



# AUGUST 2024

## FEEDING AMERICA

### DISTRIBUTION

282 JUDGE EDWARD DUFRESNE PARKWAY  
LULING, LA 70070

**AUGUST 1, 2024**

**7:30 AM - 9:00 AM**

## ONLINE SAFETY SENIOR CITIZENS



**FRIDAY, AUGUST 2, 2024**

**NEW SARPY 10:00 AM**

**LULING 11:30 AM**

**Lieutenant Clint Patterson**

**Detective Steve Fontenot**



## WALK WITH EASE

a program for better living

**Tuesdays & Thursdays**

**New Sarpy Center 9:15 am to 10:00 am**

**Luling Center 10:15 am to 10:45 am**

**Monthly Education:**

**Seniors Preparing for Hurricane Season**

**August 13, 2024**

**Lauralee Adams, Community Liaison**

## Prescription Drug Fraud



**August 16, 2024**

**SMP Luling 11:00 am**

Senior Medicare Patrol

Resource Center



**Sydna Peterson**  
**Community Outreach Specialist**

## Road Trip



1000 W Esplanade Ave, Kenner, LA 70065

**Thursday, August 15, 2024**

Departing New Sarpy Center at 10:30 am

Returning to New Sarpy at 1:00 pm

**Interested in going?**

**Sign up on trip reservations sheet!!!**



**SOUTHEAST LOUISIANA  
LEGAL SERVICES**

Free Legal Aid for Low-Income People

**Ask A Lawyer**  
**August 21, 2024**

**10:30 am**

**New Sarpy Center**

## MONTHLY MEETINGS

August 5, 2024 AC Executive 10:30 am

August 6, 2024 BOD Executive 9:30 am

August 16, 2024

Center Operations 9:30 am Transportation 10:15 am

Personnel 11 am Finance 11:45 am

August 21, 2024

Advisory Council 9:30 am

August 22, 2024

Finance 8:45 am Board of Directors 9:30 am

282 Judge Edward Dufresne Parkway Luling, LA 70070

## Need a Ride?

## Call

## 985-783-6683

# BEAT THE HEAT

## Please join COA & Entergy

## As we Beat the Heat

**Speaker: Flo Dumas - Entergy "Entergy Efficiency"**

**Tuesday, August 27, 2024**

**10:00 am**

**282 Judge Edward Dufresne Parkway  
Luling, LA 70070**

**Call 985-783-6683 for Reservations**

**Lunch served at 11:00 am**

**Salisbury Steak, Mashed Red Potatoes,**

**Spring Vegetable Blend, Wheat Bread, cake, Milk**

**Boxed fans will be distributed to Senior Citizens**

**immediately after lunch.**

**Limited Seating**



# entergy &



# Luling Activity Center

**Monday - Friday 8:30 am - 2:00 pm**

**Lunch Served 11:00 am**

**Letitia Sandolph Manager**

**Call Meal Reservations Before 12:30 pm Day Before**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Shopping Trips</b>			<b>1</b>  3 to 13 9:30 - 10:00  Pitty Pat 10:30 - 1:30	<b>2</b>  Table Games
<b>Tuesdays</b>		<b>Thursdays</b>		
1st Dollar Tree		1st Majoria's		
2nd Walmart		2nd Winn Dixie		
3rd Dollar General		3rd Goodwill		
<b>5</b>  Corn Hole 9:30 - 10:30  Bingo 12:30 - 1:30	<b>6</b>  Word Search 9:30 - 10:00  Pokeno 12:30 - 1:30	<b>7</b>  Rummy 9:30 - 10:30  Checkers 12:30 - 1:30	<b>8</b>  Spades 9:30 - 10:00  Go Fish 12:30 - 1:30	<b>9</b>  Table Games
<b>12</b>  Corn Hole 9:30 - 10:30  Bingo 12:30 - 1:30	<b>13</b>  Kings Corner 9:30 - 10:00  Dominoes 12:30 - 1:30	<b>14</b>  Solitaire 9:30 - 10:30  3 to 13 12:30 - 1:30	<b>15</b>  Battle 9:30 - 10:30  Line Dance 12:30 - 1:30	<b>16</b>  Table Games
<b>19</b>  Arts n Crafts 9:30 - 10:30  Bingo 12:30 - 1:30	<b>20</b>  Puzzles 9:30 - 10:00  Old Folk Talk 12:30 - 1:30	<b>21</b>  Match Game 9:30 - 10:30  Name that Tune 12:30 - 1:30	<b>22</b>  Bean Bag Toss 9:30 - 10:00  Ring Toss 12:30 - 1:30	<b>23</b>  Table Game  B-Day Cake 12:30 - 1:30
<b>26</b>  Activity Talk 9:30 - 10:30  Bingo 12:30 - 1:30	<b>27</b>  	<b>28</b>  Sing Day 9:30 - 10:30  Music Day 12:30 - 1:30	<b>29</b>  Phase 10 9:30 - 10:00  Color Day 12:30 - 1:30	<b>30</b>  Table Game

# New Sarpy Activity Center

**Monday - Friday 8:30 am - 2:00 pm**

**Lunch Served 11:00 am**

**Deneen Mott, Manager**

**Call Meal Reservations Before 12:30 pm Day Before**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	
<b>Shopping Trips</b>			<b>1.</b> Connect Four 10:15 - 10:45  Pitty Pat 12:00 - 1:30	<b>2.</b> Scrabble 9:30 - 10:30  Line Dance 12:00 - 1:30	
<b>Tuesdays</b>		<b>Thursdays</b>			
1st Family Dollar		1st Walmart			
2nd Norco Fresh Market		2nd Dollar Tree			
3rd Winn Dixie		3rd River Road Market			
<b>5.</b> Sorry 9:30 - 10:45  Color By # 12:00 - 1:30	<b>6.</b> Table Talk 10:15 - 10:45  Dominoes 12:00 - 1:30	<b>7.</b> Yahtzee 9:30 - 10:45  Easy Sudoku 12:00 - 1:30	<b>8.</b> Hot Ball 10:15 - 10:45  Scrabble 12:00 - 1:30	<b>9.</b> Old Maid 9:30 - 10:30  3 to 13 12:00 - 1:30	
<b>12.</b> Word Search 9:30 - 10:45  Poker 12:00 - 1:30	<b>13.</b> Spades 10:15 - 10:45  Ring Toss 12:00 - 1:30	<b>14.</b> Bingo 9:30 - 10:45  3 To 13 12:00 - 1:30	<b>15.</b> Puzzle 10:15 - 10:45  Black Jack 12:00 - 1:30	<b>16.</b> Connect Four 9:30 - 10:30  Pokeno 12:00 - 1:30	
<b>19.</b> Activity Meeting 9:30 - 10:45  Dominoes 12:00 - 1:30	<b>20.</b> Yahtzee 10:15 - 10:45  UNO 12:00 - 1:30	<b>21.</b> Bingo 9:30 - 10:30  Bean Bag Toss 12:00 - 1:30	<b>22.</b> Trivia 10:15 - 10:45  Checkers 12:00 - 1:30	<b>23.</b> Crazy 8"s 9:30 - 10:30  Pitty Pat 12:00 - 1:30	
<b>26.</b> Table Talk 9:30 - 10:45  Monopoly 12:00 - 1:30	<b>27.</b> 	<b>28.</b> Bingo 9:30 - 10:30  Hot Ball 12:00 - 1:30	<b>29.</b> Rummy 10:15 - 10:45  Dominoes 12:00 - 1:30	<b>30.</b> B-Day Party 9:30 - 10:30  Music Day 12:00 - 1:30	



**St. Charles Council on Aging, Inc.  
Administration Office**

April Keller, Executive Director



282 Judge Edward Dufresne Parkway  
Luling, Louisiana 70070

985-783-6683  
Fax: 985-783-1996

Office Hours: 8:00 a.m. - 3:30 p.m. Monday - Friday

Email: [information@stcharlescoa.com](mailto:information@stcharlescoa.com)

Website: [www.stcharlescoa.com](http://www.stcharlescoa.com)

**Transportation**

Karman Hill, Manager

7:00 a.m. - 3:30 p.m. Monday - Friday

Reservations for Transportation must be called in the day before by 1:30 pm.

**Luling Activity Center**

Letitia Sandolph, Manager

8:30 a.m. - 2:00 p.m. Monday - Friday

Meal reservations call before 12:30 pm for the following day.

**Home Delivered Meal Distribution Site**

Dasha Pierre, Manager

8:30 a.m. - 1:30 p.m. Monday - Friday

Participants must call if not going to be home to receive meal.

**New Sarpy Activity Center**

Deneen Mott, Manager

150 Troxclair Lane • Destrehan, LA 70047

8:30 a.m. - 2:00 p.m. Monday - Friday

985-603-4209

Meal reservations call before 12:30 pm for the following day.