



MAY 2025



Join us for,
WALK WITH EASE
a program for better living



Tuesdays & Thursdays

New Sarpy Center 9:15 am to 10:00 am

Luling Center 10:15 am to 11:00 am

Monthly Education:

Staying Trim & Fit

May 8, 2025

Lauralee Adams, Community Liason



Arts & Crafts

New Sarpy Center
May 9, 2025
10:00 am

Luling Center
May 19, 2025
10:00 am



FEEDING AMERICA

DISTRIBUTION

282 Judge Edward Dufresne Parkway
Luling, LA 70070

May 1, 2025

7:00 AM - 8:45 AM



Older Americans Month Celebration

Thursday, May 15

9:30 am - 1:00 pm

Edward A. Dufresne Community Center

274 Judge Edward Dufresne Pkwy

Reservations by May 9

To make reservations: 985-783-5090

For Transportation: 985-783-6683



Virtual Healthcare Fraud

and Scams

May 16, 2025

New Sarpy 10:00 am

Sandra Coburn

Community Outreach

Specialist



SOUTHEAST LOUISIANA LEGAL SERVICES
Free Legal Aid for Low-Income People

Ask a Lawyer

May 21, 2025

10:30 am

New Sarpy Center

Road Trip!



3001 Ormond Blvd

Destrehan, LA 70047

Thursday, May 22, 2025

Departing Luling Center at

10:30 am & returning at 1:00 pm

Sign up on trip reservations sheet!!!

Limited Seating

Memorial Day
MAY 26, 2025

WE ARE

Closed



Luling Activity Center

Monday - Friday 8:30 am - 2:00 pm

Lunch Served 11:00 am

Marcia Lumar, Manager

Call Meal Reservations Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
			1. Dominoes 9:00 - 10:00 Checkers 12:00 - 1:00	2. Table Games 9:30 - 10:30 Karaoke 12:00 - 1:00
5. Checkers 10:15 - 11:00 Bingo 12:00 - 1:30	6. Cross Words 9:00 - 10:00 Story Day 12:00 - 1:30	7. 3 to 13 10:15 - 11:00 Movie Day 12:00 - 1:30	8. Phase 10 9:00 - 10:00 Phase 10 12:00 - 1:00	9. Mother's Day Brunch 11:00 - 1:00
12. Cornhole 9:30 - 10:30 Bingo 12:00 - 1:30	13. Phase 10 9:00 - 10:00 UNO 12:00 - 1:00	14. 3 to 13 9:30 - 10:30 Tic Tac Toe 12:00 - 1:00	15. Older Americans Celebration Closed	16. Table Games 9:30 - 10:30 Karaoke 12:00 - 1:00
19. Library Crafts 10:00 - 11:00 Bingo 12:00 - 1:00	20. Crosswords 9:00 - 10:00 Music Day 12:00 - 1:00	21. LCR 9:30 - 10:30 Movie Day 12:00 - 1:00	22. 3 to 13 9:00 - 10:00 Story Day 12:00 - 1:00	23. Birthday Celebration
 CLOSED ON <i>Memorial Day</i>	27. Word Search 9:00 - 10:00 Dominoes 12:00 - 1:00	28. Movie Day 12:00 - 1:00	29. Crosswords 9:00 - 10:00 Connect Four 12:00 - 1:30	30. Phase 10 9:30 - 10:30 UNO 12:00 - 1:00



Tuesdays
 1st Dollar General
 2nd Cajun Village
 3rd Dollar Tree

Thursdays
 1st Majoria's
 2nd Majoria's
 3rd Walmart

New Sarpy Activity Center

Monday - Friday 8:30 am - 2:00 pm

Lunch Served 11:00 am

Deneen Mott, Manager

Call Meal Reservations Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
			1. 3 to 13 10:00 - 11:00 Connect Four 12:00 - 1:00	2. UNO 9:30 - 10:30 Music Day 12:00 - 1:00
5. Spades 9:30 - 10:30 Old Folks Talk 12:00 - 1:00	6. Story Day 10:00 - 11:00 Dominoes 12:00 - 1:00	7. Bingo 9:30 - 10:30 LCR 12:00 - 1:00	8. Mother's Day Brunch 11:00 - 1:00	9. Library Crafts 10:00 - 11:00 Pitty Pat 12:00 - 1:00
12. Black Jack 9:30 - 10:30 Dominoes 12:00 - 1:00	13. Reading Time 10:00 - 11:00 Poker 12:00 - 1:00	14. Crossword 9:30 - 10:30 Spades 12:00 - 1:30	15. Older Americans Celebration Closed	16. SMP 10:00 - 11:00 3 to 13 12:00 - 1:00
19. Activity Meeting 9:30 - 10:30 Poker 12:00 - 1:00	20. Art Craft Day 10:00 - 11:00 Music Day 12:00 - 1:00	21. Bingo 9:30 - 10:30 Hot Ball 12:00 - 1:30	22. Story Day 10:00 - 11:00 Cornhole 12:00 - 1:30	23. Table Choice Birthday Celebration
 CLOSED ON <i>Memorial Day</i>	27. Connect Four 10:00 - 11:00 LCR 12:00 - 1:00	28. Pitty Pat 9:30 - 10:30 Pictionary 12:00 - 1:00	29. Black Jack 10:00 - 11:00 Puzzles 12:00 - 1:00	30. Spades 9:30 - 10:30 Poker 12:00 - 1:00



Tuesdays

- 1st Family Dollar
- 2nd Norco Fresh Market
- 3rd Winn Dixie

Thursdays

- 1st Walmart
- 2nd Dollar Tree
- 3rd River Road Market

Monthly Meetings:

Advisory Council

Executive Committee
May 5, 2025 - 10:30 am

Board of Directors

Executive Committee
May 6, 2025 - 9:30 am

Advisory Council

May 21, 2025 - 9:30 am

Board of Directors

Finance 8:45
May 22, 2025 - 9:30 am

St. Charles Council on Aging, Inc.

Administration Office

April Keller, Executive Director



282 Judge Edward Dufresne Parkway
Luling, Louisiana 70070



985-783-6683

Fax: 985-783-1996

Mason Graham, Activities Manager

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: information@stcharlescoa.com

Website: www.stcharlescoa.com

Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm .

Home Delivered Meal Distribution Site

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

Participants must call if not going to be home to receive meal.

Luling Activity Center

Marcia Lumar, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm for the following day.

New Sarpy Activity Center

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

Meal reservations call before 12:30 pm for the following day.