checkers 12:00 - 1:30	4. Pitty Pat 9:30 - 10:30  Old Maid 12:00 - 1:30
7. Ring Toss 9:30 - 10:30  Go Fish 12:00 - 1:30	8. Black Jack 10:15 - 10:45  Rummy 12:30 - 1:30	9. Crossword 9:30 - 10:30  Spelling Bee 12:00 - 1:30	10. Dominoes 10:15 - 10:45  Bingo 12:00 - 1:30	11. Music Day
14. Puzzles 9:30 - 10:30  Scrabble 12:00 - 1:30	15. Connect Four 10:15 - 10:45  Bean Bag 12:00 - 1:30	16. Paint & Punch Party	17. Uno 9:30 - 10:30  Crazy 8 12:00 - 1:30	18. Table Games
21. Arts & Craft 10:15 - 10:45  Table Choice 12:00 - 1:30	22. Pumpkin Painting	23. Toss & Score 9:30 - 10:30  Monopoly 12:00 - 1:30	25. Fall Colors Day	25. DHS Homecoming Spirit Day  Birthday's 12:00 - 1:30
28. Activity Meeting 9:30 - 10:30  Table Talk 12:00 - 1:30	29. <b>Triad Senior Day</b>	30. Sudoku 9:30 - 10:30  Hot Balls 12:00 - 1:30	31. <b>Fall Fest</b>	

**SHOPPING  
DAY**

## Tuesdays

1st Family Dollar  
2nd Norco Fresh Market  
3rd Winn Dixie

## Thursdays

1st Walmart  
2nd Dollar Tree  
3rd River Road Market



**St. Charles Council on Aging, Inc.  
Administration Office**

April Keller, Executive Director

282 Judge Edward Dufresne Parkway  
Luling, Louisiana 70070



Find us on  
**Facebook**  
985-783-6683

Fax: 985-783-1996

Mason Graham, Activities Manager

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: [information@stcharlescoa.com](mailto:information@stcharlescoa.com)

Website: [www.stcharlescoa.com](http://www.stcharlescoa.com)

**Transportation**

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm .

**Home Delivered Meal Distribution Site**

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

Participants must call if not going to be home to receive meal.

**Luling Activity Center**

Letitia Sandolph, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm for the following day.

**New Sarpy Activity Center**

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

Meal reservations call before 12:30 pm for the following day.