

JANUARY 2026

CLOSED FOR

*New Years
Day!*

January 1, 2026

FEEDING AMERICA DISTRIBUTION

282 JUDGE EDWARD DUFRESNE PARKWAY
LULING, LA 70070

January 8, 2026
7:00AM - 9:00AM

St. Charles Parish LIBRARY Arts & Crafts

New Sarpy Center
January 9, 2026
10:00am

Luling Center
January 12, 2026
10:00am

**Getting to Know
Your SMP**



New Sarpy Center
January 16, 2026
10:00AM



January 2, 2026

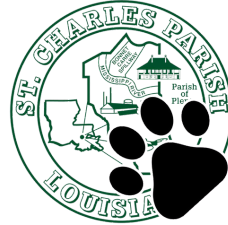
New Sarpy Center - Chair Yoga
12:00PM - 1:00PM

Luling Center - Chair Aerobics
12:00PM - 1:00PM

January 16, 2026

New Sarpy Center - Chair Aerobics
12:00PM - 1:00PM

Luling Center - Chair Yoga
12:00PM - 1:00PM



**Pet Day with the
St. Charles Parish
Animal Shelter**
Luling Center
January 7, 2026
10:00am - 11:00am



Vestibular Issues
Luling Center

January 9, 2026
10:00am - 11:00am

New Sarpy Center
January 23, 2026
10:00am - 11:00am



WALK WITH EASE
a program for better living

Tuesdays and Thursdays

New Sarpy Center
9:15am - 10:00am

Luling Center
10:15am - 11:00am

Monthly Education
Tools to Keep Your Mind Sharp!
January 8, 2026

Lauralee Adams, Community Liaison



**SOUTHEAST LOUISIANA
LEGAL SERVICES**
Free Legal Aid for Low-Income People

Ask A Lawyer
January 21, 2026
10:30am
New Sarpy Center
Michele Stross



Closed for observance of
Martin Luther King Jr.
January 19, 2026




FIELD TRIP!!
JANUARY 22, 2026
LULING CENTER
10:30AM - 1:00PM

Luling Activity Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Marcia Lumar, Manager

Call Meal Reservations Before 12:30 Day Before






Monday	Tuesday	Wednesday	Thursday	Friday
			1 	2 3 to 13 9:30 - 11:00
5 3 to 13 9:30 - 10:30 Bingo 12:00 - 1:00	6 Cross Word 9:30 - 10:00	7 Mason Jar Candle 10:00 - 11:00	8 3 to 13 9:30 - 10:00 Hot Ball 12:00 - 1:00	9 Hot Ball 10:00 Bean Toss 12:00 - 1:00
12 Pitty Pat 9:30 - 10:30 Bingo 12:00 - 1:00	13 Cornhole 9:30 - 10:30	14 Mardi Gras Wreath 10:00 - 11:00	15 Shuffleboard 9:30 - 10:00 Pitty Pat 10:30 - 11:00	16 
19 	20 Dropster 9:30 - 10:00 Crossword 9:30 - 11:00	21 Utensil Holder 10:00 - 11:00	22 3 to 13 10:00 - 11:00 Cornhole 12:00 - 1:00	23 Bingo 12:00 - 1:00
26 3 to 13 9:30 - 10:30 Bingo 12:00 - 1:00	27 Pitty Pat 9:30 - 10:30	28 Paint by Number 10:00 - 11:00	29 Pitty Pat 10:00 - 11:00 Hot Ball 12:00 - 1:00	30 3 to 13 9:30 - 11:00

New Sarpy Center

Monday - Friday 8:30 am - 2 pm Lunch Served 11:00am

Deneen Mott, Manager

Call Meal Reservations Before 12:30 Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1.</p> 	<p>2.</p> <p>Old Folk Talk 9:30 – 10:30</p> <p>Checkers 12:00-1:00</p>
<p>5.</p> <p>Connect Four 9:30 – 10:30</p> <p>Sudoku 12:00 – 1:00</p>	<p>6.</p> <p>Bingo 10:00 – 11:00</p> <p>Clients Choice</p>	<p>7.</p> <p>LCR 9:30 – 10:30</p> <p>Spades 12:00 – 1:00</p>	<p>8.</p> <p>Karaoke 10:00 – 11:00</p> <p>Corn Hole 12:00 – 1:00</p>	<p>9.</p> <p>Library A/C 10:00 – 1:00</p> <p>UNO 12:00 – 1:00</p>
<p>12.</p> <p>Poker 9:30 – 10:30</p> <p>Pitty Pat 12:00 – 1:00</p>	<p>13.</p> <p>Bingo 10:00 – 11:00</p> <p>Clients Choice</p>	<p>14.</p> <p>Arts and Crafts 10:00 – 11:00</p> <p>3 to 13 12:00 – 1:00</p>	<p>15.</p> <p>Dominoes 10:00 – 11:00</p> <p>Match Games 12:00 – 1:00</p>	<p>16.</p> <p>Music Day!</p> 
<p>19.</p> 	<p>20.</p> <p>Bingo 10:00 – 11:00</p> <p>Clients Choice</p>	<p>21.</p> <p>Flowers A/C 10:00 – 11:00</p> <p>Dominoes 12:00 – 1:00</p>	<p>22.</p> <p>UNO 10:00 – 11:00</p> <p>Pokeno 12:00 – 1:00</p>	<p>23.</p> <p>Yahtzee 10:00 – 11:00</p> 
<p>26.</p> <p>Activities Meeting 9:30</p> <p>Checkers 12:00 – 1:00</p>	<p>27.</p> <p>Bingo 10:00 – 11:00</p> <p>Clients Choice</p>	<p>28.</p> <p>Painting A/C 10:00 – 11:00</p> <p>3 to 13 12:00 – 1:00</p>	<p>29.</p> <p>Ball Toss 10:00 – 11:00</p> <p>Crossword 12:00 – 1:00</p>	<p>30.</p> <p>Table Games</p>

MONTHLY MEETINGS

January 5, 2026

Advisory Council Executive 10:30 AM

January 6, 2026

Board of Directors Executive 1:30 PM

January 21, 2026

Advisory Council 9:30 AM

January 22, 2026

Finance 8:45 AM

Board of Directors 9:30 AM

**St. Charles Council on Aging, Inc.
Administration Office**

April Keller, Executive Director

**282 Judge Edward Dufresne Parkway
Luling, Louisiana 70070**

**985-783-6683
Fax: 985-783-1996**

Victoria Ozier, Activities Manager

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com

FIND US ON:



Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday – Friday

**Reservations for Transportation must be
called in the day before 1:30 pm.**

Home Delivered Meal Distribution Site

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

**Participants must call if not going
to be home to receive meal.**

Luling Activity Center

Marcia Lumar, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

**Meal reservations call before 12:30 pm for
the following day.**

New Sarpy Activity Center

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

**Meal reservations call before 12:30 pm
for the following day.**