



# APRIL 2023



**SHERIFF  
GREG CHAMPAGNE'S  
ANNUAL  
SENIOR CITIZENS  
Easter  
LUNCHEON**

**TUESDAY, APRIL 4TH  
DOORS OPEN AT 9 AM  
LUNCH SERVED AT 11AM**

**JERUSALEM SHRINERS  
1940 ORMOND BLVD.  
DESTREHAN, LA 70047**

**NO NEED TO RSVP  
FOR MORE INFORMATION CONTACT  
JESSICA CORTEZ (985)783-1355**



**Catholic Charities**  
Archdiocese of New Orleans

**Food for Seniors**

**Distribution**

**April 6, 2023**

**7:30 am - 9:30 am**

**Westbank Bridge Park**

**Closed Good Friday  
April 7th**



**Happy  
Easter**

**AARP** SM

**Tax-Aide** TM

**February 1, 2023 - April 12, 2023**

**Free In-Person Tax Preparation Service**

**Any Age Especially 50 or Older**

**River Parishes  
Community College  
United Way of  
St. Charles Campus  
13145 Highway 90  
Boutte, LA 70039  
Call 985-306-9068 to  
Schedule an Appointment**

**St. Charles Parish  
East Regional Library  
160 W. Campus Drive  
Destrehan, LA 70047  
Call 985-240-2285 to  
Schedule an Appointment**

Appointments can also be scheduled by going to AARP Foundation Tax-Aides Locator

**Need a Ride?**

**Call**

**985-783-6683**

**MONTHLY MEETINGS NEW SARPY**

**April 3, 2023 AC Executive 2pm**

**April 4, 2023 BOD Executive 2 pm**

**April 14, 2023**

**Center Operations 10am Personnel 10:30 am**

**Transportation 11 am Finance 11:30 am**

**April 19, 2023**

**Advisory Council 2 pm**

**April 20, 2023**

**Finance 2 pm Board of Directors 2:30 pm**



We are an outreach organization providing FREE ACP DATA to qualified consumers.

South MS  
Telecom, Inc.

**April 3 & 24, 2023  
9 am**

**WHAT YOU NEED**

- MEDICAID APPROVAL LETTER/CARD (YOURS OR CHILD)
- EBT APPROVAL LETTER/CARD (SCREENSHOT OF STATE BENEFITS PAGE IS ACCEPTED)
- 2022 W2 -OR- 3 CHECKSTUBS (1 CURRENT STUB AND 2 FROM PREVIOUS MONTHS)
- 2022 SSA AWARD LETTER (MEDICARE BENEFICIARIES)
- 2022 PELL GRANT LETTER (COLLEGE STUDENTS)
- 2022 SSI AWARD LETTER (CHECK ON THE 1st OF THE MONTH)

Proudly servicing:

- \*Senior Centers
- \*Churches
- \*Schools and Daycares
- \*Food Pantries and more!

Ashly Knight  
Agent  
985-647-2449  
knightashly@gmail.com

Learn more at  
[www.fcc.gov/acp](http://www.fcc.gov/acp)

# Genetic Testing Fraud



**April 10, 2023 10:30 am**

**Brenda Melara**

**SMP**

**Community Outreach Specialist**

Senior Medicare Patrol  
Resource Center



**JenCare Senior Medical Center**  
A CHENMED COMPANY  
**Sponsored**

**April 12, & 26, 2023**



**10:30 - 11:30**

**HURRICANE SEASON**

**ARE YOU PREPARED?**

**April 18, 2023 11:30 - 12:30**

**Jason Tastet - EOC Director**

**Ochsner Health Plan Presents**



## BINGO HOUR

at the Luling Activity Center

**MARK YOUR CALENDARS!**

First Wednesday of every month • 10:30 am to 11:30 am

**Bingo! • Prizes! • Fun!**



Luling Activity Center  
145 Angus Drive  
Luling, LA 70070

Brought to you by Ochsner Health Plan. [www.OchsnerHealthPlan.com](http://www.OchsnerHealthPlan.com)

# Scam Alert

**April 11, 2023 10 am**

**Julie Henry**  
Business Development

THE MEDICAL TEAM®



**WALK WITH EASE**

a program for better living

**Tuesdays, & Thursdays  
10:00 am - 10:30 am**

**Yoga with JenCare**



Join us to **relax and clear your senses** with movement.

**Where: St. Charles COA  
149 Angus Dr.  
Luling, LA 70070**

**Date: Wednesday  
April 12th & April 26th**

**Time: 10am-11am**

[www.JenCareMed.com](http://www.JenCareMed.com)



Promotional value is nominal. Space is limited. No obligation to enroll in a plan or to choose us as your provider.



**SOUTHEAST LOUISIANA  
LEGAL SERVICES**  
Free Legal Aid for Low-Income People

**Ask A Lawyer**

**April 19, 2023 10:30 am**

# Senior Activity Center

145 Angus Drive Luling 70070

985-331-9701

8:30 am - 2:00 pm

Monday - Friday

Letitia Sandolph & Keion Smith, Managers

Meal Reservations Call Before 12:30 pm Day Before

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Decorate Tree 8:30 - 9 What's Missing 12 - 1	<b>4</b> Cup Game W/ Keion 9 - 10 <b>Rummy</b> <b>12 - 1</b>	<b>5</b> <b>Easter Craft</b> <b>9 - 10:30</b> Color by Number 12 - 1	<b>6</b> Line Dancing W/ Lucy 9 - 10 <b>Balloon Game</b> 12 - 1	<b>7</b> <b>CLOSED</b>  Good Friday 
<b>10</b> Slap Jack 9 - 10 <b>Old Maid</b> <b>12 - 1</b>	<b>11</b> <b>Connect Four</b> <b>9 - 10</b> Scrabble 12 - 1	<b>12</b> D.E.A.R. Day 9-10 <b>Jenga</b> <b>12 - 1</b>	<b>13</b> <b>L.C.R.</b> <b>9 - 10</b> UNO 12 - 1	<b>14</b> <b>TABLE GAMES</b>
<b>17</b> Arts n Crafts W/Marie 10 - 11 Bingo W/Letitia 12 - 1	<b>18</b> Match Game 9 - 10 <b>Solitaire</b> <b>12-1</b>	<b>19</b> <b>Double 15</b> <b>9 - 10:30</b> Phase 10 12 - 1	<b>20</b> Crazy 8 9 - 10 <b>Name that Tune</b> <b>12 - 1</b>	<b>21</b> <b>Cross Word</b> <b>9 - 10</b> Word Search 12 - 1
<b>24</b> Activity Meeting 11 - 11:30 <b>Dominos</b> <b>12 - 1</b>	<b>25</b> <b>Spades</b> <b>9 - 10</b> Checkers 12 - 1	<b>26</b> Yahtzee 9 - 10 <b>Let's Dance</b> <b>12:30 - 1:30</b>	<b>27</b> <b>Pictionary</b> <b>9 - 10</b> <b>Rummy</b> <b>12 - 1</b>	<b>28</b> <b>TABLE GAMES</b>

Shopping Trips 1pm to 2 pm

1st Tuesday Dollar Tree

1st Thursday Majoria's

2nd Tuesday Walmart

2nd Thursday Social Concerns

3rd Tuesday Dollar General

3rd Thursday Cajun Village



**St. Charles Council on Aging, Inc.**

**Administration Office**

April Keller, Executive Director



Find us on  
**Facebook**

150 Troxclair Lane  
Destrehan, Louisiana 70047

985-783-6683  
Fax: 985-783-1996

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: [information@stcharlescoa.com](mailto:information@stcharlescoa.com)

Website: [www.stcharlescoa.com](http://www.stcharlescoa.com)

**Transportation**

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm

**Home Delivered Meal Distribution Site**

150 Troxclair Lane • Destrehan, LA 70047  
985-783-6683

8:30 a.m. - 1:30 p.m. Monday - Friday

Dasha Pierre, Manager

Participants must call if not going  
to be home to receive meal.

**Luling Activity Center**

145 Angus Drive • Luling, LA 70070  
985-331-9701

8:30 a.m. - 2:00 p.m. Monday - Friday

Managers, Letitia Sandolph and Keion Smith  
Meal reservations call before 12:30 pm  
for the following day.