



APRIL 2024



MONTHLY MEETINGS

April 1, 2024

Advisory Council Executive 10:30 am

April 2, 2024

Board of Directors Executive 9:30 am

April 17, 2024

Advisory Council 9:30 am

April 18, 2024

Finance 8:45 am

Board of Directors 9:30 am



282 Judge Edward Dufresne Parkway Luling, LA 70070

THE MEDICAL TEAM®



WALK WITH EASE

a program for better living

Tuesdays & Thursdays

New Sarpy Center 9:30 am to 10:00 am

Luling Center 10:15 am to 10:45 am

April 2, 2024

Skin Care & Protecting Your Skin

Lauralee Adams, Business Development



Catholic Charities
Archdiocese of New Orleans

Food for Seniors

Distribution

282 Judge Edward Dufresne Parkway
Luling, LA 70070

April 4, 2024

7:30 am - 9:00 am



New Sarpy Center 10:30 am - 11:30 am

Luling Center 11:45 am - 12:45 am

April 10, 2024

Healthy Coping Strategies

Susie Rogers

Road Trip



3920 Williams Blvd., Kenner
Friday, April 12, 2024

Departing Luling Center at 10:30 am

Returning to Luling at 1:00 pm

Interested in going?

Sign up on trip reservations sheet!!!



SOUTHEAST LOUISIANA
LEGAL SERVICES

Free Legal Aid for Low-Income People

Ask A Lawyer

April 17, 2024

10:30 am

New Sarpy Center

Road Trip



6920 Veterans Memorial Blvd., Metairie
Friday, April 19, 2024

Departing New Sarpy Center at 10:30 am

Returning to New Sarpy at 1:00 pm

Interested in going?

Sign up on trip reservations sheet!!!



Luling Activity Center

Monday - Friday 8:30 am - 2:00 pm

Lunch Served 11:00 am

Letitia Sandolph Manager



Call Meal Reservations Before 12:30 pm Day Before



Monday	Tuesday	Wednesday	Thursday	Friday
1 Bingo 9:30 - 10:30 LCR 12:00 - 1:30	2 Bean Bag 9:30 - 10:00 Puzzles 12:00 - 1:30	3 3 to 13 9:30 - 10:30 Pitty Pat 12:00 - 1:30	4 Kings Game 9:30 - 10:00 Solitaire 12:00 - 1:30	5 Table Games
8 Bingo All Day 9:30 - 1:30	9 Go Fish 9:30 - 10:00 Connect 4 12:00 - 1:30	10 Jenga 9:30 - 10:30 Spades 12:00 - 1:30	11 Pass the Card 9:30 - 10:00 Checkers 12:00 - 1:30	12 Table Games
15 Arts n Crafts 9:30 - 10:30 Bingo All Day	16 LCR 9:30 - 10:00 Coloring Day 12:30 - 1:30	17 Pokeno Tournament 9:30 - 1:30	18 Music Day 9:30 - 10:00 Singing 12:30 - 1:30	19 Table Games
22 Puzzles 9:30 - 10:30 Bingo 12:30 - 1:30	23 Black Jack 9:30 - 10:00 Rummy 12:30 - 1:30	24 Spades 9:30 - 10:30 Sorry 12:30 - 1:30	25 Word Search 9:30 - 10:00 Match Game 12:30 - 1:30	26 Table Games
29 Activity Talk 9:30 - 10:30 Bingo 12:30 - 1:30	30 3 to 13 9:30 - 10:00 B-Day Cake 12:30 - 1:30	Shopping Trips Tuesdays 1st Dollar Tree 2nd Walmart 3rd Dollar General Thursdays 1st Majoria's 2nd Winn Dixie 3rd Goodwill		

New Sarpy Activity Center

Monday - Friday 8:30 am - 2:00 pm

Lunch Served 11:00 am

Keion Smith Manager



Call Meal Reservations Before 12:30 pm Day Before



Monday	Tuesday	Wednesday	Thursday	Friday
1. Checkers 9:30 - 10:00 LCR 12:00 - 1:30	2. Monopoly 10:00-11:00 Toss n Score 12:00 - 1:30	3. Crazy 8s 9:30 - 10:00 Movie Trivia 12:00 - 1:30	4. Rummy 10:00 - 11:00 Cup Stack 12:00 - 1:30	5. Slap Jack 9:30 - 10:00 Dominoes 12:00 - 1:30
8. Sorry 9:30 - 10:00 Phase 10 12:00 - 1:30	9. War Card 10:00 - 11:00 Ball Toss 12:00 - 1:30	10. Bingo 9:30 - 10:30 Pitty Pat 12:00 - 1:30	11. Blackjack 10:00 - 11:00 UNO 12:00 - 1:30	12. Pictionary 9:30 - 10:00 Match Game 12:00 - 1:30
15. Solitaire 9:30 - 10:30 Spades 12:00 - 1:30	16. Pokeno 10:00 - 11:00 Color by #s 12:00 - 1:30	17. 70's Day Table Games 12:00 - 1:30	18. Easy Sudoku 10:00 - 11:00 Cup Pong 12:00 - 1:30	19. Bingo 9:30 - 10:30 Scrabble 12:00 - 1:30
22. Balloon Game 9:30 - 10:30 Rummy 12:00 - 1:30	23. Music Trivia 10:00 - 11:00 Word Search 12:00 - 1:30	24. Bingo 9:30 - 10:30 Jenga 12:00 - 1:30	25. Table Games 10:00 - 11:00 Pokeno 12:00 - 1:30	26. Guess Who 9:30 - 10:30 Family Feud 12:00 - 1:30
29. Activity Meeting 9:30 - 10:30 Toss n Score 12:00 - 1:30	30. B-Day Cake 10:00 - 11:00 Table Game 12:00 - 1:30	Shopping Trips Tuesdays 1st Family Dollar 2nd Norco Fresh Market 3rd Winn Dixie Thursdays 1st Walmart 2nd Dollar Tree 3rd River Road Market		



**St. Charles Council on Aging, Inc.
Administration Office**

April Keller, Executive Director



282 Judge Edward Dufresne Parkway
Luling, Louisiana 70070

985-783-6683
Fax: 985-783-1996

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday
Email: information@stcharlescoa.com
Website: www.stcharlescoa.com

Transportation

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm

Luling Activity Center

Letitia Sandolph, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm for the following day

Home Delivered Meal Distribution Site

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

Participants must call if not going to be home to receive meal

New Sarpy Activity Center

Keion Smith, Manager • 985-603-4209

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm for the following day